



Village Magazine
MARCH 2012

SEASCALE

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UNISEX HAIR SALON



PARISH NEWS

Editor: Eileen Eastwood 019467 28653

Production: Trevor Preece 019467 28449 trevor@epic-gb.com

Happy New Year to all of you. It's going to be a very busy 2012 with the Diamond Jubilee and Olympics to look forward to.

Thank you for your support over our Christmas celebrations. I am sure you will all agree that the Christmas Lights were wonderful thanks to all the hard work of John Garner and Tony Biggins. The weather leading up to the switch-on was not the best and John worked in some awful wet weather.



Weather on the afternoon of the switch-on was not good but fine until we were ready to go outside, when we had the worst thunder and lightning we've had for a while. We eventually did get out and had a spectacular firework display. Our High Sherriff, Iona Frost-Pennington, stood outside with us all and enjoyed the fireworks then switched on our lights –

many thanks to Iona and all of you who came and enjoyed the festivities and refreshments afterwards. Our thanks to Father Christmas who gave us time in his busy schedule to visit our young people, and Emma and Paul



Winstanley, and Tony Kirkham, who provided some superb musical accompaniment for the occasion.

We are in the process of working with the Beach Advisory Group to improve our beach front.

Copeland is improving the recycling site by extending the concrete area so that the cardboard bank can be moved next to the others. This is part of our bid to improve our beach.

The plans for our cycleway are moving along. Watch the notice boards for the date of our Annual Parish Meeting as I am sure we will have more news on our scheme.

It would be interesting to know if any groups are planning Diamond Jubilee celebrations.

When I was Chair of the Amenities Committee the Parish Council bought the old railway goods yard that now houses the Sports Hall, the Bowling Green, Pavilion and BMX site. We ran a 500 Lottery and a group of us went door-to-door four times a year selling the tickets. One of the hard workers was Stuart Hoyle who died recently and we pass our condolences to his family. Stuart did a lot of work helping us with the Sports Hall and did all the planning of the floor to fit as many sports in as possible. The fundraising group was made up of councillors and volunteers and raised nearly £40,000.

Many thanks to David Morgan who has again collected more rubbish this year than last on the beach and in the village; we are lucky to have him.

Judith Kirkham, our clerk, stood down from her post on 31 December 2011 and we wish her well. We welcome our new clerk, Sonia Batten, who will help to answer your enquiries.

Eileen Eastwood, Seascale Parish Council

A VIEW FROM THE CHAIR

In the Bleak Mid Winter the Parish Precept Must Be Set...

The precept is the money the District Council provides to the Parish Council each financial year to run the business of the parish. It is made up from a proportion of the annual Council Tax paid by every Seascale household. For 2011/12 we set our precept at £17,100 which worked out at £27.94 for each Band D property in the village and proportionally for those in other bands.

Setting the precept is one of the year's most important decisions to be taken by the Parish Council and must be done each December. How much will we need over the coming year to pay for essentials such as renting the car park, having the grass cut, maintaining our play areas and supplying heat, light and water to the buildings for which we are responsible? In a small way we're ensuring that life continues as normal, year on year. It's an annual ritual, like watching for the appearance of the first snowdrops.

We know that during the next financial year the services we pay for will cost us more, the inflation rate of 5% being applied to most of them. But inflation also affects every family and individual in the village; bearing this in mind we've decided that we should hold the precept for 2012/13 at the same level of £17,100. If necessary we shall have to dig into our contingency fund, much as households everywhere are having to do.

Helen Pateman

GOSFORTH AND DISTRICT ART SOCIETY

Venue – Gosforth Village School, 7-9pm Mondays

We meet every Monday night throughout the year with breaks for Easter, summer and Christmas. We generally arrive around 6.45 – 7pm in the evening and leave around 9pm. We have tea, coffee etc and quite often stop around half time to have a chat, look at each other's paintings and share views.

We have 30 members who have various abilities with watercolour, pastel, oils, acrylics and other mediums. We all tend to share our knowledge with each other as and when needed. Usually new members find it useful to get ideas and help from more experienced members but that is entirely up to them. Plenty of help is on hand.

We use our funds hiring professional tutors for the benefit of our members. Our Annual August Bank Holiday Exhibition, this year from Saturday to Monday, 25-27 August, 10am-5pm each day, plays a big part in raising funds for our group.

Jakki Barratt: jakki@karletta.co.uk

NYE CASINO NIGHT AT THE STRANDS

Mark and I wish to thank all our customers for their help in raising £832 at our New Year's Eve 'Charity Fun Casino Night'. We have donated the money to:

Mountain Rescue, £416.00

Eskdale Nursery School, £416.00

For which they are both very grateful.

Lesley Corr, The Strands Inn & Brewery, Nether Wasdale

My thanks to Barbara for all her kind words in last November's magazine. I really enjoyed my time as Chair of the Parish Council. It was a busy time but as the Chair I had no more powers than any other Parish Councillors and I thank everyone who supported me and helped me achieve everything. You all know who you are. Barbara herself planned all the work in the Dell and did all the drawings for our walks booklet. It is rewarding to see what can be done and I hope new councillors get the same satisfaction. Eileen Eastwood



Seascale School was presented with an award for its garden by Mayor of Copeland, John Jackson.

THE QUEEN'S DIAMOND JUBILEE 2012

To mark 60 years of the Queen's reign the Diamond Jubilee celebrations will centre around an extended weekend on 2, 3, 4 and 5 June. All over Britain there will be celebrations, parties and beacons.

