

SEASCALE GOSFORTH  
DRIGG  
& CARLETON

LINKING  
THREE  
PARISHES

# TETHERA

WINTER  
2018/19



RETURN OF THE  
DRIGG & CARLETON  
SCARECROWS

SEE PAGE 3

Wind in the WillwRows



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SEASCALE  
DRIGG  
& CARLETON  
GOSFORTH

LINKING  
THREE  
PARISHES

TETHERA

WINTER  
2018/19

# PARISH NEWS

Editor: Eileen Eastwood  
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## DRIGG & CARLETON SCARECROWS AND HARVEST WEEKEND

The weather leading up to Drigg & Carleton's Scarecrows and Harvest weekend in September couldn't have been worse! Those of us who had already made scarecrows despaired that we wouldn't be able to get them out in time for the weekend's celebrations and our festival would be a wash out. The Seascale Brownies & Gosforth Guides' scarecrows camp, pitched at the start of the week near the bus stop in Drigg, was indeed blown down in the gales and kind neighbours had to rescue the sorry looking scarecrows. But then, on Saturday the sun came out and so did all the scarecrows! More scarecrows arrived at the Brownie camp and by the end of the weekend, there were more than 50 scarecrow characters around Drigg & Carleton, making everyone smile!

Thank you to everyone who helped to make this another memorable Harvest celebration and a very successful community event.

At the time of writing, the scarecrows are still brightening up the roadside verges and gardens and visitors are still stopping their cars to take photos! Photographs of all the scarecrows will feature in the 2019 Drigg & Carleton Parish calendar, which is sponsored by LLWR Ltd and Graham's Engineering. The calendar will be available in local shops with all proceeds to Drigg Church and Churchyard funds.

*Adrienne Millington*



**The pictured knitted poppies (left) are just a few of the several hundred created for an installation as part of the WW1 Centenary events. Linda McKenzie, a Seascale resident and one of the original members of the knitting group came up with the idea. Her inspiration was the summer display of ceramic poppies in Carlisle.**

**Each poppy in our display is different, as were all those who gave their lives. They are attached to wire, another symbol of the conditions in the trenches.**

**The poppies will be on display in Seascale at the 'wishing well' bench by the sea front. This area attracts visitors and locals alike and seemed the natural location for the display. We aim to leave them up until at least the end of November.**

**Many knitters have contributed to the display – not just the Seascale group. There are poppies from all three parishes that Tethera represents. A truly collaborative effort with thanks to all involved.**

*Penny Cater*



The next edition of Tethera is scheduled to be published late in March 2019. We are always on the lookout for stories and event dates. The closing date for contributions will be 21 February 2019.

## SEASCALE PARISH COUNCILLORS

David Moore ( <b>Vice-Chair</b> )	27674
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Catherine Harvey-Chadwick	28908
Eileen Eastwood	28653
David Halliday	28027
Elizabeth Mawson	
Ken Mawson	29786
David Moore	27674
David Ritson	21668

### Clerk

Jill Bush clerkseascalepc@gmail.com

### Copeland District Councillors

David Moore	27674
Andy Pratt	24097

### County Councillor

Paul Turner 07795 169637

## GOSFORTH PARISH COUNCILLORS

Tyson Norman (**Chair**) 25646 (home)  
01946 841413 (work)

Chris Walton (**Vice-Chair**) 25526

### Councillors

David Ancell	25232
M. Fussell	07812 174199
David Gray	25318
Des Hobson	25454
Graham Hutson	25477
Alan Jacob	25356
Iain King	07753 602264
Mike M. McKinley	26267

### Clerk

Jacqueline Williams 01229 717402

### County Councillor

Paul Turner 07795 169637

Tethera and previous issues of Seascale, Gosforth and Drigg Parish Council magazines are available to view and download in PDF format at <http://www.trpub.net/>

The next issue will be available to view about 10 days before the printed publication date



## MYSTERY OF OLD TIMBERS SEEN AT SEASCALE THIS YEAR

This year a fisherman left a message on the Drigg website [www.drigg.org.uk](http://www.drigg.org.uk) saying some old timbers were visible this year at Seascale. Alan Bell met the fisherman on the morning of 12 September, an extra low tide, and the whole structure could be seen in about 4 foot of water. It wasn't a boat or a pier but supports for a pipeline. The pipeline is slung underneath the support posts which had been exposed by storms earlier this year. It is hoped to find out which of three pipelines it is.

## SWIFT UPDATE

Further to the article about swifts in the Spring *Tethera* on page 64, unfortunately, owing to the renovation of the only residential building in Seascale known to have swift nests, the group of swifts flying above the buildings in Seascale was much smaller this year. However, it is fortunate that three nests were confirmed at the Sports Hall under the guttering. None of the new nest boxes were used, but this is to be expected in the first year, and we hope that they will be used in the future by the young swifts born this season.

For anyone interested in learning more about swifts, there will be a talk by the local West Cumbria Swift Group for the Cumbria Wildlife Trust in Seascale Methodist Church Hall on 14 November at 7:30 pm, with advice for anyone wishing to help swifts and examples of nest boxes, call systems and nest box cameras.

*Lesley Anne Archer-Shirley*





## NORA JEFFERY'S 100 YEARS – CONGRATULATIONS

On Monday 3 September this year Nora Jeffery, a resident of Bradbury House, celebrated her 100th birthday with a party at Bradbury House attended by family, friends and residents. She has lived in Gosforth nearly all her life, the only break being when she went to train and work in Liverpool as a children's nurse. She was born in her grandparent's house which was at that time the "Lion & Lamb" public house, on the same day as Gosforth Show that year; there must have been a lot of excitement in the bar that night.

Her childhood followed what must then have been a familiar course for girls in Gosforth. Thanks to two small pictures hanging up in the Supper Room in the public hall we know that at a very early age she enrolled in the "Girls Friendly Society" (GFS), who met at Spout House on Saturdays where they knitted garments and did embroidery. When a three-day Bazaar was held in 1926 to raise funds to build a new public hall the GFS ran a "handkerchief" stall. The girls also took part in dancing displays at Steelfield Hall and helped with cleaning the brasses in the church.

After attending Gosforth School she went on to Whitehaven Grammar and her school report indicates that she excelled in English and French. At the Grammar School she started her courtship with "Jeff" who later became her husband in 1941.

Always someone who took an active part in village life, she would ride her bicycle down to the school every weekday to work there as a mid-day supervisor. Other pastimes included sequence dancing at venues all around the area we now know as Copeland, performing with the Gosforth Amateur Dramatic Society, bowling both indoors at Cleator Moor and outdoors at Egremont, caravanning holidays with her husband in the UK and holidays in Menorca where they were often joined by Bill Kelly and his wife; many will remember Bill as the head at Gosforth school.

Asked what was the most memorable and enjoyable part of her life, she without hesitation replied "having babies," including being with my grandchildren and great grandchildren as well as working with children both as a children's nurse and at the school.

*David Gray*

### DRIGG & CARLETON PARISH COUNCILLORS

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Keith Hitchen	24710
Andy Pratt	24097



Nora can regularly be seen with her daughter Caroline going around the village. She enjoys talking to people so if you can, have a word with her.

### Seascale Christmas Lights Switch-On Sunday 16 December

at the Bowling Green as usual  
(after the Carol Service in St Cuthberts church)

Please watch noticeboards for timing

Refreshments will be provided



## GOSFORTH VILLAGE HALL

**...and a farewell from  
Keith Rhodes as  
Chairman of its  
Committee**

I am delighted to report that bookings for the Hall have increased this year. Monday to Friday there are clubs and classes on afternoons and evenings catering for all age groups. The most popular seem to be of a physical nature so I can only think that Tethera readers are getting the fitness bug! To see what is on offer go the calendar on the Gosforth Village web site which is regularly updated. The two recent additions are Moky fitness and the Argentine Tango classes. New members are welcome at any time so don't think you have missed the boat if you didn't come to the first class.

The Committee is making the replacement of the central heating system a priority this year as it has caused many issues during the winter months. New 21st Century systems, that are more cost efficient and instant, have been quoted for. We have gained some funding from Sellafield and at the present time of writing, we are trying to raise more monies to start the installation of the chosen system.

Now to theatrical news, or in some cases history! The Arts out West production 'Grasp the Nettle' about the life of the women's right activist Ethel Smyth proved both topical and entertaining. The mixture of story-telling and operatic singing entwined around a strong autobiographical content was quite transfixing and the audience feedback was good. I'm glad to say it was well attended as it may be the last we have from Arts out West unless someone from the village comes forward to take on the organiser and liaison role that Ann McKenzie has held for many successful years. Any volunteers(s) will be supported by Committee Members. For more details of what it would involve talk to Ann or any member of the Committee.

As I am putting this news letter together, we are preparing to welcome The Manchester Royal

Theatre Group with their performance about Eskdale and I hope those of you who went to see them, enjoyed the experience

Being awarded World Heritage Site status should bring more tourists into the area which is an opportunity to boost the local economy. Amongst the many attractions Gosforth can offer are the monthly craft fairs which showcase a wide range of original Cumbrian recipes for jams, chutneys and cakes as well as local arts and crafts which make ideal souvenirs and gifts. The August Bank holiday saw the Hall transformed by the Gosforth and District Art Society into a sizable art gallery providing three days of viewing, the opportunity to buy from cards to framed paintings, and indulging in naughty homemade cakes and goodies. I hope those who visited and supported the event enjoyed it and the artists made you welcome.

As a committee we are struggling for new blood to join us, as we push to keep the interest of the local community and the 'Hall' functioning for the benefit of everyone. When I took on the chairman's role in January 2015 it was my intention to do four years, then take a back seat. But owing to health issues I have decided to step down at the next AGM this November. I am appealing to those who want to see the 'Hall' successfully move forwards, to come and join a progressive thinking group of like-minded people, who wish to give the local community the benefits that a 'Public Hall' and its services should in a village like Gosforth. If you have a few hours per month to spare and want to do something positive to maintain this beautiful village of ours, why not contact myself or any member of the committee and come along to a committee meeting to see for yourself how we function. We look forward to seeing you.

*Keith Rhodes, Chairman*



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## Christmas Day Menu

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### FIRST COURSE

A CHOICE OF:

- Roasted butternut soup, with cumin and chilli, curry yoghurt and roasted pumpkin seeds
- Oxtail soup
- Spiced belly pork, with apricot purée and pear chutney
- Scallops, with cauliflower purée, crushed pistachio and pancetta ham
- Roasted fig, pear and dolceclatte salad, with a honey & mustard dressing

### SECOND COURSE

Home-made lemon sorbet

### MAIN COURSE

A CHOICE OF:

- Roast turkey, served with redcurrant & chestnut stuffing, pigs in blankets and all the trimmings
- Roast loin of cod wrapped in parma ham, served with lobster bisque, samphire grass and potato bon-bons
- Loin of venison, served with dauphinoise potatoes, caramelised shallots and redcurrant jus
- Heritage tomato risotto, served with goats' cheese and basil
- Fillet au poivre, served with fondant potato and cherry tomatoes

### DESSERT

A CHOICE OF:

- Christmas pudding, served with a brandy cream sauce
- Lemon tart and wild berry compote
- Mincemeat, apple and cranberry crumble, served with Cornish custard
- Cumbrian cheese-board

Fresh-ground Columbian coffee and home-made mince pies will be served at the end of the meal.

