

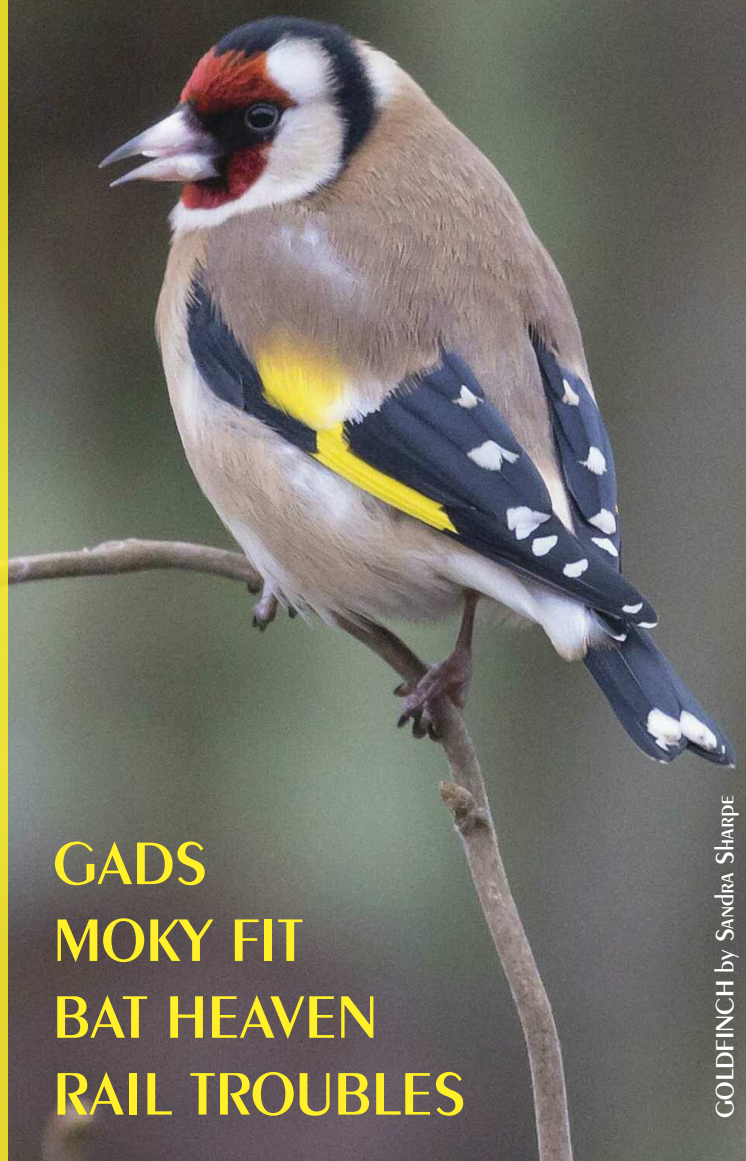
SEASCALE
GOSFORTH
DRIGG
& CARLETON

LINKING
THREE
PARISHES

TETHERA

SPRING
2017

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| MONDAY | 9:30am – 5:00pm |
| TUESDAY | 8:30am – 5:30pm |
| WEDNESDAY | 8:30am – 5:30pm |
| THURSDAY | 8:30am – 5:30pm |
| FRIDAY | 8:30am – 5:30pm |
| Saturday and later appointments at request | |

SEASCALE GOSFORTH
DRIGG
& CARLETON

LINKING
THREE
PARISHES

TETHERA

MARCH
2017

PARISH NEWS

Editor: Eileen Eastwood
019467 28653
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Publisher: Trevor Preece
019467 28449
trevor@trpub.net

SEASCALE

We wish our Seascale born and bred member of Parliament for Copeland, Trudy Harrison, well in her new vocation. We know she will be very supportive of West Cumbria, in Westminster.

There is hope of encouraging news soon about the Seascale/Gosforth cycleway ("The Viking Way" as published on the front cover of Tethera's October 2014 edition). Keep an eye out on Facebook's Tethera page, and Gosforth and Seascale Matters, for any update.

We are still negotiating the take-over of the library – thanks to all of you who have given your names to help run it.

Hopefully all of the bulbs that were planted should be coming on now – thanks to Elizabeth Mawson for organising the planting.

Our meetings are open to the public and it would be good to get positive feedback from residents.

The Parish Council wishes to thank everyone who supported the Christmas Light Switch-On and special thanks to Tony Biggins for putting up the lights.

Eileen Eastwood



COMMUNITY SPEEDWATCH VOLUNTEERS IN SEASCALE ARE SOUGHT

We are intending to set up a Community Speedwatch (CSW). It is a locally driven initiative whereby active members of the community join together with the support of the Police to monitor speeds of vehicles using speed detection devices. Vehicles exceeding the speed limit are referred to the Police with the aim of educating drivers to reduce their speeds.

Training will be given by the Police. You will not be required to give evidence in court. For more information check out www.communityspeedwatch.co.uk

If you wish to be involved please contact Brian Goulding 019467 29377.

The next edition of Tethera is scheduled to be published on the first weekend in July. We are always on the lookout for stories and event dates. The closing date for contributions will be Saturday 10 June.

SEASCALE PARISH COUNCILLORS

| | |
|--------------------------------------|---------------|
| Brian Goulding (Chair) | 21641 |
| Catherine Harvey-Chadwick | 28908 |
| Eileen Eastwood | 28653 |
| David Halliday | 28027 |
| Ken Mawson | 29786 |
| David Moore | 27674 |
| David Ritson | 21668 |
| Clerk | |
| Jill Bush | 01946 812331 |
| Copeland District Councillors | |
| David Moore | 27674 |
| Andy Pratt | 24097 |
| County Councillor | |
| Norman Clarkson | 01946 841126 |
| Other Useful Numbers | |
| Cumbria Highways Hotline | 0845 609 6609 |
| Copeland Direct | 0845 054 8600 |

GOSFORTH PARISH COUNCILLORS

| | |
|-------------------------------|-------------------------------------|
| Tyson Norman (Chair) | 25646 (home) 01946 841413 (work) |
| Councillors | |
| David Ancell | 25232 |
| David Gray | 25318 |
| Graham Hutson | 25477 |
| Alan Jacob | 25356 |
| Mike M. McKinley | 26267 |
| Graham Parker | 25470 |
| Ian Rae | 25393 |
| Paul Turner | |
| Chris Walton | 25526 |
| Clerk | |
| Jane Murray | 27091 |

Tethera and previous issues of Seascale, Gosforth and Drigg Parish Council magazines are available to view and download in PDF format at <http://www.trpub.net/>
The next issue will be available to view about 10 days before the publication date

GOSFORTH

GOSFORTH PUBLIC HALL NEEDS YOU

Christmas seems a long time ago but, the Committee would like to start by thanking those Gosforth businesses that helped to brighten up the Public Hall and village. Their donations towards the costs of renewing the outside coloured lights and the internal seasonal decorations was gratefully received. They both added to the festive spirit of Christmas for those involved with Hall activities.

The new red front doors have attracted a lot of pleasing comments since their installation. We are now trying for some funding to replace the double fire doors at the top of the steps. These are rotting so there is some urgency. Once done the hall will not only be more secure and user-friendly but will improve the appearance of the building for villagers and visitors to Gosforth.

On the subject of funding the Committee are still focusing their attention on securing financial support to re-vamp the facilities which are dated and tired. This involves creating a business plan. The community of Gosforth was invited to our AGM in November last year to partake in preliminary discussions and share ideas. Now we need to start the formal process by issuing a questionnaire-survey to every household to establish the extent of needs and support of the people it will ultimately serve. Please take time to fill in the questionnaire and return it to the collection boxes that will be placed in the village. Dates of issue, returns and collection points will be publicised on posters, local papers and networks. A bespoke Public Hall web page is planned!

Since the last Tethera report we have managed to fill the vacant positions on the Committee so relieving some of the pressure on existing members. Jo Froggatt is Secretary bringing to the job her valuable career experience. She keeps a tight and organised ship. Mel Gould has agreed to be our Booking Officer and with great ease he navigates the computer system and keeps us all up to date with calendar and website. Rachel Froggatt has taken on the mantle of Treasurer and is making what appeared to be an horrendous task

a straight forward logical job of figures! Angie McGill, a loyal and longstanding member has offered to take on the Vice-Chairman's position for a year. So I am extremely grateful to all these people and feel that we can now go forward confidently with our plans to promote Gosforth Public Hall and Library as the revolving hub of the village. A place where a range of age groups can meet, enjoy activities and generally socialise in a comfortable and welcoming environment.

An exciting start has been made this year with the highly popular annual Pantomime, this year 'Dick Whittington' with record audiences. This performance involved a huge cast of all age groups most of which attend regular sessions and workshops put on by resident theatre group GADS.

Let's try and keep the momentum going with our work and enthusiasm and your active response to the survey that will drop on household mats in the Spring. Collated, the evidence of your needs and support, can be presented to funding agencies and they will assess whether it is sufficient to proceed further with the business plan. Gosforth Public Hall needs you. Do you need Gosforth Public Hall? That is what it will boil down to!

Keith Rhodes, Chairman, Gosforth Public Hall.

GOSFORTH PLAYING FIELD

The playing field is an essential element of village life and Gosforth is no exception. With a great playground, a multi-use play area and a well-maintained football and cricket pitch, it plays host to many local teams and families, not to mention visitors from neighbouring communities and further afield.

The well-manicured and maintained facilities, and well-equipped pavilion, are entirely maintained by volunteer help, who quietly beaver behind the scenes to make sure that the grounds are snipped into shape on a regular basis.

The Playing Field Association is keen to recruit some extra volunteer help to spread the load and would welcome any kind of assistance that anyone can offer. From the occasional cleaning or grass cutting, or a more regular commitment to grounds maintenance, they would love to hear from you. For information please contact Anthony Millard on 07762 810520.

Jane Murray

DRIGG & CARLETON PARISH COUNCILLORS

| | |
|--------------------------------|-------|
| John Jennings (Chair) | 24321 |
| Andy Pratt (Vice-Chair) | 24097 |
| Gary Creaser | |
| Val de Gaspari | |
| Keith Hitchen | 24710 |
| Rob Little | 24376 |
| Jimmy Naylor | 27841 |
| Keith Murray | |
| Clerk | |
| David Millington | 24272 |
| Finance Officer | |
| Alan Bell | |
| County Councillor | |
| Keith Hitchen | 24710 |

PILATES CLASSES START IN GOSFORTH

NEW Pilates class started weekly from Monday 6 March 7-8pm in the Gosforth Public Hall, Supper Room (upstairs). Can cater for all levels: all welcome. £5 per week or £24 for six weeks. Please bring a mat or towel. For further info, please contact Amy on 07510 104508 or amyfisher@hotmail.com



At the West Lakeland Rotary club meeting on 10th January Michelle Watson of the West Cumbria Young Carers was presented with a cheque for £2,750. In the photo are Graham Watts Immediate Past President, Michelle Watson and Terry Dixon, President. The funds were raised as a result of two "bag packs", one at the Co-op in Cleator Moor, and the other at Morrisons in Whitehaven, which together raised £900. An additional £1,850 came from the Club's annual sponsored walk held last May along the Ribble Way. The club is extremely grateful to all those people who supported our fund raising efforts and to the Co-op and Morrisons for their co-operation.

GOSFORTH PARISH COUNCIL

One of the things I notice in Gosforth is the community spirit. Most of us are happy to help our neighbours and want our village to be a nice place to live in. Sometimes we need the help of other agencies, but you might not be sure how to get in touch with the services you need. Whilst the Parish Council is always willing to help, in many cases you can be just as successful making contact directly. Often, the more people that report a problem, the sooner it gets fixed. Here are some ways you can get in touch.

Highways

Problems with roads, streetlights etc. are the responsibility of Cumbria County Council Highways. To report a fault by phone, call the Highways Hotline on 0300 303 2992. Problems can also be reported using email to betterhighways.copeland@cumbria.gov.uk or via the "FixMyStreet" smartphone app. You'll need to provide the location of the fault and, if you are reporting a streetlight, also provide its number (which should be clearly displayed on the light and is usually a three-digit number).

Police

The non-emergency phone number for the police is 101. This can be used to: report a crime not currently in progress (e.g. a stolen car, burglary, or damaged property); give information to the police about crime in the area or to speak to the police about a general enquiry.

Copeland Borough Council

Many of the services we get here in Gosforth are provided by Copeland Borough Council. For all enquiries / problems the phone number is 01946 598300 or by email to info@copeland.gov.uk. There's lots of useful information on their website: www.copelandbc.gov.uk.

Things that Copeland BC are responsible for include: refuse collection; litter and dog bins; fly tipping; recycling; dog warden; parking enforcement; homelessness; environmental health (including noise nuisance) and road closures for street parties.

Copeland BC no longer provide a pest control service and private services will have to be used instead.

Gosforth Parish Council

The Parish Council looks after the public toilets; the car park; several benches around the village and the children's play area next to the playing field.

Contact us via the Clerk,
email: goforth.parish@outlook.com
Chris Walton

'TRAIN YOUR BRAIN'

One 2 One tutoring for children with reading and writing difficulties run by a qualified teacher on Saturday mornings at Shackles Off in Seascale. Call 07704 326452 for more information. We make learning fun. We have places available so call today to book a place for your child. West Cumbria Dyslexia Association. www.dyslexiawestcumbria.co.uk Helpline 07704 326 452



West Cumbria

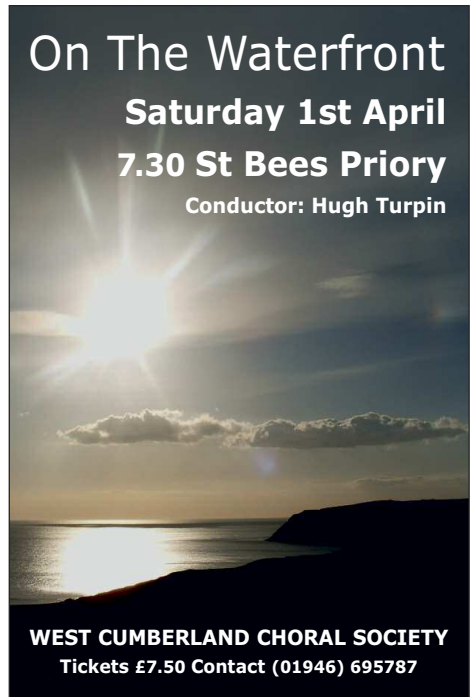
Dyslexia Association

On The Waterfront

Saturday 1st April

7.30 St Bees Priory

Conductor: Hugh Turpin



WEST CUMBERLAND CHORAL SOCIETY

Tickets £7.50 Contact (01946) 695787

SASRA NEWS

A Special General Meeting of SASRA was held on Thursday 2 February which actioned the Executive Committee to proceed with negotiations regarding the purchase of the SASRA facilities from the NDA. It is envisaged that a mortgage will be taken out, the cost of which will partly be offset by the lack of a need to pay rent.