The late May bank holiday has been moved to Monday 4 June and an additional Jubilee bank holiday will take place on Tuesday 5 June.

Seascale Parish Council is offering support to events planned in the village, especially those organised by and for young people. We are in discussions with Seascale School and with Shackles Off at present. If events are being planned please let the Parish Council know about them and we will discuss whether we can help.

The website will have information about events that are taking place.

www.seascale.org.uk

Helen Pateman

MUNCASTER MICROBUS DAY TRIPS 2012

Date	Day	Destination	Price	Notes	
March	14	Wed	Cockermouth/Lakeside	£8.50	Details of concessions to be confirmed Entrance to Flower Festival not included
	17	Sat	Kendal/K Village	£9.50	
	31	Sat	Carlisle/Houghton Grange	£10.00	
April	14	Sat	Grasmere	£9.00	
	28	Sat	Maryport	£8.50	
May	12	Sat	Keswick/Cockermouth	£9.50	
	16	Wed	Workington/Dunmail	£8.50	
	26	Fri	Windermere Cruise	£9.00	
June	9	Sat	Holker Hall Garden Festival	£9.00	
	23	Sat	Coniston/Hawkshead	£8.00	
July	7	Sat	Mystery Trip	£9.50	
	11	Wed	Workington/Dunmail	£8.50	
	21	Sat	Ambleside/Windermere	£9.50	
August	4	Sat	Grange/Cartmel	£10.00	
	18	Sat	Ullswater Steamers	£10.00	
September	1	Sat	Keswick/Cockermouth	£9.50	
	12	Wed	Cockermouth/Lakeside	£8.50	
	15	Sat	Carlisle	£10.00	
October	29	Sat	Ambleside/Windermere	£9.50	
	13	Sat	Penrith/Rheged	£10.00	
November	27	Sat	Barrow/Roa Island	£9.00	
	10	Sat	Keswick/Cockermouth	£9.50	
	14	Wed	Workington/Dunmail	£8.50	
December	24	Sat	Kendal/K Village	£9.50	
	8	Sat	Carlisle	£10.00	
	12	Wed	Cockermouth/Lakeside/Lights	£8.50	

Plus – Theatre-by-the lake Trips TBA (probably 2 in autumn)

Muncaster Microbus runs Whitehaven shopping trips on Tuesday and Thursdays which can call at Gosforth and Seascale. Details from www.muncastermicrobus.org.uk. Bookings: 01229 717229.

BROADBAND – THE NEXT GENERATION

Included with this magazine is a letter from the Mid Copeland Broadband Champions asking you to support their effort to ensure that this area of Cumbria benefits from Cumbria County Council's initiative on faster broadband. A leaflet about this initiative "Connecting Cumbria", which is part of a four county pilot scheme, is also enclosed.

Your current broadband connection may seem to be adequate and when it is slower than usual you may put this down to it being a busy time of day, or half term, or hundreds of people downloading Eastenders. In the very near future, however, there will be vastly increasing use of the internet; many more users will turn to downloading entertainment, more people will be shopping online, and small businesses who don't have dedicated services as do banks and government will use it more. This will slow the present service down for everyone and apart from the annoyance this causes it will be commercially disastrous for many users. For an insight into how a Seascale business is finding the present system completely inadequate read Trevor Preece's observations below.

Faster service is vital for us all. Please let your Broadband Champion know that you will be interested in taking up high speed broadband, "the Next Generation". The more of us that register our interest now the better our chance of being included in the plans being drafted by "Connecting Cumbria". *Helen Pateman*

SEASCALE'S BROADBAND TODAY

Some years ago SamKnows listed Seascale's telephone exchange as being upgraded to 21CN/WBC (21st Century Network/Wholesale Broadband Connect) during the last quarter of 2011. As we are well aware, this never happened, and the "prediction" was dropped from the LCSEA (Seascale exchange) page: (<http://www.samknows.com/broadband/exchange/LCSEA>) about two years ago. BT's ADSL2+ list of current exchanges and future upgrades can be found at:

https://www.btwholesale.com/pages/static/Community/Broadband_Community/21CN_Broadband_Availability.html

Regrettably, Seascale doesn't get a mention. A spokesman from SamKnows observed, "BT seem focused on Infinity at the moment, but then tend to roll it out in areas where broadband is already pretty good!" So it looks as though we will have to remain content with super-slow broadband for some time, unless the new campaign (see above) can gain ground rapidly.

To get a better upstream speed, needed for sending large files to magazine and book printers, I have to pay my ISP a hefty surcharge for double-speed upload (still only a paltry 832kb/s – standard is 448kb/s) because BT no longer promote it for Seascale's exchange and price-hike the facility to my ISP. On the The Banks I typically get 6.5Mb/s downstream and 0.7 Mb/s upstream during the day. Seriously tedious. *Trevor Preece*

PARISH COUNCILLORS

Elaine Dickinson	27288
Eileen Eastwood	28653
Ken Mawson	29786
David Moore	27674
Helen Pateman (website editor)	28131
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Malcolm Southward	01946 66047
Phil Taylor	28020
Andrew Williams	28203
Clive Willoughby	07741 007495
Andrew Woolass	28218

Clerk

Sonia Batten 21332

Copeland District Councillors

Eileen Eastwood 28653

David Moore 27674

County Councillor

Sue Brown 01229 774666

Other Useful Numbers

Cumbria Highways Hotline 0845 609 6609

Copeland Direct 0845 054 8600



HOW SEASCALE CELEBRATED THE QUEEN'S SILVER JUBILEE IN 1977

These images are taken from a 12-page locally-funded and sponsored brochure produced for the occasion.