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## EVENTS CALENDAR

## in and around Drigg, Gosforth &amp; Seascale

- 18 October – Thursday.** Gosforth Village Hall 10.45am for 11am start. Open Mind West Lakes U3A General Meeting. “300 Years of Schooling in Satterthwaite and Rusland” by Dr Suzanne Tiplady. Admission charges: Members £2.00. Visitors £3.00.
- 18 October – Thursday.** Gosforth Public Hall 7pm. GADS Youth Theatre Group. Last session before Half Term and Panto. New members welcome.
- 20 October – Saturday.** Santon Bridge Village Hall 1.30pm. Jumble Sale. Refreshments available. Free parking.
- 21 October – Sunday.** Muncaster Castle. Afternoon Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 23/28 October – Tuesday/Sunday.** Muncaster Castle. Halloween. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 26/27 October – Friday/Saturday.** Ravenglass and Eskdale Railway. Ghost Trains. For details see website: <https://ravenglass-railway.co.uk>.
- 2/3 November – Friday/Saturday.** Woolpack Inn. Whisky Weekend. See website for details [www.woolpack.co.uk](http://www.woolpack.co.uk).
- 6 November – Tuesday.** Gosforth Methodist Church 1-4pm. Suicide Alertness Training. Contact [Suzanne.cooper@cumbria.gov.uk](mailto:Suzanne.cooper@cumbria.gov.uk) to book a place.
- 9 November – Friday.** Seascale Methodist Church Hall 10am-12noon. Coffee Morning for Hospice at Home West Cumbria.
- 12 November – Monday.** Kellbank, Gosforth from 7pm. WEVA AGM and Annual Dinner. Further details from Rosalind Amey on 01946 820426 or [westernvalleys2@googlemail.com](mailto:westernvalleys2@googlemail.com).
- 14 November – Wednesday.** Seascale Methodist Church 7.30pm. Swifts in West Cumbria; talk by Lesley Anne Archer-Shirley from the West Cumbria Swift Group.
- 15 November – Thursday.** Gosforth Village Hall 10.45am for 11am start. Open Mind West Lakes U3A General Meeting. “The Flour Power Challenges in Restoring the Derelict Acorn Bank Mill” by Bob Price. Admission charges: Members £2.00. Visitors £3.00.
- 15/18 November – Thursday/Sunday.** Woolpack Inn. Woolpack Wine Festival. See website for details [www.woolpack.co.uk](http://www.woolpack.co.uk).
- 18 November – Sunday.** Santon Bridge Village Hall 7.30pm. Arts out West are sponsoring a performance of ‘The Gift’. Tickets £10 including themed nibbles (please bring own drinks) are available from Louise Stewart 019467 24652 or [henry.stewart@btinternet.com](mailto:henry.stewart@btinternet.com).
- 24 November – Saturday.** Seascale Methodist Hall 10am-4pm. Pop Up Christmas Market. Refreshments available all day, all proceeds from refreshments in aid of West Cumbria Carers.
- 24/25 November – Saturday/Sunday.** Ravenglass and Eskdale Railway. Santa Express and Ravenglass Christmas Market. For details see website: <https://ravenglass-railway.co.uk>.
- 28/30 November – Wednesday/Friday.** Muncaster Castle. Festive on the Wild Side. The tour is subject to availability. Call or email us to check your dates. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 30 November – Friday.** Holmrook Reading Room 7.15pm. The Christmas Mulled Wine, Mince Pie and Buffet. Tickets to be booked in advance, please: Adults £6.50 including a glass of wine, Children under 12 £3.50. Contact David on 019467 24632.
- 1 December – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 1/2 December – Saturday/Sunday.** Ravenglass and Eskdale Railway. Santa Express and Ravenglass Christmas Market. For details see website: <https://ravenglass-railway.co.uk>.
- 2 December – Sunday.** Muncaster Castle. Christmas Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 3 December – Monday.** Group tickets go on sale for the GADS Pantomime in January
- 5/7 December – Wednesday/Friday.** Muncaster Castle. Festive on the Wild Side. The tour is subject to availability. Call or email us to check your dates. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 8 December – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 8 December – Saturday.** La’al Big Band’s Christmas Party, Gosforth Village Hall. See page 37.
- 8/9 December – Saturday/Sunday.** Ravenglass and Eskdale Railway. Santa Express and Ravenglass Christmas Market. For details see website: <https://ravenglass-railway.co.uk>.
- 9 December – Sunday.** Muncaster Castle. Christmas Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 12 December – Wednesday.** Seascale Methodist Hall 2.30pm. Seascale Tea & Chat and Memories Group invite you to join them for Carols and Cakes with the Phoenix Praise Band. Please see page 37 for more information.
- 12/14 December – Wednesday/Friday.** Muncaster Castle. Festive on the Wild Side. The tour is subject to availability. Call or email us to check your dates. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 14/16 December – Friday/Sunday.** St Cuthbert’s Church, Seascale. Friday 2-6pm, Saturday 2-7pm, Sunday 2-6pm. Christmas Tree Festival.
- 15 December – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 15 December – Saturday.** Muncaster Castle. Christmas Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 15/16 December – Saturday/Sunday.** Ravenglass and Eskdale Railway. Santa Express and Ravenglass Christmas Market. For details see website: <https://ravenglass-railway.co.uk>.
- 16 December – Sunday.** Seascale Lights Switch-On. Time tbc – look out for notices.
- 16 December – Sunday.** Muncaster Castle. Christmas Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 17 December – Monday.** Pantomime tickets go on sale to GADS members and Patrons
- 17/19 December – Monday/Wednesday.** Muncaster Castle. Festive on the Wild Side. The tour is subject to availability. Call or email us to check your dates. [www.muncaster.co.uk](http://www.muncaster.co.uk). Tel: 01229 717614.
- 20 December – Thursday.** Gosforth Village Hall 10.45am for 11am start. Open Mind West Lakes U3A General Meeting. “A Look Back in Time with Carols” by Joe Ritson. Admission charges: Members £2.00. Visitors £3.00.
- 22 December – Saturday.** Muncaster Castle. Christmas Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 22 December – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 22/23 December – Saturday/Sunday.** Ravenglass and Eskdale Railway. Santa Express and Ravenglass Christmas Market. For details see website: <https://ravenglass-railway.co.uk>.
- 23 December – Sunday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 3 January – Thursday.** GADS Pantomime tickets go on sale to the general public.
- 23/25 January – Wednesday/Friday.** Gosforth Public Hall 7pm. GADS Pantomime Alice In Wonderland.
- 26 January – Saturday.** Gosforth Public Hall 6pm. GADS Pantomime Alice In Wonderland



- February – date tbc.** St Mary's Room, Gosforth. The Great WEVA Quiz. Further details from Rosalind Amey on 01946 820426 or [westernvalleys2@googlemail.com](mailto:westernvalleys2@googlemail.com).
- 2 February – Saturday.** Seascale Methodist Hall 9.30-11.30pm. Bacon Butties for Blood Bikes.
- 17 February – Sunday.** Muncaster Castle. Valentines Afternoon Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 28 February – Thursday.** Gosforth Public Hall 7pm. GADS Youth Theatre Group. New members (8-18) welcome and first session is free.
- 2 March – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 7 March – Thursday.** Gosforth Public Hall 7pm. GADS Youth Theatre Group. New members (8-18) welcome and first session is free.
- 9 March – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 14 March – Thursday.** Gosforth Public Hall 7pm. GADS Youth Theatre Group. New members (8-18) welcome and first session is free.
- 21 March – Thursday.** Gosforth Public Hall 7pm. GADS Youth Theatre Group. New members (8-18) welcome and first session is free.
- 23 March – Saturday.** Muncaster Castle. Owls by Moonlight. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 28 March – Thursday.** Gosforth Public Hall 7pm. GADS Youth Theatre Group. Last session of the term.
- 31 March – Sunday.** Muncaster Castle. Mothers Day Afternoon Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.
- 15 April – Sunday.** Muncaster Castle. Afternoon Tea in the Castle. [www.muncaster.co.uk](http://www.muncaster.co.uk). Telephone 01229 717614.

## REGULAR EVENTS

- Badminton – Seascale.** Ladies Wednesdays from 6pm. Mixed Thursdays 7pm. Beginners very welcome. Seascale Sports Hall. Details from 019467 28435
- Blengdale Runners.** First Sunday every month, 9.30am Gosforth car park. And every other Sunday, 9.30am on Seascale beach.
- Children's Craft Club.** Meets every Wednesday during term-time for children in the infant classes, from 5pm to 6pm, at Seascale Methodist Church Hall. Contact Jackie on 29785 or Allison on 21935.
- Craft Fairs in Gosforth Public Hall.** 2nd Saturday of every month (Lauren Hufton)
- Depression Support Group.** Day Centre, Bradbury House, Gosforth. Third Tuesday every month at 7.30pm.
- Depression Support Group.** Bailey Ground ice cream parlour, Seascale. First Tuesday morning each month 10.30am-12.00noon.
- Drigg Young Farmers.** Tuesday nights, 7.30-9pm in the Methodist Hall at Gosforth. Membership age = 10-26 years. If you would like to join or find out more about Drigg Young Farmers please contact us on the club mobile 074961 26771 or email [driggyc@yahoo.co.uk](mailto:driggyc@yahoo.co.uk)
- Fishing Club.** Holmrook Reading Room. Contact David on 24632 for details or to join.
- Fitness Classes.** Tuesdays 6-7pm, Seascale Sports Hall. Tuesdays 7.30-8.20pm Beckermert School. Thursdays 7.15-8.05pm Kettlelicise, Seascale School. £4 a class. Contact Gill 07511 995184.
- Flo Jazz.** Third Friday every month, Florence Mine Art Centre, Egremont. 7.30pm for 8pm start. All welcome to listen or contribute.
- Freestyle Fitness Yoga.** Tuesdays 6pm. Gosforth School. £4 each.
- Gardening Club.** Holmrook Reading Room. Contact Henry Stewart on 24652 for details or to join.
- Gosforth and District Art Society.** In Gosforth. Every Monday but with breaks for Easter, summer and Christmas. 6.30-8.30pm, Gosforth Village School. Contact Jakki Barratt: [jakki@karletta.co.uk](mailto:jakki@karletta.co.uk).
- Gosforth Craft Fairs.** Gosforth Public Hall. Second Saturday of every month (Lauren Hufton)
- Gosforth and District Art Society.** In Seascale. Every Thursday morning 10am to 12am in Seascale Methodist School Room but with breaks for Easter, summer and Christmas.. Contact Jakki Barratt: [jakki@karletta.co.uk](mailto:jakki@karletta.co.uk).
- Gosforth Karate.** Wednesday classes. 4.45pm. One free taster class available. to book call 01946 694751 or visit [www.eskk.co.uk](http://www.eskk.co.uk)
- Gosforth Rainbows.** Every Monday, term time, 5-6pm in Gosforth Public Hall. Come along or register interest at [www.girlguiding.org.uk](http://www.girlguiding.org.uk)
- Gosforth Scouts, Cubs and Beavers.** Scouts Tuesdays 7pm to 9pm, contact Dave Marsden 24632. Cubs Wednesdays 6.15pm to 7.30pm, contact Jackie Harper 27211. Beavers Wednesdays 5pm to 6pm, contact Kathryn Ketchen 25912. In the Scout Hut next to the school.
- Gosforth Short Mat Indoor Bowls Club.** Every Wednesday from 2pm to 4pm in Gosforth Village Hall. New members welcome, spare bowls available. Flat soled shoes preferred.
- Gosforth WI.** Monthly meetings are held in the public hall on the First Tuesday of the month at 7.15pm March-October, 2pm November-February.
- Guides.** Every Tuesday during school term time. 7.15-8.45pm, usually at Gosforth Public Hall. Contact: Sue Smith 019467 28265.
- Holmrook Reading Room Table Tennis Club.** Meets on a Wednesday – 6:30pm to 7:30pm. All welcome, young or old. Contact David on 019467-24632. Other times can be arranged.
- Holmrook Reading Room Fishing Club.** If you want to join this club, or simply want some more information, please contact David on 019467 24632.
- Holmrook Reading Room playground.** Come and see for yourself – the upgraded playground.
- Holmrook Reading Room Wild Flower Meadow.** Enjoy a walk or just sit and relax in the peace and quiet of the meadow. Supervised children are welcome.
- Jam Side Up Jazz Jam Session.** First Friday every month. The Kellbank Hotel, Gosforth. From 8.30pm. [www.jamsideup.net](http://www.jamsideup.net) or 01967 28619 for more details. Admission free.
- Keep Fit Classes. By Kay Wayman.** Every Monday Monday at 9:50 to 10.50am and Thursdays 6-7pm. Santon Bridge Village Hall. £6. 019467 24226 or 07707 408799. Or just turn up.
- Line Dancing.** Every Monday. 7.30pm, Windscale Club, Seascale. £3 pp donation to charity. Contact 019467 28849 for details.
- Messy Church.** Run jointly between St Cuthbert's and Seascale Methodist Church and meets on the third Saturday of each month in school term in the Methodist Church Hall at 2pm to 4pm. Children must be accompanied by an adult.
- Moky HIIT/Core Blast.** Seascale Sports Hall. Monday 10-10.30am. Contact [info@mokyfit.co.uk](mailto:info@mokyfit.co.uk), 01946 721166 or 07724 240179
- MokyZEST.** Seascale Sports Hall. Monday 10.45am. Contact [info@mokyfit.co.uk](mailto:info@mokyfit.co.uk), 01946 721166 or 07724 240179
- MokyHIIT/Core Blast.** Gosforth Public Hall. Thursday 5.45-6.15pm. Contact [info@mokyfit.co.uk](mailto:info@mokyfit.co.uk), 01946 721166 or 07724 240179
- Moky HIIT Class.** Seascale Sports Hall. Friday 10.00am-10.30am. Contact [info@mokyfit.co.uk](mailto:info@mokyfit.co.uk), 01946 721166 or 07724 240179
- Muckypups** baby and toddler group. Thursdays 10-12 during term time, Drigg Village Hall. Friendly group with baby zone, craft activities, messy play, ride-ons, dress-up and more! £2.50 for first child, 50p for additional children.
- Open Mic Night – Strands, Nether Wasdale.** First Wednesday

CONTINUED OVERLEAF

every month. 9pm start. Live music by various singers and groups.

**Open Mic Night – Florence Mine, Egremont.** Third Wednesday of each month. Great atmosphere, all gear provided. Just turn up.

**Open Mic Night – Calder House Hotel.** Last Wednesday of each month. From 7.30pm. To book a slot call 019467 28538.

**Open Mind West Lakes USA General Meeting.** Third Thursday every month 10.15am for 10.45am in Gosforth Public Hall. Membership is £5 per year which covers membership for all the groups. In addition, there is a small admission charge for each USA meeting. Contact: Graham Brassington 25794.

**Open Mind West Lakes USA History Group.** First Wednesday every month at 11am in Drigg Village Hall. Contact: Mary Holbrook 019467 25466.

**Open Mind West Lakes USA Discovery Group.** Fourth Wednesday every month 10.15am for 10.45am in St Mary's Room. Contact: Graham Hutson 25477.

**Open Mind West Lakes USA More Singing for Fun.** This is a new USA Group which meets on the first Thursday in each month at the Methodist Church Hall, Seascale. Times are 2.15pm for 2.30pm. All are welcome. 2018 dates are 6 September, 4 October, 1 November and 6 December. To attend you will need to join the Open Mind Group of West Lakes USA for £5.00 per annum. Contact is Kandra Brassington: 019467 25794.

**Open Mind West Lakes USA Art Appreciation Group.** Second Thursday every month 10.30am in St Joseph's Church Hall Seascale. Contact Jean Taylor 28713.

**Open Mind West Lakes USA Reading Group (House Group Gosforth).** Fourth Thursday every month between 10.45am and 12.00noon in a private house. Contact: Jean Taylor 019467 28713.

**Open Mind West Lakes USA Discussion Group.** Third Tuesday every month between 10.30am and 12noon in a private house. Contact: Xandra Brassington 25794.

**Open Social Run.** First Sunday every month, 9.30am. Seascale beach or cinder track, starting from car park. Organised by Blengdale Runners and open to anyone who can run three miles or more at any speed.