The properties involved are the Falcon Club, including the squash and soccer facilities, the Windscale Club including the SCFC and Tennis facility and also the Boat Club on the foreshore.

WINDSCALE CLUB NEWS

Planning approval has been obtained for changes to the Windscale Club.

It is proposed to construct a partition in the bar creating an area for the Seascale Community

Fitness Centre (SCFC) for use as a weights room, thus removing the need to use the corridor between the SCFC and the function room as a weights area. As this partition will restrict the disabled access to the bar a ramp is to be constructed leading up to the main bar entrance.

As funds are available for these two aspects of the development they will start very soon. The planning approval also allows for new toilets for the bar to be constructed and the games rooms to be replaced with a new building. These will be carried out when funds become available.

Meanwhile a grant application is being made to the new Community Choices fund in which support from members of the public is gauged by means of a poll in which anyone can cast up to 10 votes against the shortlisted projects. All 10 votes can be cast for the same project so strong local support is sought.

David Gray

SEASCALE PRIMARY

Seascale Primary School has had a busy first half term during 2017.

Some of our junior children attended an 'Animal Allies Robotics Challenge Competition'. This was run in conjunction with STEM Cumbria and representatives from Low Level Waste Repository at Drigg.

The children attended an after school club on a weekly basis, building their robot and programming it to undertake some animal problem solving tasks. The club culminated with a full day inter school competition where the children were given the opportunity to show off their Robot and its skills during the challenges. During the competition, the children gave an informative presentation on how we can protect and help the common bumble bee.

Following on from this competition, members of our team will be attending the Low Level Waste Repository to present their talk on the bumble bee to employees. We have also received contact from our local Parish Council showing an interest in helping to support our cause.

In addition we have children taking part in an international competition, 'Race for the Line'. The children are meeting on a weekly basis to plan their rocket car, they will attend West Lakes Academy next week to have their car produced

professionally from the kit which has been provided. While working on this project children will be exploring science, technology, engineering and maths and will be programming their model rocket car to race in the final competition, which is due to take place during March. This is a great opportunity to get students excited about STEM, work as a team and get hands on experience of programming and aerodynamics in a fun and exciting way.

The Year 6 children are taking part in a 'Bright Stars Enterprise Project'. The children have been given £50 from the Bright Stars Organisation. The aim of the project is for the children to use the initial payment to plan, organise and run fundraising events in school, with all money raised to go towards supporting charities of their choice. The children have already planned and held a school disco during which they bought and sold refreshments. Additional events due to take place are a cake sale, non-uniform day, alternative tuck shop and hot chocolate sale. Many other schools will be taking part with the school who raises the most money winning the overall competition.

Mr Brian Goulding, chair of the Parish Council, visited the school recently to talk to the School Council. Issues discussed were speed watch awareness, car parking issues around the school and dog fouling within the village. Children will be working with the Parish Council on these issues.

EVENTS CALENDAR

in and around Drigg, Gosforth & Seascale For events farther afield in Cumbria go to: www.golakes.co.uk/

- 17 March – Friday.** Seascale Golf Club. St Patrick's Night. Tickets £10 include buffet. Music by Vortigern.
- 17 March – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 18 March – Saturday.** Cumbrian Railways Association spring meeting and AGM. Carus Green Golf Club, Kendal. Speakers: Dick Smith – 'The Isolation of the Windermere Line: How Windermere could have become a junction station, but has remained a branch terminus'; Bryan Parker – "Carlisle Power Signal Box 1985 to 2017"; Bill Myers – 'A Horrible History of Cumbrian Railways: Deaths, Crashes and Criminal Activity'. 019467 28296 or <http://www.cumbrianrailways.org.uk/eventsandmeetings.html>
- 21 March – Tuesday.** Drigg Village Hall. Drigg Local History Group. 7.30pm. See page 56.
- 24/26 March – Friday/Sunday.** Woolpack Inn. GIN PARTY Weekend. See page 43.
- 25 March – Saturday.** Drigg Village Hall 7.00pm – Cine North's Pop Up Cinema present 'Swallows & Amazons' Tickets £4 or £14 for family (2 full and 2 conc). For tickets or further information contact: Tel: (019467) 24177 or 24321 Email: contactus@driggevents.co.uk Web: www.driggevents.co.uk. See page 11.
- 25 March – Saturday.** Woolpack Inn. LIVE MUSIC. Evie & Atlas.
- 25/26 March – Saturday/Sunday.** Ravenglass and Eskdale Railway. Peppa Pig at the Railway. See website for more details: www.ravenglass-railway.co.uk
- 26 March – Sunday.** Woolpack Inn. Mothers Day G&Tea.
- 1 April – Saturday.** Santon Bridge Village Hall. 7.30pm. 'Two Way Mirror' by Arthur Miller. Tickets £8. See page 56.
- 1 April – Saturday.** Florence Arts Centre – Sullivan & Gold. For further information about this gig and others, including ticket purchase, please contact FAC – E: office@florencecine.com T: 01946 824946 W: www.florenceartscentre.com
- 5 April – Wednesday.** Holmrook Reading Room. Annual General Meeting 7.30pm
- 7 April – Friday.** Muncaster Parish Hall, Ravenglass. 7.30pm. Spillikin. Tickets £8.00 adults £4.00 children £18.50 family. See page 51.
- 8/23 April.** Ravenglass and Eskdale Railway. Teddies go FREE! See website for more details: www.ravenglass-railway.co.uk
- 8/9 April – Saturday/Sunday.** Santon Bridge Village Hall. Eleventh Santon Bridge Festival. Art, craft and local food fair 11.00am to 5.00pm Saturday and 10.00am to 4.00pm Sunday. Free entrance, free parking and refreshments with home baked cakes add to the attraction. See page 61.
- 14/17 April – Good Friday/Easter Monday.** Muncaster Castle. Free entry for every child with a teddy over the Easter weekend. Friday to Monday inclusive. Giant Easter Egg Hunt at 12.30 on Easter Sunday and Monday! See website for more details: www.muncaster.co.uk
- 14 April – Good Friday.** Woolpack Inn. Fish, Chips & Rock 'n' Roll. Live Music: Ultra Violet Fires.
- 15 April – Easter Saturday.** Woolpack Inn. Pace Egg Rolling down Hardknott Pass.
- 16 April – Easter Sunday.** Woolpack Inn. Eco Duck Race – Make a duck and race it down the river.
- 17 April – Easter Monday.** Woolpack Inn. Real Egg Hunt – Find an egg and we will cook it for your breakfast.
- 20/23 April – Thursday/Sunday.** Woolpack Inn. Sausage & Cider Festival. See page 43.
- 21 April – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 22 April – Saturday.** Woolpack Inn. LIVE MUSIC – D'Bleedin Blaggards. See page 43.
- 23 April – Sunday.** Blengdale Runners. Circuit of the Bleng Forest, a 10K handicap run, starting at 11am from Gosforth Hall Hotel. This run is open to any local runner, all are welcome. See page 52.
- 29 April/1 May – Saturday/Bank Holiday Monday.** Santon Bridge Village Hall – Ninth annual Art In Irton group exhibition will take place in Santon Bridge Village Hall from Saturday 29th April to 1st May 2017. Open between 11.00am and 4.30pm the exhibition will feature recent work by group members including Jill Davis's "The Nightingale's Song" pictured. There are refreshments and cake, free parking and free entry.
- 29 April/1 May – Saturday/Monday.** Muncaster Castle. Cumberland Sausage, Food and Drink Festival. Normal entrance charges apply (no additional cost for the Festival) and FREE to Friends of Muncaster. See website for more details: www.muncaster.co.uk
- 5/7 May.** Strands Beerfest. See page 32.
- 16 May – Tuesday.** Ravenglass and Eskdale Railway. Photography Day. See website for more details: www.ravenglass-railway.co.uk
- 17 May – Wednesday.** Drigg & Carleton Annual Parish Meeting. 7pm, Drigg Village Hall. See page 11.
- 19 May – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 28/30 May – Sunday/Tuesday.** Muncaster Festival. Come along and soak up the carnival atmosphere on the Castle front lawn with something for all the family. See website for more details: www.muncaster.co.uk
- 28/30 May – Sunday/Tuesday.** Eskdale Art Show. St Bega's C of E Primary School, Eskdale. Open 10am-4.30pm each day.
- 29 May – Bank Holiday Monday.** Woolpack Inn. Fun & Games with DJ Paul Seath
- 1 June – Thursday.** Ravenglass and Eskdale Railway. Steam to the Hills with an LDNP Ranger See website for more details: www.ravenglass-railway.co.uk
- 8/11 June – Thursday/Sunday.** Woolpack Inn. Boot Beer Festival.
- 9 June – Friday.** Woolpack Inn. Live Music – Good Foxy.

- 10 June – Saturday.** Drigg & Carleton Gala Day. Victoria Hotel field, Drigg, 1.30pm. For more information, please visit www.driggevents.co.uk. See page 11.
- 10 June – Saturday.** Woolpack Inn. Live Music – Evie & Atlas.
- 11 June – Sunday.** Woolpack Inn. Fun & Games with DJ Paul Seath.
- 14 June – Wednesday.** Annual Gosforth 10-mile road race and Fun Run 7pm. See page 52.
- 16 June – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 17/18 June – Saturday/Sunday.** Ravenglass and Eskdale Railway. Young Engineers Day Out with Peters Railway. See website for more details: www.ravenglass-railway.co.uk
- 28 June – Wednesday.** Blengdale Runners. The second local 10K handicap run sets off from Seascale Beach Car Park at 7pm. Open to any local runner, all are welcome. See page 52.
- 2 July – Sunday.** Muncaster Castle. Colour Run for Hospice at Home West Cumbria. See website for more details: www.muncaster.co.uk
- 7/8 July – Friday/Saturday.** Woolpack Inn. EskFest 2017.
- 8 July – Friday.** Holmrook Reading Room. Annual Barbeque – 7.30pm. Tickets £7.00 adults £4.00 children under 16 – includes a free drink. Contact David Marsden on 24632.
- 26/27 July – Wednesday/Thursday.** Ravenglass and Eskdale Railway. Adventure Picnic with Ratty and the National Trust. See website for more details: www.ravenglass-railway.co.uk
- 11/12 August – Friday/Saturday.** Muncaster Castle. Picnic Cinema. Films TBC. Camping available. To book tickets visit www.picniccinema.co.uk
- 26 August – Saturday.** Muncaster Castle. Race The Tide. For full details plus how to enter, see www.racethtide.com.
- 26/28 August – Saturday/Monday.** Medieval Muncaster. See website for more details: www.muncaster.co.uk
- 5 September – Tuesday.** Gosforth 10K road race 6.30pm. See page 52.
- 15 September – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 16 September – Saturday.** The Lakelander. Enjoy a memorable day on board 'The Statesman' as it travels around the Cumbrian Coast. See website for more details: www.ravenglass-railway.co.uk
- 7/8 October – Saturday/Sunday.** Ravenglass and Eskdale Railway. Peppa Pig at the Railway. See website for more details: www.ravenglass-railway.co.uk
- 20 October – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 21/29 October.** Ravenglass and Eskdale Railway. Oktoberfest at the Railway. See website for more details: www.ravenglass-railway.co.uk
- 26/31 October – Thursday/Tuesday.** Muncaster Castle. Halloween Week. See website for more details: www.muncaster.co.uk
- 27/28 October – Friday/Saturday.** Ravenglass and Eskdale Railway. Halloween Ghost Trains. See website for more details: www.ravenglass-railway.co.uk

REGULAR EVENTS

- Badminton – Seascale.** Ladies Wednesdays from 6pm. Mixed Thursdays 8pm. Beginners very welcome. Seascale Sports Hall. Details from 019467 28435
- Blengdale Runners.** First Sunday every month, 9.30am Gosforth car park. And every other Sunday, 9.30am on Seascale beach. See page 52.
- Children's Craft Club.** Meets every Wednesday during term-time for children in the infant classes, from 5pm to 6pm, at Seascale Methodist Church Hall. Contact Jackie on 29785 or Allison on 21935.
- Depression Support Group.** Day Centre, Bradbury House, Gosforth. Third Tuesday every month at 7.30pm. See page 22.
- Depression Support Group.** Bailey Ground ice cream parlour, Seascale. First Tuesday morning each month 10.30am-12.00noon. See page 22.
- Drigg and Holmrook Family Group.** Mondays 9.30-11.30am (term time only) in Drigg & Carleton Village Hall. Bring babies, toddlers and pre-school children for a variety of play, crafts, snacks.
- Fishing Club.** Holmrook Reading Room. Contact David on 24632 for details or to join.
- Fitness Classes.** Tuesdays 6-7pm, Seascale Sports Hall. Tuesdays 7.30-8.20pm Beckermet School. Thursdays 7.15-8.05pm Kettlecise, Seascale School. £4 a class. Contact Gill 07511 995184.
- Flo Jazz.** Third Friday every month, Florence Mine Art Centre, Egremont. 7.30pm for 8pm start. All welcome to listen or contribute.
- GADS Youth Theatre.** Weekly workshops Friday evenings, 7-9pm, during term time. Gosforth Public Hall. £3 per session. First free.
- Gardening Club.** Holmrook Reading Room. Contact Henry Stewart on 24652 for details or to join.
- Gosforth and District Art Society.** In Gosforth. Every Monday but with breaks for Easter, summer and Christmas. 7-9pm, Gosforth Village School. Contact Jakkie Barratt: jakkie@karletta.co.uk.
- Gosforth Craft Fairs.** Gosforth Public Hall. Second Saturday of every month (Lauren Hufton)
- Gosforth and District Art Society.** In Seascale. Every Thursday morning 10am to 12am in Seascale Methodist School Room but with breaks for Easter, summer and Christmas. Contact Jakkie Barratt: jakkie@karletta.co.uk.
- Gosforth Karate.** Wednesday classes. 4.45pm. One free taster class available. To book call 01946 694751 or visit www.eskk.co.uk
- Gosforth Rainbows.** Every Monday, term time, 5-6pm in Gosforth Public Hall. Come along or register interest at www.girlguiding.org.uk
- Gosforth Scouts, Cubs and Beavers.** Scouts Tuesdays 7pm to 9pm, contact Dave Marsden 24632. Cubs Wednesdays 6.15pm to 7.30pm, contact Jackie Harper 27211. Beavers Wednesdays 5pm to 6pm, contact Kathryn Ketchen 25912. In the Scout Hut next to the school.
- Gosforth Short Mat Indoor Bowls Club.** Every Wednesday from 2pm to 4pm in Gosforth Village Hall. New members welcome, spare bowls available. Flat soled shoes preferred.