Price
20p



©1977 and designed by H. Barton
Printed by D. Clark, Grimsby, Lincs.



INTRODUCTION

Seascale is proud to be playing a part in the Silver Jubilee Celebrations of Her Majesty Queen Elizabeth II.

In the twenty-five years since Her Majesty came to the throne the village has seen many changes and during that period it has grown and prospered, creating an identity and character of its own.

Part of that character is reflected in the enthusiasm and energy that local people have devoted to planning the three days of events that are to take place in Seascale during 'Jubilee' weekend.

The Seascale Silver Jubilee Committee are indebted to their support and indeed the support of everyone in the village who have contributed towards the success of the celebrations.

J. PICKERING
Chairman

PROGRAMME

SUNDAY, 5 JUNE

- 11-00 a.m. SAILING REGATTA (The Boat Club)
- 11-00 a.m. SINGLE WICKET CRICKET TOURNAMENT
(The Cricket Field)
- 3-30 p.m. OPEN AIR CHURCH SERVICE
(The Cricket Field)

MONDAY, 6 JUNE

- 10-00 a.m. FIRE STATION — OPEN DAY AND COFFEE MORNING
- 10-00 a.m. FIVE-A-SIDE FOOTBALL (Coniston Avenue Playing Field)
- 11-00 a.m. SAILING REGATTA (The Boat Club)
- 1-45 p.m. IT'S A KNOCKOUT (Coniston Avenue Playing Field)
- 7-00 p.m. SCOUTS, GUIDES, CUBS AND BROWNIES CAMP FIRE
(The Cricket Field)

TUESDAY, 7 JUNE

- 1-00 p.m. CARNIVAL PARADE ASSEMBLES AT THE WINDSCALE CLUB
- 1-30 p.m. CARNIVAL PARADE DEPARTS THE WINDSCALE CLUB
- 2-00 p.m. CARNIVAL PARADE ARRIVES AT THE CRICKET FIELD
- 2-00 p.m. — 2-30 p.m. JUDGING FANCY DRESS AND PRIZEGIVING
- 2-30 p.m. NATIONAL ANTHEM AND RELEASING OF 200 BALLOONS
- 2-30 p.m. — 3-00 p.m. PET SHOW AND PRIZEGIVING
- 3-30 p.m. SPORTS including FOOT RACES, SLOW BICYCLE RACE, OBSTACLE RACES, JUNIOR TUG OF WAR
- 4-30 p.m. SENIOR TUG OF WAR

The above events will be supplemented by side shows, stalls, trade shows, displays, etc. on the Cricket Field.