**Phoenix Praise Worship Band.** Meets in Gosforth Methodist Church Schoolroom, 7pm Fridays during school term-time. Come along and sing, play or help technical support. All welcome – no church affiliation necessary. Jill or Keith Hudson 019467 21592. jillhudson@hotmail.co.uk

**Pilates Class (mat based).** Mondays, 6.30pm (beginners/intermediate) 7.35pm (intermediates). Gosforth Public Hall (Main Hall). Bring mat or towel. £5 per week or £24 for 6 weeks. Contact Amy on 07510 104508 or amyfisher@hotmail.com. Now also qualified to teach Pilates to ladies at all stages of pregnancy and postnatally.

**Accessible Pilates.** TBC. Please let Amy know if you are interested

on 07510 104508 or email amyfisher@hotmail.com.

**Rangers.** Every Tuesday during school term time. 7.15-8.45pm, usually in supper room at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

**Saturday Coffee Morning.** Seascale Methodist Church Hall, 10-11.30am.

**Scottish Country Dancing.** Windscale Club, Seascale. Every Wednesday from September to April at 7.30pm. Beginners very welcome.

**Scouts/Cubs/Beavers.** 2nd Seascale Scout Group. Every Thursday night in school term time. St Cuthbert's Hall. Beavers (6-8 years), 5-6pm. Cubs (8-10 years), 6-7.30pm. Scouts (10-14½ years), 7.30-9pm. Contact: 28296 or info@seascalescouts.org.uk

**Seascale Art Group.** Monday mornings (except Public Holidays) 10am-12noon in the Games Room at the Windscale Club. Call in.

**Seascale Golf Club Quiz Night.** Every second Tuesday, 23 October 2018 to 21 May 2019, starting at 8pm. Cash prizes and raffle. £1 per person, max 4 per team.

**Seascale Knitting Group.** Fortnightly meetings on Wednesdays 6.30-8pm at the Windscale Club. £1 per session. For more information contact Penny Cater penelope\_cater@btinternet.com

**Seascale Men's Keep Fit.** Tuesday, 10.30am. 45-minute session in the Sports Hall. Target range is 55-85 years. Work at your own rate and set your own goals. One free session available. Alan Bell, 24250 or John Calvert 28936.

**Seascale Parish Council Meetings.** First Wednesday every month. 7pm in the Methodist Schoolroom. No meeting in August unless there is urgent business.

**Seascale Tea and Chat.** Meets on the first Wednesday of the month at 2.30pm in the Methodist Church Hall.

**Seascale WI.** Seascale Methodist School Room. Mondays 7pm every month except January. Details from Allison Hanshaw, 21935, ajhanshaw@outlook.com

**Seascale Women's Outlook.** Alternate Tuesdays in term time at 8pm in the Methodist Hall. All ladies welcome. Contact Glenda on 28404 for programme. Table Tennis Club. Wednesdays. Holmrook Reading Room, 6.30-7.30pm. All welcome to turn up or contact David on 24632.

**Shackles Off Baby Group.** Mondays, 11am-1pm.

**Tuesday Chat.** First Tuesday every month. 2-4pm. Drigg & Carleton Village Hall. Special events and entertainment. All welcome.

**West Cumbria Guild of Model Engineers meetings.** Second Wednesday of every month at the Clubhouse at Curwen Hall Park Track starting 7pm. If you are interested contact Tom Jones on 019467 28938.

**Wild Flower Meadow. Holmrook Reading Room.** Phone 24632 to be involved. Supervised children welcome.

Gosforth Hall Inn's Beerfest on August bank holiday and outside the Last Chance Saloon bar with gun(gin?)-slinging owner Rod Davies and Nikki (whose birthday it was that day) – creator of the entire bar and the new gateway!







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# CALDER HOUSE HOTEL CHRISTMAS PARTY MENU

## Starters

- Cream of celeriac soup with truffle oil
- Creamy garlic mushrooms baked with a stilton and parmesan crumb
- Ham hock terrine with piccalilli
- Smoked salmon, prawn and egg harlequin
- Melon balls with Midori

## Mains

- Roast turkey with all the trimmings
- Salmon en croute - Salmon baked fleur de lys pastry with cheese and chive sauce
- Braised beef with a forestiere sauce
- Pork belly with sage, apricot and pork stuffing served with a red wine sauce
- Mediterranean vegetable tart – red onion, cherry tomatoes, peppers and courgettes topped and baked with ewe's milk cheese

**All mains served with a selection of potatoes and seasonal vegetables**

## Desserts

- Christmas pudding with brandy sauce
- Amaretto trifle
- Dark chocolate delice
- Tangy lemon curd cheesecake
- Chocolate profiteroles
- Coffee and mince pies £3.00 extra per person
- Cheese and biscuits £3.00 extra per person

Lunchtime 12:00 – 14:00

Evening 17.30 – 21:00

2 courses                      £15.95

2 courses                      £18.95

3 courses                      £17.50

3 courses                      £21.50

**Available Monday – Saturday from 1 – 22 December 2018**

Pre-booking only. Forms are available from Calder House Hotel.

10% non-refundable deposit per party is required to secure the booking.  
Please return your menu choices to the hotel a week before your booking.

If a member of your party suffers from food allergies or intolerances,  
please advise the hotel.

# CALDER HOUSE CARVERIES

**SERVING 12 noon – 2.00pm**

**Sunday 23 December**

**Sunday 30 December**

**Tuesday 1 January**

**3-course Carvery £14.50 per person must be pre-booked: 019467 28538**

## **CHRISTMAS / NEW YEAR OPENING TIMES**

**Sunday 23 December**

lunchtime open for Carvery

evening – closed

**Monday 24 December**

lunchtime – closed

evening – open from 5.00pm

Tuesday 25 December – closed

Wednesday 26 December – closed

Thursday 27 December – closed

Friday 28 December – closed

**Saturday 29 December**

lunchtime – closed

evening – open from 5.00pm

**Sunday 30 December**

lunchtime open for Carvery

evening – closed

Monday 31 December

lunchtime – closed

evening – New Year's Eve Party Night (**sold out**)

**Tuesday 1 January**

lunchtime open for Carvery

evening – closed

**Wednesday 2 January back to normal opening hours**





# SWIM SCHOOL PROMOTION

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# SEASCALE PRIMARY SCHOOL NEWS

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We welcome everyone back to the start of the new term and are pleased to be able to share our successes with the local community.

We are thrilled with our recent Ofsted report which has fully endorsed all of the work the school is doing. We have spent a lot of time and effort enhancing reading for pleasure across the school and are very grateful to everyone who has helped us with this. As well as revamping our own library we have taken the children to the village library and encouraged them to take part in the summer reading challenge. We would like to thank the volunteers who have come in to listen to the children read and would welcome any further offers of help: reading stories, listening to children read or just helping to maintain our library.

We learnt last week that once again Seascale Primary School has been awarded the prestigious Eco-schools Green Flag Award. We are very proud of our commitment towards teaching the children the importance of looking after the world around them and working with our partners which include United Utilities and the Rivers Trust.

Another accolade the school has achieved this year is the School Games Gold Award. Health and fitness is high on our agenda and we encourage all pupils to take part in sporting events. This year we are trying to achieve the platinum award. We will let you know how we get on.

Our work on the Atomic Story is progressing. We would like to thank everybody who came forward to be interviewed for this project and the children are working very hard on their animations of these stories. Last week we had the poet, Emma McGorden in school to work with all of the children, including those children working on the Atomic Story where they have produced poems to be used as voice overs to the animation stories. This collaboration is very exciting and will help us on our Arts Mark journey.

As you may be aware the new school build has been delayed. We are still waiting for confirmed dates for the build to start, but are expecting this to be soon in the New Year. You may be aware of the school's endeavours to fundraise for new equipment for our new school and we would like

to thank everybody who has helped with our fundraising events and efforts.

We would like to say thanks to all of our volunteers who come and help make our school a fantastic place to come and learn including our volunteer knitters, Lego ambassadors, and library helpers. If you have an interest in helping at the school and are happy to undergo a disclosure and barring application then please contact the office. We would be particularly interested in anyone who could help with gardening or nature/wildlife club.

Finally, we would like to appeal to members of the community to help us find a second Crossing Patrol Officer. There is currently a vacancy for a part time Crossing Patrol which we desperately need filled to ensure the safety of our children coming to school and leaving at the end of the school day.

*Jacki Thomas*

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## MORRIGAN HARVEY-CHADWICK

I'm a local young amateur photographer who has been living in Seascale for 11 years. I've always enjoyed capturing moments and memories whilst I've been out and about. I've really grown into my passion for photography and I feel like I'm in the best place to do so. The surrounding areas of West Cumbria are just breathtaking and every day I find a new angle to look at them with. I've never been this close to a beach and to have so many right on the doorstep is amazing. I spend most of the summer evenings down at the beach just sitting, taking the whole place in. I've taken so many photos down there and each day they're all different. I'll hope to one day turn my hobby into my profession.



My previous "Travel Tips" have concentrated on equipment. Now I am going to move on to destinations, starting off with my own Favourite Country, Nepal. When people think of Nepal, they will probably think of Everest, the highest mountain in the world, and although Trekking and Mountaineering are certainly very popular, Nepal has a lot more to offer. However, it is my intention to cover this in future pieces and concentrate on the differing methods of arranging travel to Nepal in this article.

Machhapuchre  
from Pokhara

Basically, at one end of the spectrum, you could book an expensive fully organised packaged trip through an international company, and at the other end you could just book a discount flight on the internet and arrange everything when you arrive. However, it is more of the middle option that I intend to explore, aided by photos that I hope that Tethera readers will find interesting.

### Firstly, using a local operator – the Pro's

Probably the first thing to mention is the potential for Massive Cost Savings (Up to 50% less for all Nepal based activities) if you were to opt to use a Nepal Based Company to organise your trip; the

next would be that you would be spending your money in Nepal, which as one of the poorest countries in the world is where the money is needed the most. Finally, as international companies would subcontract all of the local transport and activities to local operators in any case, by going direct, you are cutting out the middleman.

Most Nepali Companies would be willing and able to organise your trip for a deposit of less than £100 (per trip, not per person) and could arrange to have you met at the airport when you arrive, picked up and transported to a hotel of your own choosing (or if you didn't have a hotel in mind, you could just select a price bracket) and then build you your own personal bespoke schedule to suite your interests, timeframe and budget. All you would have to do is arrange your own Nepal flights, transport to and from your chosen UK airport and travel insurance.

### Now the Con's

Probably the biggest perceived con is that, as trips and treks organised by local operators are usually made to measure, you aren't part of a larger group and therefore some people think that the social



Boating  
on  
Begnas  
Tal



side of things can be lacking. However, this isn't necessarily true as, when you trek, you will meet people on the route and socialise with them in the teahouses at lunchtimes and again in the evenings – much the same can be said when rafting, going on safari and travelling around Nepal in general. In fact you can choose your own company and not be stuck with a prearranged group where you might not get on with everyone.

Other considerations are that you won't have a 'company rep' – this is quite true as international companies often do have a western face who acts as a go-between; however, you will have the local operator who will do everything within his power to ensure that all is as it should be as he will want you to come back, and also to write a trip report on a site such as Trip Advisor which he can use to promote his business.

Once you have decided to go direct, the trick of a successful trip is choosing your local operator with great care. Here I am more than happy to share details of all the Nepali contacts that I have made over the last 25 years, and with the help of the internet, you can then research them and as long as you are happy with what you find, book your trip – then come back and write an article here in Tethera and tell us all about your own experiences in Nepal :-)

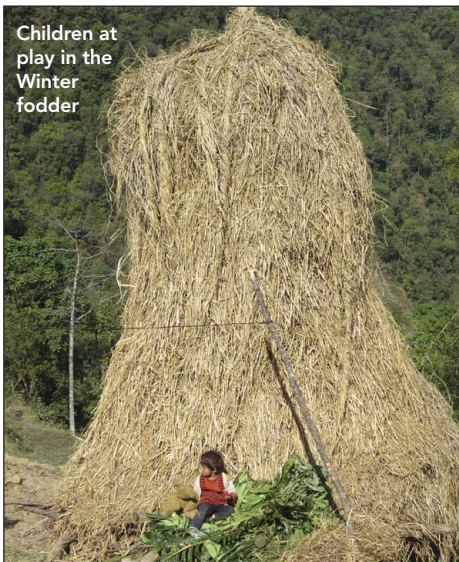
**Rob Steele**

**Bisket Jatra (Nepali New Year) in Bhaktapur**



*The first time I visited Nepal, I drove there from Cumbria in an old Landrover and on entering Kathmandu, at the first checkpoint, a young hotel tout insisted on coming with us and showing us his hotel – He was a pleasant lad and as we had no idea where we would stay, we saw no harm in taking a look and as it turned out to be quite nice and we were offered a good price, we ended up staying there. 3½ years later I decided to return to Nepal for my second visit, but this time I flew, and as I stepped out of the main exit door of Kathmandu Airport there was a little head bouncing up and down at the back of a huge crowd shouting “Mr Rob – Mr Rob.” It was Raju, the same young hotel tout from my first trip who had seen and recognised me and remembered my name – so, of course I stayed at the new hotel that he was touting for. Again it was nice and again, I got a fantastic deal.*

**Children at play in the Winter fodder**



# A BRIGHTER FUTURE FOR CHILDREN IN NEED



**Gosforth's Dot Coupe tells of her 10 years involved with helping Nepal's youngsters.**

The beginning of my extraordinary experience with Nepal and its people started in 2008 when I booked a trekking holiday. There was a small piece in the holiday brochure about volunteering and that was how I first met the children at the home run by the Nepali NGO 'Organization for Community, Child & Environment Development' (OCCED/Nepal) and my work with a charity began.

I had spent a month with the children and wanted to see them again. The next time I visited I walked into the recreation room unannounced, one of the older girls called my name. She remembered me even though she was only about



7 years old the last time I was there. I was delighted and the welcome is even better every time I return.