CONTINUED OVERLEAF

Gosforth WI Craft Group. Gosforth Public Hall, 2-4pm, last Thursday each month. Charge of £2 to include hall fees and tea/coffee.

Guides. Every Tuesday during school term time. 7.15-8.45pm, usually at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

Holmrook Reading Room Table Tennis Club. Meets on a Wednesday – 6:30pm to 7:30pm. All welcome, young or old. Contact David on 019467 24632. Other times can be arranged.

Holmrook Reading Room Fishing Club. If you want to join this club, or simply want some more information, please contact David on 019467-24632.

Holmrook Reading Room playground. Refurbished by Lottery Fund and Drigg Community Fund. Open to all.

Jam Side Up Jazz Jam Session. First Friday every month. The Kellbank Hotel, Gosforth. From 8.30pm. www.jamsideup.net or 01967 28619 for more details. Admission free.

Keep Fit Classes. By Kay Wayman. Every Monday Monday at 9:50 to 10.50am and Thursdays 6-7pm. Santon Bridge Village Hall. £6. 019467 24226 or 07707 408799. Or just turn up.

Line Dancing. Every Monday. 7.30pm, Windscale Club, Seascale. £2 pp donation to charity. Contact 019467 28449 for details.

Messy Church. Run jointly between St Cuthbert's and Seascale Methodist Church and meets on the third Saturday of each month in school term in the Methodist Church Hall at 2pm to 4pm. Children must be accompanied by an adult.

Moky HIIT Class. Seascale Primary School. Wednesday 7.30pm-8.00pm. Contact info@mokyfit.co.uk, 01946 721166 or 07724 240179

Moky HIIT Class. Seascale Sports Hall. Friday 10.00am-10.30am. Contact info@mokyfit.co.uk, 01946 721166 or 07724 240179

Open Mic Night – Strands, Nether Wasdale. First Wednesday every month. 9pm start. Live music by various singers and groups.

Open Mic Night – Florence Mine, Egremont. Third Wednesday of each month. Great atmosphere, all gear provided. Just turn up.

Open Mind West Lakes U3A General Meeting. Third Thursday every month 10.15am for 10.45am in Gosforth Public Hall. Membership is £5 per year which covers membership for all the groups. In addition there is a small admission charge for each U3A meeting. Contact: Graham Brassington 25794.

Open Mind West Lakes U3A History Group. First Wednesday every month at 11am in Drigg Village Hall. Contact: David Huyton 01946 841362.

Open Mind West Lakes U3A Discovery Group. Fourth Wednesday every month 10.15am for 10.45am in St Mary's Room. Contact: Graham Hutson 25477.

Open Mind West Lakes U3A Singing for Fun Group. First Thursday every month 2.30pm to 4pm in St Marys Room, Gosforth. Contacts: Tim Austin 26778 or Xandra Brassington 25794. The change in venue applies from September.

Open Mind West Lakes U3A Art Appreciation Group. Second Thursday every month 10.30am in St Joseph's Church Hall Seascale. Contact Jean Taylor 28713.

Open Mind West Lakes U3A Mah Jong Group (House Group Gosforth). Second and fourth Mondays every month from 2pm to 5pm. Contact Xandra Brassington 25794.

Open Mind West Lakes U3A Reading Group (House Group Gosforth). Fourth Thursday every month between 10.45am and 12.00noon in a private house. Contact: Jean Taylor 019467 28713.

Open Mind West Lakes U3A Discussion Group. Third Tuesday every month between 10am and 12noon in a private house. Contact: Graham Brassington 25794.

Open Social Run. First Sunday every month, 9.30am. Seascale beach or cinder track, starting from car park. Organised by Blengdale Runners and open to anyone who can run three miles or more at any speed.

Phoenix Praise Worship Band. Meets in Gosforth Methodist Church Schoolroom, 7pm Fridays during school term-time. Come along and sing, play or help technical support. All welcome – no church affiliation necessary. Jill or Keith Hudson 019467 21592. jillfhudson@hotmail.co.uk

Pilates Class. Mondays, 7-9pm, Gosforth Public Hall (upper room). Bring mat or towel. £5 per week or £24 for 6 weeks. Contact Amy on 07510 104508 or amyfisher@hotmail.com

Rangers. Every Tuesday during school term time. 7.15-8.45pm, usually in supper room at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

Saturday Coffee Morning. Seascale Methodist Church Hall, 10-11.30am.

Scottish Country Dancing. Windscale Club, Seascale. Every Wednesday from September to April at 7.30pm. Beginners very welcome.

Scouts/Cubs/Beavers: 2nd Seascale Scout Group. Every Thursday night in school term time. St Cuthbert's Hall. Beavers (6-8 years), 5-6pm. Cubs (8-10 years), 6-7.30pm. Scouts (10-14½ years), 7.30-9pm. Contact: 28296 or info@seascalescouts.org.uk

Seascale Art Group. Monday mornings (except Public Holidays) 10am-12noon in the Games Room at the Windscale Club. Call in.

Seascale Knitting Group. Fortnightly meetings on Wednesdays 6.30-8pm at the Windscale Club. £1 per session. For more information contact Penny Cater penelope_cater@btinternet.com

Seascale Men's Keep Fit. Tuesday, 10.30am. 45-minute session in the Sports Hall. Target range is 55-85 years. Work at your own rate and set your own goals. One free session available. Alan Bell, 24250 or John Calvert 28936.

Seascale Parish Council Meetings. First Wednesday every month. 7pm in the Methodist Schoolroom. No meeting in August unless there is urgent business.

Seascale Tea and Chat. Meets on the first Wednesday of the month at 2.30pm in the Methodist Church Hall. Seascale WI. Seascale Methodist School Room. Mondays 7pm every month except January. Details from Allison Hanshaw, 21935, ajhanshaw@outlook.com

Seascale Women's Outlook. Alternate Tuesdays in term time at 8pm in the Methodist Hall. All ladies welcome. Contact Glenda on 28404 for programme. Table Tennis Club. Wednesdays. Holmrook Reading Room, 6.30-7.30pm. All welcome to turn up or contact David on 24632.

Shackles Off Baby Group. Mondays, 11am-1pm. See page 53.

Tuesday Chat. First Tuesday every month. 2-4pm. Drigg & Carleton Village Hall. Special events and entertainment. All welcome.

West Cumbria Guild of Model Engineers meetings. Second Wednesday every month. Harrington Fishing and Sailing Club, 7.30pm. Visitors welcome. Details: 019467 28938.

West Cumbria Guild of Model Engineers train running on Curwen Hall Park track. Sundays 2-3pm in fine weather.

Wild Flower Meadow. Holmrook Reading Room. Phone 24632 to be involved. Supervised children welcome.

DRIGG, CARLETON AND HOLMROOK

DRIGG & CARLETON'S ANNUAL PARISH MEETING

7pm Wednesday 17 May 2017
Drigg Village Hall

As well as a review of the activities of the parish council, Drigg Charity and village hall in 2016-17, there will be a presentation on proposed improvements and modifications to the village hall. All of the community welcome to attend.

For more information, please contact a Drigg & Carleton Parish Councillor or visit the Drigg & Carleton Community web site www.drigg.org.uk

DRIGG & CARLETON GALA DAY 2017

Saturday 10 June

1.30pm Victoria Hotel field, Drigg

This is the 40th Gala since it was first held in 1977, and this year's attractions look to be bigger and better than last year's.

The 2017 Gala Queen is Charlotte Law.

For more information, please visit www.driggevents.co.uk

HOLMROOK READING ROOM

The Annual General Meeting

Wednesday 5 April at 7:30pm

Table Tennis Club: Meets on a Wednesday – 6:30pm to 7:30pm. All welcome, young or old. Other times can be arranged.

Playground: Come and see for yourself – The new upgraded playground.

Wild Flower Meadow: Enjoy a walk or just sit and relax in the peace and quiet of the meadow. Supervised children are welcome.

Fishing Club: If you want to join this club, or simply want some more information, please contact David.

Bookings: The Reading Room has a fully equipped kitchen, facilities for people with disability, in fact everything you would need for a great party. Call David to see if it is available for your next event.

Membership: Membership renewals for 2015 are due from 1 March. These can be renewed/started any time. If you are an existing member or want to join us contact David on: HolmrookRR@btinternet.com or 019467 24632.



The Cine North big screen returns to Drigg

Swallows & Amazons

Drigg Village Hall

7pm Saturday 25 March

Doors open 6.30pm and trailers will be shown before the main feature

This 2016 British family adventure film is based on Arthur Ransome's book. It chronicles the story of Walker children on their holidays in the Lake District. They want to camp on an island in the lake. When they get there in the boat "Swallow", they soon discover they're not alone. Two other children, the Blacketts also known as the "Amazons", have set up camp there, and a battle for the island begins. But with Britain on the brink of war and a "secret agent" looking for the Blackett children's uncle, they have a series of adventures quite different from their plans.

Refreshments will be available.

Tickets: £4 / Family £14 (2+2)

For ticket or further information contact:

Tel: (019467) 24177 or 24321

Email: contactus@driggevents.co.uk

Web: www.driggevents.co.uk



DICK WHITTINGTON APPEARS IN GOSFORTH...



GADS Pantomime – Dick Whittington – A review from David Gray

GADS held its annual pantomime in January, performing Dick Whittington written by Alan Frayn. Andy Williams, who played the dame, made a spectacular first entry and he had a remarkable wardrobe of colourful costumes during the whole performance. Tom Morath acting the part of king rat demonstrated his natural ability as a thespian with exceptional talent – his makeup and costume were works of art. The children's chorus had many varied routines from a rock and roll number to a sailor's hornpipe which the audience clapped in time with. Regarding the sound system there was a noticeable improvement compared with earlier productions owing to the on-stage microphones with lines being clearly heard well down the hall.



And from GADS...

As well as thanking David for his review, we would like to extend a very big THANK YOU to all those who made our pantomime such a success – our sponsors and individual supporters, the cast and crew, but most of all the audiences. Together we made it yet another record breaker and all the effort going into these productions is so worthwhile when the feedback and comments after a show are so positive. Saturday night was sold out once again and the other three nights were also very well attended. If you would like to know when the tickets go on sale for next year, please join our mailing list using mailinglist@gads.org.uk.





GADS Youth Theatre Group

Our YTG resumed as soon as the pantomime was over and is also well supported. Very sadly, we have had to say goodbye to its founder and Director, Tom Morath, who has left the area to return to Northampton. Tom has only been with us for a couple of years, but has made such an impact – we will miss him greatly.

Nevertheless, the YTG continues under the leadership of Natasha McGregor although we have had to switch to a Tuesday evening – at least until the Easter holidays. If you are interested in joining this lively group for 8-18 year olds, please get in touch using yt@gads.org.uk.

Summer Youth Workshop

Again for the 8-18 year olds, this will be our 11th Summer Workshop and will run for the full week from Monday 7 to Saturday 12 August. Participants learn about all aspects of staging a show and there will almost certainly be a performance of their work for friends and family on the Saturday evening. It's staggering how much these guys 'n' gals can achieve in just one week – if only the adults could do it. For more information on how and when to enrol, email workshop@gads.org.uk or look on our website, Facebook page or Twitter.

Plays For Pleasure

Our monthly informal play readings have also resumed for a new season. We meet in the Supper Room at 7:30pm on the last Thursday of each month and have dates booked until the end of June. Please just come along, have a read, have a cuppa, have a chat and have a laugh.

To get involved with GADS, to find out more about what we get up to, or even just to look for family and friends in our ever growing library of photographs going back over the decades, please see our website www.gads.org.uk. On Facebook we are [gads1948](https://www.facebook.com/gads1948) and you can follow us on Twitter [@gadsgosforth](https://twitter.com/gadsgosforth).

WEST LAKES U3A

Soon West Lakes U3A will celebrate 20 years of providing activities for retired and semi-retired people in the area around Seascale, Gosforth and Drigg although we also have members coming from Millom, Egremont, St Bees and further away.

There are U3A groups in most areas of Britain and, indeed in many parts of the world. In every case they are set up and run by their members so they all tend to be different. Despite their title U3As are not especially academic in nature. There are no entry requirements and no awards given. The only requirement is that members have a desire to remain mentally and physically active as possible in their leisure years and to enjoy the company of others of like mind. U3A groups vary in size and in the range of activities on offer. Whilst many are situated in or near larger towns and cities, despite the challenges posed by our relative isolation we have a healthy number of members and draw a good-sized attendance at our various meetings. Like many U3As, West Lakes has a combination of talks, smaller special interest groups and other activities. Members can choose what they wish to take part in. Over the course of the past year we have enjoyed some particularly interesting talks and also social events such as special meals and a trip to the Scottish Border region all in good company.

New members are always welcome especially if they enjoy learning something new and perhaps have fresh ideas or an interest which they are willing to share with others. Non-members can come along to one or two sessions before deciding whether to join. If you lack transport check whether there is a member living near you who could help with a lift.

Our Annual Subscription is at present only £7 and there is a small charge for most meetings to cover expenses. If you would like further information please talk to one of our members, look out for our notices or our newsletter or check out our web-site (just enter 'West Lakes U3A' on Google).

NEW MANAGER JOINS SEASCALE GOLF CLUB

Seascale Golf Club welcomes a new Manager this year as local boy Adam Lamb returns to take up the reigns at this great Links course.



Adam was born and raised at How Farm, literally 50 yards from the 2nd green, and spent his childhood learning the game with Seascale Golf Club legend Selwyn Hartley. Adam recalls "Selwyn was such a great player and taught me how to play Links golf with all the conditions that come with being on the seaside that test your game."

"I would like to see all the community come up and use our great facility. I'm very proud of this club and would like to see local folk either come into the clubhouse to eat and drink or play the game on a superb golf course."

"We have some great staff here and I'm coming just to put some finishing touches to it and help grow the business."

Adam left school to become a greenkeeper at Seascale before crossing the pond to work on golf courses in America. He returned to run Eskdale Golf Course at Muncaster for 11 years where he learned about the business aspect of golf.



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MAGIC OF KEEPING YOUNG



I can honestly say that when I first met Shameem Arnold she almost killed me! It was totally my own fault you understand, because I was so completely unfit. I'm talking about when I attended Shameem's Mokyfit class for the first time in the summer. I have to add here that I really enjoyed the class and have continued to beat myself up once a week ever since.

It's natural to look at Shameem who is incredibly fit and slim, and make the assumption that she has always been this healthy.

Well you would be wrong. "10 years ago I was working full time at Sellafeld as a Quality Engineer and also teaching Salsa classes in my free time. I became ill with a chest infection and couldn't seem to shake it off. It got to the point where just getting out of bed was a struggle. After a few weeks my GP suggested it could be M.E.; it took several months until I got a formal diagnosis."

When the Specialist gave her the diagnosis it was a blow for Shameem and her husband Mat.