EVENTS CALENDAR in and around Seascale

Find updates at: www.seascale.org.uk

- 15 March – Thursday.** Open Mind West Lakes U3A. “Protecting your Family Inheritance” by David Hopkinson. 10.15 for 10.45am, Gosforth Public Hall. £2.50 for non-members.
- 16 March – Friday.** Open Mind West Lakes U3A Walking Group. Calderbridge. Park at Stakes Bridge on the Calder Abbey Road, 10am. Calder Wood and Thornholme.
- 17 March – Saturday.** Cumbria Railways Association spring meeting. County Hotel, Carnforth. Details will be on www.cumbrianrailways.org.uk
- 18 March – Sunday.** Mothering Sunday / Mother’s Day Cream Tea and Steam Special on the Ravenglass & Eskdale Railway. Gift vouchers £15. Contact Claire: 01229 717171.
- 18 March – Sunday.** Cumbria Railways Association spring field trip to the eastern section of the Lord Carlisle Railway. Details will be on www.cumbrianrailways.org.uk or 019467 28296.
- 23 March – Friday.** Evening Steam and Fish Supper. Leaves 6pm Ravenglass, Ravenglass & Eskdale Railway. Tickets £8.50 inclusive. Contact Claire: 01229 717171.
- 23 March – Friday.** Open Mind West Lakes U3A Discovery Group. “Wild Ennerdale” by Rachel Oakley. 10.15 for 10.45am, St Mary’s Room, Gosforth. Contact Graham Hutson 019467 25477.
- 24 March – Saturday.** Table Top Sale – Previously Loved Baby & Children’s clothing & equipment. Gosforth School Hall, 2pm. Refreshments available. Tel 25800 for details
- 25 March – Sunday.** Join Gosforth District Agricultural Society for ‘A Jubilee Celebration of Rural Life’, with entertainment, exhibition of memorabilia & refreshments. Gosforth Public Hall from 1pm. Details & tickets, £5, from Vera Lowery, 25213.
- 25 March – Sunday.** Easter Fair, Gosforth Primary School in support of the Minibus Appeal. 11am–2pm. Supported by NSG Environmental Limited.
- 25 March – Sunday.** Victorian Afternoon Tea in the Methodist Church Hall. 3pm. Tickets £5 will include dainty sandwiches, scones with jam and cream plus a selection of cakes and pastries. Proceeds chared between church funds and youth visit to Soul Survivor.
- 31 March – Saturday.** Kevin Tomlinson, ‘Seven Ages’, a fascinating show about the cycle of life. Gosforth Public Hall, 7.30pm. Details & tickets from Ann McKenzie 25700.
- 4 April – Wednesday.** Open Mind West Lakes U3A History Group. “Romans in Cumbria” by R.S. Matthews. 10.15 for 10.45am, Drigg Village Hall. Contact Xandra Brassington 019467 25794.
- 13 April – Friday.** Open Mind West Lakes U3A Walking Group. Eskdale. Park at Dalegarth Station car park, 10am. Stanley Ghyll (optional) and along river bank to St Catherine’s Church.
- 13-14 April – Friday and Saturday.** Exhibition of paintings, photographs and prints by Gareth Harrison. 11am-5pm, Supper Room, Gosforth Public Hall.
- 18 April – Wednesday.** Cumbria Wildlife Trust West Coast Support Group. Illustrated talk on Golden Eagles by Neil Harnott, Senior Conservation Officer, CWT. Seascale Methodist Church Hall, 7.30pm. £1.50 includes refreshments.
- 19 April – Thursday.** Arts Out West music performance “Craig and Willoughby”. 7.30pm, Drigg and Carleton Village Hall. Tickets 019467 24321.
- 19 April – Thursday.** Open Mind West Lakes U3A. “Restoration, a Restorer’s Lot” by Peter Makin. 10.15 for 10.45am, Gosforth Public Hall. £2.50 for non-members.
- 20 April – Friday.** Evening Steam and Fish Supper. Leaves 6pm Ravenglass, Ravenglass & Eskdale Railway. Tickets £8.50 inclusive. Contact Claire: 01229 717171.
- 25 April – Wednesday.** Open Mind West Lakes U3A Discovery Group. “Experiences of an Expert Witness” by Dr Ian Hill. 10.15 for 10.45am, St Mary’s Room, Gosforth. Contact Graham Hutson 019467 25477.
- 26 April – Thursday.** Cumbria Wildlife Trust West Coast Support Group. A spring wildlife walk from La’al Ratty. Take the 10.30 train to Irton Road for a guided walk towards Muncaster Fell. For fares and to book phone 01229 717171. Donation to Trust £2.
- 2 May – Wednesday.** Open Mind West Lakes U3A History Group. “William Calvert of Keswick” by Roy Ellis. 10.15 for 10.45am, Drigg Village Hall. Contact Xandra Brassington 019467 25794.
- 4 May – Friday.** Flowers in Song – music for the Flower Festival by West Cumberland Choral Society. With wine and puddings. St Cuthbert’s Church, Seascale. 7.30pm. Tickets £10. 01946 823167.
- 4-6 May – Friday to Sunday.** Georgian Fair, Cockermouth.
- 4-7 May – Friday to Monday.** St Cuthbert’s Church Flower Festival. St Cuthbert’s Church, Seascale. 10am-4pm Friday, Saturday and bank holiday Monday. 2pm-5pm Sunday. Details from Rev. John Woolcock, 28217.
- 9 May – Wednesday.** Cumbria Wildlife Trust West Coast Support Group. From 7pm. “Natterjacks Calling”. A walk along the dunes from Seascale car park to Sellafeld and back in search of reptiles and to listen for Natterjacks. Bring a torch. Free public event.
- 11-13 May – Friday to Sunday.** Festival of Strands Beers. 25 Strands own-brewed beers on handpulls. Strands Inn and Brewery, Nether Wasdale.
- 12 May – Saturday.** Open Day with Jubilee Cream Teas – Gosforth Nursery, from 2pm. Contact 019467 25800 for details.
- 17 May – Thursday.** Open Mind West Lakes U3A. “Of Samurai’s

If you know of events after 6 July that would interest residents of Seascale please email to news@epic-gb.com for publication in our next magazine.

and Geishas" by Pax Garabedian. 10.15 for 10.45am, Gosforth Public Hall. £2.50 for non-members.

18 May – Friday. Evening Steam and Fish Supper. Leaves 6pm Ravensglass, Ravensglass & Eskdale Railway. Tickets £8.50 inclusive. Contact Claire: 01229 717171.

1-3 June – Friday-Sunday. The Whitehaven Festival.

2-4 June – Saturday to Monday. Eskdale Art Show. 10am-4.30pm, St Bega's School, Eskdale. Art for sale including paintings, prints, wood turning, ceramics, jewellery, cards and craft. Cafe. Free parking and admission.

5 June – Tuesday. Diamond Jubilee Brass and Bunting with Egremont Brass Band. Dalegarth Station, Ravensglass & Eskdale Railway.

6 June – Wednesday. Open Mind West Lakes U3A History Group. "Stately Homes in Cumbria" by Walter Johnstone.

10.15 for 10.45am, Drigg Village Hall. Contact Xandra Brassington 019467 25794.

9 June – Saturday. Drigg Gala. Behind The Victoria Hotel.

13 June – Wednesday. Gosforth 10 and Fun Run. Contact: Bob Quayle 019467 25617

16 June – Saturday. Cumbrian Railways Association summer field trip around the Railway History of Carnforth. Details will be on www.cumbrianrailways.org.uk or 019467 28296.

30 June – Saturday. Ashton Theatre Group present 'Hollows', a production written by a Whitehaven teenager. Gosforth Public Hall, 7.30pm. Details & tickets from Ann McKenzie, 25700.

18 August – Saturday. Gosforth Show.

25-27 August – Saturday to Bank holiday Monday. Gosforth & District Art Society 3rd Open Exhibition. Over 50 Cumbrian artists' work. 10am-5pm, Gosforth Village Hall.