People ask what I do when I'm there and my reply is "I am not a teacher or have a healthcare background but I am a grandmother and do the same things I do with my grandchildren, play games, talk, listen, help with homework."

One day I accompanied one of the older boys to a hospital appointment. I was the only westerner in the building and received some curious looks. A man spoke to the boy and he smiled as he replied. I asked what had been said "He asked if you were my mother, I said No she is my godmother." Proud does not describe how I felt.

On subsequent visits I put my business management skills to use and helped with admin work in the office by showing the young woman who worked there how to use spreadsheets and accounting software to keep financial records and also helped with her written English and word processing for when she emails and writes letters to the sponsors and supporters.

When I first visited this children's home its



**Cooking for 40!**



administrators had planned to have a purpose-built house, so I set up a donation page through the Saga Charitable Trust to raise funds and help them achieve their aim.

Although land was purchased, planning permission to build the house proved a step too far and was taking too long so a ready-built house had to be found.

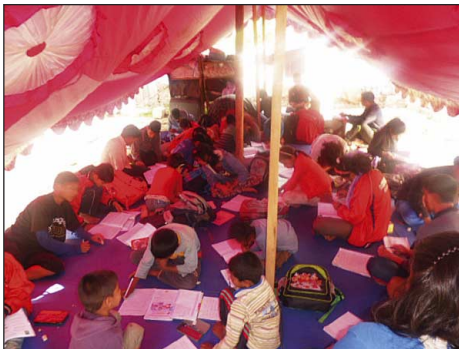
By this time I had become friends with two other ladies who had volunteered at the children's home and had also returned many times to help. We decided to raise money to support these children so I set up another donation page for the education and welfare of the children, who called us their three godmothers.

During the end of 2014 and beginning of 2015 we looked at the most appalling properties before finding the 'dream home' and an agreement to buy was made with the owner. The documents should have been signed on 26 April 2015 but the earthquake struck the day before.

The old house they rented was badly cracked by the initial 7.8 tremor and the second one of 7.3. Luckily no-one was hurt and all the children were



**Under canvas – for sleeping and schooling.**



together at home because it was Saturday and there was no school but the children and their carers were afraid to go back indoors so they slept out in the yard. A makeshift tent was erected but the monsoon was coming, the house had been condemned and they needed to be indoors so a deal was agreed with the owner of the 'dream house' and they moved in before the purchase was finalised.

I was with the children at the home in Kathmandu when the earthquake struck and reported daily on the situation there through Facebook. Donations flooded in to our online fundraising page and along with generous offline donations and the proceeds from the sale of the land which the administrators had previously bought we raised enough to pay for the house, renovate and paint it. After 10 weeks I returned home happy in the knowledge that they had a roof over their heads after living under a tarpaulin for 6 weeks, even though they were sleeping on mattresses on the ground floor. The renovations, painting, purchase of new bedding and kitchen equipment was completed by the end of July and the children moved into their beautiful rooms. ▶



► Here are two pieces the children wrote about the earthquake:

*“Dot Ma’am was of great help during that time. She stayed every night with us, ate same food as we did and tried to distract our minds away from the earthquake. Mostly the days were sunny and very hot whereas the nights were unusually raining heavily with cold wind.”*

*“Even during that time we got to eat warm food whereas most of the people in our country were fighting with hunger and thirst. Luckily we were able to rescue our gas cylinder and food, so we had enough to eat. Because the house was too dangerous to live in we slept on the hard ground under a plastic sheet for almost 2 months. The schools were closed for a month so Anjali ma’am made us study in the evening. For a few years earlier the administrators and our three godmothers and other supporters had been saving money to buy a new home of our own and the two months after the earthquake we were able to move into a beautiful new home which we call our ‘Dream Home’. This would not have been possible without the continued support of our Godmothers, all the volunteers and well-wishers of OCCED Nepal and most importantly our OCCED family.”*

In May 2015 both the donation pages had to close and because the three of us were so committed to these children and their futures, as well as other projects in Nepal in a smaller way, the idea to set up our own charity was born.

Anne and Monica the other trustees are the two volunteers I became friends with. They were delighted that I had a background in business management and would deal with all the administration and bookkeeping. I submitted our application to the Charity Commission in January 2016 but it was a long process and not without difficulties. We were delighted when on the 25 July 2016 we received notification that our application was successful and ADM (Anne, Dot, Monica) Nepal Charitable Trust had been registered, with the Charity Number 1168417.



**“Thanks for our dream house...”**

I then registered with HMRC so that we can claim Gift Aid, which means we can claim 25% extra on donations from UK tax payers who are eligible. Since registration we have received over £13,000 in Gift Aid alone.

There are currently 31 children aged between 1 & 18 years old living at the home (10 girls and 21 boys) who are orphaned, abandoned or displaced. Since the earthquake six children have been reunited with extended family (grandparent/uncle) and five more have arrived to live there. We pay for a local lady to act as supervisor/ housemother who oversees the education health and welfare of the children, visiting each day for two hours in the morning and again for four hours in the afternoon/early evening to ensure all is well and oversee evening tuition and homework. We also pay the salary for a teacher to help with homework for two hours each day.

The four oldest boys have recently left the home to live independently. They have part time jobs and with our financial help have found accommodation and registered for college courses. It is the norm to attend college from 6am to 12am and work in the afternoon.

I have visited the children regularly over the last 10 years, sometimes twice in a year, usually for 4-6 weeks except 2015 when I went in April for a short visit of 2 weeks and stayed 10 weeks and I will continue to visit as often as I can. Unfortunately I will not be going this year but Anne made a short visit in April and both she and Monica are going in October.

If you wish to help in any way you can contact me or make a donation through the website: <https://www.admnepal.org.uk>



## A SUCCESSFUL SHOW FOR GOSFORTH & DISTRICT ART SOCIETY

Although it hardly seems possible, this year saw the tenth annual show for Gosforth & District Art Society held over the three days of the August Bank Holiday week-end ... how time flies!

However, the first thing to do is to extend a huge "Thank You" to everyone who came and visited us, and who bought raffle tickets, the delicious food that was on offer, and most importantly the art that was on show, and which once again was of such a high standard. Thanks

must also be extended to those companies and organisations that donated such superb raffle prizes, without which the show would be that much less.

If you won one of the many raffle prizes then congratulations, and if you didn't then commiserations but better luck next year!

In addition to framed paintings, there were unframed but mounted paintings and cards to purchase, and these went very well.

The vast majority of the works were by members of the society, but there were outside artists who also exhibited their work, which was well received.

The weather played its part this year, and nearly 600 people came through the doors over the three days.

Extra signage and advertising for the event was purchased this year and certainly seems to have been instrumental in directing people to the show, some of whom travelled a considerable distance to visit us.

There were even people who deliberately planned their holiday to coincide with the show, and many visitors from previous years attended again and it was lovely to see them. many of them went out of the door clutching their new art work, having had another successful purchasing session.

As always, a show of this size takes a ►



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 Saturday  
 3rd  
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▶ lot of organising and effort to put on, so a huge thank you to all of the members who contributed so much time and effort to making this, the tenth annual show, such a huge success.

Finally of course the biggest thanks go to the artists who submitted the art works, all of which was to a very high standard – without them there would be no art show, so to all of you ... take a well-deserved bow.

Now we can start planning for next year's show and we hope to see you there.

If you would like to become a member of GADAS, just turn up for a free, 'taster session', at either Gosforth School Hall on a Monday evening between 18.30 and 20.30 hrs, or Seascale Methodist Church Hall on Thursday mornings between 10.00 and 12.00 hrs, you will be made very welcome and who knows, next year your paintings might well be on show?

Or for further details please contact the Secretary, Marlene Partridge on 019467 25924 or email: [marlene.partridge@btinternet.com](mailto:marlene.partridge@btinternet.com)

*Trevor Partridge, Chairman, G.A.D.A.S.*







# SEASCALE GOLF CLUB CHRISTMAS MENU

## Starters

### **Black Pudding Stack**

*Black pudding topped with streaky bacon, Duck Egg & Peppercorn Sauce*

### **Garlic Mushrooms**

*Mushrooms in a rich creamy Garlic sauce – served with a crusty Bread roll*

### **Soup of the day**

*Homemade Vegetable Soup served with a crusty Bread roll*

### **Brie Wedges**

*Deep fried Brie Wedges served with a Cumberland Sauce*

## Mains

### **Roast Turkey**

*Roast Turkey served with Pigs in Blankets, Stuffing and all the Trimmings*

### **Roast Beef**

*Roast beef & Yorkshire Puddings*

### **Salmon**

*Salmon fillet served with a Homemade Hollandaise Sauce*

### **Celebration Roast**

*Vegetarian flavoured roast with lentils, Sultanas, Pumpkin seeds and Millet  
Finished with a spiced Brambly apple and pomegranate glaze*

## Desserts

### **Sticky Toffee Pudding**

*Sticky Toffee Pudding served with Vanilla Ice Cream*

### **Apple & Blueberry Crumble**

*Apple Crumble served with a hint of cinnamon served with Custard*

### **Christmas Pudding**

*Rich fruit cake soaked in a Brandy Sauce*

### **Cheese & Biscuits**

*Selection of Cheeses Served with Chutney and a variety of Crackers*



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# OUR MP TRUDY HARRISON'S COLUMN

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Last year, many families were devastated at the prospect of their child not being accepted for a place at their closest secondary school, West Lakes Academy. Whilst there was more than one reason for this, the demise of Whitehaven Academy certainly played a part.

Since I last wrote for Tethera there have been significant developments at Whitehaven Academy, not least the most comprehensive re-brokerage of any UK academy and much needed systematic changes within the Department of Education, but also the promise of a much needed new school building which is all thanks to the unwavering commitment of Whitehaven Action Group, staff, students and the wider community.

For many years, this group of desperately unhappy parents, The Whitehaven Action Group, made their case – they were ignored, disbelieved or pacified. They never gave up; carrying out forensic investigations; submitting dozens of Freedom of Information Requests, relentless enquiring and dogged determination. Working together alongside the Whitehaven Action Group, staff, students and the wider community, we have secured a much brighter future for Whitehaven Academy and the new trust is already having a very positive impact.

Over the summer, a Service Level Agreement allowing Cumbria Education Trust to take over the day to day running of the school was finalised and since then, the trust has been working directly with Whitehaven Academy staff to oversee some short term works to bring the building in line with modern standards. This includes refurbishments to the Learning Resource Centre which now accommodates 30 new computers, with a further 70 being deployed in ICT rooms across the school. The students' changing facilities and sports block have also been redecorated as well as many internal and external areas.

The feasibility study for the new school building started this month and it is CET's intention to fully involve students, staff and parents through all stages of the takeover, aiming for a December 2020 completion date for the new school buildings – in the New Year, the trust will be working closely with staff and students on

the exciting task of designing their new school.

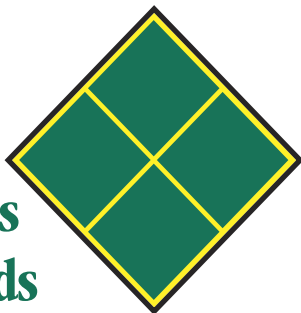
This year's GCSE results were the best in five years, and there is a notable improvement in morale. I have absolute confidence that under the new management of Cumbria Education Trust, Mr Turner will be well supported and his phenomenally dedicated staff will continue to shine. I won't rest until all the students and their families get the education they absolutely deserve, and a whole new school; I know that community activism will also ensure that happens. I look forward to Whitehaven Academy once again being the school of choice for communities in Copeland.

As works progress, I am continuing to work closely with both Cumbria Education Trust and Whitehaven Academy. Next month, I am excited to meet school leavers and job seekers at my second Skills Fair on Thursday 8 November at The Solway Hall in Whitehaven between 3pm and 7pm. Emergency Services, Armed Forces, construction, engineering and hospitality companies and many more will all be on hand to offer information on skills training and apprenticeships, as well as providing employment advice – I look forward to seeing you there.

Last month, I was thrilled to join the local community at the official open day of Wasdale Mountain Rescue's brand new training facility – a hugely important improvement for the team who venture out in all weathers 24 hours a day, seven days a week, 365 days a year to help locals, visitors and even the occasional animal. Wasdale is the birth place of mountaineering and it is right that this facility also offers space for people from other areas and teams to come and train – having this state-of-the-art facility is the least we can do to protect locals and visitors alike.



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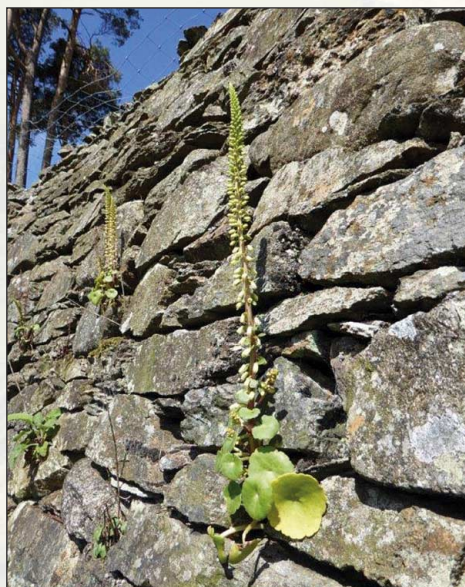
# EVOLUTION AND MAINTENANCE OF OUR DRY STONE WALLS

On any walk or drive around the Lake District it will be impossible to ignore the dry stone walls that act as the stitching in our glorious patchwork of fields and fells. They border our valley roads and reach up the slopes towards our highest peaks. They are built in a whole manner of styles using the full range of our different local stone from the cobbles at Wasdale Head to the granite around Eskdale, and slate in the Duddon. Dry stone walling is hard work and the existing network of stacked stone around our World Heritage Site stand as a testament to the colossal effort of generations past. But why was this effort deemed necessary, how did they come to exist, and what is their importance in our present day?

