

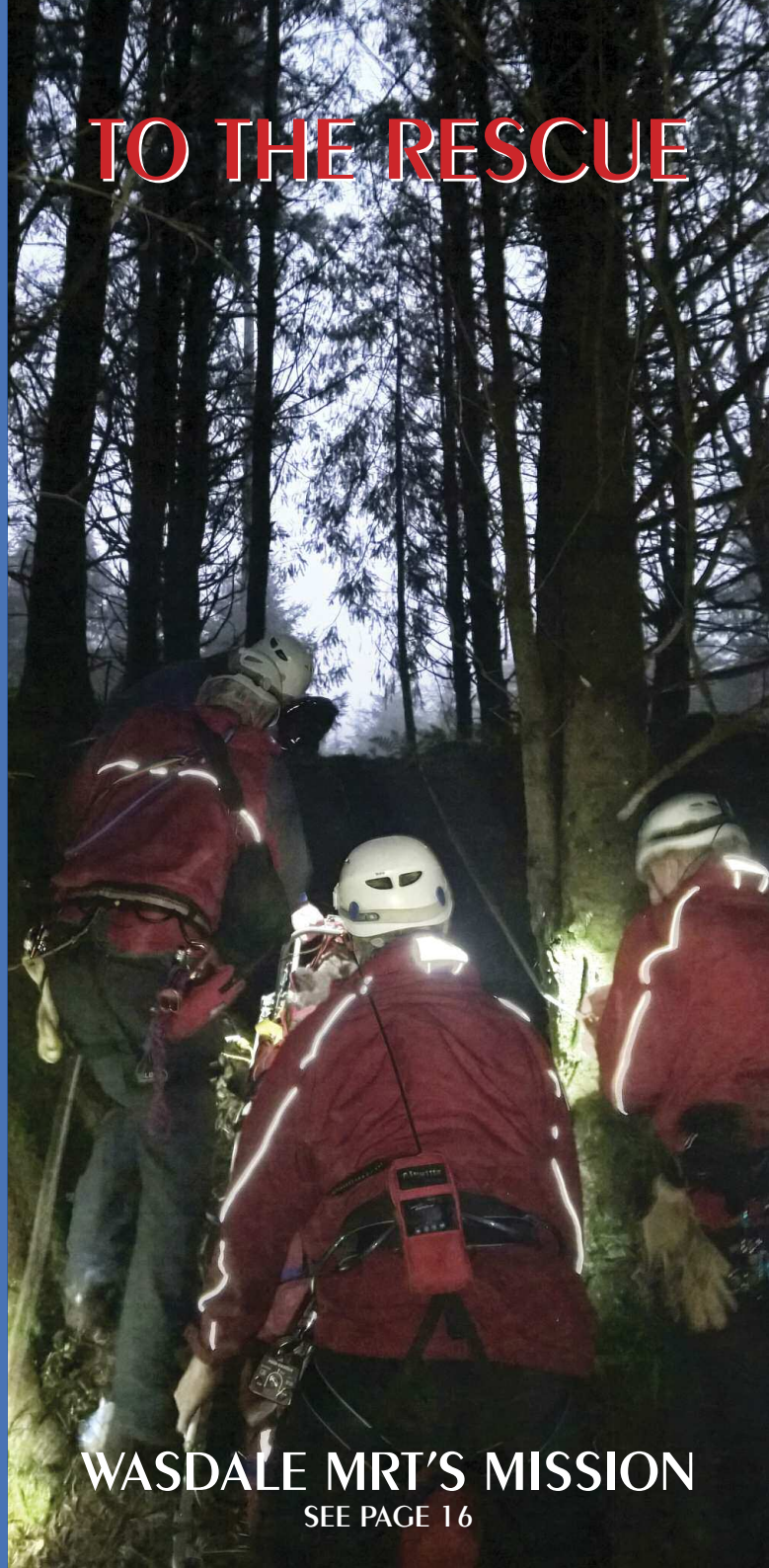
SEASCALE GOSFORTH
DRIGG
& CARLETON

LINKING
THREE
PARISHES

TETHERA

SUMMER
2017

TO THE RESCUE



WASDALE MRT'S MISSION
SEE PAGE 16

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FRIDAY	8:30am – 5:30pm
Saturday and later appointments at request	

PARISH NEWS

Editor: Eileen Eastwood
019467 28653
eileeneastwood@hotmail.co.uk

Publisher: Trevor Preece
019467 28449
trevor@trpub.net

SEASCALE

The good news is the cycleway/footpath is under construction. Because of our link with the Vikings we decided to name the route The Viking Way – the route number is 727. It is 22 years since I and other members from Seascale and Gosforth parishes started fighting for this. Sellafield built a new road from Seascale to the factory so traffic going into the factory travelled from Gosforth to Seascale to use this new entrance. The road then became unsafe for cyclists and pedestrians.



The plan we published in the October 2014 Tethera.

Thanks are due to Karl Melville (of the Highways Department, Cumbria County Council) who supported us in fighting for a safe path between the two villages. David Gray was our representative from Gosforth and we formed a small group to meet with County Highways. Trudy Harrison was our Secretary for this group.

The Parish Council has decided to spend some of the money we got from Morgan Sindall for the use of part of our car park to buy some litter pickers. Shackles Off are willing to give them out to willing volunteers. This is in memory of David Morgan who never walked the beach without a bag and a litter picker in his hands.

Plans are well on the way, thanks to Lizzy Mawson, for a new play park on the beach.

We are still negotiating plans for the library.

We hope the bowlers and cricketers have a successful season.

Last but not least, we thank all the volunteers who deliver the magazines around all the villages.

Eileen Eastwood, Seascale Parish Council

The next edition of Tethera is scheduled to be published on in late October. We are always on the lookout for stories and event dates. The closing date for contributions will be Saturday 10 June.

SEASCALE PARISH COUNCILLORS

Brian Goulding (Chair)	21641
Catherine Harvey-Chadwick	28908
Eileen Eastwood	28653
David Halliday	28027
Ken Mawson	29786
David Moore	27674
David Ritson	21668
Clerk	
Jill Bush	01946 812331
Copeland District Councillors	
David Moore	27674
Andy Pratt	24097
County Councillor	
Paul Turner	07795 169637
Other Useful Numbers	
Cumbria Highways Hotline	0845 609 6609
Copeland Direct	0845 054 8600

GOSFORTH PARISH COUNCILLORS

Tyson Norman (Chair)	25646 (home) 01946 841413 (work)
Councillors	
David Ancell	25232
David Gray	25318
Graham Hutson	25477
Alan Jacob	25356
Mike M. McKinley	26267
Ian Rae	25393
Paul Turner	07795 169637
Chris Walton	25526
Clerk	
Jane Murray	27091
County Councillor	
Paul Turner	07795 169637

Tethera and previous issues of Seascale, Gosforth and Drigg Parish Council magazines are available to view and download in PDF format at <http://www.trpub.net/>
The next issue will be available to view about 10 days before the publication date

GOSFORTH & SEASCALE

THE VIKING WAY PROJECT

We all will have seen the progress constructing the “Viking Way” which is a multi-user route between Gosforth and Seascale, initially known as the projected cycle-path. It has been a 20-year project initiated by Seascale and Gosforth parish councils and now has been successfully taken over by Cumbria County Council who have drawn up all the necessary plans, obtained planning permission, negotiated the land acquisitions and are now managing the project.

We are grateful to several organisations for their financial help and support, they are:

West Cumbria Groundwork Trust
SUSTRANS
Carillion Plc
Cumbria County Council
Copeland Community Fund
County Councillors representing Gosforth and Seascale
Gosforth and Seascale Parish Councils

We also are very grateful to the private and public landowners involved, their land agents and a tenant; without their cooperation this project would never have succeeded.

Many questions are being asked – for example what is happening to the hedgerows, how is the A595 going to be crossed and what will be the final surface finish? All of these matters are in the hands of the County Council and some aspects of the project will depend on the final availability of funds.

We do know that additional funds are being sought and we should be in a position to confirm the position in relation to this funding in the next few weeks. We would like to thank all those who are working on the project and everyone for their continued support and the continued patience while we deliver this project.

*Eileen Eastwood
David Gray
Karl Melville*

GOSFORTH PUBLIC HALL UPDATE

It's been an active, interesting and informative time since I last reported on the goings on at the Hall. The launching of the Gosforth and District Survey which has given us food for thought and direction. The installation of the new front fire doors to match the main doors greatly improving the appearance of the building. The planning of new events and performances for your enjoyment for the rest of the year.

Starting with the last first, we are very pleased and enthusiastic about the theatrical events various members of the Committee have secured. On 21 July at 7.30pm the Ashton Group Apprentice Actors return to celebrate their 20th anniversary by staging 'Ice Baby' which was one of their first shows. The young actors put on a very professional performance last year with a clever adaptation of fairy stories staged in modern circumstances. 'Ice Baby' is a must to see and is particularly relevant to a teenage audience as well as us more mature citizens. A truly family event with a family ticket price!

On 7 October at 7.00pm the Hall welcomes the arrival of the Australian touring group Nuworks Theatre. They plan to perform two plays that evening (so it truly is value for money!) 'Snow White' and 'Romeo and Juliet' lasting about an hour each. Two local charities will benefit from this event Mountain Rescue and First Responders. They will have displays that can be viewed during the interval.

There will also be an Arts Out West performance in the Autumn so watch out for adverts and announcements. The play last year 'Life and Beth' appealed to a wide age range and was written by Alan Ayckbourn. It was thoroughly entertaining but then you would expect nothing less from this playwright.

GADS also has a very active year planned with Wednesday night sessions 'Plays for Pleasure'. From all of this drama an Autumn play will be produced and auditions for their 2018 Pantomime will take place so rehearsals can begin. Unfortunately, we have heard rumours that the West Lakeland Orchestra is having to disband but we hope to secure a final performance for you

DRIGG & CARLETON PARISH COUNCILLORS

John Jennings (Chair)	24321
Andy Pratt (Vice-Chair)	24097
Gary Creaser	
Val de Gaspari	
Keith Hitchen	24710
Rob Little	24376
Jimmy Naylor	27841
Keith Murray	
Clerk	
David Millington	24272
Finance Officer	
Alan Bell	
County Councillor	
Keith Hitchen	24710

from their first class musicians. Watch out for posters and please give them a good send off.

I must not forget our regular user groups whose leaders put in an enormous amount of time and effort to provide popular activities for us all. We thank them for that and also because they help to keep the Hall viable. The Pilates group has been enthusiastically greeted and supported by a substantial number of you and we are delighted that activities such as these help improve health and mobility in an enjoyable way. Are there any persons out there looking for a worthwhile social project (with a possible financial incentive) that could start a Keepfit for all, Moky, Table Tennis, Dance or Badminton to mention only a few attractive activities? If so please make contact.

The fire doors at the front of the Hall were badly rotting and thanks must go to the Parish Council for their financial input and to a bequest from the Will of the late Norman Murphy. Many of you will remember him for his enthusiastic and important input into village life which his widow said he enjoyed and valued so much. He was Chairman of the Hall for a period of time and a great and active supporter of Gosforth Show.

Finally, I come to the Gosforth and District Public Hall Survey which generated quite a lot for us to discuss and act on. Firstly, thank you to the 160 villagers who responded and provided us with the evidence we need to take our Funding plans a stage further. A Summary of the findings is displayed in the Hall on notice boards and in the

Library. In brief most of you felt that the Public Hall was a very important village facility but, at the least it needed a face lift and better still updating. Our 'in-house' Wednesday morning maintenance sessions have resumed and by the time that you read this it is hoped the kitchen and washrooms will have been cheered up by some TLC decorating! Hopefully a temporary measure until some funding has been secured – that's the greater plan. Extra notice boards are on order as I write so they will be available for displays and advertising clubs and events. There were requests for daytime activities so if you are interested in starting a club and are not keen on an evening activity try a morning or afternoon session. I am sure the Hall could offer favourable rates for an experimental setting up period until you are established and profitable.

A dozen of you offered us help and support either with setting up new activities/clubs or with Hall and site maintenance. A meeting with you and the Committee will have already taken place in early June and in anticipation I thank you for your commitment to the future of the Hall.

Keith Rhodes, Chairman

FLYING THE FLAGS FOR SEASCALE

I have been Seascale's flag officer for just over a year. I took on the role after the sad loss of our former flag officer, Dai Morgan. I always enjoyed seeing the flags flying in the wind from our castle on the seafront, so when I heard that someone was needed to take over the job, I jumped at the chance. Armed with a bag of flags and a list of special days to fly certain flags my first ever official role began.

Seascale has its very own flag with the Seascale coat of arms on it. The coat of arms has six distinct parts; The Falcon which was the emblem of the Steward family who were Lords of the Manor of Newton and Seascale; The three combs are taken from the arms of the Ponsonby family; The three fish are from the arms of the De Lucy family, the second family to hold the title Baron of Egremont. The ermine collar is part of the heraldry of the Barons of Egremont. The three eagles are from the arms of the Eaglesfield family who became part of the Senhouse family of Hallsenna. The silver on red hatch is taken from the arms of the Huddleston family of Millom Castle.

The original Seascale flag which I inherited custody of is a beautiful applied linen affair, but sadly it is being ripped apart by the elements, so I am in the process of getting what will hopefully be a much more durable flag to replace it, complete with the original coat of arms of course.

When I first took on the role as flag officer I was kindly given some flags by a couple of members of the community, however these and some I had of my own are very cheaply made and do not last forever in our windy weather. I am therefore in need of some more. If any members of our community would like to donate a flag or two (they are easily available on the internet) then we can continue to enjoy this colourful addition to our seafront. If you wish to donate a flag then please drop it off at the Ice Cream Parlour. If anyone wants to contact me regarding the flags I am flying, or wishes to offer helpful suggestions then please feel free to email me: clan_hc@btinternet.com.

Catherine Harvey-Chadwick



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Seascale Health Centre is planning its Autumn flu dates and (subject to manufacturers' delivery) anticipate Clinics on Saturday in Seascale on 7 and 21 October, and at Bootle on Monday 9 October.

**Seascale Health Centre, Gosforth Road,
SEASCALE CA20 1PN
Tel: 019467 28101**

JOHN MICHAEL GRAY 1931 – 2017

John Gray, who died on 22 May, was a familiar figure in Seascale, at the Cricket Club, the Art Group and St Cuthbert's Church. He was also well known for his crosswords, which appeared in the predecessor to Tether and in Egremont Today, and his regular quizzes for St Cuthbert's. Many of his watercolour paintings were reproduced as greetings cards, which were sold at the church and in the Post Office.

His family have generously offered to donate a number of his paintings to raise funds for St Cuthbert's. Arrangements will be made shortly to display and sell them. If you would like to own an original John Gray painting watch out for publicity in the village and on the St Cuthbert's website: <http://www.seascalestcuthberts.org.uk/>

SEASCALE BOWLING CLUB

The bowling season is now well under way and despite the recent very wet weather, at time of writing, summer seems to have arrived which is ideal bowling weather – let's hope it continues.