27 August – Bank holiday Monday. Black Combe Country Fair, behind Millstone's, Bootle. 11.30am start.

29 September – Saturday. Eskdale Show. Eskdale Showfield.

REGULAR EVENTS

Children's Club. Meets every Friday during term-time for children in the infant classes, from 5pm to 6pm, at Seascale Methodist Church Hall. Contact Ros on 21273 or Jackie on 29785.

Gosforth and District Art Society. Every Monday but with breaks for Easter, summer and Christmas. 6.45-9pm, Gosforth Village School. Contact Jakki Barratt: jakki@karletta.co.uk.

Guides. Every Tuesday during school term time. 7.15-8.45pm, usually at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

Jazz Jam Session. Third Friday every month. Calder House Hotel, Seascale. 8.30pm. Admission free.

Line Dancing. Every Monday. 7.30pm, Windscale Club, Seascale. £2 pp donation to charity. Contact 019467 28449 for details.

Open Mic Night – Strands, Nether Wasdale. First Wednesday every month. 9pm start. Live music by various singers and groups, including regular appearances by Emma and Paul Winstanley.

Open Mind West Lakes U3A. Third Thursday every month. Gosforth Public Hall. Coffee 10.15am. Speaker starts 11am. Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt 019467 28759.

Open Mind West Lakes U3A Discovery Group. Fourth Wednesday every month. St Mary's Rooms, Gosforth. Coffee 10.15am. Speaker starts 11am. Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt 019467 28759.

Open Mind West Lakes U3A History Group. First Wednesday every month. Drigg Village Hall. Coffee 10.15am. Speaker starts 11am. Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt 019467 28759.

Open Mind West Lakes U3A Art Appreciation Group. Second Thursday every month. St Joseph's Church Hall, Seascale. 10.30am for 10.45am. Speaker starts 11am. Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt 019467 28759.

Over '60s Lunches. Strands, Nether Wasdale. Monday to Thursday, noon to 2.30pm. One course £5, 2 courses £7, 3 courses £9. 019467.

Pensioners' Lunch – Calder House Hotel, Seascale. Every Tuesday and Friday, 12 noon - 2pm. Any main course £3.99. Desserts £2.00 extra. Booking not required.

Rangers. Every Tuesday during school term time. 7.15-8.45pm, usually in supper room at Gosforth Public Hall. Contact: Sue Smith 019467 28265.

Scottish Country Dancing – Windscale Club, Seascale. Every Wednesday from September to April at 7.30pm. Beginners very welcome.

Scouts: 2nd Seascale Scout Group. Every Thursday night in school term time. St Cuthbert's Hall. Beavers (6-8 years), 5-6pm. Cubs (8-10 years), 6-7.30pm. Scouts (10-14½ years), 7.30-9pm. Contact: 28296 or info@seascalescouts.org.uk

Seascale Parish Council Meetings. First Wednesday every month. 7.30pm in the Methodist Schoolroom. No meeting in August unless there is urgent business.

Tuesday Chat. First Tuesday every month. Drigg & Carleton Village Hall.

West Cumbria Guild of Model Engineers meetings. Second Wednesday every month. Harrington Fishing and Sailing Club, 7.30pm. Visitors welcome. Details: 019467 28938.

West Cumbria Guild of Model Engineers train running on Curwen Hall Park track. Sundays 2-3pm in fine weather.

SEASCALE'S PLAY AREAS

Seascale currently has three play areas, a large one on the beach front, one at the Sports Hall behind the pavilion and one on the Coniston Avenue, or Town End, football field.

These areas are subject to the new Dog Orders which came into force last autumn and dogs are excluded from them completely. The maps currently provided by Copeland and displayed in the village and on the website don't include the area at the Sports Hall but we are working with Copeland to get this put right.

The Coniston Avenue play area is under review and we are in the process of gathering opinion on how much it is used and whether parents are happy to let their children visit it unaccompanied. The equipment is old and will need replacing in the near future and we are worried about the area being very secluded. The School carried out its own review of all the play areas last year as part of a Citizenship project and we are currently studying the results of this in detail; on balance though the Coniston Avenue area does not seem to be well thought of.

We know that it has been used in the recent past

for teenage drinking and over last half term it was vandalised with broken glass and the swings were wrapped round the top bar. Many thanks to the three-person team from Shackles Off who cleared it up.

Because this area is not overlooked it is an easy target and this concerns us.

We are working with Shackles Off to carry out a survey which we expect will take place over the school Easter holidays. We hope that as many people as possible, parents and children, will respond to the survey. In particular we want to know whether we should prioritise one site over the others. With local government funding being cut year on year we must be especially careful how we spend our precept. The more that we know of what people want the better able we are to plan for the future and decide how to allocate the resources we have.

The beach front play area is part of the public image of Seascale and is an important element in our bid to maintain our Quality Coast Award. The beach front itself will be renovated over the coming year under the Beach Improvements Scheme and we will continue to maintain this play area to the highest standard.

Helen Pateman

VISIT WASDALE BY BUS

Saturdays only, 31 March to 29 September Seascale – Nether Wasdale – Waswater YHA – Wasdale Head

Northern Rail, in conjunction with Mid Copeland Parish Partnership, Lake District National Park, Ravenglass and Eskdale Railway, Cumbria County Council and WesternLake District Tourist Information are promoting walks around Wasdale, with a Saturday bus service between Seascale station and Wasdale Head. Times of buses are shown here. Northern Rail services from Carlisle and Barrow connect with the minibus at Seascale.