There is evidence on the Isle of Orkney in an ancient farm steading that the technique of using rings of large stone to enclose animals has been around in Britain for around 5000 years, but it is likely that dry stone walling has only been prominent in The Lake District since Roman times. The Romans developed the haphazard procedure

using large boulders into a skill requiring smaller stones. However, the greatest influence on how the walls of The Lake District look today came from the Viking colonisation over 1000 years ago. As Norse settlements grew and established across England the need to enclose and protect their animals using farm steads grew too. Norse farmers also extended their farm land out of the valley bottoms and on to the fells. Some of the oldest Lake District Walls are known as 'clearance walls'. To make fields farmable they had to be cleared of all the ground lying stones. These stones were moved to the edges to build the walled enclosures and this is why some Lake District walls (the ones around Wasdale Head are a perfect example) are extremely wide. In spite of this depth of history that is attached to our dry stone walls, the biggest influence on how they look today is a result of The Enclosure Act of 1773. This and the two subsequent Acts that followed allowed wealthy land owners to enclose vast areas of land and create field systems with dry stone walls. These linear walls in some cases, on the now contained farming units, could be several miles long.

In order to build a new wall you first need to set the foundations. These are the larger stones and they are set into the ground ensuring that they have a nice flat top to build the rest of the wall on to. As you add walling stone you start with the larger stones and as the wall gets higher the stones that you use should get smaller. A dry stone wall is essentially two skins of walling stone that are leaning against each other and holding these skins apart is the 'filler' or 'hearting'. This is all the smaller and/or unusable stone that is carefully placed into the middle of the wall as it is built up. It is also important to incorporate 'through stones' into a wall. These are (usually) large stones that sit across both sides of the wall thus tying the two sides together. Once the wall is up to height the 'cam' or 'coping' stones are added. These are the upright stones that sit across the top of the wall. They give dry stone walls their







**National  
Trust**

*Background photo of Wasdale Head's complex pattern of dry stone walls by courtesy of John Malley.*



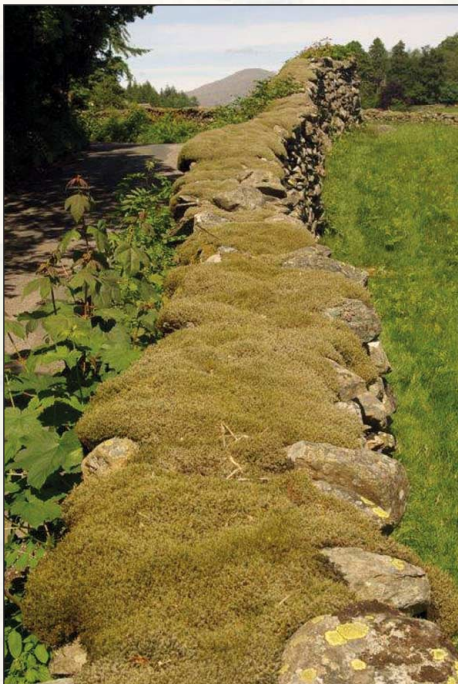
distinctive uniformed finish and add the necessary weight in order to hold the structure together.

Dry stone walls are a sanctuary for wildlife, and a purpose-built rock garden for ferns, mosses and lichens. They offer dry shelter for those that want to make a home out of them and protection for those that need to travel safely around the countryside. A single dry stone wall in the West Lakes may play residence to several toads and voles, shrews, field mice, slow worms and even nesting birds. In summer common lizards bask on their warm surface and in winter the iconic Herdwick sheep use them to shelter from the ice and rain. Stoats and weasels

use the cover of dry stone walls to move safely while hunting and our beloved red squirrels hop along them as they journey between woodland. Birds of prey use their prominence as an observation point; a hunched buzzard on a field wall is a common sight for a Lake District motorist. Supporting the bottom of this dry stone wall food chain, scurrying in and out of the cracks and crevices, is a seemingly endless array of insects and spiders.

From the crudely placed large boulders of the Bronze Age dry stone walling has grown into a recognised craft. The art of dry stone walling is as old as the walls themselves. The National Trust applies these ancient techniques in their efforts to keep these culturally important structures functioning. They are completely self-supporting and it is estimated that there are nearly 70,000 miles of drystone walls in England alone, an estimated 3000 of these being in the Lake District. All this means that it is a very hard yet rewarding job preserving these ancient structures that are an important part of our local and farming heritage.

For more information on the work that we do at the National Trust or to get involved please visit: [www.nationaltrust.org.uk](http://www.nationaltrust.org.uk) **Jonathan Metcalfe**





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# CHRISTMAS DAY Menu

When pre-ordering, please tell us if you have any allergies, or whether you require gluten-free alternative dishes.

## STARTERS

Jerusalem Artichoke Soup (V) (GFA)

With horseradish and chive cream, plus toasted artisan bread

Smoked Salmon Tartare (GFA)

With pickled cucumber and a brown shrimp butter sauce

Rabbit and Prune Terrine (GFA)

Served with piccalilli and toasted sourdough bread

Warmed Thornby Moor Goats' Cheese (V) (GF)

Served with a walnut and roasted beetroot salad and a balsamic glaze

## SECOND COURSE

Champagne Sorbet (V) (GF)

Or Wild Berry Sorbet (V) (GF)

5 COURSES

£49.95  
PER ADULT

£34.95  
PER CHILD

AVAILABLE  
12:00 noon - 3:00 pm

## MAIN COURSE

Succulent Cumbrian Turkey Crown (GFA) Served with all the trimmings, including home-made pigs in blankets, stuffing, rich pan gravy and a cranberry purée

Oven-Roasted Halibut (GF) On a bed of butter-bean and chorizo stew, and served with seasonal vegetables

Slow-Cooked Beef Short Rib (GF) Served with roast potatoes, creamed potatoes, roasted root vegetables and a red wine gravy

Mushroom, Cranberry and Brie Wellington (V) Served with crushed new potatoes, seasonal vegetables and a rich vegetarian gravy

## DESSERTS

Bridge Inn Christmas Pudding (V) Served with brandy sauce

Caramelised Apple Cranachan (V) (GF)

Drizzled with a Highland Park whisky sauce

Dark Chocolate Torte (V) (GF) Served with raspberry coulis and Hartley's vanilla ice cream

Cheese and Biscuits (V) (GFA) Wensleydale & cranberry, Eden Valley Brie and a Blackdub Blue, accompanied by Jacob's crackers, apple, celery, grapes and chutney

Ice-cream Sundae (V) (GFA) Selection of Hartley's ice-cream, served with a wafer biscuit

## TO FINISH

All served with fresh-ground Columbian coffee and home-made mince pies

V - Vegetarian GF - Gluten-Free GFA - Gluten-Free Alternative



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# BATTLING THROUGH ADVERSITY

**W**atching Shameem Arnold leading her MOKY HIIT classes it's almost impossible to see the battle she is constantly fighting, not only with painful Fibromyalgia, but also a back injury.

A few months after giving birth to her adorable twin boys in 2014 Shameem suffered severe disc herniation which crushed the sciatic nerve and caused considerable damage. The constant bending over changing nappies and bathing the boys caused even more stress to the area.

Then during the May Bank Holiday this year catastrophe struck.

"I knew it would be possible to reherniate again and having been diagnosed with degenerative disc disease I have to be so careful, but when it comes to my kids I find it so hard," said Shameem. "Who can resist picking up their kids when they're hurting, swinging them around when they run into your arms at school pick up, and when they are learning to ride a bike and need help to be pushed up the hills. It's the hardest thing in the world to say 'no' when it feels like the most natural thing to do."

Although Shameem succeeded in teaching the boys to ride their bikes this year the strain of it went directly to her back.

"I ignored the warning signs and then one day as I was leaning over the bath washing the boys, the disc finally gave way and exploded into my sciatic nerve completely crushing it."

Shameem started to lose the feeling in her toes, and very quickly her knee was also affected.

"I was really worried about paralysis so we drove to the West Cumberland at 7pm on the Sunday and immediately I was ambulated to Newcastle RVI where I underwent emergency surgery."

This time the damage was far more serious. Before the surgery the surgeon explained that she may never regain the feeling back in her leg. This was the worse possible news for someone in her profession and very scary.

"After the surgery I took advice from physio and sports rehabilitation experts to make sure that I did the right things for my recovery. Fortunately, I have a great team who took my classes during the

early stages giving me the time I needed."

Shameem understands she will always have a back problem but won't allow this to stop her leading MOKY classes and running a business she's built from the ground up.

"It's very easy for people to be overly cautious after a traumatic injury or illness and I completely understand how they feel. But building up strength and fitness gradually is a great way to recover rather than being sedentary. That's why the MOKY classes are always tailored to suit each client's needs. Having a healthy heart, strong muscles and a happy mind are the essential elements needed to help us through such traumatic events and why it's important to keep it up."

One of Shameem's clients, Dorothy Routledge, 68, recently suffered a broken shoulder, and has adapted the moves to allow for her restricted movement in one arm. She's still smiling all the way through the MOKY HIIT classes and doesn't let it stop her working out.

It has been inspirational watching Shameem's determination and recovery from such a devastating injury that could have ended her career. Today she has regained 50% of the feeling back in her leg.

"I still can't feel my toes, half of my foot and leg," she says with her usual good humour, "but at least I can walk without a stick, although on an uneven surface I can easily fall over."

Shameem didn't take much time off from classes, but she took professional advice throughout her recovery and most importantly, listened to what her body was telling her.

I know I can speak for all of us taking her classes when I say that we are so very glad to have her back pushing us to improve our health while making us laugh, sing and shout as the sweat flies. Welcome back Shameem. *Vivienne Tregidga*





## CLASS TIMETABLE

MON	10-10.30am	Seascale Sports Hall	HIIT/Core Blast	£4
MON	10.45-11.30am	Seascale Sports Hall	Zest	£4
MON	7.30-8.30pm	Solway Hall Whitehaven	Fit/Core	£4/1
TUE	7-7.45pm	Egremont Market Hall	HIIT&Core	£5
WED	6.15-6.45pm	Bigrigg Village Hall	HIIT	£4
WED	7.30-8.00pm	Solway Hall Whitehaven	HIIT/Core Blast	£4
THU	5.45 - 6.15pm	Gosforth Public Hall	HIIT/Core Blast	£4
THU	7-8.00pm	Egremont Market Hall	Fit/Core	£4/1
FRI	10-10.30am	Seascale Sports Hall	HIIT	£4

\*Bring an exercise mat and a bottle of water, wear comfy fitness clothing and trainers

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Contact details - Facebook: Mokyfit with Shameem

Tel: 07724 240 179 Email: shameem@mokyfit.co.uk



When I first heard that Manchester Royal Exchange Theatre were going to come to Gosforth Public Hall, bringing a full team of actors, with the writer, director and producer, to develop and perform the premiere of a new play, part of the “Mysteries” Series, I was amazed. One of the UK’s top theatres coming to the village!

I went to one of their “open rehearsals” to which members of the public were invited on the Tuesday afternoon, to find the Hall transformed with an extensive wooden stage covering most of the hall floor, just room for two rows of seats all around the stage. The actors, producer, writer, sound and lighting engineers, support staff and tour director were all there, ready to chat and show us around. I was able to listen to the writer explaining to the actors, who were sitting attentively in a circle on the floor, the motivations and styles of the characters.

This “Mysteries” cycle of plays began in 2015 when producer Sam Pritchard and writer Chris Thorpe visited six places in England – Eskdale, Staindrop, Whitby, Boston, Stoke-on-Trent and Manchester. In each place they spent time exploring ideas of community and how it is shaped over the centuries by history, landscape, people, money and myth. They met and talked with residents, drank in local pubs, joined community groups at their regular weekly sessions, visited local businesses and spent time exploring each town and village – there was even mention of a Karaoke session in Eskdale!

Following these research visits, Chris put pen to paper and created six brand new plays inspired by everything he and Sam had discovered. The first of these six plays to be developed and performed was the play based upon their stay in Eskdale.

At the first performance on Friday night – Gosforth’s first World Premiere of a Play, destined to be performed in November at the Royal Exchange Theatre in the heart of Manchester – there was even a queue outside the entrance doors!

The performance to a packed Public Hall started with Chris reading an introduction to the play, and then the six actors entered the stage. There were some half familiar faces; looking at the programme later they had between them numerous TV appearances in supporting roles in programmes varying from Coronation Street to Shetland, from Casualty to Shameless and Dr Who.

The acting was flawless, assured actors delivering the lines with confidence, drawing us in to a tale of communities, of two sisters discussing their inheritance, and introducing us to one of their partners, to one of their daughters, to a local shepherd and finally to an “incomer” working at Sellafield. The play started at Hardknott, then moved to St Catherine’s Church, and ended in the pub that the sisters and their absentee brother had inherited. It explored the desires and frustrations of the community; the impact of changes in land ownership and stewardship; those who had moved away but yearned to return, those who had stayed but yearned to leave, and the effect of the influx of new people working at Sellafield, who also wanted to feel part of the community.

When the play ended there was a rapt pause before a sustained and well deserved round of applause for a production that had drawn us in and enthralled us. After the inevitable (and welcome) refreshments and raffle we resumed our

seats for a reading of a further play in the set of six, this time set in Manchester. It explored aspects of the daily life of a selection of people, and the ways in which people in a big city felt they belonged, and how the recent terrorist atrocity carried out by someone who had grown up as “one of us” had affected their lives, and strengthened their sense of belonging in that community.

After the second performance the cast, who were all staying in Gosforth, were happy to spend time with us in the hall, and then invited the audience to join them for a drink or two in the Globe, which unfortunately I had to miss. But I enjoyed the performance, the atmosphere, and the production, so much that on Saturday night I went back and, again in a packed hall, watched it all again!