The Club Committee extends a warm invitation to anyone interested in taking up the sport. If anyone is interested in giving the game a try look out for people playing and just call in and have a chat and a cuppa. Alternatively if you would feel happier having a go in private please contact Club Secretary (see below) to arrange a suitable time when assistance will be available. It doesn't matter if you have never played before as the Club has several sets of bowls available together with overshoes for anyone wishing to try the game without spending any money on equipment. The only restriction is that shoes must be flat soled – trainers are ideal. Basic instructions will be given to beginners and after that it's just plenty of practice to improve.

The annual membership fee is currently £30.00, plus a £5.00 joining fee for new members. For this members can play free of charge; non-members are charged £3.00 per two-hour session including the use of Club bowls if required.

The Club organises competitions throughout the season as well as friendly games against other local Clubs and social events. For anyone not wishing to enter competitions there are plenty of opportunities to join in and make new friends at casual bowling sessions on most days from 2.00pm until dark.

Bowls is a great way to exercise if you don't want something that is too strenuous. This is why it is so popular with the older generation as it only involves light exercise and doesn't require lots of running around and is also a very sociable game.

If you require further information please contact any member, Parish Council member or ring the Club Secretary, Henry Stewart on 019467 24652 or e-mail: seascalebowlingclub@gmail.com

EVENTS CALENDAR

in and around Drigg, Gosforth & Seascale

For events farther afield in Cumbria go to: www.golakes.co.uk/

- 7/8 July – Friday/Saturday.** Woolpack Inn. EskFest 2017.
- 8 July – Friday.** Holmrook Reading Room. Annual Barbeque – 7.30pm. Tickets £7.00 adults £4.00 children under 16 – includes a free drink. Contact David Marsden on 24632.
- 16 July – Sunday.** Muncaster Castle 2.45pm. Afternoon Tea in the Castle. See website for more details: www.muncaster.co.uk
- 21 July – Friday.** Gosforth Public Hall 7.30pm. A play put on by The Apprenticed Actors 'Ice Baby' written by Sarah Miller. It's about a 17-year-old Mum, her baby, her mates and what happens on a freezing winter's night. Suitable for age 14 upwards and adults.
- 26/27 July – Wednesday/Thursday.** Ravenglass and Eskdale Railway. Adventure Picnic with Ratty and the National Trust. See website for more details: www.ravenglass-railway.co.uk
- 3 August – Thursday.** Ravenglass and Eskdale Railway. Steam to the Hills with a LDNP Ranger. See website for more details: www.ravenglass-railway.co.uk
- 4/5 August – Friday/Saturday.** Irton Hall 12 noon onwards. BeerFest.
- 4/6 August – Friday/Sunday.** Woolpack Inn. Rum Weekend with DJ Paul Seath.
- 6 August – Sunday.** Muncaster Castle. Shakespeare on the Lawn. See website for more details: www.muncaster.co.uk
- 20 August – Sunday.** Muncaster Castle 2.45pm. Afternoon Tea in the Castle. See website for more details: www.muncaster.co.uk
- 11/12 August – Friday/Saturday.** Muncaster Castle. Picnic Cinema. Films TBC. Camping available to book tickets visit www.picniccinema.co.uk
- 25 August – Friday.** Woolpack Inn. Live Music 'The Next Step'.
- 25/27 August – Friday/Sunday.** Gosforth Hall Friday evening, Saturday and Sunday from 12 noon. Beer and Music Festival. Beach Party theme.
- 26 August – Saturday.** Muncaster Castle. Race The Tide. For full details plus how to enter, see www.racethtide.com.
- 26/28 August – Saturday/Monday.** Medieval Muncaster. See website for more details: www.muncaster.co.uk
- 28 August – Monday.** Bootle Village. Blackcombe Country Fair.
- 31 August – Thursday.** Ravenglass and Eskdale Railway. Steam to the Hills with a LDNP Ranger. See website for more details: www.ravenglass-railway.co.uk
- 1/3 September – Friday/Sunday.** Woolpack Inn. Lagerpocalypse. Live Music on 2 September – John Eaton.
- 5 September – Tuesday.** Gosforth 10K road race 6.30pm.
- 14 September – Thursday.** Irton Hall 7.30pm. 'Fashion and Flamenco' Colours Fundraising Fashion Show.
- 15 September – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 16 September – Saturday.** The Lakelander. Enjoy a memorable day on board 'The Statesman' as it travels around the

- Cumbrian Coast. See website for more details: www.ravenglass-railway.co.uk
- 17 September – Sunday.** Muncaster Castle 2.45pm. Afternoon Tea in the Castle. See website for more details: www.muncaster.co.uk
- 19 September – Tuesday.** Irton Church 7.00pm. Drigg Local History Group. Sheena Gemmill will talk about the Irton and Gosforth ancient crosses.
- 7 October – Saturday.** Gosforth Public Hall 7.30pm. Nuworks Theatre will perform 'Snow White' and 'Romeo and Juliet'.
- 7/8 October – Saturday/Sunday.** Ravenglass and Eskdale Railway. Peppa Pig at the Railway. See website for more details: www.ravenglass-railway.co.uk
- 15 October – Sunday.** Muncaster Castle 2.45pm. Afternoon Tea in the Castle. See website for more details: www.muncaster.co.uk
- 17 October – Tuesday.** Drigg Village Hall. Drigg Local History Group 7.30pm. Terry Harvey-Chadwick will talk about a medieval manuscript ink called Iron Gall Ink. He will be making some ink and give an opportunity to use it to write with a quill.
- 20 October – Friday.** Ravenglass and Eskdale Railway. Ratty Fish and Chip evening. See website for more details: www.ravenglass-railway.co.uk
- 21/29 October – Saturday/Sunday.** Ravenglass and Eskdale Railway. Oktoberfest at the Railway. See website for more details: www.ravenglass-railway.co.uk
- 26/31 October – Thursday/Tuesday.** Muncaster Castle. Halloween Week. See website for more details: www.muncaster.co.uk
- 27/28 October – Friday/Saturday.** Ravenglass and Eskdale Railway. Halloween Ghost Trains. See website for more details: www.ravenglass-railway.co.uk
- 30/31 October – Monday/Tuesday.** Ravenglass and Eskdale Railway. Halloween Ghost Trains. See website for more details: www.ravenglass-railway.co.uk
- 11 November – Saturday.** Gosforth Public Hall. Fundraising evening for Gosforth Nursery. Live music, pie and pea supper. Tickets will go on sale in the Autumn.
- 21 November – Tuesday.** Drigg Village Hall 7.30pm. Drigg Local History Group. Lois Fulker will talk about the Sellafield Cistercians. She will talk about the local effect of Calder Abbey and its history.

MUNCASTER MICROBUSRegular return passenger services every
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Bootle-Ravenglass-Seascale-Eskdale-Gosforth-Egremont.

Door to door service available: Call 01229 717229 for times and fares (NoW discount cards accepted).

REGULAR EVENTS

Badminton – Seascale. Ladies Wednesdays from 6pm. Mixed Thursdays 8pm. Beginners very welcome. Seascale Sports Hall. Details from 019467 28435

Blengdale Runners. First Sunday every month, 9.30am Gosforth car park. And every other Sunday, 9.30am on Seascale beach. See page 52.

Children's Craft Club. Meets every Wednesday during term-time for children in the infant classes, from 5pm to 6pm, at Seascale Methodist Church Hall. Contact Jackie on 29785 or Allison on 21935.

Craft Fairs in Gosforth Public Hall. 2nd Saturday of every month (Lauren Hufton)

Depression Support Group. Day Centre, Bradbury House, Gosforth. Third Tuesday every month at 7.30pm. See page 22.

Depression Support Group. Bailey Ground ice cream parlour, Seascale. First Tuesday morning each month 10.30am-12.00noon. See page 22.

Drigg and Holmrook Family Group. Mondays 9.30-11.30am (term time only) in Drigg & Carleton Village Hall. Bring babies, toddlers and pre-school children for a variety of play, crafts, snacks.

Fishing Club. Holmrook Reading Room. Contact David on 24632 for details or to join.

Fitness Classes. Tuesdays 6-7pm, Seascale Sports Hall. Tuesdays 7.30-8.20pm Beckermest School. Thursdays 7.15-8.05pm Kettlecrise, Seascale School. £4 a class. Contact Gill 07511 995184.

Flo Jazz. Third Friday every month, Florence Mine Art Centre, Egremont. 7.30pm for 8pm start. All welcome to listen or contribute.

GADS Youth Theatre. Weekly workshops Friday evenings, 7-9pm, during term time. Gosforth Public Hall. £3 per session. First free.

Gardening Club. Holmrook Reading Room. Contact Henry Stewart on 24652 for details or to join.

Gosforth and District Art Society. In Gosforth. Every Monday but with breaks for Easter, summer and Christmas. 7-9pm, Gosforth Village School. Contact Jakki Barratt: jakki@karletta.co.uk.

Gosforth Craft Fairs. Gosforth Public Hall. Second Saturday of every month (Lauren Hufton)

Gosforth and District Art Society. In Seascale. Every Thursday morning 10am to 12am in Seascale Methodist School Room but with breaks for Easter, summer and Christmas.. Contact Jakki Barratt: jakki@karletta.co.uk.

Gosforth Karate. Wednesday classes. 4.45pm. One free taster class available. to book call 01946 694751 or visit www.eskk.co.uk

Gosforth Rainbows. Every Monday, term time, 5-6pm in Gosforth Public Hall. Come along or register interest at www.girlguiding.org.uk

Gosforth Scouts, Cubs and Beavers. Scouts Tuesdays 7pm to 9pm, contact Dave Marsden 24632. Cubs Wednesdays 6.15pm to 7.30pm, contact Jackie Harper 27211. Beavers Wednesdays

5pm to 6pm, contact Kathryn Ketchen 25912. In the Scout Hut next to the school.

Gosforth Short Mat Indoor Bowls Club. Every Wednesday from 2pm to 4pm in Gosforth Village Hall. New members welcome, spare bowls available. Flat soled shoes preferred.

Gosforth WI Craft Group. Gosforth Public Hall, 2-4pm, last Thursday each month. Charge of £2 to include hall fees and tea/coffee.

Guides. Every Tuesday during school term time. 7.15-8.45pm, usually at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

Holmrook Reading Room Table Tennis Club. Meets on a Wednesday – 6:30pm to 7:30pm. All welcome, young or old. Contact David on 019467-24632. Other times can be arranged.

Holmrook Reading Room Fishing Club. If you want to join this club, or simply want some more information, please contact David on 019467-24632.

Holmrook Reading Room playground. Refurbished by Lottery Fund and Drigg Community Fund. Open to all.

Jam Side Up Jazz Jam Session. First Friday every month. The Kellbank Hotel, Gosforth. From 8.30pm. www.jamsideup.net or 01967 28619 for more details. Admission free.

Keep Fit Classes. By Kay Wayman. Every Monday Monday at 9:50 to 10.50am and Thursdays 6-7pm. Santon Bridge Village Hall. £6. 019467 24226 or 07707 408799. Or just turn up.

Line Dancing. Every Monday. 7.30pm, Windscale Club, Seascale. £2 pp donation to charity. Contact 019467 28449 for details.

Messy Church. Run jointly between St Cuthbert's and Seascale Methodist Church and meets on the third Saturday of each month in school term in the Methodist Church Hall at 2pm to 4pm. Children must be accompanied by an adult.

Moky HIIT Class. Seascale Primary School. Wednesday 7.30pm-8.00pm. Contact info@mokyfit.co.uk, 01946 721166 or 07724 240179

Moky HIIT Class. Seascale Sports Hall. Friday 10.00am-10.30am. Contact info@mokyfit.co.uk, 01946 721166 or 07724 240179

Open Mic Night – Strands, Nether Wasdale. First Wednesday every month. 9pm start. Live music by various singers and groups.

Open Mic Night – Florence Mine, Egremont. Third Wednesday of each month. Great atmosphere, all gear provided. Just turn up.

Open Mind West Lakes U3A General Meeting. Third Thursday every month 10.15am for 10.45am in Gosforth Public Hall. Membership is £5 per year which covers membership for all the groups. In addition there is a small admission charge for each U3A meeting. Contact: Graham Brassington 25794.

Open Mind West Lakes U3A History Group. First Wednesday every month at 11am in Drigg Village Hall. Contact: David Huyton 01946 841362.

Open Mind West Lakes U3A Discovery Group. Fourth Wednesday every month 10.15am for 10.45am in St Mary's Room. Contact: Graham Hutson 25477.

Open Mind West Lakes U3A Singing for Fun Group. First Thursday every month 2.30pm to 4pm in St Marys Room,

CONTINUED OVERLEAF

Gosforth. Contacts: Tim Austin 26778 or Xandra Brassington 25794. The change in venue applies from September.

Open Mind West Lakes U3A Art Appreciation Group. Second Thursday every month 10.30am in St Joseph's Church Hall Seascale. Contact Jean Taylor 28713.

Open Mind West Lakes U3A Mah Jong Group (House Group Gosforth). Second and fourth Mondays every month from 2pm to 5pm. Contact Xandra Brassington 25794.

Open Mind West Lakes U3A Reading Group (House Group Gosforth). Fourth Thursday every month between 10.45am and 12.00noon in a private house. Contact: Jean Taylor 019467 28713.

Open Mind West Lakes U3A Discussion Group. Third Tuesday every month between 10am and 12noon in a private house. Contact: Graham Brassington 25794.

Open Social Run. First Sunday every month, 9.30am. Seascale beach or cinder track, starting from car park. Organised by Blengdale Runners and open to anyone who can run three miles or more at any speed.

Phoenix Praise Worship Band. Meets in Gosforth Methodist Church Schoolroom, 7pm Fridays during school term-time. Come along and sing, play or help technical support. All welcome – no church affiliation necessary. Jill or Keith Hudson 019467 21592. jillfhudson@hotmail.co.uk

Pilates Class. Mondays, 7-9pm, Gosforth Public Hall (upper room). Bring mat or towel. £5 per week or £24 for 6 weeks. Contact Amy on 07510 104508 or amyfisher@hotmail.com

Rangers. Every Tuesday during school term time. 7.15-8.45pm, usually in supper room at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

Saturday Coffee Morning. Seascale Methodist Church Hall, 10-11.30am.

Scottish Country Dancing. Windscale Club, Seascale. Every Wednesday from September to April at 7.30pm. Beginners very welcome.

Scouts/Cubs/Beavers: 2nd Seascale Scout Group. Every Thursday night in school term time. St Cuthbert's Hall. Beavers (6-8 years), 5-6pm. Cubs (8-10 years), 6-7.30pm.

Scouts (10-14½ years), 7.30-9pm. Contact: 28296 or info@seascalescouts.org.uk

Seascale Art Group. Monday mornings (except Public Holidays) 10am-12noon in the Games Room at the Windscale Club. Call in.