"It was a very difficult time for me, after being so busy and physically active to not be able to

walk without assistance was very traumatic. It was almost like a breakdown except that it was physical, my body just gave up and stopped working. I had severe headaches and insomnia as well as the fatigue. Not being able to work was tough for me but I knew I had to stay positive, although a lot of people never fully recover from M.E. I really hoped I would be one of the lucky ones. The specialist gave me hope that if I paced myself carefully and stayed positive I could recover within two years."

It was a holiday to Turkey with Mat that helped turn things around for Shameem.

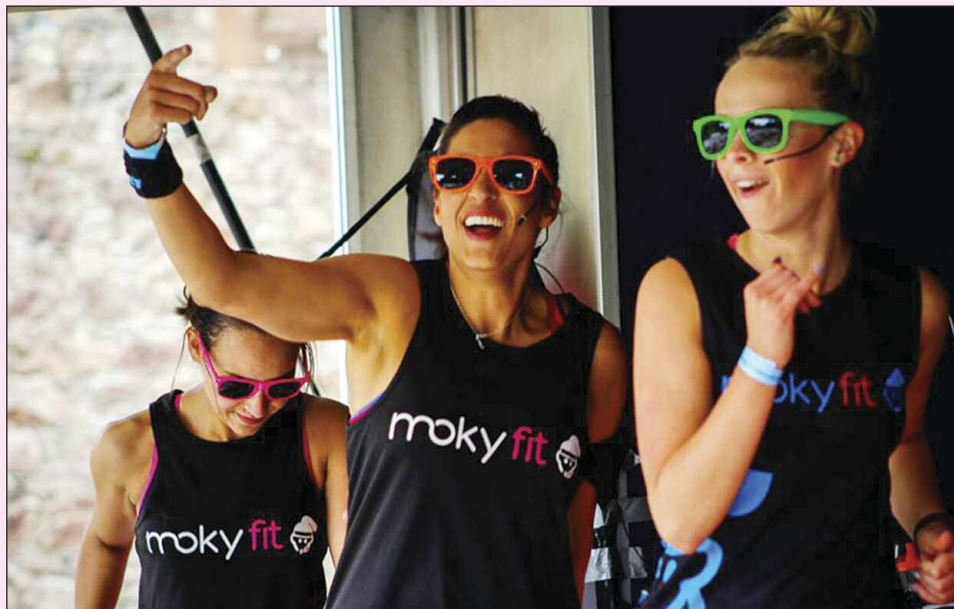
"Every day I left the hotel and walked a little way towards the beach and back, it took three days until I actually made it the beach which was only 500 metres away. By the end of the holiday I was able to walk around the whole resort. I also realised on this holiday that I wanted a different future. I wanted to do something that not only gave me a better quality of life but that could help others and that's how I came up with MokyFit. I already loved dancing and knew what happiness it could bring people and I wanted to combine it with a more intense exercise using really motivating music."

To make her dream a reality Shameem enrolled on an Exercise to Music course even though she was far from fit to do any of the practical sessions. "By the end of the 3-month course I was able to lead a half hour class and although I had never taught fitness before I got top marks on my exams and knew then this would be my new future."

Her excitement and enthusiasm was evident as she talked about her recovery – "My aim with MokyFit is for people to let go, throw away inhibitions and enjoy moving to the music. It's a way for people to get fit and healthy, both physically and mentally!"

Together with Mat they started teaching classes in West Cumbria which soon became so popular they had to employ people. Within two years they had four full time and 20 part time staff who were helping them to run classes in five different counties across the UK. "It was a very exciting time for us but we also knew we were getting

— WITH mokyfit



bogged down with the managerial side of the business which was taking my attention away from the creative side of things.”

This is when the couple came up with the idea to change the way the business was run so that instructors could teach their own class on a self-employed basis, almost like a franchise. They put forward their business idea to the West Cumbria Business Accelerator Scheme where they had to battle it out against other businesses in a Dragon's Den Style interview.

“Watching the faces of these top business men and women judges while our instructors danced around doing Moky in front of them was definitely a career highlight for me.” Shameem



chuckled. They went on to win the coveted award and their new business strategy was set in motion. The change in the business meant that Shameem no longer had to manage staff and could focus more time creating new choreography to give customers a fun but intense workout. It also coincided nicely with Shameem getting pregnant with twins. Although taking a break from teaching classes during her high risk pregnancy Shameem was still able to do instructor trainings and choreography.

“Having Seth and Zayn was by far the best thing to ever happen to me, I'm lucky enough that I could still work and be at home with them. Don't get me wrong, it's a crazy juggling act but I've survived it for 3 years (just) and now the boys are in pre-school it gives me more time to develop my new Moky programmes MokyHIIT and MokyCORE.”

MokyFit now has over 70 instructors across the UK doing classes and are continually spreading far and wide, they even have an instructor in Egypt!

It's hard to believe that Shameem has not been this fit all her life. “It wasn't until I took up Salsa dancing that I really got into exercise. People think ▶



In 2012 I was given the honour of carrying the Olympic Torch through Whitehaven. This honour was in recognition of my recovery from M.E. and how I subsequently set up MokyFit and inspired so many others to get fit. It was a very special, proud moment for me making me realise how far I had come from my illness. **Shameem**

journey. She celebrates those who have lost weight, ran their first marathon, or are simply looking good and getting fitter. There's a huge range of age and ability of people who attend her classes, but the common element is how much fun this dance workout is. We all leave our class with big smiles on our red sweaty faces knowing that we've just kicked a lot of fat and evil calories into touch and had a great laugh.

Have look at their website for more information. Or join their Facebook page: MokyFit with Shameem **Vivienne Tregidga**

▶ they have to be able to dance to come to Mokyfit and have good co-ordination, but that's just not the case. It's about enjoying the music, moving and having a laugh. It's amazing how quickly they gain co-ordination and start losing weight and feeling good."

I can certainly vouch for that, because I find Mokyfit completely addictive and love being able to get into smaller sized clothes.

Shameem is warm and encouraging to everyone attending her classes and spends time talking to new recruits and finding out about their life

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MONDAY

| ACTIVITY | TIME | LOCATION |
|--------------------|----------------------|------------------------------|
| MokyFit & MokyCore | 7:30 - 8:15 / 8:30pm | The Solway Hall - Whitehaven |

TUESDAY

| | | |
|----------|---------------|----------------------|
| MokyHIIT | 7:00 - 7:30pm | Egremont Market Hall |
|----------|---------------|----------------------|

WEDNESDAY

| | | |
|----------|---------------|--------------------|
| MokyHIIT | 6:00 - 6:30pm | Whitehaven Academy |
| MokyHIIT | 7:30 - 8:00pm | Seascale School |

THURSDAY

| | | |
|--------------------|----------------------|----------------------|
| MokyFit & MokyCore | 7:00 - 7.45 / 8:00pm | Egremont Market Hall |
|--------------------|----------------------|----------------------|

FRIDAY

| | | |
|----------|-----------------|--|
| MokyHIIT | 10:00 - 10:30am | Seascale Sports Hall <small>Parents with babies & toddlers welcome</small> |
|----------|-----------------|--|



Mokyfit with Shameem



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PLEASE CHECK MY FB PAGE FOR UP-TO-DATE TIMES AND VENUES

RAIL SERVICE IMPROVEMENTS...

Following our article in the last Tethera, we received a comment suggesting that we should have more class 37 locomotives and 1970s Mk2f Carriages and fewer of the Diesel Multiple Units (DMU). The main argument was that they gave a more comfortable ride. Certainly no-one would argue about the comfort of those sets, but they are not reliable, and getting in and out – even just opening the doors – has posed a number of problems for passengers. We also believe that Northern have had quite a few guards suffering injury from trying to reach the door handles because of the bars.

The main point is, why should we have to put up with unreliable museum pieces for our regular travel? Would it be acceptable in London and the Home Counties? If the answer would be no, then it is not acceptable here either. We are assured that the Pacers, the roughest riding of the DMUs, are to be removed from service by 2020 throughout the Northern franchise.

However, we have to be realistic and recognise that the traffic levels on our line will always result in investment being lower than more heavily used urban lines. The net effect is that we will be seeing an influx of refurbished newer DMUs. These will be units displaced from elsewhere in the country as they gain electrified lines or the new stock being built for Northern comes on stream. The units that we will get will be in better condition than those that we currently have, and should be far more reliable. Unfortunately, before we get them, their current users need to have something to use in their place – and as Network Rail is running very late with electrifying the line out of Paddington, it is almost certain that we will not see them until the middle of 2018 instead of December 2017. The significance of this is that Northern will not have stock to run the Sunday and evening services until then. Only when enough of these units become available will the loco hauled sets be taken out of service, currently expected to be by December 2019.

In the meantime, Northern and DRS are going to what I would call extreme lengths to try and

improve the service. They need two locomotives and sets of carriages available to run the timetable. They currently have three locomotives and sets of carriages – and have now laid on two more locomotives, including one which will sit with crew aboard, at Workington, ready to come to the rescue of a failed train. There is no way that this can be described as an efficient or economic system. We hope that it will prove to be worth it. Intriguingly, Northern Railway/DRS Kingmoor Depot have won a Silver Spanner Award (most improved fleet – percentage improvement in Miles per Technical Incident) in the ‘Intercity’ category for “Class 37/4 and loco-hauled coaching stock – (36.79% improvement)”. It was awarded on the day that both sets failed in service...

The early part of February saw several service disruptions, caused by train and locomotive failures.

Friday 10th saw the last southbound train develop air problems from Whitehaven onwards – it eventually stopped at Bootle, where it had to be stabled for the night as the line was closed. A rescue locomotive was despatched first thing Saturday, via Barrow and eventually towed the failed set to Carlisle via Barrow and the West Coast Main Line. Services did return to normal after the set was removed from the line.

On Tuesday 14th, the whole service fell apart. Real time trains for Seascale show 14 services affected by either a delay of at least 10 minutes or a cancellation – you can’t see from that which trains didn’t stop, but several ran through ‘as expresses’. The record was the 12.28 (10.54 Carlisle-Lancaster) which was 97 mins late and cancelled at Barrow owing to the late arrival of staff from another service.

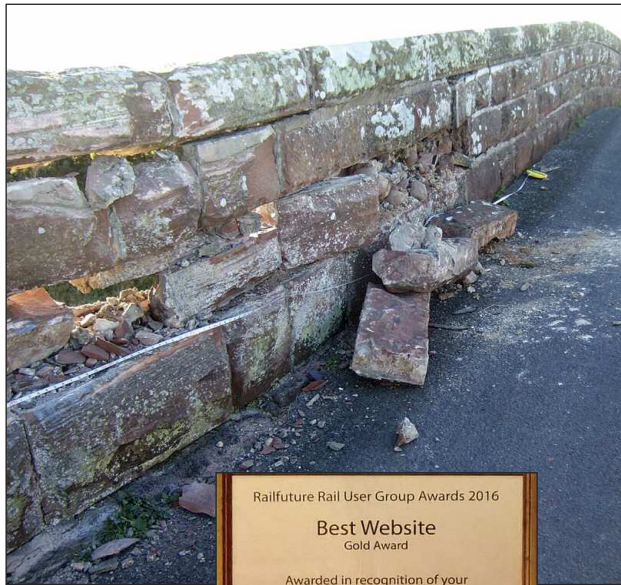
In terms of general reliability, there have been fewer cancellations in recent months, but the old Class 37 diesel locomotives and to a lesser extent the old carriages are subject to breakdown. We (CRUG) have been pushing for more recent locomotives which would also be cheaper, but although Northern have said they are looking at this, nothing has happened. They also usually have a single diesel Pacer at Barrow which can be used in emergencies although replacing four coaches

on a busy train with a single one is not ideal. Otherwise we are stuck with the loco hauled trains until late 2019 when we should have a fleet of four-car refurbished diesels on the line as well as Sunday and some later evening services and daytime gaps filled.

Based on figures at Whitehaven there were no cancellations in the four weeks up to 10 February and nine the previous month. There were others that affected part of the line and a number of cases where trains have not stopped at intermediate stations such as Seascale to make up time. One of the main difficulties of the coast line is the number of single line sections which mean that trains are often held up because a train in the opposite direction is late. We have been pressing for reducting sections where possible or at least more passing places and shorter sections between signals – we really ought to have a two track line throughout with the exception of Whitehaven tunnel. If Moorside goes ahead there ought to be planning gain from that to improve the track and signalling.

A comment has been made, "Can we not also recall that not too many years ago there was a lousy timetable compared to today's?" Well, yes, a few years ago it was pretty lousy – and we were not unhappy when Arriva lost the franchise and Northern took over. (And yes, we are aware that Arriva have recently won it back – that comes with very mixed feelings.) The service has improved, but there is still a lot of scope for improvement. In 1963, the first northbound train ran 20 minutes earlier than today – but the first southbound train was 30 minutes later. However, the last northbound train ran 3 hours and 10 minutes later than today and the last southbound train was 3 hours and 20 minutes later. There were six more trains during the week, five more on a Saturday and six on a Sunday. Comparisons all depend on what you are comparing.

CRUG is discussing with Network Rail what they plan to do to upgrade our line, and how and when these upgrades will be carried out. We will pass any information on as we get it, but while it is clear that there will be upgrades, the detail of what and when is yet to be confirmed – Network Rail simply do not have that sort of information



yet. There is scope for Network Rail to review how they carry out their works in order to minimise disruption to their primary stakeholders – us the passengers – and their neighbours. We have yet to discover why they felt it necessary to delay repairing Whitriggs Bridge parapet at Seascale until a Sunday, with all the disruption caused to people and shops on the seaward side of the line, when – apparently – it could have been done overnight, or during a day with single line working between Drigg and Sellafield.

We are also liaising with local Parish Councils to ensure that service disruptions are minimised during construction works for the National Grid Power Line upgrade and Moorside construction works. Details are not clear as yet, but it is looking likely that materials will be delivered to locations along the line during overnight 'Engineers Possessions' to avoid service disruption. These locations are likely to be to sites where they can get road vehicles, near farm/minor level crossings. ►



▶ Northern do have plans to refurbish the stations along the line, and we will share more of these as we get them.

For our AGM on Thursday 23 March, which will be at 18.30 for 19.00 in the Seascale Methodist Hall, we are very pleased to have Nigel Harris (Managing Editor of *RAIL* magazine) and Christian Woolmar (journalist, author and railway historian) as guest speakers. All are welcome to the meeting.

Finally, we are very pleased to say that we have been awarded the Rail User's Group Gold Award for our website: <http://www.crug.org.uk/>. The Furness Line Action Group (FLAG), who provide similar services to ourselves for the line south of Millom, was also awarded the Silver award for their newsletter.