Saturday AM train/minibus connections

The 09.07 from Barrow, 09.35 from Millom arrives at Seascale at 09.58.
The 08.37 from Carlisle, 09.45 from Whitehaven arrives at Seascale at 10.06.
Seascale 10.10
Gosforth 10.15
Nether Wasdale 10.25
Waswater YHA 10.30
Wasdale Head 10.45

The minibus will wait if a train is delayed.

Saturday PM minibus/train connections

The minibus will NOT wait for passengers who are late even if they have reservations.
Wasdale Head 17.10
Waswater YHA 17.30
Nether Wasdale 17.35
Gosforth 17.45
Seascale 17.50
Trains depart from Seascale for stations to Barrow at 18.02
and stations to Carlisle at 18.16.

Minibus fares £5 single or return between any two points. Child fare (5-15) £3. The minibus has ONLY 16 SEATS. Seat reservations should be made with Sims Travel on 019467 23227



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SEASCALE'S FLOURISHING BREWERY

(Well – Seascale is in The Strands' postal address!)



One business activity that has flourished throughout the country in recent years, despite the difficult financial conditions, is the launch of new microbreweries. There is little doubt that the increased rate of growth has been encouraged by the change in excise duty relief introduced in 2004 which effectively halved the tax bill for units producing less than 3,000 barrels per year. This made investment in microbreweries an

attractive venture and online information gives examples of entrepreneurs leaving successful careers and setting up in the business. In 2010 there were about 50 new microbreweries starting operation in England bringing the total at that time to over 700. Given the rate of increase it seems highly probable that this number will soon exceed 1,000. One outstanding local example of this entrepreneurial spirit is The Strands Inn at Nether Wasdale.

Mark Corr, originally from Oldham, his wife Lesley and daughter Janice Clayton left their home in North Wales to take up residence at the Strands in June 2006 having entered into negotiations to purchase the property only some 12 weeks earlier. The completion of the purchase in this short time period was, according to Mark, due entirely to Lesley coercing solicitors etc to 'get the job done'. They had been looking to buy a business, not necessarily in the licensed trade, when the property was put on the market. Although they were both in high profile jobs they wanted to leave the rat-race that these represented to them. Mark was in the electronics industry and Lesley was a project manager.

It was not Mark's initial intention to start a microbrewery, but once established on the premises and having become familiar with the beer trade, he realised the potential offered for such an enterprise by the space and outhouses to the rear of the property. Together with advice from an experienced friend, and the warning that brewing could become addictive, he set about the procurement of equipment and completed its installation in the space of two months. This unit was of 110 gallons capacity and the first ale was produced in February 2007. Meanwhile, in





Dick Carter

Lesley Corr

Mark Corr

Beer is Living Proof
That God Loves Us
and Wants
Us to be Happy

SOME PEOPLE WANT
IT TO HAPPEN, SOME
WISH IT WOULD
HAPPEN, OTHERS
MAKE IT HAPPEN.

conjunction with all this activity, Lesley had the task of starting from scratch to learn quickly the other aspects of the hotel business; staffing levels, catering, reservations and housekeeping etc. This task seems to have been completed very successfully no doubt aided by Lesley's background in project management.

The first brew was eagerly awaited by the locals at the Strands and proved very popular. There appears to have been much discussion about the name of this ale. These talks were characterised by indecision. Should we call it ("errmmm") something or ("errmmm") something else. The answer became obvious after many such suggestions and the name Errmmm was adopted. The popularity of this beer led to the production of further different ales, always based on the use of old-fashioned methods and only malted barley, hops and yeast used in the brews. The second brew produced a dark beer called the T'Errmm-inator and the third was named Corr'sberg.

The demand for 'in-house' produced ales led to Mark's realisation that a full-time brewer was required together with increased capacity. The post

of brewer was casually mentioned by Mark to Richard (Dick) Carter over a pint at the bar and Dick expressed an interest. In a further discussion a few days

later Dick stated that he was perfectly serious about the job with the net result that he started work in Summer 2010.

Dick, originally from Brighton, had worked as head gardener on a large estate and was approaching retirement. His new post was ideal for him as he had always been interested in beer and brewing and he could be described as a passionate enthusiast. He is an educated man having studied with the Open University and I suspect he is well acquainted with the chemistry of brewing. Dick's wife is Gwen from Chichester with a useful background in bookkeeping and accountancy. She was recruited with Dick under the general job description of 'accounts and housekeeper'. This was ideal for the couple as they owned a house in Gosforth intended for Dick's retirement and this is where they now live. I should add at this stage that I first met Dick some 2-3 years ago watching televised rugby union matches in Gosforth Hall Inn. He is a keen Bath supporter.



Mark explains the processes and components involved in fermentation, including the critical temperature control at every stage.

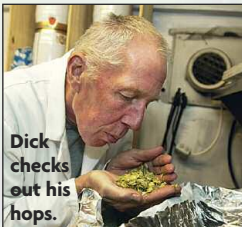
Dick is an enthusiastic experimentalist and is always ready to try something new with his brews. Beer is normally flavoured with dried hops and he had the idea of using fresh hops instead. With this in mind he travelled to the hop growing region of England last September and purchased some freshly picked hops. Later in the day he found them growing wild and free for the picking. Within 24 hours the hops were incorporated in a new brew and I can speak from experience that the product is extremely good. It was named Veridi-errmmm.

The demand for the brewery products continued to rise and Mark realised that yet again an increased capacity was required. A short time after Dick's recruitment further equipment was procured and quickly installed with the effect that the throughput of the unit was doubled. It also made a reduction of one day in the time required for each brew.