Seascale Knitting Group. Fortnightly meetings on Wednesdays 6.30-8pm at the Windscale Club. £1 per session. For more information contact Penny Cater penelope_cater@btinternet.com

Seascale Men's Keep Fit. Tuesday, 10.30am. 45-minute session in the Sports Hall. Target range is 55-85 years. Work at your own rate and set your own goals. One free session available. Alan Bell, 24250 or John Calvert 28936.

Seascale Parish Council Meetings. First Wednesday every month. 7pm in the Methodist Schoolroom. No meeting in August unless there is urgent business.

Seascale Tea and Chat. Meets on the first Wednesday of the month at 2.30pm in the Methodist Church Hall. Seascale WI. Seascale Methodist School Room. Mondays 7pm every month except January. Details from Allison Hanshaw, 21935, ajhanshaw@outlook.com

Seascale Women's Outlook. Alternate Tuesdays in term time at 8pm in the Methodist Hall. All ladies welcome. Contact Glenda on 28404 for programme. Table Tennis Club. Wednesdays. Holmrook Reading Room, 6.30-7.30pm. All welcome to turn up or contact David on 24632.

Shackles Off Baby Group. Mondays, 11am-1pm. See page 53.

Tuesday Chat. First Tuesday every month. 2-4pm. Drigg & Carleton Village Hall. Special events and entertainment. All welcome.

West Cumbria Guild of Model Engineers meetings. Second Wednesday every month. Harrington Fishing and Sailing Club, 7.30pm. Visitors welcome. Details: 019467 28938.

West Cumbria Guild of Model Engineers train running on Curwen Hall Park track. Sundays 2-3pm in fine weather.

Wild Flower Meadow. Holmrook Reading Room. Phone 24632 to be involved. Supervised children welcome.

COPELAND MEMORY MATTERS SERVICE

Carer Group

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SEASCALE PARISH COUNCIL'S CAR PARK CCTV SYSTEM

This document contains advice and information for the general public regarding data recorded by Seascale Parish Council's CCTV Systems and the provisions of the Data Protection Act 1998.

The Purposes for Which Images are Recorded

To provide a safe and secure environment for the benefit of those who might visit, work or live in the area. The system will not be used to invade the privacy of any individual, except when carried out in accordance with the law. The scheme will be used for the following purposes:

- to reduce the vandalism of property and to prevent, deter and detect crime and disorder
- to reduce the fear of crime by persons using Parish Council facilities, thereby allowing them to enter and leave the car park area without fear of intimidation by individuals or groups
- to assist the police, the Parish Council and other Law Enforcement Agencies with identification, detection, apprehension and prosecution of offenders by examining and using retrievable evidence relating to crime, public order or contravention of bye-laws
- to deter potential offenders by publicly displaying the existence of CCTV, having cameras clearly sited that are not hidden and signs on display in areas being monitored. to assist all "emergency services" to carry out their lawful duties.

Recorded Images

All CCTV recordings are retained for a minimum period of 31 days. If no legitimate request for retention of the recording has been made, it is then erased or overwritten. All requests for retention of recordings are considered against the provision of the Data Protection Act and the CCTV Code of Practice. (Information on www.seascaleparish.com)

Recorded data will only be used for the purposes defined in the Code of Practice.

Access to recorded data shall only take place in the circumstances defined in the Code of Practice and the provisions of relevant legislation.

Recorded data will not be sold or used for

commercial purposes or the provision of entertainment. However, in exceptional circumstances images may be released but subject to strict controls and with the approval of senior management.

All data released shall remain the property of Seascale Parish Council.

Disclosure to the General Public

The showing of recorded data to the public will only be permitted in accordance with the CCTV Code of Practice and the provision of the Data Protection Act 1998.

In every case, a written application in an approved format (application forms are available from SPC Data Controller C/o Seascale Library Gosforth Road CA201PN); clearly showing the reason(s) for the request is required.

A charge not exceeding the prescribed maximum is payable for each request to view recorded images.

Complaints

If you do have cause to complain about any aspect of the Council's CCTV Systems, please write to the Data Controller, Seascale Parish Council, c/o Seascale Library, Gosforth Road, CA20 1PN.

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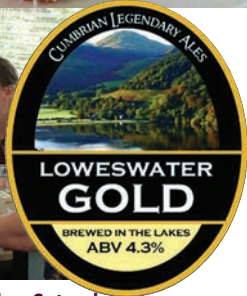
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WITH SAFETY IN MIND

Wasdale Mountain Rescue Team's mission is to save life and alleviate distress in hostile and mountainous areas, supporting the emergency services and local community whenever and wherever our skills can be put to best use. The Team operates in a geographical area that covers principally the Wasdale and Eskdale valleys but extends over Cold Fell towards the coast in the north and on to Ulpha Fell in the South. England's highest mountain, Scafell Pike, is part of its area and is the scene for many rescues.



The Team members come from a variety of backgrounds. There are engineers, builders, doctors, outdoor instructors, teachers and some that have retired. They have in common a love of the mountains and a willingness to get out of a warm bed at two o'clock on a cold wet night to rescue someone who is in difficulty. Each member has individual skills as a climber, navigator, medical skills or search dog handler. By working together, they form an effective Team to find those who are lost in remote Eskdale or injured on Scafell Pike.

Team training takes place one evening each month and on four full days a year. Special practice sessions working with their RIB (Rigid Inflatable Boat) on Wastwater and with helicopters are essential features of the yearly calendar. Specific rescue skills such as casualty care, using radios, rigging ropes systems for rescue, swift water rescue and search techniques are practiced.

Wasdale MRT has been assisting people in the western fells for almost 50 years. It is one of twelve Teams in the Lake District Search and Rescue Association. The Team consists of around 40 fell-going volunteers and several base operators. Each year they respond to upwards of 100 calls from the police to rescue people who are injured or lost in the local mountains. They also assist other organisations when requested; for example, in December 2015 the team worked with the other lakes teams when many parts were flooded. On Boxing Day, a swift water team travelled down to Yorkshire to support the local teams.

The Rescue Team provides a free 24-hour per day 365 days a year service to the public. We are tasked primarily by the Cumbria Constabulary who have primacy of search and rescue for inland areas. It is run entirely on donations and grants, for example fundraising events, gifts and collection boxes.

After over 40 years in the village of Gosforth the team decided a few years ago that they had outgrown their current base behind the Kellbank and thanks its neighbours for their tolerance of having a rescue base in a residential area for all that time. The new base will be a modern, fit for purpose building with enhanced training and welfare facilities, communications and



<http://www.wmrt.org.uk/>
<https://www.facebook.com/WasdaleMRT/>

accessibility to the A595. The new building will be built on land just off the A595 near Gosforth and has been made possible following an allocation from the Copeland Community Fund (CCF) of £218,043, earmarked funding from the Lake District Search and Mountain Rescue Association (LDSAMRA) of £12,000 and an interest in land granted by the Nuclear Decommissioning Authority (NDA). Fundraising got a major kick start in Nov 2014 when the team helped Jasper the collie to safety, just after they had launched the new base fundraising campaign. They hope to have the new base operational in the spring of 2018.

Whilst Wasdale MRT (and the other teams around the lakes) are there should you need them, preparation is the key advice:

- Select a route and objective suitable for even the weakest party members.
- Get a weather forecast and consider its consequence on your plans.
- Leave a route card with your personal details, the intended route, your equipment and estimated time of arrival at your destination with someone responsible.
- Wear suitable clothing; make sure you have warm windproof and waterproof clothing



whatever the time of year. Wear good walking boots with suitable soles.

- Carry basic survival equipment, food and spare clothes for the time of year. Remember conditions can change quickly on the hills and even a mid-summer day can have gale force winds and rain.
- Always carry a map, compass and torch and learn to navigate before going on to high fells.



Most of all, enjoy your day take home nothing but good memories and photographs and leave nothing behind except gentle footprints.



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MAY FETE
AND
THE STRANDS
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And top right – A fine array of ales
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OUR MP TRUDY'S COLUMN

I would normally have started this column in a much more enlightened way, however the recent, awfully tragic events that have taken place in both London and Manchester necessitate a heartfelt tribute to those affected in such devastating circumstances. Our emergency services responded with great professionalism and courage and the community spirit and actions have demonstrated our resolve.

When I was first elected as the Member of Parliament for Copeland back in February, I certainly never expected to be gearing up for another election campaign. Well, politics can be somewhat unpredictable, as recent years have shown, so off I went, re-launching my election campaign, knocking on doors and rooting for support from the people of Copeland – just 68 days after I'd previously won their support – in a bid to reinforce the messages and the grand plan I had for Copeland.

Following a hard fought campaign, in which I once again hammered home the importance of backing Moorside, investing in and securing our local health and education services, improving our road, rail, digital networks and flood defences, I was absolutely honoured and privileged to be re-elected as the MP for Copeland and I am so grateful to the 21,062 people who placed their faith in me. In the few short months since the February by-election I managed to increase my



Trudy Harrison, Copeland's MP, with Theresa May.

vote share by over 8,000. It was a tough race and I would like to give mention to my opponents, on their hard work – it's definitely not easy to take on another election campaign just two months after the last.

Now, after a hectic period, I have resumed to as normal a routine as can be – but as an MP and mother of four teenage girls. I have my fantastic team in place, recruited for their Parliamentary experience, local knowledge and fierce dedication to get the job done – I have offices set up in both Copeland and in Parliament and I have once again sworn in as the MP for Copeland – I am now in a position to hit the ground running, and able to pick up where I left off.

Prior to Theresa May announcing a snap General Election, I had made solid progress and while my term in office can only be described

short, my achievements in Parliament were not. From the very start of my term, I sought meetings with Ministers in every governmental department, industry officials and local businesses. I welcomed the Secretary of State for Transport to highlight the



Trudy Harrison retains her seat in the General Election – seen here with her campaign team.

issues surrounding our infrastructure; I met with the principal of Whitehaven Academy, and management, clinicians and staff at West Cumberland Hospital and have already seen some fantastic progress. We now have a fully staffed maternity department, the Trust has been removed from special measures and in addition to the £90m already invested by this Government, funding has been secured for the final stage of the hospital's construction.

I also welcomed the then Secretary of State for Environment, Food and Rural Affairs, Andrea Leadsom, who we now know as the Leader of the House – to say a lot has changed would be rather an understatement – and visited West Cumbria Mining with the Secretary of State for International Trade, Liam Fox, to see the work behind the fantastic project. As well as being a significant contributor to export trade, the project would bring with it more than 500 jobs to the area. It is an incredibly important project and celebrates all that is wonderful about West Cumbria – our innovation, our pioneering spirit and our ability to sell our goods and knowledge around the world.

I am pleased with the steps that have been taken and the feedback I have received from various organisations in connection with my plan. Each pledge is top of the agenda and the next five years will be solely dedicated to ensuring Copeland gets the attention it needs.

I stood in February's by-election because I wanted to make a difference to Copeland and its people, not develop a career in politics. I stood because I want my children to grow up with the best possible chances in life, to have the best education, followed by a range of options to expand their knowledge, including technical apprenticeships. In a technical and skilled community like Copeland, we should be making the most of what we have to continue the legacy of world-class trades.

Copeland has been my home my whole life; it's where I was born, where I grew up, and where I've raised my four daughters with my husband Keith. It means so much to me, and I will fight hard to make sure our beautiful area is invested in and protected for our children, their children and future generations.

Trudy Harrison



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FASHION AND FLAMENCO

See the latest fashions at a Colours Fund Raising Fashion Show on Thursday 14 September at 7.30pm kindly hosted by the Cottrell family at Irton Hall. The clothes and accessories will be professionally modelled from a range from brands such as Phase Eight, Wallis, M&S, Primark and Country Casuals.

Afterwards a large selection will be available to try on and purchase at a tempting 50% discount.

There will also be a raffle. Tickets are £10, including a glass of prosecco from Irton Hall on 019467 26025, or from Louise Stewart 019467 24652, or: henry.stewart@btinternet.com and must be purchased in advance. All proceeds from the evening will be divided equally between St Paul's Church, Irton and Santon Bridge Village Hall as both need support for special projects.

Flamenco Flow with Ricardo Garcia comes to Santon Bridge Village Hall on Sunday 1 October at 7.30pm. Tickets are from Louise Stewart as above.

It will be a delightful experience of pure Spanish atmosphere-masterful guitar rhythms







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combined with elegant flamenco dances.

For any guitarists in the area they do master classes for minimum two people at £25 per person 1 hour. This performance is sponsored by Arts Out West.

Gosforth Hall Inn Beer and Music Festival – 25, 26, 27 August

Gosforth Hall Inn, Camra's Pub of the Year, is taking you to a party at the Beach when it hosts its annual Beer Festival; opening on the Friday evening, this time, with 'Have Mercy Las Vegas', a Scottish bluegrass style band. Speaking with Rod he said, "We will have 8 hand pulls in our newly refurbished beer garden and 4 in the bar. We find our mixture of local and imports works well. On Saturday and Sunday we open from 12 mid-day until 11 with 3 bands each day. Festival-goers will be well catered for as we are offering BBQ, Hog Roast and may even add Paella and Pizzas to the festival menu with our Beach Party theme". So, don your beach wear, get groovy, and get along to Rod and Barbara's fun-filled, food-filled and real ale filled Gosforth Hall festival.

Eileen Lithgow, CAMRA

CAMRA'S 'FIRST DIVISION' GOSFORTH HALL INN – PUB OF THE YEAR 2017

Rod and Barbara, of Gosforth Hall Inn, were presented with the top prize of the year at the branch's AGM on 3 May. West Cumbria branch of CAMRA's PUB OF THE YEAR 2017.

A full meeting, with lively debate, and time to socialise in this excellent inn, made for a top score all round.

Chris Hale presented them with a coveted prize for being voted, by CAMRA members, to be the best in the whole of the West Cumbria branch. He said, there are 163 real ale establishments in our branch area so; more than there are clubs in the top 4 Football Divisions and therefore, worth more than the winner of the 'First Division'.

Spontaneous applause greeted this remark from all those present enjoying the delicious, extremely well kept real ales. Chris rounded off by saying, 'This is it in our branch, you both have gained the top prize and you are the people who can take the credit'.

Rod and Barbara received their certificate,



which will now be proudly displayed at Gosforth Hall Inn, along with the Banner already on display outside. Rod said, "We have been here at this inn for 15 years now and have always tried very hard to promote real ale. This is also a testament to the massively strong appeal for real ale in this area. We can't thank you enough for this wonderful award". Barbara concluded by saying, "And this is (referring to Rod) the quality control man in charge of the bar".

THE WOOLPACK IS OUR CIDER PUB OF THE YEAR 2017

For the very first time, the West Cumbria branch of CAMRA has awarded a Cider Pub of the Year for 2017.

Harry Berger, from The Woolpack, knows an awful lot about cider and he and Paddy have been serving delicious brews of cider and perry for many years. Recently, they held their Sausage and Cider Festival with a staggering choice of over 120 real ciders; and even a mention on the Chris Evans show.