Graham Worsnop
Treasurer, Copeland Rail Users' Group

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DEPRESSION SUPPORT GROUP

This group has been running for 4 years, and meets on the third Tuesday every month at 7.30pm in the daycentre at Bradbury House in Gosforth. For the past year, we have also met up in Seascale on the first Tuesday morning each month at Bailey Ground ice cream parlour from 10.30am to 12.00noon.

Our aim is to provide a safe place where sufferers from depression, anxiety, panic attacks etc, and/or carers can come and feel accepted by others, and talk and share information if they want to.

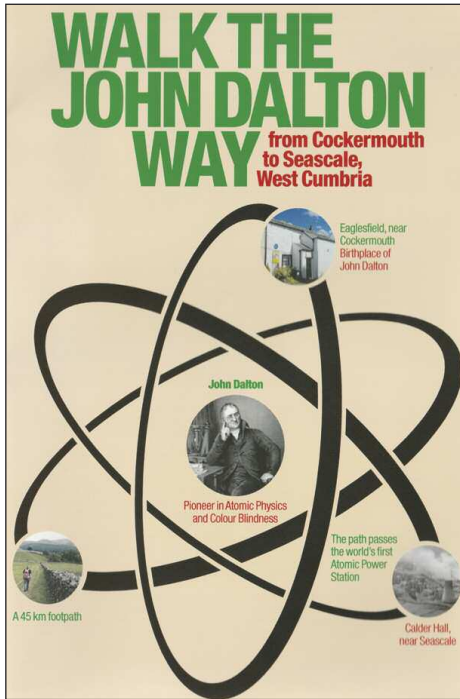
Usually we have between 3-7 people present. At the evening meeting we catch up on how we all are, and sometimes pick up a topic like how families are affected, or about treatments or other things which may have helped. I'm looking up light boxes for our next meeting, because someone asked about them.

Then we break for refreshments and general chat for our last half hour. We have some books which can be borrowed.

At the coffee meeting, we chat and drink coffee – did I mention ice cream?

We have found belonging to an organisation like Depression Alliance (now working with Mind) has been useful for guidance and information. We use their group rules which involve confidentiality and respecting others.

You will be welcome if you want to come and see if the group helps you. Just turn up, or ring Sheila on 019467 21852, or email falcon626@btinternet.com.



The John Dalton Way is a 45km (28-miles) footpath that starts in Cockermouth and finishes in Seascale and links the development of atomic theory, the scenery and villages of West Cumbria and the 250th anniversary of the birth of John Dalton.

This walk was created to celebrate the 250th anniversary of John Dalton's birth and links Cockermouth with Seascale. It can be completed over two days, or in five shorter sections, using existing footpaths. John Dalton was born in 1766 in Eaglesfield, near Cockermouth, and is best known for his discoveries of atomic theory and colour blindness. The walk links Dalton's birthplace with Cockermouth then on to Calder Hall, the first commercial atomic power station in the world when it was commissioned in 1956. The walk, and the associated Guide Booklet, celebrates the development of atomic theory over the intervening 200 years.

The walk itself not only links areas of interest to John Dalton and atomic theory, it passes alongside some of the most beautiful countryside in England on the north-western fringes of the Lake District, including views of Scotland and the Isle of Man. It follows the River Calder for a while, passes Calder Hall and finally ends on the coast. Picturesque villages encountered include Eaglesfield, Dean, Ulloch, Mockerkin, Lamplugh, Ennerdale Bridge, Calder Bridge and finally Seascale. For the serious walker, the walk can be easily done in two days, taking a break at Ennerdale Bridge at just over halfway. It is recommended, however, that a break is also made at Mockerkin so that time can be taken to linger at the many points of interest on the way.

Of course the walk can also be staged over individual days by just walking single sections from village to village. For each leg, this guide booklet provides a general overview, an outline map and detailed instructions, including map references, distances and guide times excluding rest and sight-seeing stops.

The walk and the booklet have been developed by the 'nuclear striders' – a small group of walkers, most of whom have worked in the nuclear industry at Sellafield and/or Chapel Cross.

Copies of the booklet are available in Seascale from the Pharmacy/Post Office at £2.50 each.



The plaque unveiling at Seascale's Wishing Well on 24 February 2017. Left to right: Richard Hartzig, Frank McGrath, Jean McGrath, Phil Campbell.

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iBIENVENIDO! WHILLAN BECK



The Train From Spain, Krauss locomotive No. 8457, formerly of the Ibero-American Exposition in Seville (1929-1932) and now owned by the Ravensglass & Eskdale Railway Preservation Society in the Lake District, has been awarded a new identity by its supporters.

Originally Pinta – named for one of Columbus’ three ships – members of the RERPS voted from a pool of six options (including the original name) to call it Whillan Beck, after the water course which passes under the railway at its Dalegarth terminus. This ties in very neatly with the names of some of the railway’s other engines – River Irt, River Esk and River Mite, which are all named after rivers flowing into the sea at the coastal terminus of Ravensglass.

Members also voted on a colour scheme for the engine, which is currently in a Midland red resembling the LMS Duchess locomotives so admired by the engineer restoring it in Spain. This will now be replaced by a Caledonian Railway blue, which received more than 50% of Preservation Society members’ votes!

This is another momentous occasion in the restoration of the locomotive, which now has a new identity pointing towards a long and successful future on the R&ER.

The Train From Spain Appeal remains open for business, especially as restoration work to make the locomotive fit for traffic is not yet complete.

Additionally a new tender must be built to give the driver a safe and comfortable working environment. Rewards for sponsorship are available (see website: trainfromspain.org).

Though the name and livery make up the headline news right now, the Train From Spain enjoyed a successful testing programme at Ravensglass through late November and December, where R&ER drivers and the Old Hall (Bouth) engineers Alex Sharphouse and Jack Dibnah were able to prove its capability on long trains in all conditions. Restoration work will now resume.

The Appeal and Preservation Society will be represented at the Great North Steam Fair at Beamish (6-9 April 2017), where RERPS locomotive River Mite will celebrate its 50th birthday touring the site on a trailer hauled by steam traction engine Providence. This is the same road engine which delivered River Mite to Ravensglass from York in 1966! A must-see for all with a love for steam and nostalgia.

To pledge support for the Train From Spain (and especially for its much-needed new tender) please visit

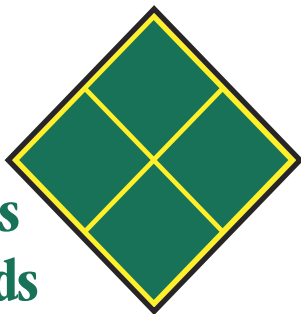
<http://www.trainfromspain.org/donate>.

‘Train From Spain Appeal’ is also on facebook <http://www.trainfromspain.org/donate>.

Colour scheme to be. Image created by Ben Vincer



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| Month | Day | Date | Destination | Price |
|--------|-----------|------|--|--------|
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| | Saturday | 25 | Lancaster | £10.50 |
| April | Saturday | 8 | Keswick | £9.50 |
| | Saturday | 21 | Egremont Farmers' Market | Free |
| May | Saturday | 22 | Solway Coast | £10.00 |
| | Saturday | 6 | Carlisle and Gretna | £10.50 |
| | Wednesday | 10 | Workington | £8.50 |
| June | Saturday | 19 | Egremont Farmers Market' | Free |
| | Saturday | 20 | Mystery trip | £10.00 |
| | Saturday | 3 | Ambleside and Windermere | £9.50 |
| | Saturday | 16 | Egremont Farmers Market' | Free |
| | Saturday | 17 | Kendal | £9.50 |
| July | Saturday | 24 | Cockermouth Wool Fest | £8.50 |
| | Saturday | 1 | Barrow | £9.00 |
| | Saturday | 15 | 5 Lakes | £9.50 |
| | Saturday | 21 | Egremont Farmers' Market | Free |
| | Saturday | 29 | Carlisle (Dobbies and Houghton Grange) | £10.00 |
| August | Wednesday | 9 | Barrow | £9.00 |
| | Saturday | 12 | Kirkby Lonsdale | £10.50 |
| | Saturday | 18 | Egremont Farmers' Market | Free |
| | Saturday | 26 | Penrith/Rheged | £10.00 |

Muncaster Microbus runs Whitehaven shopping trips on Tuesday and Thursdays which can call at Gosforth and Seascale. Details from www.muncastermicrobus.org.uk. Bookings: 01229 717229.

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2016 ACHIEVEMENTS ON THE RIVER IRT

West Cumbria Rivers Trust have been busy in the Irt catchment during 2016 to improve the river for mussels, fish, riverside wildlife and the enjoyment for people. Thanks in no small part to the help from landowners, fishing clubs, steering group members, local funders and volunteers we have been able to achieve a great deal in 2016. The following provides some examples of our work.



Bank stabilisation on the Irt at Gaterigghow in partnership with National Trust.

What have we delivered? And why?

3640m of riverside fencing. Keeping livestock away from river banks allows thicker vegetation and trees to establish. These naturally hold the banks together and reduce soil loss to the river. **100m of bank stabilisation.** Where erosion is happening rapidly we use natural methods to make the banks more resilient to erosion using various techniques such as re-profiling the bank, using tree brush or planting willow.

Over 1ha of woodland coppicing. Trees that become top heavy can, in storms, be windblown causing river banks to be ripped out and encouraging erosion. By coppicing the tree the roots are retained and the tree will grow once again.

Treated all Japanese Knotweed above Holme Bridge. Japanese Knotweed is an invasive species that takes over vast areas of river bank outcompeting all other vegetation. When the plant dies back over winter this leaves the bank devoid of vegetation and therefore vulnerable to erosion.

15 fish surveys. Our fish surveys help us assess the current population of young fish. This year was

generally good for sea trout and poorer for salmon.

33 events and 188 days of volunteer time. We have given talks and ran voluntary events to raise awareness of our work, why we are doing it and for people to help out on practical tasks. Thank you to all who have assisted in 2016.

This work represents a good start and there is a great deal more work still to be done in the catchment with 1000 trees to be planted over the coming months and more fencing, bank stabilisation, tree coppicing and surveys planned for 2017.

Our main rivers are the Derwent, Ellen, Waver, Wampool, Ehen, Calder, Irt, Mite, Esk and Annas, plus their tributaries. We also look after lakes, including Derwentwater, Bassenthwaite, Thirlmere, Crummock Water, Buttermere, Loweswater, Ennerdale Water and Wastwater.

West Cumbria Rivers Trust's aims are to protect, improve and raise awareness of the water environments of West Cumbria through practical conservation, research and education.

Although completely independent, we work in partnership to deliver maximum benefit with



Measuring fish on the River Bleng.

If you would like to get involved with the project our voluntary events, run in partnership with the National Trust, on the second Wednesday of every month are in full swing. For more information about volunteering or the project or please contact Chris West: 07496 590987 or chris@westcumbriarivertrust.org

Fencing completed along the Irt.

people like the Environment Agency, Natural England, numerous charitable and environmental organisations and private companies and individuals.

West Cumbria Rivers Trust relies entirely on public donations, grants and fund-raising to carry out its work.

West Cumbria Rivers Trust is a registered charity which strives to restore and enhance the value of rivers, lakes, estuaries and surrounding countryside throughout West Cumbria for the benefit of people and wildlife.



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IN THE BEGINNING

Rob Steele recounts how he became a long-distance walker, and supporter of cancer research for the Royal Marsden Hospital

It must be approaching 20 years ago, in the early days of CueDoc (Cumbria Emergency Doctor on Call that later became Cumbria Health on Call – CHOC), I was talking to the Spanish Doctor I was driving on that shift about long distance walking and he said “You have walked all over the world, UK, Poland, Morocco, Nepal but never in Spain – why not? Did I not know that Spain was criss-crossed with all the ancient pilgrim routes?”

The answer was very simple. This was that I had never really considered Spain as a walking destination, I guess like many, especially in the '90s, that if you mentioned a holiday in Spain, it was the Costas that immediately sprang to mind and not the mountains!

Anyway, the conversation must have awoken a worm in my brain as not so long after, I Googled Spanish Pilgrim Routes and all of a sudden a whole new world of walking possibilities opened up in front of me.



Rob and Imma walking down The Valley of The Kali Gandaki, the deepest valley in the world.



I had started my “Long Distance Walking Career” accidentally in 1994 when I bought an old Landover that I was planning to drive to Nepal. The impetus of undertaking this drive was the journey, but the reason that others in the party had elected to join me was so that they could go trekking once we arrived in Nepal. So, ever willing to give things a go, myself and Alex, one member of the party, and two more friends walked The West Highland Way in Scotland and I Loved It! Once we arrived in



We had to pass through Sindh en-route to Nepal and there was a civil war going on – Armoured Tractors and the like!

Crossing Thorung La (5416m) on the Annapurna circuit. Left to right – Julie, me, Johnnie and Imma – with Julie Laing.

Nepal I walked the Annapurna Circuit with the group and loved that too. Then on my return to the UK, I had the “Bug” and myself and another friend, Stevie, walked Wainwright’s Coast to Coast. I decided that as I was doing the walk in any case, I would try to raise some money for cancer research through sponsorship at the same time. This was the start of my fund raising for The Royal Marsden Hospital which culminated in 2014 after completing a long distance sponsored walk every year for 20 years.

By the late '90s we were running out of suitable walks in the UK and these were getting very expensive in any case – B & B prices, particularly in the south of England were becoming ludicrous and I was starting to spend more of my own money on the walks as I was sending off for Cancer Research!

Then along came Dr Jose with all these new possibilities of Camino Walking in Spain, with well laid out paths through interesting countryside, towns and cities and cheap accommodation along the way – that coupled with the recent advent of budget airlines making the timing perfect.

So in October 2001 myself and Stevie took the train to Stansted and caught the “Buzz” flight to Bordeaux. From there we hopped on the airport bus into Bordeaux City Centre, caught a train to Bayonne, changed trains there and took another one direct to St-Jean-Pied-de-Port. There we were, ready to start walking the 864 kilometres to Santiago de Compostela. However, as we were both working at the time, we had to split the walk into two sections to enable us to walk the route within our annual holiday allocation!

On 7 October 2001 Stevie and I walked out of St-Jean-Pied-de-Port en route for the Col de



Lepoeder on The Route Napoleon of The Camino Frances and also on a journey that was about to take Many Years.

This was the beginning of the journey that culminated in 2014 with my “Big Walk”, 1,000 miles from West Cumbria to Santiago de Compostela as written about in my previous articles in Tethera.



What a way to start a year – sunrise on Poon Hill, dawn on New Year’s day 1995 – Johnnie, Nathan, Andrew and Rob.

MOUNTAIN MAN AND ACCIDENTAL TV PRESENTER



David Powell Thompson is a real mountain man with a bushy gingery white flecked beard and wild blond crinkly hair framing a kind face. He's also a qualified mountain guide, a fell runner, mountaineer and climber, electrician, teacher and if that wasn't enough a television broadcaster and researcher. He's worked with Julia Bradbury and the Hairy Bikers to name just a few.