*Mel Gould*



## SEASCALE TEA & CHAT AND MEMORIES GROUP

invites you to join them for Carols and Cakes with the Phoenix Praise Band on Wednesday 12 December at 2.30pm in Seascale Methodist Church Hall. Our offering on that day will be given to Calderwood House homeless hostel at Egremont. At a recent meeting we heard how they often have a shortage of nice toiletries for ladies; so we would welcome any donations on the day as our Christmas gift to Calderwood House.

*Jackie Folkes*

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## THE LA'AL BIG BAND — STILL BLOWING STRONG

Since the end of our residency at the Seacote in St Bees a few years ago the band has not been playing so many concerts in West Cumbria. However, it is still going strong playing about once a month around the county and further afield, though many gigs are private weddings and parties.

Although the band draws members from as far away as Hawkshead, Barrow and Carlisle we still rehearse and are based in Gosforth. 10 of the original 19 band members are still with us and of the new members most have been with us for at least three years. This stable membership has allowed us to develop as a band and if you've not heard us for a few years we hope you will notice a distinct improvement with really good soloists in all the key chairs, and tight playing from the band.

Our newest members – Nick King vocals, Alex Clarke piano and Cyril Stoneham trombone have

all added their own distinct colour to the band.

Our repertoire still draws heavily on the arrangements of the classic big bands of Basie, Ellington, Miller etc, but many new arrangements of recent songs allows for a fresh and fun feel to the concerts even if for some reason our leader Paul has stopped telling jokes at gigs. Maybe he'll start again by popular demand – or continue to desist by popular demand...!

Our CD has been featured on Radio Cumbria in Harry King's programme and on Radio 2 in Clare Teal's programme. Details of upcoming gigs and available recordings are on the band's website [laalbigband.co.uk](http://laalbigband.co.uk) by liking our Facebook page.

The band's next local gig is our annual Christmas concert in Gosforth on Saturday 8 December – please come along as we kick off the local festivities.

*Samuel Worthington*



# PAPER BACK WRITER

For many of you Ruth Sutton is no stranger because you are a fan and devour every new novel the minute it's published. But who is the lady behind the compelling characters of Jessie Whelan, Judith Pharaoh and DC Maureen Pritchard who have made us laugh, and cry, and even kept us on the edge of our seats?

As a writer myself, I'd been counting down the days, hours and minutes to meeting Ruth. And I wasn't disappointed. We hit it off instantly. Her easy infectious smile and good sense of humour radiates a warm caring nature. I can feel those of you who have attended her many talks nodding in agreement.



Ruth Sutton

## PERSONAL CAREER PROFILE

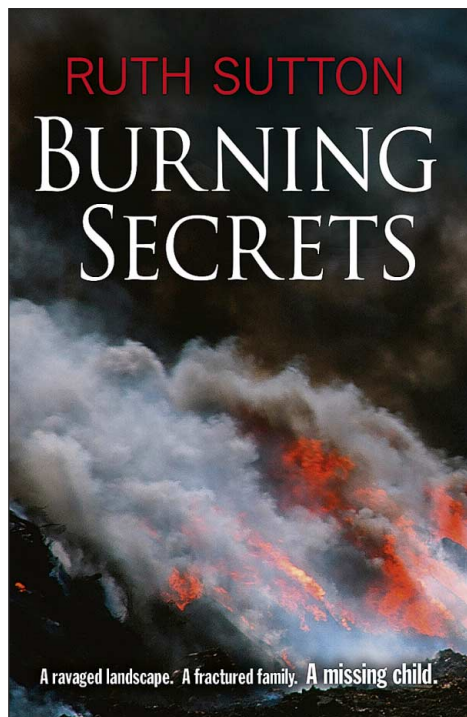
We sipped tea in her cottage in Waberthwaite and I quickly realised that Ruth Sutton is as complex as one of her characters. And I know it's going to be difficult to encapsulate this lady in just a few hundred words.

Ruth's love affair with west Cumbria began at a very early age. "Dad would drop us off at a guest house in Silecroft and then go back to work as an chartered accountant in a cotton mill in near Manchester. For three wonderful weeks every summer we would take over the guest house and have a fantastic time."

When she was nine years old these precious holidays ended abruptly when Ruth's father died. "Those holidays left a strong and lasting impression on me and I always knew that one day I would move to this area."

All Ruth's rellies, as she calls them, on both her mother and father's side come from west Cumbria, creating another strong pull back to the area and it was her father's work that took them down to Stockport.

Ruth's career as a teacher and Education Adviser kept her extremely busy and in 1987 she decided to become a freelance Professional Developer within the Education sector. For over 25 years Ruth notched up the long-haul air miles to Canada, Cape Town, New Zealand, Australia and numerous other locations around the globe.



“Long-haul never fazes me because I enjoy travelling and was able to spend weeks or months in each place.”

When Ruth’s daughter and her family moved to this area, Ruth knew that the time had come to look at buying a property in west Cumbria. “I didn’t see the point staying in Manchester when I have family and grandchildren up here.”

However, Ruth was still jet-setting around the globe, even though she was deliberately slowing down. “The journey from here to the airport is horrible and I knew I couldn’t do it for long. So, at the age of 60 I decided to take six months off to learn how to write a novel.”

Even though Ruth had written many factual books during her working career, she harboured a deep longing to be able to write a novel.

“I went on a course to learn ‘how to write a novel’ and five days later I thought ‘right I will have a go at this,’ and because I was still working the first book took four years, it was constant stop-start.” Ruth laughs, “I ended up with a novel that was as long as War and Peace, it was just massive. Then I went on another course ‘how to edit’ and they said cut cut cut. And that’s exactly what I did until finally ‘A Good Liar’ was ready to be published.”

Ruth is a natural researcher. “I enjoy it and I’m not put off by having to wade through piles of archives and read lots of factual books because the history of this area is so very interesting. And because my books are all historical, research is vital and takes a lot of time.”



I was intrigued to find out where her characters come from.

“I honestly don’t know. I don’t start with a particular character, I start with a situation and a place, and that’s always here in west Cumbria.” Ruth looks pensive. “Readers are always saying to me that I have got their grandmother, or a family member off to a tee. But then I reply, how could I have done that when I have never met them!” She rolls her eyes and laughs.

“Mixing fictional characters with real situations is hard work because you have to get it right and to make a book work you need characters that will act in certain ways.”

Now fully retired Ruth has more time to devote to writing and the all-important selling of her books. “I love going to groups and talking about my books, in fact I think I enjoy this more than the writing part.” She laughs.

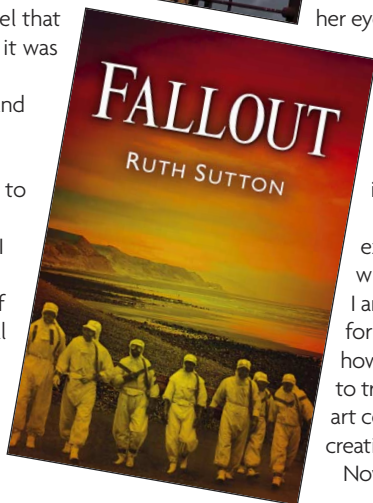
Today, though, Ruth finds herself at an important crossroads. “I don’t know if I want to write another book.” And I plainly see the conflict in her eyes.



“I want my time back,” she admits. “A book can take 8 or 10 months of my life to create and then people read it in just a couple of days and ask, ‘when is the next one due out?’”

Ruth blows out an exasperated breath. “Because writing is so very time-consuming I am not able to do anything else; for example I would like to learn how to sing or paint and would like to travel more. I once went on an art course and loved it, but two creative endeavours don’t mix.”

Now aged 70 Ruth feels life is too



short. "I don't particularly want to spend 90% of my life on a single project. But then if I put it down for a little while will I risk losing my readership?"

I suddenly feel at a loss of what to say to this talented author who has such a dedicated following. This is obviously a big deal.

We sip our tea and the moment passes. Then we are talking plots and how to create the 'perfect murder' and Ruth's eyes sparkle with enthusiasm. "There is still so much to be written about West Cumbria."

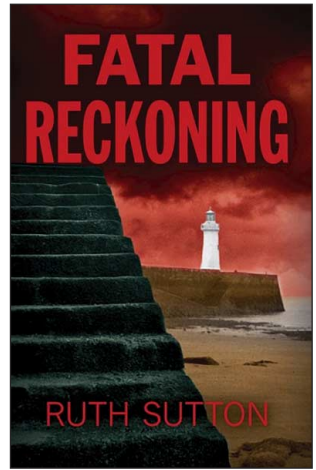
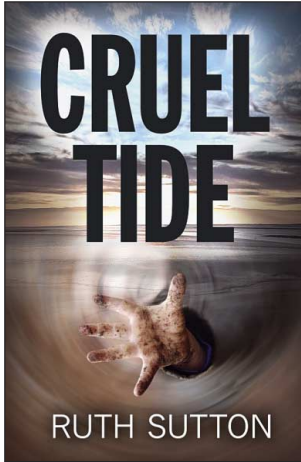
Ruth admits that all her characters stay with her even

after the books are published. "They become real people and part of you."

Writing can be an isolating activity, so when two writers get together we really enjoy bouncing ideas around. I left with the feeling that Ruth won't be able to completely hang up her computer keyboard and sincerely hope she finds the balance that will keep her mind and body happy and sharp.

Keep up-to-date by visiting Ruth's website [www.ruthsutton.co.uk](http://www.ruthsutton.co.uk) and blog.

*Vivienne Tregidga*



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# THE ROTATING WHEELS RALLY

## A FABULOUS TURNOUT – OF VISITORS AND EXHIBITORS

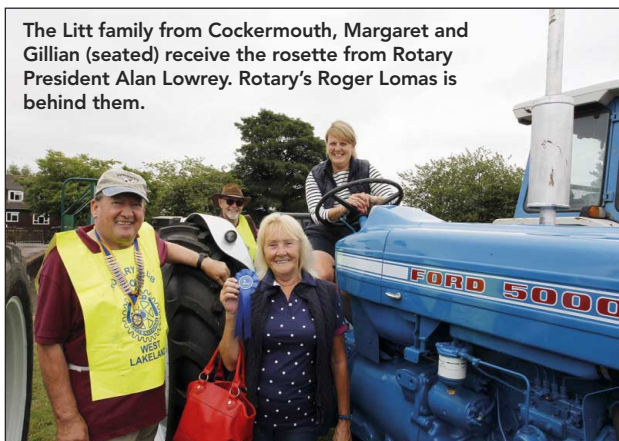
West Lakeland Rotary Club members had an idea ... to organise a show that would raise money for the Air Ambulance. From concept to success in three months their Rotating Wheels Show attracted almost 100 exhibitors (some from as far afield as Derbyshire) and over 700 visitors to Gosforth's Playing Field on Sunday, 22 July. Classes were divided into cars, car clubs, tractors, motorbikes and stationary engines.

The Rotary Club provided free parking for visitors, and also made available food and refreshments. There were stalls selling ice cream, beers, coffees and showing electric bikes plus an exhibition manned by the First Responders.

A superb total of £2,100 was raised.

Vehicles varying between a Sinclair C5, Oldsmobile (which competed on the famous London to Brighton Car Rally), Ferrari, Lea Francis, various Rally cars, Oxo van, various marques of motorbikes and a large display of tractors from ancient to brand new were on display.

*David Culley*



The Litt family from Cockermouth, Margaret and Gillian (seated) receive the rosette from Rotary President Alan Lowrey. Rotary's Roger Lomas is behind them.

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**Photos:  
David Culley &  
Trevor Preece**







# SCARY BROWNIES!



2nd Seascale Methodist Brownies joined forces this year with 1st Gosforth Guides to create a Brownie/Guide Scarecrow Campfire scene for the Drigg Scarecrow festival. At the last festival the Brownies made one scarecrow, but this year they were much more ambitious.

They worked hard in three teams, one making heads, one making bodies, and one making legs. It was a real scarecrow production line and quite a noisy and hectic evening, but a productive one. This activity was a great way for all of the new Brownies to get to know the other Brownies and the Guides too. The campfire scene suffered a bit in the storms but no scarecrows were badly injured thankfully!

As well as new Brownies, there are new Leaders joining too: Dani Lewis and ex Gosforth Brownie an Guide has started as a Guide leader in training, Megan Lake has joined Brownies as a leader in training and Abi Waller a warranted Guider from Kent has joined us too. It's good timing as this will be Lynn's last year as Leader and District Commissioner.

*Fiona Robinson*



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**GOSFORTH  
AMATEUR  
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SOCIETY**

### **GADS Youth Theatre Group**

Before our summer break the Youth Theatre Group members performed “James and the Giant Peach” (adapted by Richard George from Roald Dahl’s original book) for an audience of friends and family – there are no ends to the capabilities and talent of this group. During October we are focusing on mask work, making more use of the fantastic set of Trestle masks gifted to us by the Police and Commissioner’s Property Fund. We have only a short term of five sessions so will be

having a very small and intimate showcase for parents in the final week.

## **GADS Youth Theatre**

GADS Youth Theatre Group then takes a break for pantomime but will resume on Thursday 28 February. We meet at 7pm in the main hall at Gosforth Public Hall, weekly during term time, except for half term. New members are always welcome, no matter what your experience or confidence. If you are interested in joining this

lively group for 8-18 year olds, just come along to one of the sessions or get in touch with Director Tosh McGregor using [yt@gads.org.uk](mailto:yt@gads.org.uk).

### **Summer Youth Workshop**

For the 12th year in 13, GADS Summer Youth Workshop kept us busy once again for a week in early August. Twenty-four youngsters, under the direction of Caia van den Elzen and Tosh McGregor, spent the week preparing for, and then performing “Lunarcy” (written by GADS member David Rounce) for their friends and family. During the week, the participants had great fun learning about all aspects of staging a show – including stagecraft, costume, props, make-up, sound and lights, painting scenery as well as learning the lines for their parts. Their performance at the end of just one week was both brilliant and hilarious. The week was partly funded by a generous grant from Cumbria’s Police and Crime Commissioner’s Property Fund, to whom we extend our gratitude and thanks.