Eileen Lithgow, on behalf of the branch, was delighted to present the award and said, "You here at The Woolpack understand how important it is to provide excellent service. That is why you are in our Good Beer Guide and that is why you have been singled out to receive this very first Cider Pub of the Year. You provide, for CAMRA, and everyone else, a brilliant drinking experience, whether they choose real ale or real cider".



CAMRA promotes Real Cider and Perry because they fear that it is in a similar situation to that which faced real ale some 30 years ago. Harry, on the other hand, disagrees, he doesn't think it is diminishing in his pub and urges other landlords to give it a try.

ART IN IRTON

As April drew to a close it heralded the start of the art exhibitions dotted around the county. The one that kicks it all off for me is the 'Art in Irtton' exhibition held at Santon Bridge Village Hall. Not only was there excellent art on display to buy but also the most delicious home baked cakes!

"The group is a mutual support one where the artists work in various mediums and areas. We meet once a month to share ideas, watch art DVDs to learn and be inspired, and plan visits to exhibitions and galleries. We also run workshops like the screen printing one we have just done which was well attended," explained Madeleine Warren. "We were only four artists when we started eight years ago and now we have about 15 regular members."

The group is informal with no secretary or chair – it's all about support and sharing ideas. "There's no member's fee – we just pay into a pot to help with the rent of Santon Bridge Hall, and to buy any materials."

This annual exhibition is a chance for the group to show what they have been working on and also to fundraise and attract new members.

Margie Foots is in charge of the catering and is well known for her ability to bake sumptuous cakes. "We all chip in to make the cakes,

soup and bread, and then serving teas and coffees on the day."

Jill Davis, who has an MA in Art, takes on the brunt of the exhibition organising. "Having a goal to work to is good for artists, it helps us to focus and get work finished for a set date every year. Having an exhibition like this is always thrilling to be part of."

Vivienne Tregidga



Gareth is a founder member of the Art in Irtton. "I get lots of inspiration from being around other artists who all have different methods of working. We feed off each other." In the gallery, Gareth was busy working on a moody Wastwater painting in oils using his fingers. It was fascinating to watch his technique and gave visitors an insight into his creative process. "There is a shortage of exhibition venues so it's great to be here at Santon Bridge as it gets local people involved and it gives us artists a focal point." If you want to join the group get in touch with Madeleine Warren info@hallflatfarm.co.uk.



ESKDALE ART SHOW CELEBRATES 25 YEARS



The Eskdale Art Show always produces a professional display of a diverse range of arts and crafts for sale and this year was no exception. Celebrating 25 years and with over 60 professional and hobby artists from across Cumbria and the UK, each displaying several pieces of their work, there was a huge choice of art work on sale.

There were also some fantastic pictures on display from six very talented youngsters, present and past pupils, all of which sold, much to their delight.

"It's surprising to learn that a lot of people think this art exhibition in Eskdale School displays only children's art! Even now after all these years" says Salli Pilcher. "I still hear this comment from people who have never been to the show. However, when people visit they quickly realise this is a very professional Pop-Up Art Gallery showcasing some amazing paintings, arts and crafts".

"This exhibition has always been about raising funds for the school," explained Annette Robson, one of the original team of organisers. "With only 29 pupils at the school it is extremely satisfying that we get so much support from the local community and parents. We also have a few past students who continue to support us even though they have moved away."

I chatted to Salli and Annette in the café area with a spectacular view of Scafell bathed in sunshine. It was very difficult to ignore the vast selection of sumptuous home baked cakes made by locals and parents, that were displayed within

arm's reach of our table. But I was here in my professional capacity and not to stuff my face!

"On the Thursday morning, the school is cleared out and the boards and lighting brought in and set up, and by the evening it's all ready for the Bank Holiday weekend exhibition." Annette Robson explained, "I am always surprised each year just how fast all the setting up work gets done by the volunteers who now have it down to a fine art!"

Trudy Harrison, our MP, who was a pupil of St Bega's School, attended this year's opening event that has grown into a significant exhibition where artists are keen to be a part of.

It seemed there was even more art to see this year, with paintings, felting, cards, glass, furniture, photography, and jewellery. It was positively stuffed with lots of amazing work.

An intriguing back story to one of the photographic pictures, Proposal Under Rialto Bridge, by Natalie Lane is her quest to find the couple she photographed in Venice.

"I seem to spend my time making sure all the painting and pictures are hanging correctly, but as soon as I turn my back they move!" laughed Pooja Norton, a parent and volunteer for the last 16 years. Pooja also provides gorgeous flower displays for the event.

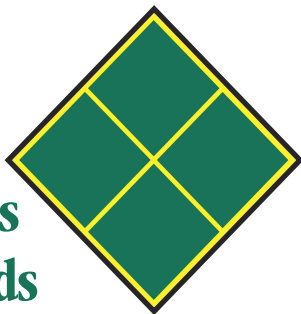
The Art Exhibition is not the only fundraising event to raise well utilised funds for the school, there were also six beautiful gardens open around Eskdale over the May Bank Holiday.

The Art Exhibition is an annual event, running each year on the late Bank Holiday weekend, so if you missed it this year, make sure it is in your diary for 2018.

Vivienne Tregidga



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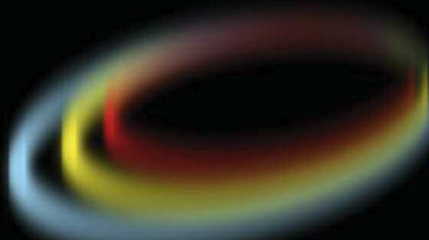
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Tip One – a well chosen and well packed rucksack makes for More Comfortable Walking

I can't overemphasise the importance of having a well fitting, well packed rucksack and this "Tip" is to try to explain the best way of achieving this – Based on my own experiences of 25 years of long distance walking and trekking in Nepal.

First of all, choosing your rucksack. Rucksacks come in many different shapes and sizes, so you need to have an idea of the volume of the equipment that you are going to carry. I have never seen any reason for buying an overly small rucksack, and then strapping extra items on the outside (tents and carry-mats being the exception to this "rule").

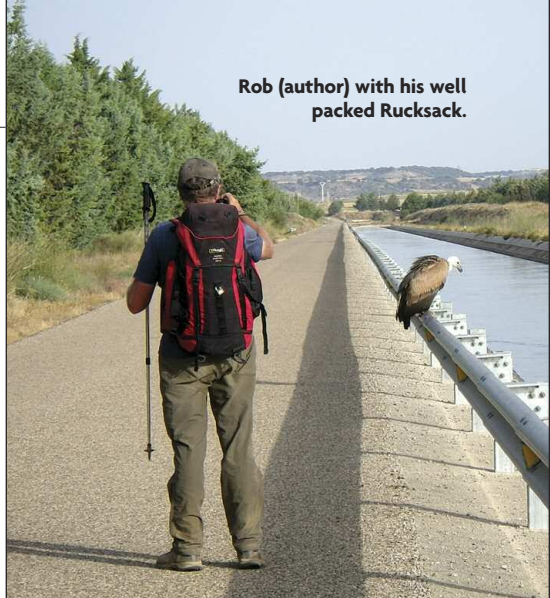
There are rucksacks specifically designed for females (After all, females and males differ in shape so it's definitely not a "One Size Fits All").

Many rucksacks have double entries and/or are compartmentalised, so these can be useful as you can keep lighter things like your sleeping bag in the bottom section, while still having it easily accessible at the end of a day's walking without having to unpack the rest of your rucksack to get at it. The main downside is that you then can't use a one piece rucksack liner.

Modern rucksacks have several adjusting points so that you raise and lower the ride height, lengthen and shorten the shoulder straps, waist belt and chest strap, as well as adjustments to tension the sides to bring the bottom of the rucksack into the waist belt and also an adjustment to bring the top of the rucksack in towards your back. This all might sound a little confusing at first, so if you are at all unsure then it is worthwhile buying your rucksack from a reputable outdoor shop as then the assistant can explain what all the adjustments do as well as roughly fit your chosen back to your own body.

Packing your Rucksack

The first thing to mention is that rucksacks aren't waterproof, so you either need to use some kind of liner, or pack things into waterproof bags before putting them into your rucksack (some rucksacks now have rain covers and these are



Rob (author) with his well packed Rucksack.

useful as they keep the outside of your rucksack reasonably dry, but rain still gets down the back of them, so you should still take the additional measures to help ensure that your kit is dry at the end of your day's walking. (no matter what the weather has thrown at you.)

Here, My Rucksack Pro-Tectors come in to their own (www.pro-tector.co.uk) as apart from it protecting your rucksack on the journey to the starting point of your walk, they have valuable second function as a water resistant liner for the inside of your pack.

The most common myth is that you pack your heaviest items into the bottom of your rucksack.

So – ideally you want have light items in the bottom, the heaviest items in the middle and light items on the top. The reason for this is that the centre of balance of your rucksack will reflect the centre of balance of your body – If heavy items are packed in the bottom, this pulls your rucksack down and increases the weight on your waist strap, and therefore you have to keep this overly tight to prevent the rucksack slipping down and when this happens it increases the weight on your shoulder straps causing you sore shoulders as well as an increased risk of back pain.

You also want to ensure that you distribute the weight evenly left and right inside your rucksack, therefore keeping it evenly balanced. You would be surprised at the number of walkers that I have seen wearing rucksacks tilted over to one side,

this putting extra strain on one side of the body and again increasing the risks of back and shoulder pain.

Finally, once your rucksack is fully packed, you then need to fine tune the adjustments.

Before putting the rucksack on, ensure that all the compartments are buckled/zippered up and compression straps are adequately tensioned.

Then put your rucksack on – the waist strap needs to be snug enough so that it is carrying the bulk of the weight of the rucksack, the shoulder straps need to be reasonably snug, but not over tight so that there is a slight gap when standing between the shoulder strap and the top of your shoulders, you should also pull your chest strap reasonably tight to help prevent any movement. The bottom tension adjusters should be pulled in evenly so that your rucksack is a snug fit to the waste strap and the top tension adjuster should be pulled in so that the rucksack is parallel to your body when standing upright.

As you start to walk, you will no doubt find that



Trekker on the beach sent in by Sandra Grmek, Sezana, Slovenia.

small adjustments are needed, getting the ride height takes a little bit of doing, there isn't a simple answer to this but personally, I find that a higher ride height is more comfortable than a lower one.

When ascending a big hill, it is worthwhile loosening the top tension adjusters and letting the rucksack fall back a centimetre or two as we naturally tend to lean forwards when going uphill, so by loosening them off a little it keeps your rucksack upright.

I hope that you find the above info useful – it might well sound like you have an awful lot to do before even taking the first steps of your walk, but I would definitely recommend that you choose the right rucksack and pack it carefully as an ill-fitting rucksack is something that can ruin an otherwise wonderful trekking experience.

Good Luck – Rob Steele



Quality Control in the "Factory", Kathmandu, Nepal.

BackPacker (Normal Weight) at Wastwater.



2ND SEASCALE SCOUTS

Beavers on Duty



The Beaver Scouts (6-8 years) had a visit from PCSO Dawn Lowerson who discussed with the Beaver Scouts all they needed to know about Stranger Danger, and showed them the Police Van. PCSO Lowerson's visit was so popular that the Beaver Scouts requested to visit Whitehaven Police Station. During their visit, they were shown the equipment that Police Officers carry with them, and the Beaver Scouts loved seeing their Young Leader Squirrel being handcuffed. They certainly went home not ever wanting to be zapped by the 'zapper gun' (taser). Beaver Scouts not only completed criteria towards their badges,



they saw inside the cells, had their fingerprints taken and found out about the important work the Police Service does. We were glad to hear from them, that they had a great time but do not want to ever go back to the cells! Beaver Scouts went home with the important message that Police Officers are their friends and are here to help them.

Beavers go Global
Beaver Scouts have been working

towards their Global Badge finding out about endangered animals, how we recycle, and Fairtrade; but the most exciting activity was to create a water filter using a pop bottle. As we hit the beach with our bottles, discussions about if the filtering system would work were being had and not only Beaver Scouts but also Leaders and Parents were amazed at the results. The Beaver Scouts used cotton wool, paper towels, sand, gravel and stones to create the filter and watched the dirty sea water filter through into clear water.

Beavers Celebrate 30th Birthday

2nd Seascale Beavers joined other Beavers within the district to celebrate Beaver Scouts 30th Birthday. We would like to thank Kim Waugh (District Commissioner, Western Lakes) and her team for organising another great day of activities.

Cubs Bee Prepared

The Cubs (8-10 years) were asked by the Lego League Team at Seascale School if we could help as they were taking part in the Lego allies' competition where they had to complete a project on how animals and humans interact. They had decided to investigate Bees and asked the cub pack if they would help to build some bee houses. The cubs had fun designing their perfect bee house then in their sixes they made a bee house. The cubs were able to use this project to go towards their DIY badge.

Our Successful Young Leaders

Our two Young Leaders in the Cub section – Bagheera and Kaa – have been working very hard as they progress through their young leader badge scheme. They have planned and lead numerous activities for the cubs, most recently planning an International night where the cubs visited four countries, finding out about the currency, flag and language but most importantly for the cubs – they got to taste foods from the countries.

Cubs Get Wet

Recently our older cubs joined with St. Bees and Gosforth Cubs to attend a District Cub Water Activities Camp held at Scarness, Bassenthwaite. The nine cubs thoroughly enjoyed themselves as they took part in kayaking and canoeing. They



learnt how to capsize, tie some new knots and took part in an archery session amongst other activities. Over the weekend they earned a number of cub badges, which pleased them very much. The cubs send a big thank you to Jon and Paul from Hensingham Scout Group for running the water activities for the cubs and our District Commissioner Kim for planning the camp.

I'm a Seascale Scout, get me out of here!



The Scouts (10-14 years) headed into the jungle in February for a themed camp. They faced their fears in the form of mini beasts and their own worst food – both of which had to be eaten to earn a star. It was very funny to see some scouts turn their nose up at mushrooms (35% of Scouts hate mushrooms – that's official), whereas some retched at the sight or smell of a banana or lemon mousse. Also strange was that all the scouts ate the bugs and beasties put in front of them, but didn't all eat their most-hated food. The winning patrol were treated to a Mawson's Ice Cream Sundae, absent of bugs and mushrooms!

Watery Welcome

West Lakes Adventure were our hosts for canoeing sessions on Wastwater. At Seascale Scouts, we don't invest our members in the hall, so some of our new members had to stand up in the canoe to be invested on the rippling surface of the lake. The other half of the troop went geocaching in Blengdale, and then they swapped the following week.



Yeehaw!

2nd Seascale Scout Group have just returned from Cowboy Camp. The Beavers, Cubs and Scouts braved the rain to pursue activities such as: tin-can-alley, quoits, horse-shoes, panning for gold, lassoing the bull, Colorado River (water-slide) and perhaps the highlight – the rodeo bull.

<Village newsletter 2017 06 horseshoe.jpg>

New campers bravely undertook their first night in a tent, looked after by the more experienced ones – many of whom have over 50 nights “under canvas”. The leaders enjoyed watching cubs look after beavers, scouts look after cubs, and the young leaders looking after everyone. Ideas are already coming in for our next group camp adventure.