I was sent to find this enigma who guides trekkers and celebrities safely across our rugged mountain landscape. Fortunately, I didn't need a map and compass because a tip off that I might find him at the cosy Strands Hotel at Nether Wasdale was right.

It instantly became apparent that David is not comfortable talking about himself. "I'm quite a shy man" he told me right from the start and I thought, this interview was going to be a tough one. However, I quickly found the magic relax button and where his heart lies – mountains and fells.

His life started out in a completely different direction. Born in Southport in 1946 David got his first taste of the Lake District as a very young child when his parents moved to Bowness for his father's new job. "When dad demobbed from the Army where he was an electrical engineer he couldn't get a job as an electrician because he refused to join the union. That's when he decided to change direction and become a chauffeur, gardener and handyman," said David.



The family moved to Bowness and from there to Halton in Lancaster and then Brindle near Chorley and then Galgate in Lancashire. “But we would always return to the lakes for family holidays right up until my father died in 1966.”

David’s working life started abruptly in a direction he really didn’t want to go.

“The day I left school at 16 mum announced that she had secured me a five-year apprenticeship as an electrician, so that was that, I had no choice.” David smiled and sighed. “I was paid 3 pounds 1 shilling and 8 pence in old money, of which mum would take 2 pounds and 10 shillings for my lodgings which left me just enough to pay for the bus to Morecambe college for my course and a trip to the cinema once a week.”

When David was 17 he met a fellow student at college who was a rock climber and who introduced him to Twistleton Scar in North Yorkshire. “I watched all the others having difficulty climbing the rock, but when I got on it I found it easy. That’s when I fell in love with the sport” commented David who admits that his educational choices were made around what

courses allowed him the time off to go rock climbing. “This is how I ended up as a teacher with a degree in education.”

In the ‘70s David married an Irish girl he’d met at college and they moved to County Tyrone where David became head teacher of a small primary school of just two teachers. When his marriage failed, David became increasingly more ill at ease with the temperature in Ireland at that time. “I began to feel uncomfortable and seeing as there was nothing keeping me in Ireland any longer I looked at returning to Morecambe.”

By now David had an excellent reputation for being a good head teacher so it didn’t take him long to secure a temporary job at the Sandylands Primary School.

A new job at a school in Carlisle brought David back to live in the Lake District. “This is where I met the woman who was to become my second wife, Maggie. She came into the school to help us with a pupil who needed extra help.” David’s face lit up when he talked about his wife. “She came with two children, I came with one and then we had one child together.” The couple have been

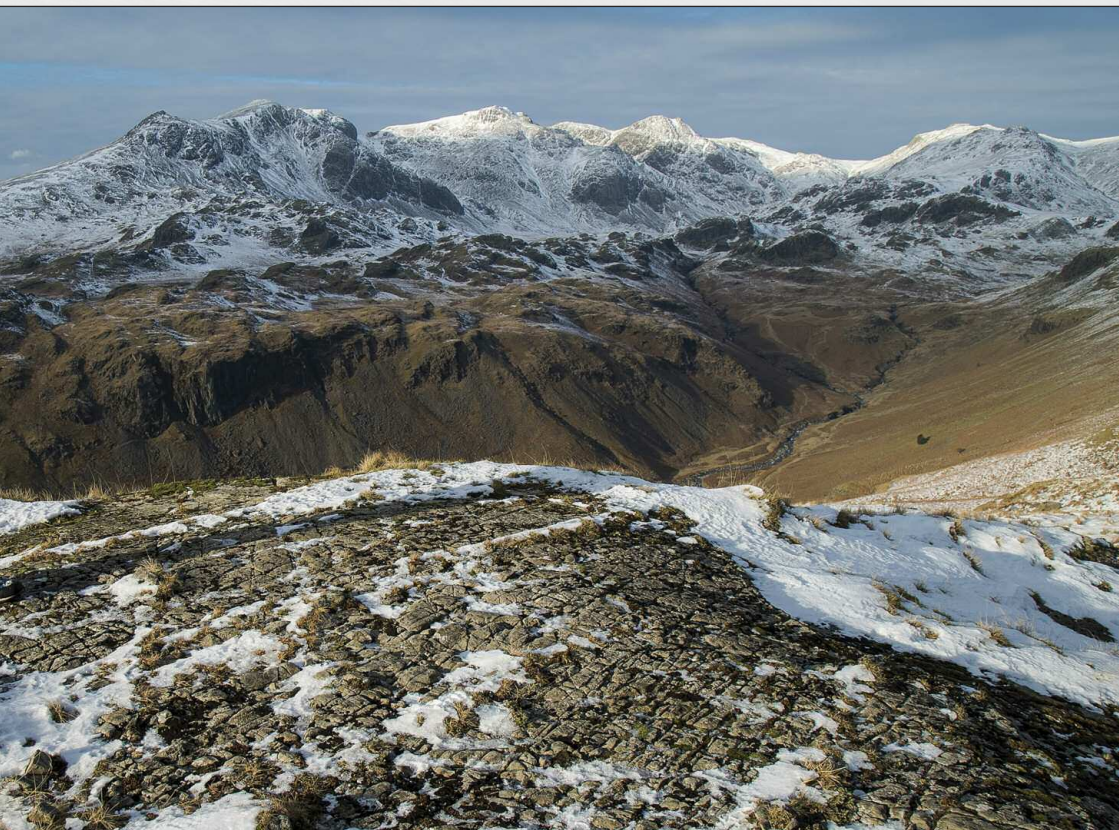




Photo by Margaret Powell-Thompson

▶ married 33 years and are best of friends. “I think I’m very difficult to live with,” laughed David.

David got into the first early computers earning a reputation for his innovation of using computers in his classes. “I was asked to set up computers in schools across West Glamorgan so Maggie and I spent a few years there.”

Maggie and David moved back to Cumbria and have been living in Drigg for the past 27 years.

It’s when he retired early from St Bega’s school in Eskdale that David first got involved with Striding Edge run by Eric Robson. “Eric very kindly offered me a job doing research for his programmes. He had just started working for BBC2. I was to go out and research the walks and take Eric and a crew out and film the stories. This job was perfect as it engaged all the skills I had gained from being a teacher and combined it with my love of walking the fells.” David smiled and continued. “We would make 10 programmes a year for the BBC and also some for Tyne Tees and Border TV.”

This is when he met and starting working with Terry Abraham on his ‘Life of a Mountain’ film production.

“We’ve become close friends,” said Terry who recently won the coveted Cumbria Life Culture Awards ‘Film Maker of the year,’ “so it was inevitable we set about working together on other projects, the most recent being ‘Life of a Mountain – Blencathra’ and a walking programme for DVD featuring Upper Eskdale. David’s always easy and good company and a joy to walk the fells with.”

David is particularly proud of the film he made of Joss Naylor when he turned 60. “When Joss Naylor turned 60, about twenty years ago, he decided to do the 60 highest summits in the Lake

District as a continuous run, so Eric Robson decided we needed to film this. Because Eric is terrified of going up in helicopters I did the filming from the air and Eric stayed on the ground. It was 106 miles and he did it in 36 hours. I remember Joss hurt his back coming off of Grisedale Pike down into Braithwaite and thereafter he walked the rest of it, but he wouldn’t stop. Amazing man.”

In 2007 David’s career suddenly took another twist. “When Julia Bradbury came along to film the Wainwright’s Walks I became involved. I was to guide Julia and help with the equipment, and they never told me that I would be in front of the camera!” David looked pained. “We got to Scales Tarn and they suddenly said that Julia was going to introduce me as her guide over Sharp Edge.” David laughed “This is what started it.” That day David went across Sharp Edge three times, first carrying equipment then with Julia on camera.

“I enjoyed working with Julia – she’s a really nice person. We had to laugh because she got herself into such good shape for the series that we had to keep shouting for her to slow down.”

From then on David found himself more and more in the front of the camera on film projects. “I don’t mind it, although I used to hate people coming up to me wanting to talk about being on TV. I am quite shy and used to just walk away from people. But after meeting Grevel Lindop, author of ‘A Literary Guide to the Lake District’, I completely changed and adopted his manner and now I hope I am more relaxed talking to people.”

There is just so much I could write about this interesting man so maybe I will write a follow up article after David has completed his four passes circular route, Wasdale Head, Black Sail, Scarth Gap, Honister into Borrowdale, over Sty Head and back into Wasdale.

David is now 70 and he’s just as active as he’s always been, still rock climbing and leading tours across the mountains; his mantra “Making sound mountaineering decisions.”

I left him with a promise that I will take part in one of his walks, although I seriously doubt I will be able to keep up! I need to do a lot more MOKY Fit first.

*Interview by Vivienne Tregidga
Scenic photography by Terry Abraham*



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An exciting change has taken place within the ranks of Perfectly Planted Ltd. As many of you will be aware we no longer have the flower shop owing to Hilary's decision to join the gardening team and the new company PP Golf and Leisure Ltd, which is now managing the beautiful, picturesque golf course at Muncaster – Eskdale Golf Course.

Eskdale Golf Course is a fairly flat, parkland course set within the Eskdale Valley – it is accessed from the road which leads off the A595 between Muncaster Castle and the bridge over the river Esk. Its standard scratch score is 68 and length is 5100 yards. There are many challenging holes which will test the low handicap golfer as well as be enjoyed by the beginner.

The Golf Course

The course's initial development was to meet the golfing passion of one man – starting with just a few holes until eventually being completed as the superb 18 -hole course we are lucky enough to have today.

It was and continues to be a good test of golf for any golfer. The first tee looks up to Eskdale and as you drive towards the fairway you can almost feel yourself being drawn into the tranquil atmosphere which will surround your game. As you play your way out into the countryside there are several challenging holes.

The par 4, 5th which is bordered by the Esk takes two good straight shots to hit the green – taking care not to overshoot into the river.

The par 3, 8th which is surrounded by mature trees needs an accurate tee shot to land on the putting surface.

Our signature hole, however, has to be the stunning, Augusta like par 3, 14th. Surrounded by

azeleas and rhododendrons the green is in the middle of a lake accessible only by foot bridge once you are fortunate to land your ball on the green. Judging by the many balls we have found whilst tidying the azeleas we realise that many never found the green!

The course will be maintained to the highest standard by Terry and his team. Terry's aim is to have the course in the best possible condition in time for the start of our season in March. To this end, we are working to clear out brambles and tidy areas which have become overgrown as well as completing seasonal work on the fairways and greens.

The Clubhouse

We are lucky enough to have a clubhouse which provides us with room for the weary golfer to enjoy some after game refreshments. Here we intend to serve soup, sandwiches, coffee, tea and cake as well as something cold for those who prefer a long drink. Our intention is to be there to meet and greet you and hopefully provide you with a friendly helpful service.

Visiting Parties

As well as individual golfers we will be more than happy to cater for parties of golfers who wish to enjoy the course. We can put together a package to suit your needs – to include golf and catering.

Please feel free to contact Helen to discuss your requirements.

The Team

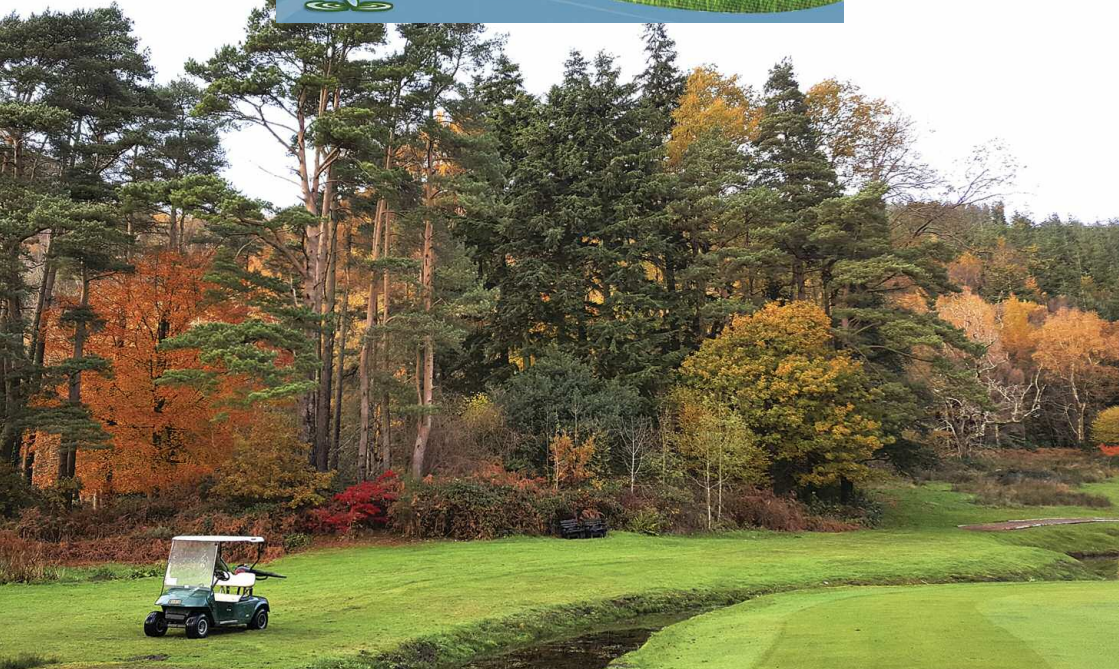
Terry, our course manager, will be looking after the course and surrounding areas, ably assisted by the Perfectly Planted team. Helen and Hilary are in charge of hospitality and bookings.

Fishing

Along with golf we are privileged to have the fishing rights on a stretch of the River Esk. This provides peaceful, tranquil fishing with several pools all with salmon, sea trout and brown trout.

We hope to see many of you over the coming season and look forward to providing you with excellent golf.