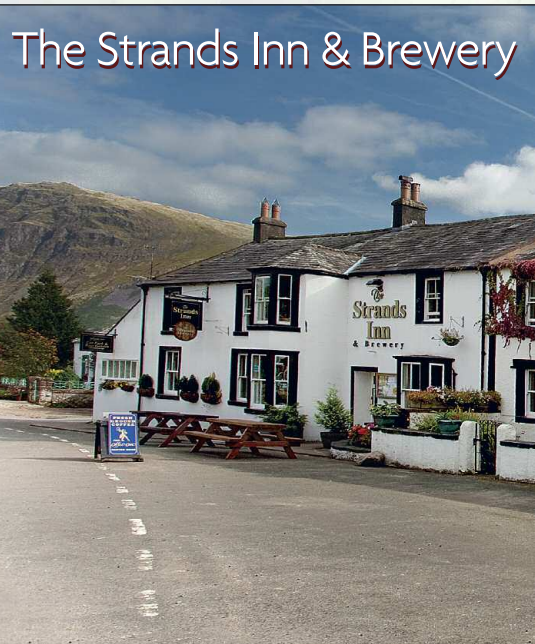
The success of the venture started in 2007 is exemplified by the fact that as early as 2009 it was possible to hold the first Strands Beer Festival which offered 19 of his own different ales. Whilst this event was highly successful and the forerunner of an annual event, Mark is at pains to point out that these are not Beer Festivals in the usual sense of the word but Festivals of Strands Beers. This year's event

will be held 11 to 13 May and it is planned to offer 25 of his own different ales.

My association with The Strands and Real Ale is only very recent. In November last year I was taken to Nether Wasdale by a couple of friends for a Sunday lunch-time jar and this has developed into a regular event. The first things I noticed on entering The Strands main bar was the absence of both TV set and loud background music, and the number of friends and acquaintances from Seascale and



Dick checks out his hops.



Vicki Robson takes pulling a pint of Galaxy Cream seriously.

Gosforth quietly enjoying their lunchtime. My next surprise was the Sunday lunches that were being served. The formula seems to be quantity and quality at a very reasonable price. For the would-be diner a healthy appetite is vital. Pub humour is provided by three plaques containing pithy inscriptions relating to the quirky side of life (see photographs). The one on 'getting things done' is certainly without doubt Mark and Lesley's motto. CAMRA has recognised the quality of the ales produced by Dick and three prestigious awards are mounted above the bar. An interesting feature of the bar top itself is that it is made of a single piece of polished elm. This was obtained, shaped, polished and fitted in place by Mark himself, a further example of his capabilities.

From a business aspect the products from the Strands microbrewery are now attracting interest from other free houses and the sponsors of a Manchester-based Beer Festival. Pins of their beers have also been appreciated at occasional live music private parties in Seascale, ever since Mark came to the rescue the weekend after Jennings' Brewery in Cockermouth sadly was flooded.

The future is bright and there is obviously a very

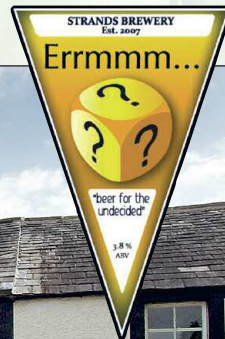


strong team spirit behind the whole enterprise. In addition to the names already mentioned the rest of the current staff comprise: Bar Staff; Vicki Robson, Joanne Sloane, Steven Rainford and Megan Sherry; Head Chef and Chef, Andrew Stonehouse and John Evans; Kitchen Porters; Chris Brough, Jo Money and Reece Fretwell.

Undoubtedly the success of a venture not yet six years old is a tribute to the vision, ambition and drive of Mark and Lesley. The only downside for Mark is that he has an allergy to beer and so can't sup their brews himself!

Good luck to them and their team in the future!

Cheers! Ken Smith



Nether Wasdale 019467 26237



1A SOUTH PARADE – ‘NEW BEGINNINGS’ SHACKLES OFF

We read with interest the article about 1 South Parade in the last issue, and thought it would be nice to bring it up-to-date and let people know what the building is being used for now.

Just what do you do down there? This is a question I have been asked many times over the last few months. Well where do I start? Basically we do anything that is needed!

The name Shackles Off is all about breaking free from the chains that stop us becoming a whole person. It is a sign of hope for everyone, now and in the future. Teenagers today are worried and stressed about many things; by removing the chains one by one they can find purpose, fulfilment, security and success.

Shackles Off has two paid members of staff and ten volunteers, all with different skills and life experiences.

- Lyn Edwards is the Volunteer Project Leader; Lyn is a retired secondary school teacher, a specialist in behavioural problems.
- Mandy Taylor (me) is The Project Development Officer and has Management Qualifications at Level 4 and a vast range of experience in Health and Social Care.
- Jacq Cardy is the Lead Youth Worker with a degree in Community & Youth Studies and a wealth of experience.

Our volunteers have a range of experiences and skills and we offer training to benefit them and the project. Examples of training we have provided recently are safeguarding level 2, first aid, website design and minibus driver training.

Shackles Off comes under the umbrella of Seascale Methodist Church and is supported by both St Cuthbert's and St Joseph's Church; it is a Social Project and inclusive to all. We have worked with over 100 young people and over 30 outside agencies both voluntary and statutory. There are three strands to our work.