Join the Adventure

In the UK there are 500,000 members; consisting girls and boys from age 6 to 25 and adult leaders and supporters. 2nd Seascale Scout Group meets Seascale School on Thursday, caters for Beavers, Cubs and Scouts, and has links with the local Explorer Scout unit. To find out more, please contact:

*Neil Henderson, Scout Leader
Info@SeascaleScouts.org.uk*

THE LAKE DISTRICT'S NEWEST ATTRACTION IS OPEN



In June, the Ravenglass Railway Museum officially opened to the public after undergoing a major, two year, Heritage Lottery-funded redevelopment. Paul Atterbury, who opened it, is best known for his many appearances on the Antiques Roadshow .

Built on the site of Ravenglass Station, in the West of Cumbria, the new train-shed extension doubles the previous museum's footprint and created a brand-new museum experience.

The museum owns more than 6,000 objects ranging from 15-inch gauge locomotives and rolling stock through to uniforms, photographs and historic engineering, but the new development sees these artefacts come to life with interactive exhibitions allowing visitors to not

only see the heritage steam locomotives, but to watch how they work and sit in the driving seat too.

David Rounce, Project and Activities Manager of the Ravenglass Railway Museum said: "We're excited for the public to see everything we've been working on. The museum relies entirely on volunteers and over the last year they have worked extensively to restore the stock, much of which is over 100 years old, to make sure it is in working order and in exhibition condition."

A star attraction is the steam locomotive 'Katie' which ran at Ravenglass in 1916 and has just been restored to working condition for the first time since the 1920s.

The new professionally-designed displays will appeal to the family and enthusiast alike. Exhibits include a collection of locomotives and rolling stock spanning the line's opening in 1875 to the present day, including an interactive steam engine



exhibit that visitors can operate themselves. There are also models and objects telling the story of La'ál Ratty's industrial past as well as the daily life of workers on the railway including their uniforms, 'bait' boxes and games to determine if the visitors would be suited to the job.

Thanks to Arts Council PRISM funding, awarded in January 2017, the museum also boasts the restored 'Big Saloon' coach which dates back to the opening of the railway to 3ft gauge in 1875, and visitors are able to hop in and imagine taking a trip up the new line in the 1870s.

Located in the coastal village in the Lake District, Ravenglass Station is also home to the Ravenglass and Eskdale Stream Railway, or 'La'ál Ratty'; a 7-mile tourist attraction travelling through the Eskdale Valley.

David continued: "As well as attracting tourists from 'La'ál Ratty' to the museum, we hope it will become something of a community focal point through a programme of changing, community-led, exhibitions, and a range of curriculum-linked resources for schools are being developed to educate local children about the technology and history not only of the railway, but also life and industry in the area."

There is also also a private archive on the upper level of the new building, for researcher and enthusiasts to book in advance and see intricate artefacts and memorabilia from the heritage railway's history.

The museum is open whenever the Ravenglass and Eskdale Railway is running, which is every day in the summer season.

Photos by David Gray



(above) 'Synolda' and (below) 'Katie.'

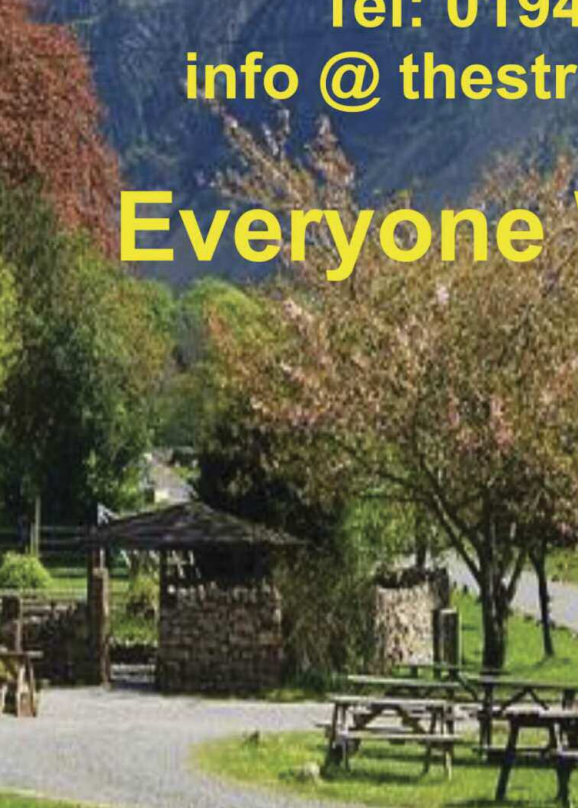
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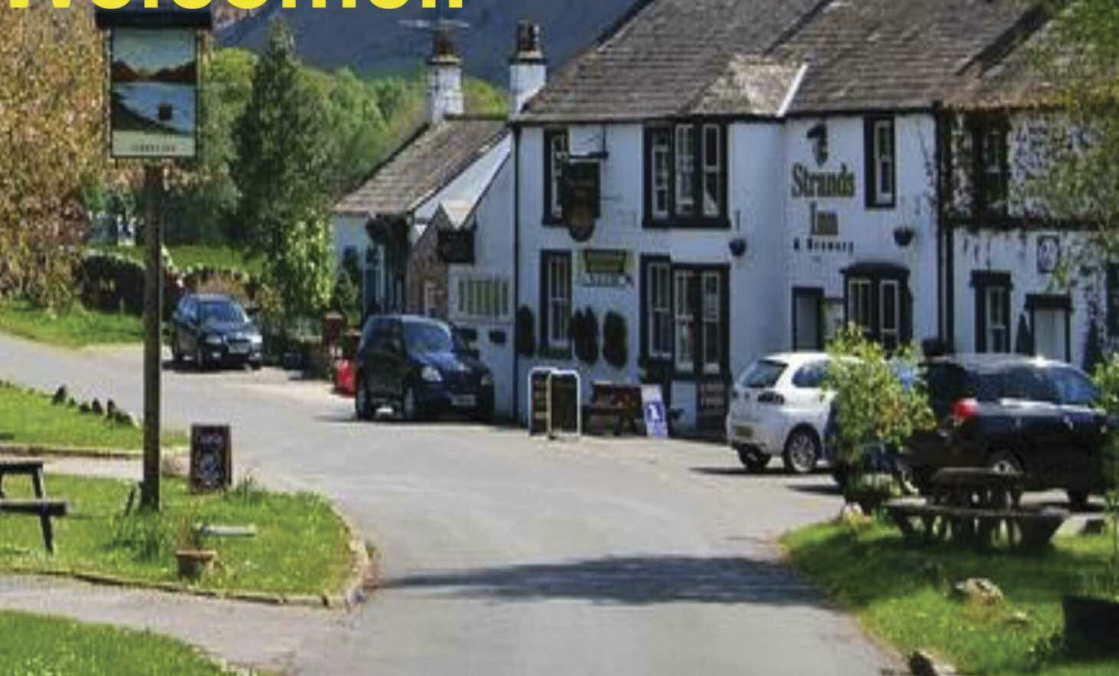
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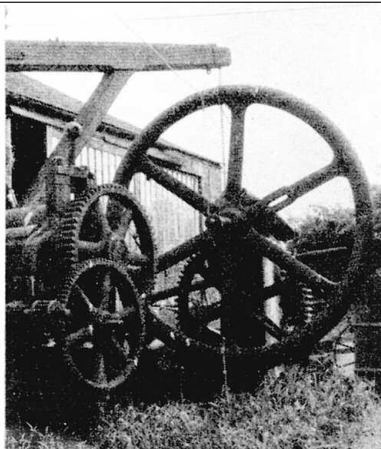


Country Workshop

Tucked quietly away in a small lane near the “Horse and Groom” at Gosforth is a group of workshops filled with machine-tools and the engineering bric-a-brac which are the chronicles of many a construction or repair job well done. The variety of often-mute machines hinted at a more clamorous past, but I was to be surprised by the history of the Gosforth Engineering Company.

The business was founded about 1870 by William Heron whose similar business in Egremont had been declared bankrupt and sold up. With the backing and persuasion of a group of farmers he set up in business at Gosforth ; steam-engines were just coming into use for threshing, corn-grinding and chopping cattle-food and servicing facilities were required.

Now a storeroom, the original smithy was in the nearby houses, but five years later a bacon-curing shed and barn were acquired, an extension built, and the smithy was transferred. A vertical steam engine supplied power by over head shafts for lathes, a drilling machine, and a grinder. Heron serviced country corn-mills, dressed the mill-stones, and cogged the wooden driving-wheels ; he also designed and built threshing machines, corn, turnip, and manure drills, land rollers, horse rakes, and made



various hand implements including the centuries-old flail.

Cast steel and malleable cast iron components were obtained from Sheffield, but cast iron parts were made by Ramsey Bros. at Whitehaven. Wooden patterns for all castings were made at Gosforth, and patterns and castings transported by the local carrier. This stalwart operated on Tuesdays, Thursdays, and Saturdays and offered a variety of services ; he took your watch to Whitehaven for repair, and, given a stick the length of your foot, he'd deliver a pair of clogs to fit you that evening. No Cumberland Motor Services then—you had to walk to Seascale for the train.

The early days of the business were the days of no hacksaws, chucks, or twist drills. An old scything blade was notched by striking with the edge of a half-round file to provide a saw for metal. One of the firms' principals, Tyson Russell, recalls cutting a 2½in bar thus—but can't recall how long it took him ! Drills had a ½in parallel shank and were secured in a

Inside the workshop. To the right was a Lister diesel engine that drove the drilling machine (shown on the left), lathe, grinder, circular saw and saw for metal. To the side of the engine house a set of stairs led to a store room.

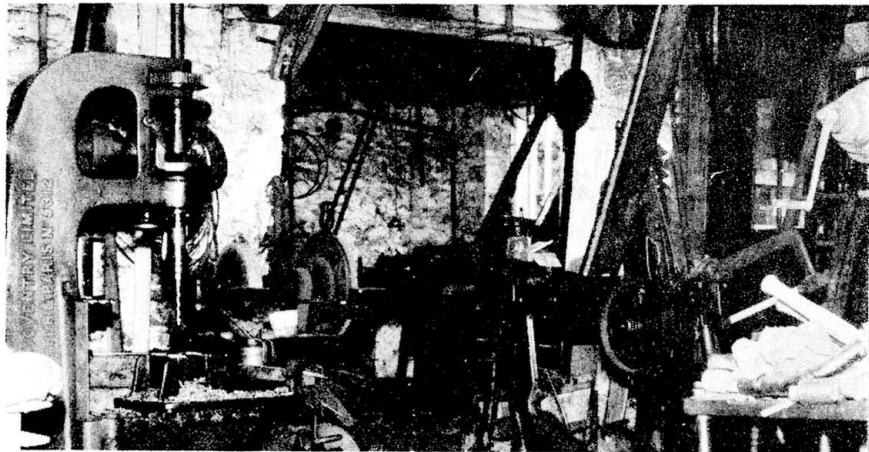
hollow spindle by a set-screw ; boring a spindle-hole in a pinion entailed machining a wooden jig on the lathe and pressing the pinion tightly into it. Gear-wheels were cut by hand with a cross-cut chisel. Some old hard steel spindles from Lancashire cotton mills were used for making drills, one end being flattened and ground to a diamond point with bevelled cutting edges. Twist drills were available in the 1890's but reached Gosforth some years later. Well seasoned apple or beech wood was often used for the bearings on the threshers. With some oil it acquired a hard glazed surface that could endure much neglect ; hand threshing by flail had disappeared too recently for farmers to be adept at regular oiling of machinery ! Shafts run in wooden bearings have been found on dismantling to have worn down as much as $\frac{1}{4}$ in. and even today the main overhead power-shaft in the workshop runs in wooden bearings installed 40 years ago ; the previous set lasted 30 years.

Binders, by Deering's, came into use in the 1890's. The boxed components came by rail to Seascale and were assembled at Gosforth with a spanner in one hand and the instruction book in the other ; the first assembly was notable for the frequency with which the mechanics picked up pieces which should be assembled half-an-hour earlier ! At £30 each (£300 today) few farmers could afford to buy one, and the machines were hired out to them.

The water wheel (8ft. diameter and 4ft. wide) driving the Wasdale saw mill was designed and built at Gosforth in 1906 and continues to give splendid service, though some difficulty has arisen these last few years because a much reduced head of water is available from the lake.

Heron traded under his own name until he retired in 1920, when the business was taken over by Tyson Russell and his nephew John and renamed. The joiners' shop was added in 1921 but the character of the business continued unchanged.

continued over





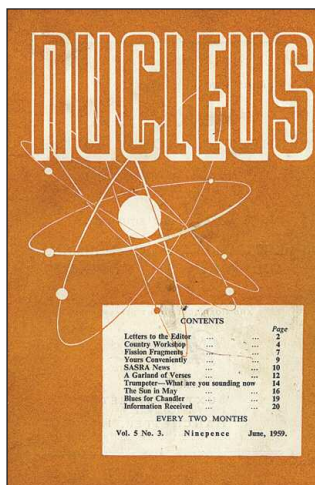
Tyson Russell joined as an apprentice in 1896 but not to any particular trade. He looked after the steam engine, turned his hand to any job, and when the blacksmith rang on the anvil he hurried in — at the double — to strike for him. Later he developed considerable skill as a pattern-maker. Talking to him, one realised how easily we take for granted modern transport. He recalled setting out with Heron

at 5 a.m. to walk to farms over Birker Moor and spending two days working on a threshing machine before walking back— carrying their own tools, of course. And who would relish setting out to walk back from a job on Corney Fell at 10 p.m. to be up at 6 a.m. next morning. At 79 he still works at the bench and looks after the accounts.

About eight people were employed and the business was most prosperous between 1910 and 1926 — during the First World War they turned out a threshing machine every month —but the advent of mass-produced agricultural machinery brought an inevitable decline in the sales of the local hand-built products. Men have progressed through the Gosforth shop to Africa, Canada, and many parts of the world. One cannot fail to be impressed by the good reputation the business enjoys in the district, and in particular by the frequent tributes to the skill and craftsmanship of Tyson Russell. There is a record of honest labour and service of which he may rightly feel proud.

D.N.J.

This article was originally published in “Nucleus” in June 1959, a bi-monthly 23-page news magazine rather like a 1950s student’s rag magazine costing ninepence. As well as having many interesting features in it such as this one, it also had detailed information on staff news and movements around which was then the Windscale and Calder Works. The editor was Alan Garlick and the editorial team consisted of B.F. Potts, D.W. Ockenden, T.E. Graham, H. Stubbs, D.A. Collins, C.V. Falkner, J. Scott and J.K. Blair,



people well known for their varied involvement in our area. We are now able to publish this article again thanks to Susie Jones, granddaughter of Jack Russell, the last owner of the workshop and who died in 1972 resulting in the business then closing down. Wasdale Mountain Rescue now occupy what was this workshop. The article was written by D.N.J. If anyone can identify who that was please inform the editor of Tethera. I hope you enjoyed reading it and learned how this workshop was like years ago.