### **GADS Pantomime – Alice In Wonderland, January 2019**

The pantomime for GADS in January will be Alice In Wonderland from Tom Whalley Pantomimes. It will run from Wednesday 23 to Saturday 26 January 2019 and is suitable for all ages. In over 40 years of pantomime, this will be the first time that we have ever performed “Alice In Wonderland” and to make it even more special, Tom Whalley was associated with GADS (and particularly







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Summer Workshops) some 10 years ago and is now a professional writer.

Rehearsals begin in early November and although

we are fully cast, we always need more help back stage, behind the scenes and front of house. If you want to get involved without appearing on stage, please contact us.

Although far from a traditional pantomime choice, this show has all of the elements you would expect – fun songs, a dame with a fabulous entrance song, and a slapstick comedy duo. We hope you'll enjoy the many the toe-tapping musical numbers, with a good mix of recent hits, classic rock and musical theatre.

Last year tickets sold very well. Wednesday and Thursday were both very busy and mildly



riotous with several good humoured groups from the local scouts, cubs, brownies, beavers etc. Either is a great night to come along if you want to support their energetic audience participation. Friday and Saturday nights were just about sold out. We are holding ticket prices steady for yet another year – £6 for adults and £4 for u18 / students. Tickets will go on sale on 3 December to Groups, 17 December to GADS Members/Patrons and 3 January to the general public, so please book early to avoid disappointment. Seating plans and ticket sales will once again be visible on the GADS website for those of you who like to pick the best seats. [www.gads.org.uk](http://www.gads.org.uk).

### For more information

To get involved with GADS, to find out more about what we get up to, contact us, or just to look for family and friends in our ever-growing library of photographs going back over the decades, please see our website [www.gads.org.uk](http://www.gads.org.uk). On Facebook we are [gads1948](https://www.facebook.com/gads1948) and you can follow us on Twitter [@gadsgosforth](https://twitter.com/gadsgosforth). We're also on Instagram.



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# MAYOR MIKE STARKIE SAYS...

So much of the work that I'm most proud of here at Copeland Council flies somewhat under the radar. We have an extensive social inclusion programme which delivers, facilitates and supports key projects right across the borough that, although they don't necessarily grab all the headlines, make a significant difference every day to those in need.

Our programme totals work of over £1million, but I believe that the value they bring is immeasurable.

Take our work to tackle domestic violence for example. We now have a dedicated worker in post in our Housing team who works with those who have suffered domestic abuse or sexual exploitation, providing emergency accommodation if necessary. Make no mistake, this intervention is saving lives.

Our Housing team also works to tackle wider homelessness across the borough, helping to prevent 182 households from becoming homeless in the last year, by working with individuals, families, support agencies and landlords to prevent people from having to leave their homes.

One aim of the programme is that we actively support partners who are working to tackle social, financial and digital exclusion.

Alongside the Department for Work and Pensions, we support those transitioning to Universal Credit, while our annual grant recipients include Phoenix Enterprise Centre for its employment support project; Age UK to assist it tackling social isolation; Citizens Advice and the Credit Union for personal budgeting support; Howgill Family Centre for Pre-Birth and Beyond, a

successful focused activity with new parents to help give children the best start in life; and a recently-launched food poverty pilot scheme in Woodhouse, Whitehaven.

With a focus on Copeland's health and wellbeing, GLL has our contract to run sports and leisure facilities in Whitehaven and Cleator Moor, where recent investment has been significant, not least with the new fitness facilities at the upgraded Cleator Moor Activity Centre. We're also proud to support Millom Recreation Centre and Egremont Market Hall with significant annual grants.

In terms of skills and learning, we lead on the Copeland Work and Skills Partnership, with funding from Copeland Community Fund, delivering a range of training and employment opportunities, while at our Beacon Museum, new initiatives are being developed continuously to engage further with the curriculum.

Of course, we cannot deliver our extensive social agenda alone, and I'd like to extend my thanks to our wide range of partner organisations for sharing our ambitions for Copeland. And with a number of exciting new projects to announce over the coming months, long may this continue.



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# THE SPECIAL EFFECTS GUY



I'm fascinated by special effects in films, like a scene of a spacecraft in deep space and we, the audience, fly around it and see every small detail. Scenes like these are created by talented people like the guy I am sitting with today in his home in Gosforth, Peter Christopher Tyler.

Peter's career as a Cinematographer and Visual Effects Director of Photography has seen him work on films like *Aliens*, *Four Weddings and a Funeral*, *Lost in Space*, and *Doctor Who* to name just a few. He has also been involved with the effects on many TV adverts such as the Rice Crispies "Factory" and "City" ads.

His CV, five pages long, includes a BAFTA award for Best Special, Visual and Graphic effects for a 2014 *Doctor Who* series "The day of the Doctor."

"As a boy I was always making models and when I realised I could actually do this for a job I became passionate about getting into the film industry."

Peter is a quiet unassuming kind of guy with a good sense of humour. But how did he break into an industry that is notoriously difficult to get into?

"I wrote to a name, Brian Johnson, I saw in the

credits of a TV Series and he was kind enough to reply and asked me to send photos of what I'd done so far." Peter fidgeted as he spoke, obviously not comfortable talking about himself. "He said that if I was ever passing Pinewood Studios I should pop in and meet him." Peter looked at me incredulously "I was about 17 and living in Birmingham and as it wasn't likely I would ever 'just be passing Pinewood Studios' I got on a train and headed down there as fast as I could. Brian gave me sound advice to get a job in something related to the industry." Peter did just that securing a job in a graphics studio.

A few years later in 1982, Brian called Peter out of the blue offering him a three-month job as an Assistant Cameraman on a film being shot in Munich called 'The Neverending Story.' "I didn't have to think twice, I said 'yes' and put my notice in at the graphics studio there and then."

Peter headed out to Munich and at first, he was sweeping up and making the tea and worked his way up to Clapper Loader then Camera Operator. By the end of the film, almost a year later, Peter had his own small unit creating special effects. A lightning strike scene that the effects department

were not getting right gave Peter an opportunity to demonstrate his talent. "I got a Swiss Army knife and scratched a lightning strike on to a piece of black film, then back lit and animated it. The director liked it. "We worked 10-hour days 6 days a week but it was such fun" said Peter with obvious passion, "I've never had it that good since" he laughed.

The film 'The Neverending Story' was released in 1984 and still looks amazing today.

### Exterminate Exterminate

As a child I was terrified by the Daleks, so in a macabre way I was fascinated to find out that Peter had worked on five of the Doctor Who series. I half expected to see a Tardis lurking somewhere in his house, but no, "I have plenty of Daleks though" said Peter.

Last year Peter worked on an old Doctor Who series called 'Shada' that was only half finished in 1979 owing to a technician's strike action at the BBC. It was intended as the final serial of the 1979-80 season 17. "The fans really wanted to see the story, so we had to film all the effects in the same way they would have done back then without all our modern technology which meant doing things like flying models on wires." 'Shada' is now out on Blu-ray.

We sat in front of a big screen TV and Peter showed me a snippet of a pilot project he is currently working on called 'Firestorm'. The screen lit up and we were taken on a ride past planets and onto a spacecraft where I recognise the style of puppet characters. "The intended audience is 8 – 12-year olds and is made in the same style as 'Gerry Anderson's Thunderbirds' series which was filmed in the mid 1960s" explained Peter, "it took us two weeks to get this 9-minute film completed."

The lure of America has never appealed to Peter who is happy living here in Cumbria. Although he's frustrated with the lack of support for film makers here in the UK.

"The film councils have been disbanded which makes it almost impossible to get funding for films now. Most films made in this country are big American productions

## Peter Christopher Tyler CAREER PROFILE



owing to our tax breaks and the fact that our technicians, plasterers, electricians etc are the best in the world. When you go onto a set in Pinewood Studios you wouldn't know it was a set because it's that good," said Peter. "When I worked on 'Atonement', which was the last feature film I did, the attention to detail was magnificent. They built an entire Victorian hospital!" Peter started to laugh. "One day I saw a line of chamber pots and thought they'd gone overboard on the detail when I saw a turd in one of them. Of course, it wasn't real, but it must have given an actor a big surprise!"

From now on I will definitely look for Peter's name on film credits.

*Vivienne Tregidga*

**Top left: Doctor Who – Cold War episode.**

**Top right: Last Days of the Dinosaurs.**

**Below: Doctor Who – Cold War (posing).**



# DECOMMISSIONING OF REMAINING LLWR MAGAZINES IS IMMINENT

A chapter of the nuclear story on the LLW Repository Site that harks back to the 1950s and 1960s is soon to come to a successful conclusion. LLWR's long-running Decommissioning Programme now has only a matter of months to run.

The story goes back to the days when radioactive waste generated from operations at Sellafield and other nuclear sites was stored at the Repository in concrete bunkers, known as magazines. In the 1990s, modern facilities were constructed to facilitate the removal, repackaging and transport of this material to Sellafield for safe storage. Following completion of this work a programme of works to decommission the magazines was launched. The Decommissioning team started work on its current accelerated schedule in April 2013.

It had a plan to cut its 10-year decommissioning timetable to just six, and reduce costs from £100 million to around £70 million, and thanks to a dedicated and sustained effort from LLWR and NSG Ltd, its decommissioning partner, work is due to be completed by the end of this financial year. All that will then remain will be packaged waste drums, which will be transferred to final storage facilities at either Sellafield or Springfields.

Decommissioning of remaining magazines will lead to a reduction of the highest radiological hazard on the LLWR Site, with the subsequent demolition freeing up land for future development.

Dennis Thompson, who is to step down from

his role of Managing Director of LLW Repository Ltd at the end of September to pursue fresh challenges with his Parent Body Organisation, AECOM, said: "The Decommissioning Programme has long been a key focus for us, so it's fantastic to see that completion on its accelerated schedule is in sight. "The success of this Programme is testament of the hard work, skill and dedication of the team at all levels."

*Martin J. Morgan*





# 1st GOSFORTH SCOUTS

The Beavers, Cubs and Scouts are all settling back into their sections following the summer break and are all looking forward to having lots of fun, learning new skills and joining in as many adventures as we can fit in.

In the last term the eager Beavers turned their hands to potato growing. They can be seen here carrying out quality checks before the potatoes were cooked and eaten.

Our Group joined lots of other Groups at the district camp at Ennerdale (yes there is work to be done as well as the fun bits).

As always the whole Group enjoyed a fantastic last meeting water fight, with the little water available. Not the water slide, the rounders or hot dogs made the meeting a success, it was the joining in of everyone there, Beavers, Cubs, Scouts, Leaders, Parents that did it.

One of the highlights of the year for cubs and scouts was the successful two-night camp at a beautiful spot in Borrowdale where they made a splash in the clear river waters.

The Scouts also hiked from Borrowdale to Wasdale Head in the blistering July heat. Some still managed a smile though during lunch at the edge of Sty Head Tarn.

Leaders have been busy too, updating their mountaineering leadership qualifications in order to get the Group out and about.

So, if you think your child or even yourself would like to join us, we've a few spaces available in each section. Beavers are 6 to 8 years, and meet Wednesdays 5pm, Cubs are 8 to 10½ years, and meet Wednesdays, 6.15pm, and Scouts are 10½ to 14 years and meet Tuesdays, 7 'til 9pm. Come and pay us a visit in the scout hut next to the school and see what we're doing. *Jackie Harper. 27211*



# YOUNG LEADERS TAKE OVER BEAVER SLEEPOVER



We were pleased to welcome another one of our Scouts who has moved on to Explorers and into our Young Leadership Team. John's introduction to this role was not a Thursday evening for an hour, but plunged straight into joining us for a sleepover and the Beaver Scouts (6-8 years) gave him his scouting name – Hedgehog.

The Young Leaders took an active part in the running of this sleepover; they ran the bases for the activities, helped in the kitchen and entertained the Beavers. They even got up early to help keep the early risers from waking everyone – taking them outside to watch the sunrise over the hills. Their enthusiasm, sense of humour and energy created a fun, activity-packed programme. I am sure Beavers went home and told their parents all about the hilarious campfire performance; the adventure into the woodlands where they had to avoid 'The Bog of Frogs'; and cross the 'Raging Waterfall of Anger'.

## Team-work

The Den making challenge saw the Beavers working together within teams to achieve a goal, which was to make a den that would ensure that



their Young Leader stayed dry. They shared their ideas, took votes and agreed on how to build. Our Young Leaders crouched in the wonderful dens created and were thankful that the dens did indeed keep them dry. Sort of!



Watching Squirrel, Fox and Hedgehog passing on their knowledge of mini-pioneering, tying knots, den building, campfire songs; seeing them reassure nervous Beavers; and show them how being at camp is easier when everyone works as a team, leaves me in no doubt that Scouting has given our Young Leaders 'Skills for Life' and we are proud that they have the commitment to volunteer and share this within our group. Roll-on the next sleepover.

## Roses are Red

As mentioned in an earlier edition of Tethera, 30 of our Scouts (10½-14 years) and older Cubs (8-10½ years) went on a fantastic adventure in the summer. Red Rose 2018, although close to home at Kendal, was an international camp attended by more than 1500 scouts and guides from almost 20 countries.

Within hours of arrival we met a small group camping next to us, who had come all the way from Ghana. Over the course of the week our Seascale Scouts met, and swapped neckers with, scouts and guides from France, Croatia, Poland, Eire and Germany.

The adventures included: a day caving; a day on Windermere sailing and canoeing; an elective day where the scouts tackled various activities from



low level walks, and multi activities to via ferrata and ghyll scrambling.