*Terry, Helen and Hilary
PP Golf and Leisure Team*





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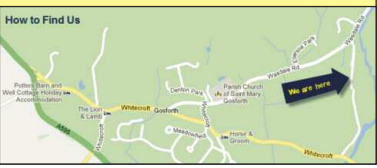
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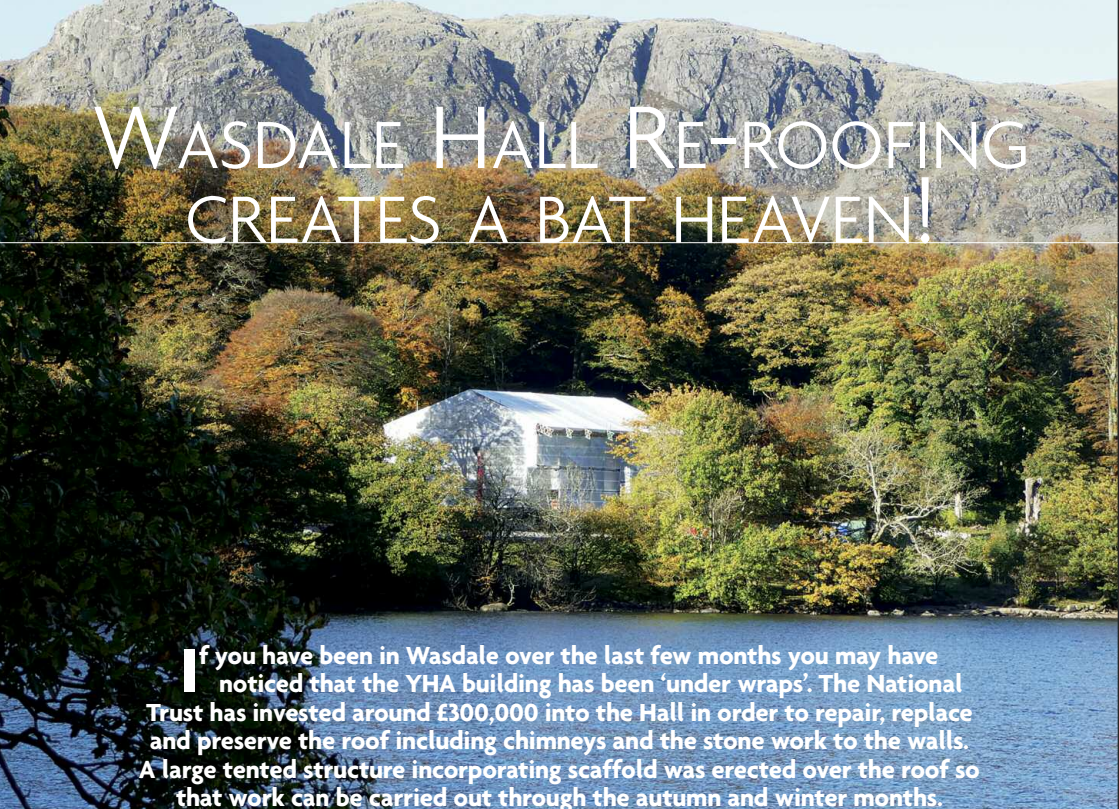
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WASDALE HALL RE-ROOFING CREATES A BAT HEAVEN!



If you have been in Wasdale over the last few months you may have noticed that the YHA building has been ‘under wraps’. The National Trust has invested around £300,000 into the Hall in order to repair, replace and preserve the roof including chimneys and the stone work to the walls. A large tented structure incorporating scaffold was erected over the roof so that work can be carried out through the autumn and winter months.

Owing to its stunning location on the shores of Wastwater the building can get incredibly busy so working through the winter months ensures as little impact as possible on both human use and roosting bats. The building has been under National Trust ownership since 1959, and has been leased to the Youth Hostel Association since 1960. In this way, together, the National Trust and the Youth Hostel Association have been able to provide affordable accommodation and access to the Western Lake District for holiday makers and outdoor enthusiasts of all ages. By purchasing Wasdale Hall and its grounds, the National Trust transformed what was previously private land to provide public access to one of Great Britain’s most naturally magnificent areas.

In carrying out this work, we are taking care to use original building techniques on Wasdale Hall. A local contracting firm has been used, and a detailed approach has been taken in selecting the appropriate building materials to help retain the correct functioning and appearance of this traditionally constructed building. The chimney

stacks were originally built with iron brackets chiseled into the brickwork as an extra measure to hold them together. The brackets are hidden yet still prone to rusting. This rusting over many years has leached through the pale local gritstone that the original builders had used. In turn this has given the stacks the appearance of being made from sandstone. The project team has had the original stone tested to find out what kind of stone it was. We then had fresh stone sourced and cut so that stonemasons could recreate the original build as closely as possible. Stone has come from Lamb Hill Quarry, operated by J & M Casson. Stonework has been repaired where possible, or replaced as necessary. It was originally envisaged that most chimneys would only require repair, but mainly due to the ironwork mentioned above, most have needed to be rebuilt. This work has been carried out with great skill and attention to detail, and the results are impressive.

Surveys before work commenced revealed that there were a significant number of bats using the building, including as a maternity roost during the



Summer months. The significance of the population required a full licence application, with works guided by a specialist and Natural England. The roof has, over time, become home to several different types of bat species: Brown Long-Eared, Brandt's, Common Pipistrelle, and Soprano Pipistrelle. To minimize disturbance to the bats the roof has been lifted and replaced in stages to ensure there is always an area of cover for them to move to. When the roof has been re-felted, this has been done using Type IF hessian reinforced bitumen felt, which is the preferred type of roofing felt to prevent bats becoming

entangled in the felt and dying. In addition to the naturally occurring small gaps and cracks in the stonework and roof covering, the contractors have also built permanent bat roosts into the structure of the new roof, consisting of a shallow timber gully, covered with slate, accessed via a small lead 'slate'. This will enhance Wasdale Hall's roof space as a habitat for the current bat population, and for generations of bats to come.

Carrying out this significant project has not only meant that the building is protected for many years going forward, allowing it to continue to be used as a base from which to enjoy the



Western fells and the shores of Wastwater; but it has also given us a much greater understanding of the construction itself. The team has been able to 'get under the skin' of the Hall and understand more about how it was built and the methods used, and how it has been repaired in the past.

The National Trust looks forward to sharing more of this knowledge with visitors to Wasdale Hall.

While we are looking to the future, we have become more aware of the Hall's fascinating past. In 1811 a wealthy businessman from Halifax, Yorkshire, called Stansfield Rawson purchased five tenements in the hamlet of Crook, Nether Wasdale from Edmund Lamplugh Irton of Irton Hall. The purchase included a farm called Low Crook which stood at what is now the road end to Wasdale Hall. This area contains the present day Lodge which houses the National Trust offices for the West Lakes. Rawson lived in a house at Crookhead which was on the site of the current Wasdale Hall. Rawson changed the landscape of Crook dramatically.

In 1811 he began planting the peninsula with 71,000 trees, which has become Low Wood, as we know it today. By 1824 the hamlet of Crook had all

The National Trust is an independent conservation charity. Our purpose is to look after the nation's beautiful and historic places so that everyone can enjoy them.

but disappeared, its last known inhabitant, William Jopson, was buried in 1810. It is thought that Jopson lost his house to Rawson's tree planting. In 1825 Rawson employed John and William Aspinall of Halifax to begin an extension to his house. This was to become a library with a sitting room above. Various other amendments were made until in 1829 when further new foundations were discussed and agreed and the old cottage was pulled down making Wasdale Hall a building in its own right. The other major event in 1829 was that trees were felled in Birch How (present day High Birkhow) and the road was moved to run above the house instead of past the front of it. The old road is now the driveway to Wasdale Youth Hostel. Building work on Wasdale Hall was completed in August 1840 with the completion of the south wing. *Marian Silvester*

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1st GOSFORTH SCOUT GROUP

Did you know that ghyll scrambling is when you walk up a river bed, and gorge walking is when you walk down one? Our Cubs do now!

In October we visited Great Tower near Newby Bridge, and had a really adventurous weekend trying out ghyll scrambling, climbing on a real crag and kayaking. We also had a super camp fire and learnt some great new songs. The Cubs really enjoyed themselves, and came home having tried



them for helping us. We thought about wars on armistice day by making our own air raid shelter and hiding in it. We've also had a visit to



Halfords, to find out how to look after our bikes, and elephant night!

We're now looking forward to a weekend at Bassenthwaite, where we're going to camp and to try out some water activities.

The Scouts have had a ready steady cook competition, which was taken really seriously by everyone, firstly being given money to buy ingredients at the local shop, then back to the scout hut to cook

lots of new things, and surprised themselves with how quickly they learnt.

On 16 December, it was 100 years since the first Cubs made their promise, and to celebrate, we were expected to renew our promises in a special place. We were very lucky that the Irton Bell



Ringers put on a lovely evening for us, where we had a chance to ring the big bells and the hand bells before making our promise in the bell tower. It was all very exciting, and we are very grateful to

on the trangers and paraffin stoves. They have also been outside lots of times, with their week-in week-out policy – to Irton pike, Drigg Beach, and Blengdale, for some shelter building, pioneering and other activities. The end of term was celebrated with a trip Bowling and to Laser Quest in Workington. They are now looking forward to a Dragon's Den style competition, and a camp at Ennerdale.

The Beavers have been decorating bird boxes, donated by Gosforth Show, to put up around the village. They've also been to Wasdale by torch and candle light, and performed their own pantomime of the three little pigs, with some very fierce wolves and some very squealy pigs! Now they're looking forward to a sleepover in the hut, and a trip to Tesco for the farm to fork talk.

The whole group have enjoyed visits to Clip and Climb at Maryport (where probably our smallest beaver climbed up the green poles and jumped off without even thinking about it!), ice skating, the Christingle at Gosforth, and the Gosforth pantomime.

We've just invested our new Cub leader, Steve,



and we all hope he enjoys spending time with us in the future.

If you would like to join our small, friendly group, as a young person or as an adult, you can

contact me on 27211, or just come along to one of our meetings – Scouts Tuesdays, Beavers and Cubs Wednesdays – although we might be out and about somewhere!

Jackie Harper



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HOW DOES YOUR GARDEN GROW?

The first signs of spring are now here, although with variable weather summer might seem a long way off! Still, preparation is everything and now is the time to buy your plug plants if you have a heated greenhouse or sunny windowsill. We have a large range of plug plants available and if you want to keep them nice and bushy make sure to pinch them out once or twice when they are young which will promote more flowers.

Another plant which needs early protection is the begonia. One of their attractions is that they can tolerate shade and bad summer weather very well, but otherwise they are not hardy and cannot be put outside until the end of May. Therefore March is a good time to set them off indoors or in a heated greenhouse which will give them enough time to establish to adorn your summer tubs and baskets.

Of course the warmer spring weather is on its way, but that also means that weeds are growing! It's best to catch them while they're young as they are much more easily removed.

Invest in a good hoe for large expanses of bare soil such as vegetable patches.

Remember to deadhead daffodils as they finish but do not remove their leaves until they die back completely to ensure the underground bulb has stored enough energy for next year's display.

Depending on the weather, you can start planting out your seed potatoes from mid-March to early April. Ideally they will be pre-chitted. To

the uninitiated, this simply means encouraging them to sprout before planting them out. Many people pop them in the bottom half of an egg box somewhere where they will receive lots of light. When the shoots are about an inch long they are ready to be planted out.

Potatoes fall into three categories: first earlies, second earlies and maincrops. There is no great mystery to this – the names simply refer to when you can harvest them. All three categories can be planted out at a similar time, but first earlies can be harvested between 10-12 weeks after planting, while second earlies mature at around 16-17 weeks and maincrops are ready 18-20 weeks after planting.

With all of these things to remember, a good idea is to keep a gardening diary. We all think we will remember which seeds we have sown and when, but in reality we have usually forgotten it all in the height of the growing season!

From all of us here at Singleton's Nurseries, we wish you a successful growing season in 2017.

Kelly Archer



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BLENGDALE RUNNERS HAVE A BUSY YEAR AHEAD

After a busy and very competitive year in 2016, Blengdale Runners presented the Club Championship Shield and Blengdale Trophy to their new champion, Matthew Mace, from Seascale; and the Handicap Series Trophy to Dave Garrett from Gosforth.

Blengdale Runners AC also took the opportunity at their recent AGM to present cheques, a total of £1600, to local charities and good causes. £400 was presented to Wasdale Mountain Rescue Team, £300 to Gosforth First Responders, £250 to Gosforth Playing Field Committee, £200 to Great North Air Ambulance (who could not attend), £100 to Whitehaven Harbour Youth Project, £100 to Seascale Community Fitness Centre, £100 to Gosforth Public Hall, and £100 to the Seascale Beach Play Park Project, plus a £50 donation for materials to an undisclosed Community Volunteer.

The Club would like to thank their main sponsors, and Riverside Garage (Holmrook) as well



Cheque presentation from left to right: Keith Rhodes, Debs Cripps, John Fletcher, Brett Bennett, Ian Simpson, Mike Kenwright, Linda Winder, Christine Simcock, Anthony Millard.

month at 9.30 at Gosforth Car Park for a leisurely run along the local lanes, and on other Sundays at 9.30am on Seascale Beach for an hour's informal training run, either on the beach or along the local lanes; catering for all ages and speeds. All are welcome to join us.

The first of the popular local handicap runs this year will be a circuit of the Bleng Forest, a 10 kilometre run, starting at 11am from Gosforth Hall Hotel on Sunday 23 April. This run is open to any local runner – all are welcome.

The second local 10K handicap run sets off from Seascale Beach Car Park at 7pm on Wednesday 28 June; again this is open to any local runner.

The annual Gosforth 10-mile road race and Fun Run will take place this year on Wednesday 14 June 2017, at 7pm, and the very popular Gosforth 10K road race is on Tuesday 5 September 2017 at 6.30pm.

Further runs will take place later in the year, and will be featured on the Blengdale Runners Facebook Page nearer the time.

Mel Gould

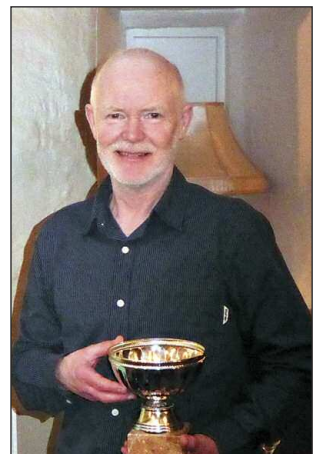


as all the club members who work so hard to ensure the events are a success and the local runners who compete each year.

This Year's Events

Blengdale Runners meet on the first Sunday of every

Matthew Mace with the Championship Shield and the Blengdale Trophy.



Dave Garrett with the Polly Lander Trophy for the Handicap Series Winner.

The last few months have been busy for us at Shackles Off. In November we went to the West Cumbria Community Hero awards, where we were nominated finalists in the category 'best community youth project'. Although we didn't win we had a fantastic evening and were surrounded by such inspirational people, all working to the good of our local communities in West Cumbria.

We took part in the Christmas tree festival organised by Allison Hanshaw, which this year took place in St Cuthbert's Church. There were some fantastic displays, all themed around 'movies' ours was the 'Grinch'. The event raised a total of £807.92 for good causes with £227.33 being for CLIC Sargent Cancer charity, supporting children and young people. The rest was between all of the community groups which took part and had their own collection boxes by the trees.