David Gray

Employees of Gosforth Engineering Company.
 From left is John Russell – Celia Walker's
 father (known as Jack Russell) and Tyson
 Russell – Jack's uncle. The rest are unknown.



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1944	all ready for erecting. All material & labour to same	1.	10.	0
1944	Erecting sandstone gate for temporary down rail			
1944	Erecting steel gate for in proper position & connecting			
1944	to make a good job	42.	10.	0
		43.	0.	0

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1st GOSFORTH SCOUT GROUP — SCOUT CAMP, AN ADULT'S VIEW

It's Saturday morning, 5 o'clock. The rain has stopped pattering on my tent. I can hear voices in the distance, loud voices, singing Christmas carols. But this is the end of March. I snuggle further down into my sleeping bag and hope to snatch another hour's sleep before the new day starts.

We had arrived here at Ennerdale camp site in the woods the previous morning — our Scout Leader and I — to set up some of the tents we would need for the weekend. After a couple of days' solid rain, it was interesting finding a spot for them that we hoped wouldn't get too muddy too quickly. And then it was even more interesting putting up our large and heavy mess tent on a very windy morning. At least the ground was soft for hammering in the pegs. But we managed to install tables, benches and cookers, and it began to look quite homely, ready for the arrival of the scouts in the evening.

Most of our Scouts are bright, noisy, energetic young people, and after a bit of teamwork and a lot of talking, they'd put up several tents and filled them with sleeping bags and personal kit. The sprinkling of popcorn was added later. It was now getting darker, and time for a smoky camp fire and some supper before getting a good night's sleep ready for our expedition by bike in the morning.

Did I say a good night's sleep? Well, it was the first night of camp. Which explains the Christmas carols.

We've all brought our bikes and helmets. I am more than a little worried I will get left in the far distance, having cycled with these young people before, and knowing just how fearless they are. But after a slap-up breakfast of sausages, bacon, beans and egg bread, cooked by some of the Scouts, we cycle off along the side of the lake, looking for geocaches as we go.

Disaster — the first geocache is missing. We decide where we think it ought to be, and cycle on. Someone's chain comes off, and a tyre needs pumping up. By the time we reach Bowness Knots, a few minutes later, it is already felt that a break with flapjack is necessary. But we have all day, it has stopped raining, it isn't too hot, and maybe the sun will shine for us. So on we travel, along the track, up the hills slowly and down them very fast, stopping to look for several more geocaches as we go, and proudly taking it in turns to write "1st Gosforth Scouts" in the little books they contain. Oh dear, the chain is off again. More flapjack is needed.

Several miles further on, after a picnic lunch, it's agreed that the older scouts will cycle further up the valley, and the younger ones will stay behind to paddle in a stream before starting back. The cool water feels lovely on hot feet, and yes, the sun's shining, peeping out from behind a cloud. We're starting to run short of flapjack.

Back at camp, mince and pasta is prepared for

sixteen people, while the Scout leader tries out a team challenge with the scouts. No-one claims not to like mince and pasta for once, and it all disappears very quickly. There's a bit of an argument about whose turn it is to do the washing up, but with a little supervision and diplomacy, everything's tidied away in the mess tent, and the Scouts are in their patrols, thinking about what to say at the Scout's own in the morning.

The sunset over the lake is very beautiful this evening, and there's another smoky campfire with singing and toasted marshmallows. But what's this? 8.30pm, and the youngsters are asking to go to bed! There's not much noise from the tents tonight, but getting up early to tidy away my tent, I'm faced with a little cluster of Scouts in onesies, waterproofs and wellies, enjoying each others' company in the gentle rain under the trees. And there are allegations of a popcorn fight.

More breakfast. More washing up. The sun comes out again. The popcorn is tidied away (it's not as bad as I was led to believe), and it's time to head for the little chapel under the trees, with a superb view of the lake. The Scouts have put together some lovely thoughts, and it's a peaceful moment in a busy weekend.

Today we are going to do backwoods cooking, making lunch and fairy cakes in ovens made out of

large baked bean tins. It's hard. We spend the morning in a rather muddy ditch – well, it has been raining a lot recently – gently breathing on little fires, hoping to make damp sticks burn enough to heat the ovens, getting more and more smoky. At last one of the fires is burning strongly enough, and the cake mixture can go in. Amazingly it's soon cooked, and is made fit to eat by the addition of some icing. Together with some fish and toasted sandwiches cooked in foil in the fire, and the remains of the flapjack, a grand meal is served.

Now, sadly, it's nearly time to go home. The tents are taken down, the mud is brushed off as well as possible, and the cars are loaded up. Parents arrive to collect their grubby, excited offspring. Someone asks me if I've had a good time. I'm slightly damp, muddy, smell very badly of smoke, and I haven't had much sleep. But I've been fed very well, I've been on a great bike ride, I've learnt how to cook a fairy cake in a bean tin, I've worked as part of a team, cooking, putting up tents, sorting out problems, making the most of the spiders in the toilets. Best of all, I've enjoyed the company of the twelve scouts and the other adults at camp. Well done to our Scout leader for organising it all. And yes, I've had a brilliant time. Now, how long is it till cub camp?

Jackie Harper





Charlotte Law – this year's Gala Queen, who opened the gala.

DRIGG & CARLETON GALA

Given the awful weather conditions at the start of the gala event on Saturday 10 June, there was an excellent turnout to see this year's Gala Queen, Charlotte Law, open the Gala. Up until that morning the whole event had hung in the balance owing to the wet weather and conditions under foot. The gala committee's efforts to get the event on was rewarded with a better than expected turnout, not only from the local community but also from the array of stalls and other attractions. In the main marquee were displays from the Step by Step dancers (Principle Joanne Dougan) and Moky Fit (Shameen Arnold), fancy dress judging by Rev Gill Hart, and the art competition judged by John Graham (LLWR). There wasn't a dull moment with Jason the Juggling Jester entertaining the crowd. In the 'part tent' along with several stalls, was the Egremont Town Band. Part way through the afternoon, the rain eased, then eventually stopped, and the inflatable attractions were able to be put up and enjoyed. Although conditions under foot were proving challenging, there was a full programme of races held, with all races keenly contested; even the sack races with the various water 'hazards' along the track. On completion of the Grand Gala Raffle, for which thanks must go to all the businesses who gave generously for a wide array of prizes, the afternoon's events were concluded with the annual Boys v Girls Tug of War competition. As always, this was a very keenly fought contest, with the girls looking for revenge after last year's defeat. After two closely fought pulls, it was one all, and then the deciding pull was just edged by the girls.

Many thanks must go the committee and all the other members of the community who came forward to help out, on what was a challenging day with the weather.

Please visit www.driggevents.co.uk for more information.

Drigg & Carleton Gala 2017: Grand Gala Raffle – Results

Prize	Donated by	Winner
Kindle Fire Tablet	PPS Electrical	A Simcock
'Big Works' Bin Wagon	Tynedale	Lily Roberts
Meal for 2	Victoria Hotel	Joan McLeod
Champagne Tea for 2	Woodlands Tea Rooms	David Hart
£25 Meal Voucher	Lutwidge Arms Hotel	Norcross
Gift Shop Voucher	Spindlecrafter	Jen Simcock
Fruit & Veg Hamper	Andy Pratt Ltd	Quilter
Red White	Holmrook Service Station	Adrienne Millington
£20 Meal Voucher	The Kellbank	Eva c/o Victoria Hotel
Basket of Fruit	Seascale Chemist	Jim Bone c/o Victoria
Two Rounds of Golf	Eskdale Golf/Perfectly Planted	Pam Williamson
Head Torch	Barn Door Shop, Wasdale	Bradley Roberts
Car Care Kit	Riverside Garage, Holmrook	Adrienne Millington
Rose Wine	S&J Wilson	Alan Bell
White Wine	J Roberts & Sons	Gill Culshaw
'Big Farm' Tractor toy	Furness Supply	Alfie Bailey
Afternoon Tea for 2	White Mare, Beckermest	Rob, Wray Head



**Guess who?
Jason the
Juggling Jester!**

Art Competition sponsored by LLWR: Judged by John Graham (LLWR)

(A1) Pre-school & Reception

1st Danny Putnam Drigg & Holmrook	2nd Violet Leatherbarrow Drigg & Holmrook Family Group	3rd Lottie Pyke Gosforth School Family Group
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(A2) School Years 1 & 2

1st Ellie Savage Pritt Seascale School	2nd Jack Rogers Gosforth School	3rd Abigail Parr Seascale School
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(A3) School Years 3 & 4

1st Charlotte Whyte Seascale School	2nd Daisy Wood Gosforth School	3rd Chanelle Chick Seascale School
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(A4) School Years 5 & 6

1st Alisha Peckham Seascale School	2nd Lizzie Putnam Gosforth School	3rd Sam Brown Seascale School
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(A5) School Years 7 - 11

1st Sienna Tyler Drigg	2nd Mary Wake Drigg	3rd A N Other Drigg
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Fancy Dress judged by Rev. Gill Hart

Age group: Pre-school

1st Zayn Arnold Captain America	2nd Kaleb Millward Spotty Dog	3rd Spencer Ireland/Seth Arnold Superman/Ironman
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Age group: Reception - School Year 4

1st Bradley Roberts Tractor Driver	2nd Brooke Millward Cruella	3rd Charlotte Whyte Princess
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Age group: Reception - School Year 5+

1st Sam Pratt Cheerleader	2nd Charlotte Law Queen	3rd Jason the Juggler Jester Jester
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Drigg & Carleton Gala: Children's Races

Race Category R1 Age group: Pre-school & Reception

Boys/Girls (running)	1st Mark Roberts	2nd Logan Dreghorn	3rd Autumn Watling
Bean Bag	1st Mark Roberts	2nd Edward Norcross	3rd Autumn Watling

Race Category R2 Age group: School Years 1 - 3

Boys - running	1st Bradley Roberts	2nd Ciarnan Watling	3rd John Cornwell
Girls - running	1st Shannon Morrison	2nd Isla Davies	3rd Daisy Wood
Bean Bag	1st Isla Davies	2nd Shannon Morrison	3rd Daisy Wood
Sack Race	1st Isla Davies	2nd Shannon Morrison Daisy Wood	3rd Mark Roberts

Race Category R3 Age group: School Years 4 - 6

Boys - running	1st Sam Pratt	2nd Josh Morrison	3rd A N Other
Girls - running	1st Sophie Rose	2nd Charlotte Whyte	3rd Hannah Rose
Bean Bag	1st Sam Pratt	2nd Josh Morrison	3rd Sophie Rose
Sack Race	1st Sam Pratt	2nd Charlotte Whyte	3rd Josh Morrison

Race Category R4 Age group: School Years 7+

Boys - running	1st Jack Talantire	2nd Danny Davies	3rd Ben Carnall
Girls - running	1st Rosie Pratt	2nd Mary Wake	3rd A N Other
Bean Bag	1st Jake Simcock	2nd Jack Talantire	3rd Danny Davies
Sack Race	1st Edward Wake	2nd Ben Carnall	3rd Jack Talantire



HAPPY BIRTHDAY CELEBRATIONS

In March and April, Doris & Alf Mounsey had a busy time celebrating their 90th birthdays. In April, the Drigg Tuesday Chat group held a 180th Birthday Party for the couple, who live in Holmrook. They were joined by family, friends and neighbours – including several other ninety year olds! Afternoon tea was served, followed by birthday cake and a glass of bubbly and also a photo opportunity with the Queen! Mrs Betty Wilson played some favourite songs and dance tunes on the keyboard, including a waltz, which tempted Alf and Doris to take to the dance floor – just like old times.



PHOTOGRAPHY COMPETITION: 'AROUND DRIGG & CARLETON'

Keen photographers of all ages are invited to enter a competition to be held to select the photographs for the 2018 Drigg Parish Calendar. The broad theme is: 'Around Drigg' and we are looking for imaginative photos which must have been taken within Drigg & Carleton Parish. They could include, for example: a favourite landmark or view, village events, the changing weather/seasons, animals, artwork and more... There will be cash prizes for the winning entries. Closing date for entries is 30 September. For more information please see September 'Keynotes' magazine, posters, or contact Adrienne: ahmillington@hotmail.co.uk (phone: 019467 24272)

CONGRATULATIONS WOMEN'S OUTLOOK

On Tuesday 30 May Seascale Women's Outlook held a celebration evening for its 50th year Anniversary in the Methodist church hall. Quite an achievement!

We believe that Women's Outlook grew out of a Young Wives Group and became Women's Outlook in the 1960s and was started by the then Methodist Minister's wife, Christine Harding.

Our celebration evening had a sixties theme with 27 ladies attending, some of whom shared experiences of their lives in the 1960s. The highlight of the evening was a visit by a young lady, straight from the '60s and dressed in typical clothes from the time, who arrived, much to our astonishment to 'Pretty Flamingo' by Manfred Mann. The young lady was played by a very good sport Maggs Scaife! Our evening concluded with a presentation of past Women's Outlook events



and a delicious faith supper including a cake made by Joyce Roberts.

A very enjoyable evening and a fitting celebration for Women's outlook and it's loyal members. We meet fortnightly at 8pm in the Seascale Methodist church hall and have speakers on many different subjects. New ladies are always welcome. *Glenda Davies*

DRIGG HARVEST FESTIVAL WEEKEND 23-24 SEPTEMBER

During this year's Harvest Festival weekend in Drigg we will celebrate the completion of the Creation Tapestries, which parishioners have worked long hours to complete. The six tapestries will be on display in St Peter's Church and parishioners, local schools and groups are also invited to display their art and craft work.

St Peter's Church will be open Saturday afternoon for visitors to enjoy the displays and a cup of tea/coffee.

On Sunday the 24th, Phoenix Praise Band will once again lead the music at the traditional Harvest Service at 11am. As usual, local children and young people are invited to take an active part in the service, which will be followed, in Drigg Village Hall, by the Harvest Lunch for the whole community.

Please look out for more details in September 'Keynotes' magazine, flyers and posters.

WEVA HAD A BIRTHDAY PARTY

Where does the time go? Or, as a Georges Moustaki song of the 1970s puts it, “*Passe, passe le temps. Il n’y en aura plus pour très longtemps.*” (translation: “Time passes and there won’t be any more of it for a very long time”).

Well, be that as it may, who would have thought, in May 2007, that WEVA (the Western Valleys Twinning Association) and CJSMA (Comité de Jumelage de St Martin d’Auxigny – WEVA’s equivalent in France) would soon be celebrating a decade of forays, friendship, feasting and fun, with a bit of frivolity thrown in for good measure? That, however, is exactly what happened between 24 May and 29 May this year when nine WEVA subscribers escaped the Cumbrian climate and enjoyed five days of blue skies, warm sunshine (24°-36°) and even warmer hospitality in the centre of France. That was the start of this year’s forays – actually getting to France. Two couples travelled by car, four ladies flew to Limoges and one gentleman did his own thing by train and coach.