### **Kendal Calling**

We had terrific day out with two scout leaders from Sierra Leone, starting with a short walk up to Kendal Castle. None of us even knew about it but its position gave amazing views over the town and the castle itself made a very interesting visit. The excursion continued with lunch at Brockholes, Windermere, before finishing at White Scar Caves, North Yorkshire. Wow! What an incredible place – the longest show cave in England – the visit lasted 80 minutes with some incredible rock and mineral features along the way.

### **Underground Investment**

2nd Seascale Scout Troop have a rule: we don't invest our new scouts in the hall. Over the years our scouts have made their promise at the stone circle near Sellafield and in the middle of Hallsenna Moor; but also at camp and on top of mountains. We have never invested deep underground, 1 mile into the side of a hill. A very special memory for the six new scouts.



### **Changing Lives**

In the first few days of the camp there were a few tears here and there, as the young scouts – some on their first camp, and many on their first big camp – began to miss home. As the week went on it was wonderful to see these youngsters grew in confidence. They started off not straying far from our own camp; later they would return with swapped badges and neckers and tales of new friends met. On the final evening at the closing ceremony, as the sub-camp flags were lowered for the final time, it was touching to see more tears



being shed as the scouts realised that their amazing week was at an end. Immediately talk turned to the next big camp, "Next time can we go abroad?". The search started immediately: The Netherlands, Poland, Croatia... One thing is certain there are 30 scouts who, if they haven't left by then, will be signing up for the next adventure.

### **Bye Bye Bagheera**

11 years ago Leigh joined our scout group, she was very quiet at first as she didn't know many of us. She travelled up from Bootle, and she was extremely keen to try new things. She became a very active member of our group and took part in an International camp. When her time in scouts came to an end she became a Young Leader with our cub pack. Choosing the name Bagheera, she was an instant hit with all the cubs. She took a very active part in planning and running activities as she worked through her Young Leaders' Award. Now Leigh needs to move on as she is starting a catering apprenticeship. We will miss you Bagheera and wish you all the best for your future. The cubs have just one request...please come back and cook something yummy for us!



**2nd Seascale Scout Group meets at Seascale School on Thursday, caters for Beavers, Cubs and Scouts, and has links with the local Explorer Scout unit. To find out more, please contact:**

*Neil Henderson, Scout Leader,*  
Info@SeascaleScouts.org.uk



# PUB OF THE SEASON AWARDED TO THE “BROWN COW” AT WABERTHWAITE

On Saturday 8 September West Cumbria CAMRA members travelled to the Brown Cow at Waberthwaite to award the Pub of the Season to Mark and Mary Winter who, together with their three sons Martin, Richard and Mathew, run the pub.

Martin and Richard are both trained chefs so besides boasting five handpumps the pub offers a delicious range of food.

The pub functions both as a hub for the local community and as a welcome hostelry for passing motorists and walkers scaling the nearby fells or walking the Cumbria Coastal path.

Presenting the award CAMRA member, Mary Thompson, said, “Our branch of CAMRA is presenting this pub, the Brown Cow at Waberthwaite, with a Pub of the Season certificate. Why are we doing this? Pubs are closing their doors. In 2016, 500 pubs across the UK called last orders for the final time. Since 2000, the number of pubs in the UK has fallen by 17%, or 10,500 pubs, according to the British Beer & Pub Association (BBPA).



So in this time of great loss in our ale houses it is a huge pleasure and indeed somewhat exciting to find a pub here that, far from closing its doors, is a new adventure for one family which has taken on this enterprise with enthusiasm and determination since moving in last December.

After the presentation CAMRA members mingled with locals and enjoyed a convivial afternoon of good beer, good food and good crack.

*Len Wainwright (CAMRA)*

## LOWES COURT GALLERY

Autumn has arrived at Lowes Court Gallery in Egremont! Theme of the month for October is SEASONS OF MISTS AND MELLOW FRUITFULNESS.

As a new initiative this year members of Lowes Court have been invited to submit artworks grouped together as a monthly feature wall. Following the recent AGM the gallery committee are delighted that the efforts put in to keep the gallery afloat have been worthwhile.

Various cost cutting and fund raising initiatives such as a very successful art auction have enabled the gallery to continue in existence well past its fortieth year in its grade 2 listed premises on Egremont Main Street.

Theme of the month for November is GRAND DESIGNS, which aims to feature town and villagescapes or any buildings of interest, and for December it is WINTER WONDERLAND.

Run entirely by volunteers, Lowes Court is open Tues, Weds and Sat 10-1.30, Thurs and Fri 10-4. The

ground floor stocks a wide range of handmade craft items by local workers, whilst upstairs there is a variety of landscape paintings, photographs, prints and cards, all produced by exhibitors working within Cumbria. Given enough volunteers to man the shop it is hoped to extend the opening hours on the run up to Christmas. The gallery: [www.lowescourt.co.uk](http://www.lowescourt.co.uk) [lowescourt@btconnect.com](mailto:lowescourt@btconnect.com) Tel: 01946 820693 Charity No. 500621 Find us on facebook



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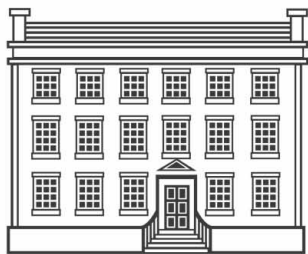
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# WEST LAKELAND DOG TRAINING CLUB

Every year we raise money for charity through various dog events held in West Cumbria. Most take place at the SRA field in Seascale. Many may have seen us training our dogs there.

We are a non profit group of members who give up their time to help people train their dogs.

Our charities for 2017 were Animal Concern and Jigsaw children's hospice who received £500.00 each. Both groups came to Egremont on a training night to see what we do with the dogs and receive their cheques.

*Dee Milburn*, [www.wldtc.co.uk](http://www.wldtc.co.uk)



Animal concern.



Jigsaw children's hospice.

## West Cumbria Dog Walking

[facebook.com/westcumbriafurryfriends](https://www.facebook.com/westcumbriafurryfriends)

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Herbs, Planters and Wreaths available from Egremont Farmers Market and The Gather, Ennerdale.

For details of workshops see [helensherbbs](https://www.facebook.com/helensherbbs) on facebook and Twitter.



### Autumn Cookery Workshops:

30th Oct: Chelsea bun making  
at The Gather 10am-12.00 £14

22nd Nov: Christmas cake making  
10am-12.00 at The Gather £16

### Winter Wreath making workshops:

1st Dec: The Gather, Ennerdale  
10.30am- 2.30pm £25

2nd Dec: Armathwaite Hall 1pm- 5pm £65  
inc afternoon tea

13th Dec: Woodlands Tea room  
Santon Bridge 5pm- 8pm £25

Bookings for The Gather: 01946 862453



**OCTOBER**  
19th

~  
**NOVEMBER**  
2nd & 16th

~  
**DECEMBER**  
7th & 21st

Transport is supported with Muncaster Microbus by a voluntary donation, calling at Ravenglass, Holmrook, Drigg, Seascale and Gosforth.

A wide range of stalls including Mawbray & Kick Ass Cheese, Shaw Meats, Creative Seafood, Lynn's Cakes, Haverigg Smokery, Hospice at Home preserves & soups, Pies and More, fresh farm vegetables, plus a wide range of craft stalls offering leather bags to wooden clocks.

There is a variety of live music, and quality Fairtrade refreshments provided by local community groups.

**Open 9:30am - 1pm**  
**EGREMONT MARKET HALL**

near the Factory Shop on Market Street

# MUNCASTER MICROBUS DAY TRIPS 2018

Month	Day	Date	Destination	Price
October	Friday	19	Egremont Farmer's Market	Free
	Saturday	27	Ambleside/Windermere (Hayes Garden Centre/Lakeland)	£9.50
	Wednesday	31	Blackpool Illuminations	£15.00
November	Friday	2	Egremont Farmer's Market	Free
	Saturday	10	Carlisle (Christmas Shopping)	10.00
	Friday	16	Egremont Farmer's Market	Free
	Saturday	24	Ulverston Dickensian Fair	£8.50
December	Friday	7	Egremont Farmer's Market	Free
	Saturday	8	Kendal	£9.50
	Friday	21	Egremont Farmer's Market	Free
	Saturday	22	Keswick/Cockermouth (Christmas Lights)	£9.50

## 2019

January	Saturday	5	Carlisle (Sales)	£10.00
	Friday	18	Egremont Farmer's Market	Free
	Saturday	19	Cockermouth (Lakeland Home Centre)	£8.50
February	Saturday	2	Barrow	£9.00
	Friday	15	Egremont Farmer's Market	Free
	Saturday	16	Keswick	£9.50

Muncaster Microbus runs Whitehaven shopping trips on Tuesdays and Thursdays which can call at Gosforth and Seascale. Details from [www.muncastermicrobus.org.uk](http://www.muncastermicrobus.org.uk). Bookings: 01229 717229.

### TEA TRIPS: AFTERNOON TEAS

26 October "The Gather", Ennerdale	Fare only £5
9 November "Woodlands", Santon Bridge	Fare only £5
23 November "High Cross", Broughton	Fare only £7
7 December "The Byre", Bootle	Fare only £5

### THE GADABOUT SERVICE

The Muncaster Microbus is starting a new service called the Gadabout Service. In order for us to be able to provide this service, we will need volunteer drivers. Anyone with a car driver's licence can drive our vehicle. We are only asking for half a day's help at a time. For more details, please call and leave your name and number on: 07483 398699 or Email: [info@muncastermicrobus.org.uk](mailto:info@muncastermicrobus.org.uk)

#### It can take you:

- to Seascale Health Centre, Bootle Surgery, hairdressers, libraries, local shopping or community activities (e.g. WI, afterschool clubs).
- to visit a friend in Hospital, in Residential Care or in the next village.
- to get to a train or bus service (and collect you to bring you home!).

#### It is for anyone of any age:

- Who does not drive for any reason
- Who does not have their own transport
- Has limited access to shared transport
- Cannot drive their own cars temporarily
- And lives between Bootle and Calderbridge, including Eskdale and Wasdale.

#### It will be:

- available from Monday to Friday 9am-5pm.
- booked on a 'first come, first served' basis.



## MORE TRAINS ? YES!

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### **But, But, But. But...**

As promised in the new time-table which started in May we now have many more trains on the Cumbria Coast line. We have more trains on weekdays which include some later each evening. Also, there are, for the first time for many years, Sunday trains between Whitehaven and Barrow.

**But** – the time-table is, in some respects, quite erratic. Several instances of a long gap between trains – over 2 hours from some stations. At other times, a train is followed by another in less than an hour. CRUG (the Cumbria coast Rail Users Group) is pressing hard for timetable improvements. There will be a new timetable from 9 December, but sadly little change is expected. Hopefully the 2019 timetable will have much better changes.

**But** – the local passengers on coast line trains are suffering from far too many delays and cancellations. The causes and reasons for these are varied and complex, and not all the fault of Northern. It maybe some small consolation that September figures for cancellation, on 'our line', show some improvement, and that some lines (e.g. the line from Windermere, and some lines into Manchester) have a much worse record. Most readers will have seen much local and national publicity about this; the mayor of Greater

Manchester (Andy Burnham) seems to appear frequently on our TV screens. More locally, Trudy Harrison is making strenuous efforts to ensure improvements, as are several other Cumbria MPs.

**But** – what can the individual passenger do about the local rail travel difficulties? It is important that Northern do not concentrate on other parts of the network and forget the Cumbria coast line. The local Northern staff – guards, clerks etc are very helpful and efficient but the problems are not their fault – better to contact those higher up! So, if you have suffered from a delay or cancellation, complain! There are several ways to contact Northern.

**Pick up and use a 'Your Comments' form at Whitehaven Station.**

**Go on to the Northern Railway website and then send an email.**

**Ring 0800 200 6060 Opt. 6. or 0333 222 0126.**

**Write them a letter, and post it to 'Freepost NORTHERN RAILWAY'.**

**But** – you can also join a group of like-minded rail travellers. Cumbria coast Rail Users Group (CRUG) meet on the 2nd Saturday of each month in Seascale Methodist Church Hall. Now at a new time 13.05. Next meetings are 10 November and 8 December. Or join online at CRUG, or pick up one of our new membership leaflets. It costs just £5 per year to join!

*Martin Bibby*

## 'DRIGGSBY', THE TULLIE HOUSE WHALE

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Tullie House Museum in Carlisle has a new whale skeleton, which has been installed for exhibition. Since 20 of January 2018, visitors have been amazed, as they enter the Atrium, by a 12m long leviathan looking down at them. The whale is not only a Museum centrepiece but will also hopefully become a new icon for Carlisle. It is the Tullie House version of the young Blue Whale now exhibited in the entrance of the Natural History Museum in London.

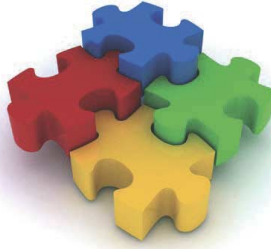
This specimen of a Fin whale was discovered in February 2014 after it was washed up dead on the beach, at Drigg Point, near Drigg. It is the second largest living whale species, though like all baleen whales, the species feeds on tiny sea creatures (plankton). This endangered species is a very rare Cumbrian discovery, and it is very likely that the whale originated from further south in the Irish

Sea, where sightings are relatively common.

The specimen was recovered with the permission of Muncaster Estate, Natural England, The Marine Management Organisation and Copeland District Council. The skeleton has now been thoroughly cleaned by a specialist, Nigel Larkin, who also modelled many of the missing pieces. The skeleton was then articulated in sections, which could be mounted together on the Atrium wall at Tullie House. The whole project has been supported by various organisations, including the Drigg and Carleton Community Benefit Fund, public funding from Arts Council England, Cumberland News and The Binks Trust.

So why not pop along to Tullie House on your next visit to Carlisle, and admire this amazing spectacle?

*R. Williamson*



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