Our clubs and workshops have been very busy the last few months, with an average of 71 children and young people attending each month, the three youth clubs being the busiest. I particularly want to mention our baby group, which is every Monday morning 11am – 1pm. It is a lovely friendly group for support and advice. If you don't like big groups this one is for you, as it is purposefully a small gathering. For information about this group or any of the activities and groups we run please contact us on 019467 27887 or admin@shacklesoff.org.uk

The young people have decided they would like to improve our community and have picked the recycling area in Seascale to help improve and keep tidy. We have received support from the Parish Council and currently have a funding application in to be able to improve the area, with more screens and artwork. We have adopted the area and are going out regularly to help keep it clean and tidy.

Shackles Off Youth & Community Project is totally reliant on grants and fundraising and we are launching our main fundraising activity for the year in March called 'Gimmee Five'. We know



how much people hate those pesky 5p's in our pocket and are encouraging people to save them in spice jars or jam jars to help support the work we do.

Finally I would like to thank all the hard work from volunteers, staff and members of the community for continuing to make our project a success.

Mandy Taylor – Project Manager



The 'Grinch'

HOLY WEEK 2017

SERVICES AND EVENTS IN THE PARISHES OF SEASCALE, GOSFORTH AND ESKDALE (INCLUDING THE BLACK COMBE CHURCHES)

Sunday 9 April – Palm Sunday

9.30am Holy Communion – Irton St Paul
10.00am Methodist Holy Communion – Seascale St Cuthbert
10.00am Holy Communion – Gosforth St Mary
11.00am Holy Communion – Drigg St Peter
11.00am Holy Communion – Boot St Catherine
11.00am Morning Prayer – Bootle St Michael and All Angels
3.00pm Family Service – Whicham St Mary
6.30pm United Evening Service BCP Evensong with the
Amethyst Green Singers – Seascale Methodist Church

Monday 10 April

7.00pm Agape (Ecumenical Meal) – Seascale St Joseph
7.30pm Compline – Eskdale St Bega

Tuesday 11 April

7.00pm Compline – Seascale St Cuthbert
7.30pm Tenebrae – Waberthwaite St John

Wednesday 12 April

10.30am Holy Communion – Seascale St Cuthbert
12.00pm Meditation (followed by light lunch) – Ravenglass
Village Hall
7.00pm Stations of the Cross – Seascale St Joseph

Thursday 13 April Maundy Thursday

7.00pm Holy Communion – Gosforth Methodist Church
7.00pm Holy Communion and Stripping the Altars – Seascale
St Cuthbert
7.30pm Holy Communion – Irton St Paul

Friday 14 April Good Friday

2.00pm An Hour at the Cross – Seascale St Cuthbert
2.00pm An Hour at the Cross – Drigg St Peter
2.00pm An Hour at the Cross – Gosforth St Mary

Saturday 15 April

7.00pm Easter Vigil (Festival of Light) – Seascale St Cuthbert

Sunday 16 April Easter Day

8.00am Festival Communion – Wasdale Head St Olaf's
9.00am Festival Communion – Nether Wasdale St Michael
and All Angels
9.30am Holy Communion – Irton St Paul
9.30am Holy Communion – Waberthwaite St John
10.00am United Anglican Holy Communion – Seascale
St Cuthbert
10.00am Festival Communion – Gosforth St Mary
11.00am Holy Communion – Boot St Catherine
11.00am Holy Communion – Drigg St Peter
11.00am Holy Communion – Irton St Paul
11.00am Holy Communion – Bootle St Michael and All
Angels/Corney St John the Baptist
11.00am Family Communion – Whicham St Mary/Whitbeck
St Mary
3.00pm Accessible Worship (Informal Café Style) – Seascale
Methodist Hall

CHURCH INFORMATION FOR SEASCALE, DRIGG, GOSFORTH AND ESKDALE PROVIDED BY CHURCHES TOGETHER IN SEASCALE AND DISTRICT

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TEL. 019467 28131

SECRETARY: REVEREND
JONATHAN FALKNER
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<http://www.seascalestcuthberts.org.uk>

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<http://www.achurchnearyou.com/gosforth-st-mary/>

Priest in Charge: Reverend John Riley. tel.
019467 25499

St Peter's, Drigg

<http://www.achurchnearyou.com/drigg-st-peter/>

St Catherine's, Eskdale; St Bega's, Eskdale;
St Paul's, Irton; St Michael and All Saints,
Muncaster; St John's, Waberthwaite.

<http://www.Eskdalebenefice.org.uk>

Priest-in-Charge: The Reverend Canon Gill
Hart. tel. 019467 24724

Methodist

Seascale Methodist Church;

Gosforth Methodist Church.

Minister: Reverend Dr Wendy Kilworth-
Mason. tel. 01946 822380

<http://www.whitehaven-methodist-circuit.org.uk/seascale.html>

Roman Catholic

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ARTS OUT WEST AT SANTON BRIDGE

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DRIGG LOCAL HISTORY GROUP

Our meeting in March is on Tuesday 21st in the Drigg Village Hall at 7.30pm. Refreshments are available from 7pm.

The speaker is Bill Myers who will take a look at the work of the Royal Ordnance Factories of Eskmeals, Drigg and Seascale during WW2 and show how they affected the community as over 4000 workers were required. It will include transportation of explosives and munitions in the county during WW1. 2017 Members £1 Visitors £2.50.

Drigg History talks will restart on 19 September.

The U3A continues to hold talks on the first Wednesday of the month at Drigg Village hall. (See website)

Drigg Local History Group

DATE: TUESDAY 21ST MARCH 2017
TIME: 7PM FOR 7.30PM

**THE ROYAL ORDNANCE
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OF ESKMEALS, DRIGG
AND SEASCALE
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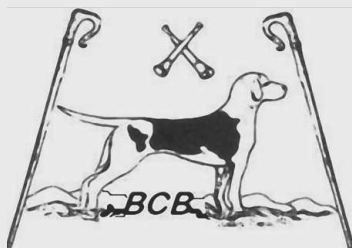
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For further information
contact:

Michael Cummings
01229 717486
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AWARD BY CAMRA FOR SANTON BRIDGE INN

Nearly thirty members of the West Cumbria branch of CAMRA received the warmest of welcomes at The Santon Bridge Inn recently; a glowing, crackling fire to greet, not only us, but a family on holiday with a young baby and several other locals and visitors enjoying the inn's fine hospitality.



CAMRA was there to present the seasonal award for the best pub in West Cumbria for Winter 2016/2017 and Stephen Walker, on behalf of all the eager real ale drinkers from this branch of CAMRA, expressed his appreciation to Steve Cottrell, and all his staff, for the part they have all played to help promote quality ales. He said, 'with 21 pubs a week nationally closing down, we select our award winners very carefully; recognising the importance of the survival of pubs in the community, we have to get this right. I walked through the door today, and saw 7 hand pumps serving real ale; including a delicious Adnams beer I was drinking in Suffolk only weeks ago. Well done to you all on this great achievement'.

Steve Cottrell, who took over The Santon Bridge Inn in January 2015, is certainly doing 'his bit' to save pubs. After recently taking over The Globe in Gosforth, and with Irton Hall he now has a 'hat-trick' of pubs. He says, "I have always supported local pubs – I think they offer so much to the local community; we are delighted to receive this special CAMRA award and, I wish, on a personal note, to thank everybody, especially the staff at The Santon Bridge Inn. Humphrey Ringa, our Bar Manager, deserves to be singled out for his incredible contribution."

The Santon Bridge Inn, once a modest mail coach halt, is now a fine, country inn; with one of the most spectacular locations in the Western

Lakes and Fells. With locally sourced, good food on offer in either the Dalesman Bar or the Eskdale Room, you can be sure of complementing any good real ale with a perfect selection from the varying menu. You will find a fine selection of Jennings' beers, alongside an ever-changing range of interesting guest beers.

On the day of the West Cumbria branch of CAMRA's visit, we were greeted by Humphrey Ringa, Bar Manager at this inn since June 2006 and Jonny Cottrell, who is Steve's son and General Manager. After looking after the cellar here for over 10 years, Humphrey was proud to receive this CAMRA Pub of the Winter Season award. He said, "It gives me personal pleasure for the inn to be recognised with this award; having had no real ale experience before coming here from Kenya, I have learned and listened to our customers; my true measure is the enjoyment I see in our discerning drinkers when they sip, taste and savour their real ales."

Eileen Lithgo, West Cumbria CAMRA

CAMRA West Cumbria 'Real Ale Guides'

To further promote real ale premises in our area, CAMRA are producing 10 Mini Real Ale Guides which can be downloaded and printed FREE from a new website.
camrawestcumbriaguides.org.uk

WEST LAKES SQUIRREL INITIATIVE (WLSI)

Our native red squirrels are under threat by greys, but several groups of volunteers in Cumbria are successfully helping reds to reclaim and then maintain their territory. One such group is the West Lakes Squirrel Initiative (WLSI), which formed in the autumn of 2013 and has a team of dedicated volunteers, who record sightings, control greys and encourage reds by supplying additional food, etc. WLSI operates throughout West Cumbria – from Millom in the south to Maryport in the north, and includes several key valleys. All costs are funded by donations.

WLSI is looking for an accountant willing to prepare and examine their annual accounts for free. At the moment an accountancy firm is paid to do so, but this costs about £450 which is a significant proportion of the annual income. If this money can be saved, it would fund up to five

squirrel feeders or four trail cameras which automatically photograph and record the times of squirrel visits to the feeder, allowing volunteers to monitor several feeding stations at once.

WLSI is a not-for-profit charitable organisation, with an annual turnover of about £4,000. If you can offer help with examining the accounts, we would be delighted to hear from you! Please contact: Steve Tyson (07703 295690), or Peter Armstrong (07912 681152), or e-mail wlsi@hotmail.co.uk.

There are other ways you can help too – including fund-raising and building a website. We are seeking a volunteer website designer to build and maintain a new website.

If you have any time to spare, and want to help this important local cause in a variety of ways, please contact us.

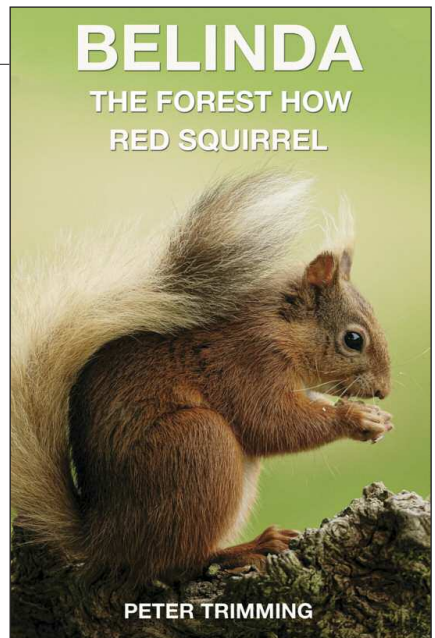
BELINDA: THE 'FOREST HOW' RED SQUIRREL BOOK REVIEW

Forest How (<http://www.foresthow.co.uk/>) is a guest house located in woodland under Muncaster Fell, between Irton Road and The Green stations (and a walk on the bridleway between those two stations is very pleasant). Forest How is one of the best places in the area to have a chance of seeing red squirrels, mainly due to the efforts and devotion of the late John Harris, to whom the book is dedicated.

Peter Trimmings has documented a small colony of native wild reds, living near Forest How, from autumn 2012 to summer 2015. During this time, there was a devastating outbreak of squirrel pox, which resulted in the loss of the adult population of the colony. Despite this, a few of the younger squirrels, born in spring 2014, survived and began to re-build the colony; one of these young squirrels was a female named 'Belinda', who seemed to be less shy of humans and proved to be an excellent photographic 'model'!

Peter's photographs are absolutely stunning; you can see every whisker and strand of fur! They provide a superb photographic record of several squirrels, but mostly – of course – of Belinda, sometimes shown in some unusual situations! Peter continues to record sightings of the various red squirrels, and is sometimes seen visiting the railway too!

I thoroughly recommend this delightful book, which is filled with fantastic photos. Copies can be



ordered on-line from the publisher (via Peter's website: <http://petertrimming.co.uk/>), or via most major bookshops. *Diana Chase*

Published by The Book Guild Ltd, 2016. £12.50.
ISBN: 978 1 91087 855 2

POPULAR SANTON BRIDGE FESTIVAL RETURNS

The eleventh Santon Bridge Festival will be held on Saturday 8 and Sunday 9 April. The Village Hall will be showcasing local art, photography, jewellery, textile and woollen products, hand crafted wood, wooden toys, and other items.

Local foods will include meat and game, smokery products, plants and herbs, cheeses, preserves, cakes and confectionery.

Village Hall committee chairman Ian Warren says "This is now a long running and popular event which raises funds for the upkeep of the village hall as well as being a great social and community event. This year it is particularly important as we are raising funds to buy the freehold of the hall in order to secure its future for the community."

The art, craft and local food fair is being held on Saturday 8 April, 11.00am to 5.00pm and Sunday 9 April 10.00am to 4.00pm. Free entrance, free parking and refreshments with home baked cakes add to the attraction.



SANTON BRIDGE VILLAGE HALL NEEDS A HELPING HAND

Santon Bridge village hall, at the entrance to the Wasdale valley, is held on a lease which is running out – and if it does the community could lose the use of the hall. So the committee and trustees have negotiated a time limited option to buy the freehold to secure the hall's future and are asking for donations to help achieve this.

Ian Warren, chair of the hall's management committee says:

"The hall is run as a charity to provide a community resource for our little Irton with Santon parish and the wider community. Irton with Santon is rural and widely dispersed, with few services and resources. The social interaction and community cohesion provided by events and activities run at the hall is really important to us.

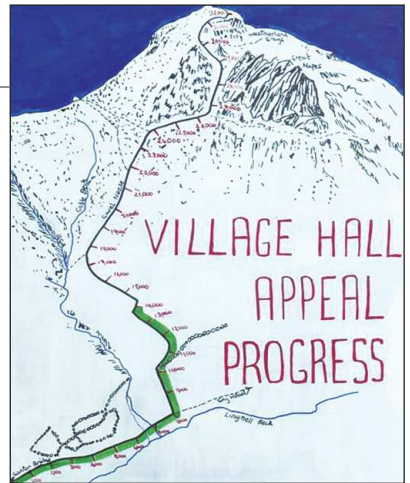
"We are planning a range of fund raising activity – we have until July 2018 to raise £32,000. An image of one of our local icons, Wasdale's Great Gable, is being used to track progress – the green 'path' indicates the latest position."

The hall is home to several community groups, from the Women's Institute and Parish Council through to art groups and even as a rehearsal venue for a local band (The Roosters). The hall also holds a programme of events and activities such as music and theatre shows, rummage sales, art, craft and local food fairs and a Christmas party for the parish.

Ian Warren adds:

"This is a one-off chance to ensure the future of the hall as a resource, owned by the community, and we are determined to achieve this – any donation, however large or small, would be welcome."

If you would like to help Santon Bridge Village Hall contact the village hall treasurer, on 019467 26580 or email info@hallflatfarm.co.uk





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