Far from the slightly apprehensive atmosphere of the very early visits, 2017’s was marked by the instantaneous warmth of our reception. People greeted old friends and new with unreserved French-style kisses on the cheek (how un-British!), just one of the little things which prove how much more rewarding it is to stay with people in their home than join a sightseeing trip on the tourist circuit. After the reception came the feasting, each guest being regaled with a delicious home-made evening meal at the home of their host(s).

The forays continued with organised events to the local priory (complete with local druid!), a walking and geology visit to some of the Auvergne volcanoes, a farmhouse restaurant meal of local specialities accompanied by a very talented musical trio and another meal, this one a lunch lasting nearly three hours as we cruised down the Briare canal, which in some places runs parallel with the Loire: and, of course, the final tenth birthday party “fête”. Off the official itinerary was, for most of us, a visit to the beautiful cathedral city of Bourges (and, for some

of us, another lovely restaurant meal alongside the banks of one of the numerous small waterways that constitute the very particular “marais” area – just the place to go if you’d like to find out what a mole cricket is!). There was also the pottery market, which attracted to the tiny village of St Palais (650 inhabitants) potters from all over France and beyond. Examples of their work are currently to be found in at least four West Cumbrian homes, not to mention one in West Sussex.

The visit ended on a very high, optimistic and slightly poignant note as we all gathered again at the “Mairie” to the rousing strains of “Happy Birthday” being played by the St Martin Brass Band. Gifts were exchanged, speeches made and more food (including a very French birthday cake) consumed. This jollity was the high note. The optimism came with the speeches, where both French and British spoke of the warm welcomes received in each other’s countries, the strength of both individual and collective friendships forged and the determination that, whatever the Brexit outcome, our very small, but very genuine “Entente Cordiale” would remain. As for the poignancy, well we could not let an occasion like this go by without remembering with gratitude and humour the part played by David Killick, WEVA’s first chair, in establishing the twinning. David is not only sorely missed in Nether Wasdale and district, but in St Martin and its surrounding areas too. Tribute was also paid to Tony Thompson, one of WEVA’s more recent members, who so suddenly and unexpectedly lost his life on Crinkle Crag earlier this year. Tony’s wife sent a message of thanks for all the messages of support and condolence received from people in St Martin. We were all reminded of the depth and strength of the empathy engendered by ten years of WEVA/CJSMA. Long may it continue!

For the record, next year’s visit of the French to the Western Valleys is most likely to be Wednesday 9th – Monday 14th May 2018. If you would like to consider hosting or would like to know more about WEVA and what it stands for, please contact Rosalind Arney, on 01946 820426 or via e-mail: westernvalleys2@googlemail.com



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VOLUNTEERS REQUIRED IN SEASCALE FOR COMMUNITY SPEEDWATCH

Community Speedwatch (CSW) is a national initiative where active members of local communities join with the support of the Police to monitor speeds of vehicles using speed detection devices.

Vehicles exceeding the speed limit are referred to the Police with the aim of educating drivers to reduce their speeds. In cases where education is blatantly ignored and evidence of repeat or excessive offences are collated (even across county borders), enforcement and prosecution follow.

CSW Online is working on behalf of the Police and communities to organise and coordinate CSW activity. Speeding is not just a local phenomenon – neither is Speedwatch.

Speeding continues to be a concern for many communities in both rural and urban environments. Therefore, Community Speedwatch is not restricted to villages and rural towns. Neighbourhood Policing Panels have an important role to play in developing safer urban communities and the adoption of speedwatch schemes could assist them to more easily achieve their goals.

Volunteers receive appropriate training, and are supported by neighbourhood policing team (NPT) staff. The scheme aims to cater for the problem of real or perceived speed related offending, and through partnership with the community it is to be used in circumstances that are necessary, justifiable and proportionate in order to:

Reduce death and injury on the roads
Improve the quality of life for local communities
Reduce the speed of vehicles to the speed limit
Increase public awareness of inappropriate speed

Speedwatch activity is not about interfering with neighbours' behaviour; it is a proactive solution to improve the safety and quality of life for everyone in the community.

For more information check out www.communityspeedwatch.co.uk

If you wish to be involved please contact Brian Goulding on 019467 29377.

CHURCH INFORMATION FOR SEASCALE, DRIGG, GOSFORTH AND ESKDALE

PROVIDED BY CHURCHES
TOGETHER IN
SEASCALE AND DISTRICT

CHAIR: BRIAN PATEMAN
TEL. 019467 28131

SECRETARY:
REVEREND JONATHAN FALKNER
TEL. 019467 21852

Anglican

St Cuthbert's, Seascale.

<http://www.seascalestcuthberts.org.uk>

St Mary's, Gosforth; St Michael and All Angels,
Nether Wasdale; St Olaf's, Wasdale Head

[http://www.achurchnearyou.com/
gosforth-st-mary/](http://www.achurchnearyou.com/gosforth-st-mary/)

Priest in Charge: Reverend John Riley. tel. 019467
25499

St Peter's, Drigg

[http://www.achurchnearyou.com/
drigg-st-peter/](http://www.achurchnearyou.com/drigg-st-peter/)

St Catherine's, Eskdale; St Bega's, Eskdale;
St Paul's, Irton; St Michael and All Saints,
Muncaster; St John's, Waberthwaite.

<http://www.Eskdalebenefice.org.uk>

Priest-in-Charge: The Reverend Canon Gill Hart.
tel. 019467 24724

Methodist

Seascale Methodist Church;

Gosforth Methodist Church.

Minister: Reverend Dr Wendy Kilworth-Mason.
tel. 01946 822380

[http://www.whitehaven-methodist-
circuit.org.uk/seascale.html](http://www.whitehaven-methodist-circuit.org.uk/seascale.html)

Roman Catholic

St Joseph's Seascale. Priest: Father Peter Groody
01946 440659

Local contact: Joyce Dalton tel. 019467 24394
email: joycedalton08@gmail.com

For information on services and events see
Church newsletters, notice boards and websites.

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CAPTURING MEMORIES PRESENTS FOR BIRTHDAY, WEDDINGS, ANNIVERSARY,
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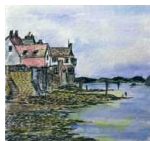
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Jakki@karletta.co.uk

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WEST LAKELAND ROTARY CLUB

The Rotary Club of West Lakeland has for 17+ years held an annual party for between 80 and 100 pensioners from various clubs for the elderly of Gosforth, Seascale, St Bees, Thornhill, Calderbridge, Beckermest and Haile. This year's party was on the first of April and as usual took the form of an afternoon tea party, the food being prepared by the Inner Wheel and served by club members. After the tables are cleared entertainment is provided by local singers, and on this occasion Rotary's Assistant District Governor Brian White, who came down specially from Carlisle, led the singing with well known songs enabling a good sing-along to occur. The club meets most Tuesday evenings at the Red Admiral Hotel, for further information please contact the secretary, Bob Owens, on 019467 24236.



Brian White, Rotary Assistant District Governor for West Cumbria, leading the entertainment.



Partygoers!



Terry Dixon, club President, serving tea.



The kitchen crew.



FLOOD REDUCTION PROJECT AT HOLMROOK BRIDGE

It has always been horrific, how bad the flooding was along the A595, when the weather decided to throw tons of extra water into the IRT through Holmrook. The road has been impassable during the worst flooding events and more importantly many houses in the lowest parts of the village, have been utterly ruined causing terrible hardship. Many local businesses struggled without access to the area and its customers, while all of our lives were disrupted by the access problems, not to mention the impact on the river bearing pollution in mind.

As soon as I heard that there was a way to help to reduce the problem, I jumped at the chance to be involved in the project. I have very strong views about flood prevention measures and firmly believe that constraining rivers is the worst solution imaginable. I think that all we can ever do is to assist nature to deal with the situations that arise. Flooding in rivers can never be 'resolved' but we can rely on our experts to advise us regarding the best solutions. What we then have to do then is support their views and suggestions in order to improve the situation, bearing all factors in mind.

Chris West from WCRT has been working for a long time now, around the Irt, regarding its health and the wildlife that rely on it. His skill and responsible attitude has been invaluable in this project. He was the centre of the project, advising and organising all the parties involved.

All I had to do was provide the conduit between the Parish Council, the Charity and the people who could conduct the work and the WCRT (West Cumbria Rivers Trust). Our plan of action was to reduce the spoil and accumulated



sand, from the entry to Holmrook Bridge.

This project has helped to reduce the flooding risk by allowing water to hit the bridge through both arches almost equally, while being considerate to wildlife and keeping all the agencies involved, happy. Also we have spent the money using local labour, which is always a win, win.

Out of interest I should explain a few things that might be confusing you:

Dredging the river bed is not allowed because of the horrific impact on the wildlife and the potential interference with the river's natural recovery process.

Taking the spoil out after the bridge (or under it) might seem wise, but in the fullness of time, the new flow-line, will reduce the problem naturally.

Before the work began, we cut down the trees which had self-seeded on the spoil, which made the later work easier.

Any activity around the river must be conducted above water level, so we took the chance to do the work quickly, while the level was low.

When the water level rises, it will flow over the newly cleared land and re-establish its own boundaries.

It may have been possible to persuade our council to conduct the work, but in reality doing it ourselves has enabled the work to complete in a much shorter timeframe, which will benefit everyone living in the area.



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The entire project cost less than £3000, paid for through the Drigg Charity. We note with gratitude, that WCRT contributed an additional £1000 themselves, in terms of labour regarding their works on the River Irt.

I would like to say thank you so much to Chris West from WCRT, John and Stan Wilson, for their hard labour and Dennis Purdham for permission to conduct the work at all. Also my sincere thanks to the Drigg Charity for supporting the work and all those involved in approving the project.

Parish Councillor Val de Gasperi

A bit of history

A quote from Chris West at West Cumbria Rivers Trust:

“Drigg parish approached WCRT for advice on reducing flood risk in Holmrook. Early on in the discussions the parish expressed an interest in dredging of material from the river around the road bridge. Whilst disagreeing that dredging was the correct methodology, WCRT helped identify a slightly different approach that would balance flood risk and environmental considerations. WCRT then helped the parish obtain the approval



of the Environment Agency and to arrange the works to be carried out.

WCRT have enjoyed working with the community to reduce flood risk and believe that a good outcome for all has been achieved.”

Thanks to the generosity of John and Stan Wilson, this project will now cost around £2000 in total, since they said they will charge us less, because it took less time than they expected!!! We do not have the final invoice yet, but thanks in anticipation to you both. Just one more reason to use local labour whenever possible...

CHICKEN BALLANTINE FILLED WITH SPINACH MOUSSE

BY KEVIN BATEMAN

Ingredients to serve four

Ballantine

- 8 Boneless chicken thighs
- 1 chicken breast
- 200g spinach
- 1 egg white
- 50ml cream

Potato Puree

- 2 large peeled potatoes
- 100ml cream
- 25g butter

Chicken Sauce

- 150ml white wine
- 200ml cream

Others

- 500ml chicken stock
- 200g chestnut mushrooms
- 200g green beans
- 1 large shallot
- 1 tbsp cornflour

Method

In a food processor blitz the chicken breast and spinach together, add salt and pepper, add egg white, carry on blitzing and add cream.

Layer cling film on top of each other 3 times, place 2 chicken thighs in middle of cling film slightly overlapping, season, place mousse in middle of thighs. Roll into cylinders really tight. Repeat another 3 times. Boil ballantines in water for about 15 minutes.

Chop potatoes into rough dice, cook in boiling salted water until cooked, drain add cream, butter, salt and pepper, bring to boil and blitz with hand blender into puree.

Pour white wine and chicken stock into a pan and reduce by 2 thirds, add cream and reduce to desired consistency.

Peel and slice shallots into rings, coat with cornflour and deep fry until crisp. Drain on kitchen roll.

Top and tail green beans and boil in salted water for 10 seconds. Remove Ballantines from cling film, warm a large frying pan, add a little oil and butter place ballantine in pan to colour, take out of pan to rest, add mushrooms to frying pan and sautee.

Slice Ballantines on an angle, smear potato puree in middle of plate, place green beans on top of puree, then mushrooms, gently place ballantines on top, drizzle over the sauce and sprinkle over the shallot rings.



Since the age of 17 I have had a real passion for food and cooking, and as a local, originally from Millom, I am lucky to have grown up using our local produce in my dishes. You just can't beat Cumbrian produce. I have worked in various kitchens in my 20-year career too, which brings me now to Irton Hall. Irton Hall is set in the most breath-taking part of the Western Lake District, and is in the process of building the Grey Lady, which will be potentially one of the largest function and wedding venues in the area. I am excited about the new menus I have put in place and look forward to creating some mouth-watering daily specials.

Kevin Bateman

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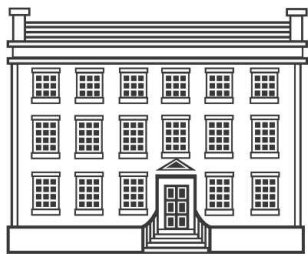
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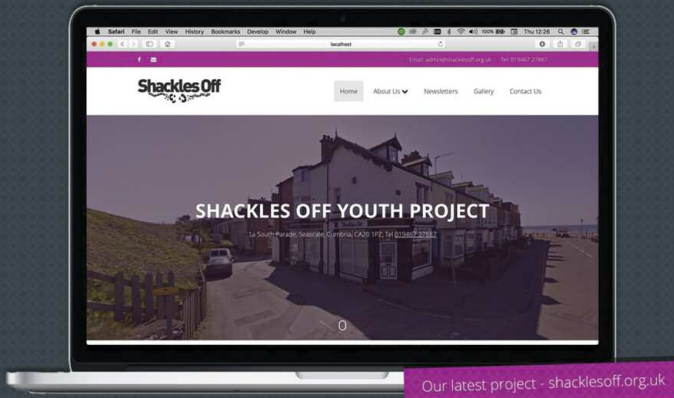


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GOSFORTH NURSERY

Last November saw another great Fireworks evening arranged by Gosforth Nursery and very well supported by the surrounding community. The weather was kind for a change and the event was able to take place without the usual rain we are all so accustomed to! Last year's event is to be the last one organised by the nursery, so we were glad it was dry and we were able to go out with a bang! The nursery has organised a fireworks event for several years now (about eight or nine we think, we've lost count!), initially beginning as part of a big fundraising campaign for the purpose of building what we now know as Gosforth Nursery. We would like to thank all those who have supported the event over the years be it through the use of Gosforth School's field, Greengarth Rugby Club's tent, sponsorship from many local businesses and individuals, organisation, people power, cake baking or simply coming along on the night. A special thank you goes to Ian Simpson, firework fiend, and his family, without whom the event would not have been possible. People really do make a difference; what a great community we live in.

Shortly after the fireworks in November



another event was organised by the nursery. This was to mark 21 years of the Manager, Gillian Jackson, being a part of the nursery. Many people came along to enjoy Gosforth Bakery's pie and peas, music from the Roosters, a reminisce and catch up with friends whilst also raising money for Breast Cancer Care. This tied in with the amazing fundraising efforts of Hazel Clarke and supporting many friends in the community who were/are fighting breast cancer – one of those people being Lisa Lamb who used to work for our nursery. It was another great evening of the community coming together to celebrate, and support things that involve us all. The evening was a great success and enjoyed by many.

It was also fabulous to acknowledge all the dedication and hard work Gillian has put into the nursery over the years. It was a pleasure to present her with gifts (keeping the collection secret was a challenge!) and a book collating memories and well wishes from the many people who felt she has touched their lives through her work at the nursery. An amazing lady! She has seen the nursery go from strength to strength. It will celebrate 50 years in 2020 – watch this space! What will the future hold?

We know that we want the nursery to continue

to be a central part of our community and with that in mind the nursery committee have joined forces with FOGS (Friends of Gosforth School) to arrange another fundraising evening that we hope many people from all parts of the community will come along and enjoy. After the success of Gillian's 21 years celebration we have decided that on 11 of November we will be holding a shindig in Gosforth Public Hall. Come along and enjoy music from the 'Wardrobe Monsters', bar, pie and pea supper, raffle and a good time with friends! So, save the date, spread the word, look out for updates from Gosforth Nursery, Gosforth School and events on Facebook. Tickets will go on sale in the Autumn term.

*Maggs Walton
(Chair and director of Gosforth
Nursery & Out of School Club)*

SUNDAY SERVICES (TRAINS)

Northern have started a new initiative to try and understand what their passengers want, and I was able to attend the first of these at Preston in early May. They hope that these will become regular events. CRUG had the first appointment and thanks to a very brave piece of Northern planning I was booked for 09.45 – when the first train from our area was scheduled to arrive at 09.37. Fortunately, it arrived bang on time.

There were the Regional Director and two senior managers present, and while they had no idea what I might raise, they were very willing to listen. This was a very positive and friendly meeting – but not uncritical. It did give me confidence that Northern are genuinely trying to improve the service that they give us.

Northern were very concerned about two incidents of people being carried past Drigg station, which is a request stop. They will investigate – it should not happen – in both cases, involving minors. If you do wish to get off at a request stop, either shout to the guard on the platform when you get on, or go along and knock on their compartment door if you are approaching the stop and they haven't been round.

Northern are not at all happy with the service reliability, and make no pretence of being so. They are working hard with DRS to try and see how

they can improve the situation. It was noted that they get more complaints from the Cumbrian Coast line passengers than from the rest of their network combined! The issue (as we know) is trying to run a service with museum quality stock which is not designed for start/stop running. They also recognise that while there is the same basic technique to drive any class 37/4 loco, each one is subtly different, and if they are not driven appropriately, they will fail. They are working on improving driver standards. They have considered surplus Electric Multiple Units from the South Coast, to see if they can be made to work up here, say, with generator cars. However, that is not a practicable option. They are reluctant to swap our Loco Hauled Coaching Stock (LHCS) with diesel multiple units (DMUs) on other lines, as the only positive is that ours is a self-contained line. Anywhere else would cause greater impacts when they fail. However, Northern are looking at:

- running LHCS with new class 68 locos (the quiet ones which you sometimes see on flask trains) elsewhere and releasing DMUs for this line.
- obtaining surplus ex-Scotrail DMUs.
- and possibly the quickest solution – running the sets as they originally did, with a loco at each end. This would reduce the stress on each loco and ensure that there was a spare already



One possible solution to improving loco hauled train services – the new Class 68.

attached, should one fail. The issue requires confirming with Network Rail that the track can take it. Obviously trackside neighbours may not be happy with this option, but it should ensure that train services do run more reliably.

They now have a pool of 10 class 37/4 locos, simply to try and run this service. The manned spare loco which was intended to be at Workington is not off the table, but discussions with ASLEF are ongoing. Slowly.

Northern does now understand exactly what is happening with the information screens, when trains disappear from them a minute or two after their due time – but not its cause. It seems that trains do not disappear off the screen every time, which makes fault finding more difficult. They are actively working on this. They agree that it is nonsensical to lose the information at precisely the time when passengers need it most.

Northern's Customer Service has been outsourced, and call volume has been vastly higher than anticipated. They do not know if this is due to previously suppressed demand or the fact that is now much easier to contact them. They acknowledge that there is a problem and are

working on it. They plan to introduce Delay 15 shortly – this will be a fully automated claim system, so should relieve some of the burden and give an almost immediate response.

The May 2018 timetable is currently with Network rail awaiting sign-off and should be out in August. It **WILL** include Sunday services, later evening services and fill in the afternoon gap. This is a definite. They are actively discussing line capacity with Network Rail and are looking at a line improvements package of around £400M. This includes signalling, double-tracking where they can and speed increases. There is a Network Rail line capacity study underway. They are anticipating additional service increases post 2020. Any changes which depend on Moorside are obviously under a cloud.

This does sound a bit like Jam Tomorrow, but I think that things are improving, and that further improvements are on their way. I did get the feeling that Northern did actually want to run a rail service that we want, need and deserve. Let us hope that that continues to be the case, post 8 June!

Graham Worsnop

Copeland Rail Users' Group Treasurer

MUNCASTER MICROBUS DAY TRIPS 2017

Month	Day	Date	Destination	Price
July	Saturday	15	5 Lakes	£9.50
	Saturday	21	Egremont Farmers' Market	Free
	Saturday	29	Carlisle (Dobbies and Houghton Grange)	£10.00
August	Wednesday	9	Barrow	£9.00
	Saturday	12	Kirkby Lonsdale	£10.50
	Saturday	18	Egremont Farmers' Market	Free
September	Saturday	26	Penrith/Rheged	£10.00
	Saturday	9	Coniston/Hawkshead	£8.00
	Saturday	15	Egremont Farmers' Market	Free
October	Saturday	23	Workington	£8.50
	Saturday	7	Ambleside and Windermere	£9.50
	Saturday	20	Egremont Farmers' Market	Free
November	Saturday	21	Kendal	£9.50
	Saturday	3	Egremont Farmers' Market	Free
	Saturday	4	Blackpool Illuminations	£15.00
December	Saturday	17	Egremont Farmers' Market	Free
	Saturday	18	Carlisle (shopping)	£10.00
	Saturday	1	Egremont Farmers' Market	Free
December	Saturday	2	Barrow	£9.00
	Saturday	15	Egremont Farmers' Market	Free
	Saturday	16	Keswick/Cockermouth (Lights)	£9.50

Muncaster Microbus runs Whitehaven shopping trips on Tuesday and Thursdays which can call at Gosforth and Seascale. Details from www.muncastermicrobus.org.uk. Bookings: 01229 717229.

CRAFTY A FAIR

I've often wished I was crafty; I long to be able to lose myself in my craft and wake after a few hours to find I'd created something beautiful, individual and unique. I often find myself scrolling endlessly through boards on Pinterest and browsing my favourite stores online looking for inspiration.

Ask anyone who knows me, however, and they will tell you of my disastrous attempts at decoupage, my crooked cards and my not-quite knitting – more knots than anything else! I've heard it said that to create something you must tear out your heart and not expect to get it back again. I thought this was a little drastic perhaps but it could be where I was going wrong.

Then a good friend, Lauren Hufton, called to say she had taken on the planning and running of Gosforth Monthly Craft Fair and would I like to come along for the day? The plan was made! I would go through to the fair, treat myself and take an hour or two to catch up with an old friend over a cuppa. I arrived and a quick glance across the stalls gave me an inkling of just how much time, dedication and most importantly the love that had gone into each item.

From local artist Iain Taylor's gloriously abstract canvasses which took me back to the days of struggling, cross-eyed, over those Magic Eye pictures in the paper – I saw a sunny beach scene with a fish leaping from the waves, by the way! – to Cath Kidston style homewares and steampunk style gifts, watercolours, Celtic Dragon's intricate wood carvings and turned bowls, to Susan The fair offers such a variety there is always something to suit everyone's taste.

I managed to grab Lauren for a few moments in between serving customers to find out how she came to oversee the organising of the fair?

"We were part of a group of 'regulars' who had previously exhibited at the 'Moor Made' craft fairs in Cleator Moor," says Lauren. "When they ended we all exchanged numbers and vowed to keep in touch. The first fair in Gosforth took place in September of 2015 and it was a combination of those of us who met at



Moor Made and some new stall holders too.

"I was never asked to take over as such but it was quite an easy transition; I'd had a stall here from the beginning so I already had the inside knowledge of how things were managed. I live here in Gosforth and when Shirley (Lawrence) decided to step down owing to an impending house move it just seemed like the logical choice!" Lauren is responsible for contacting new and existing stall holders, taking bookings for each event. She puts together detailed plans of where each will set up in the room, "Everybody has their favourite spot!" and looks after the advertising all of which while working full time and looking after her two boys, Dax and Jay. Added to this, she manages to run her own business, Relatively Crafty Lassies with her nanna Joan, mum Jan and sister Jo. I am quietly amazed at how one person can manage so much and I think it shows!

"I've got Ann helping me out and she has been a godsend!" Lauren tells me. Ann Sloan of Qwirky Glass is another of the regulars at Gosforth Craft Fair; previously based in South Wales – she has brought her skills back to Workington, West Cumbria where she is looking for a local studio to allow her to offer lessons to amateur glassblowers. "Ann helps to manage the books and keeps everything all up to date. She designs the flyers we hand out and also keeps the Facebook page running smoothly. While I'm the main contact for taking bookings, and dealing with enquiries, we share the job between us."

Holidaying in the Lakes? The fair is a great place to get your hands on some beautifully crafted and locally produced souvenirs for friends and family back home. Rose Bradbury, a Seascale-based artist, brings new life and a fresh perspective to our

Cumbrian landscapes and native wildlife with her one of a kind watercolours.

I have had a wonderful morning – my bag is weighed down with my purchases and my purse is considerably lighter – and I wonder how it can get any better. Where can the fair go from here?

“We’re always looking for new craftspeople to come and exhibit their work with us; whether it be papercrafts and card making, artists and painters, photographers, sculptors, ceramics... The works! We like to try and get some new stalls in each month to keep things fresh and interesting and as long as the individual creates their own items they are more than welcome to join us. We offer something for everyone.”

“Our ‘Have a Go’ sessions have proven really popular too,” Lauren tells me. A recent addition, these sessions are run throughout the day and offer customers a chance to have a go at creating their own pieces which they can then take home with them.

“Anyone can join in, kids love getting hands on and the adults are surprisingly competitive!” says Jeanette Tear of The Recycled Bicycle. Jeanette runs these sessions and her table has a steady

flow of visitors throughout the morning. Today, she is helping us create folded paper hedgehogs from pages from old books and guides me through the process from start, through the sticky patches, to finish. As sorry as I was to have to spoil any book, I have to confess I was very proud of my Harry (Potter) Hedgehog!

Gosforth Monthly Craft Fair is held in Gosforth village hall on the second Saturday of each month and runs from 10:00am to 4:00pm. It is also dog-friendly so no need to worry about leaving your furry friend outside – though you will have to bring your own treats! Parking is available at the hall with further free parking available in the village car park.

To find out more and to keep up to date with the latest goings-on you can find the fair on Facebook, simply search for ‘Gosforth Monthly Craft Fair’ and click to like their page. If you would like to exhibit your work or if your group or organisation is interested in providing refreshments at one of the upcoming events get in touch via the Facebook page or contact Lauren and Ann by email gosforthcraftfair@gmail.com for more information.

Robyn Donnelly

Gosforth & District Art Society
SAT 26TH, SUN 27TH AND MON 28TH AUGUST 2017
9th Annual Art exhibition
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Our wonderful raffle with family days out in many local attractions along with original paintings is always extremely popular.

We have a pop-up cafe within the hall which serves many types of homemade refreshments; this has become very popular with local people who often come on a daily basis.

Our Group meets on a Monday night and a Thursday morning where we paint together, exchange ideas and help each other. New members are always welcome.

We look forward to seeing you over the August Bank Holiday

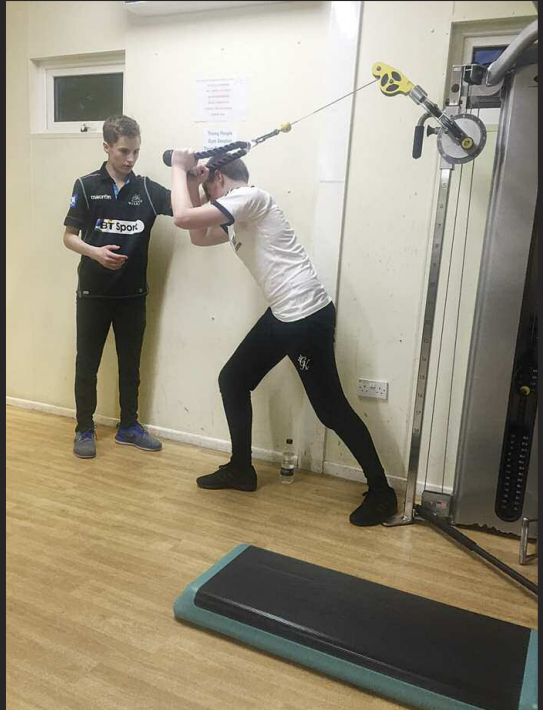
News from Shackles Off

In April we started two new activities. The first is a new youth club for years 7, 8 and year 6 (after Easter in a particular year). We started this as the younger teenagers did not attend the other youth club as they were put off by the older ones. This has been running for a couple of months now and has been very popular. It runs on a Friday 7.15pm-8.30pm.

The second new session is a partnership project with the local gym. Prior to March 2017 young people over the age of 14 were allowed into the gym unsupervised. Following a review of safeguarding by the SASRA executive in March 2017 it was decided that those aged 14-16 needed to be supervised by a responsible adult. This meant that more than 20 young members who are also members of Shackles Off Youth Project were not able to use the facilities as freely as they had done before. Parents were not keen to come in to the gym to supervise their children and the result was going to be, for most of these young people, that they were no longer going to be able to attend.

Shackles Off approached Seascale Community Fitness Centre (SCFC) with an idea to provide 2-3 sessions a week initially, which would be supervised by both the Gym instructor employed by SCFC and a youth worker from Shackles Off. This would mean that those young people who did not have an adult to accompany them would still be able to attend. This has been running for several weeks now and apart from a couple of small teething problems, that were easily sorted, it has been going very well and we have had lots of positive feedback.

We are part of a support group called Copeland Youth Network, which consists of all nine youth projects in Copeland. We have recently received some group funding from Sellafield for a 'Youth Community Activists program' which amounts to 6k per year per group



for the next two years. The project our young people have chosen is to develop the recycling area and make it more aesthetically pleasing. There will be screening and art work which all the different groups within Shackles Off will take part in. Phase one has already started and we regularly go out to keep the recycle point and surrounding area clean. Three young people who are leading the project attended a meeting with representatives from Sellafield to present the projects and received very positive feedback. We also have the full support of the Parish Council, who will help us with practical support.

We appreciate all of the support we receive from the local community and would like to say a big THANK-YOU. Without your support we would find it difficult to continue to provide the services we do.

Mandy Taylor

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