- For Secondary school age young people (11-18) we run youth clubs, workshop evenings, award schemes, activity days and residentials. We offer a full programme of activities in school holidays and these are advertised locally. Shackles Off has started an incentive scheme called Links: young people receive points for taking part in



workshops and community activities such as the recent litter pick in February's half term. The points are cashed in for day trips, which so far have included bowling, laser tag and a trip to Blackpool pleasure beach.

- For young people who want to find out more about the Christian faith X-treme meet on a Sunday Morning to discuss and take part in lively worship.
- For the 16-25 age group we run afternoon Drop In sessions for those not in education, employment or training. We work with young people to help them to recognise their skills and potential, providing assistance and advice where needed.



The heart of what we do takes place behind closed doors. It's with those who are most in need and desperate. Over the last few months we have helped two homeless young people find shelter, worked alongside those with drugs and alcohol addictions and mental health issues including self-harm. We have referred some to outside agencies who we work with. For those who don't come to our premises we go out to them.

Shackles Off is planning a community afternoon on 5 June to celebrate the Queen's Diamond Jubilee. This will take place on the green by the jetty. Activities will include face and nail painting, dressing up, sing along, a tea party and much more. Prior to this event, during May we are planning an intergenerational project with our Links group (12-18 years old). We are looking for volunteers to share memories of both the Queen's Coronation and her silver Jubilee, and also to provide photographs with other memorabilia over the last 60 years to display in the Shackles Off window (photographs can be scanned by us so that originals are not used). Also, we would like to know who the oldest person in the village is. If anybody would like to help with any of this please give Jacq or Mandy a ring on 019467 27887.



Website- www.shacklesoff.org.uk
 Email- admin@shacklesoff.org.uk
 Mandy Taylor – Project Development Officer,
 Shackles Off Youth Project

Shackles Off Weekly Events

Monday	11am breast feeding support group 14.00-16.00: Drop In 16-25 year-olds
Wednesday	14.00-16.00 -Drop In 16-25 year olds 18.30-20.30: Links Programme Workshops (ages 11-18)
Thursday	16.00-18.00: Guitar Workshop
Friday	20.00-22.00: Youth Club, Methodist Church Hall (ages 11-18) 20.00-22.00: Social Drop In for 16 years plus
Sunday	09.45-11.15: X-treme

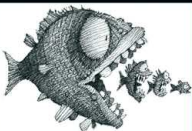
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10 YEARS OF HAVEN BEAUTY

Haven Beauty started out on 19 April 2002 as The Haven. It was a beautiful sunny day and we had our doors open wide. We could not believe the number of people that came in to wish us well. It has now been 10 YEARS!!! OMG has it been that long, I hear you all say?

We will be celebrating 10 years with an open day on Thursday 19 April, with wine and cake (from Pudding Lane, so it will be spectacular), and vouchers for all our customers past, present and future. Please come in and see us.

The salon over the years has gone through quite a change, staff, products and interior. It's been famine or feast with staff. After spending two years working on my own, two come along at once, Stephanie and Nichola, Hurrah. Followed a year later by a third, Hannah. It's nice to have a full complement of staff.



We started with Ahava facial and body products. We still use Ahava for all body treatments, but we changed first to Gatineau facial products but they got quite expensive and the range was huge so I spent three months looking for another brand. I found Environ. The range contains vitamins A and C which helps repair your skin. Environ are leaders in anti-ageing skincare.

Beauty has advanced in leaps and bounds since we first opened. With microdermabrasion, HD Brows, a 7-step eyebrow procedure (tinting, waxing, threading, plucking, pencilling, powder, setting), semi-permanent mascara (lasts up to 6 weeks), polish that lasts 3 weeks, specialist waxing, Japanese stone massage, face and body sensation (for 2) ultimate luxury treatment for him and her or a girly pamper, and the ultimate in anti-ageing facials skin rolling (micro-needling). And who would have ever thought of putting your feet in a tank of fish!!!!!!



We have added a few changes in the salon, our luxury pedicure chair, heated beds and fleece under-blankets for our massages.

Gone are the days of the 45-minute St Tropez rub-on tan, which sent you out as if you had been rolled in mud with a mad dash to the car! Spray tans

have come of age – no to tango, yes to a beautiful golden tan.

A sad thing – our coffee machine died a death during the week ending 19 February so, it has been replaced by Docle Gusto no. 2. It's slightly different but still delivers a great latte, cappuccino and hot chocolate.

The computerised booking system took a bit of time to get used to. One of us, naming no names (begins with an N) still writes everything down. Better safe than sorry; we all get it wrong sometimes, including myself, getting time wrong by 15 mins!

On-line booking is just starting to take off, and as with everything it takes time to get used to.

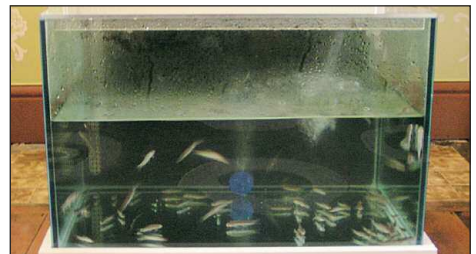
I'm sure my web provider, on seeing an email from me, goes "oh no not again". I'm a terror for changing and adding things. As you can tell by the interior photos of the shop, they're going to have a heart attack this time because it is now being completely re-vamped.

For those of you who have been with us from the start the accompanying pictures will take you back.

A VERY BIG THANK YOU to all our customers – Without your loyalty we would not be here.

Thank you to my staff for all their hard work. I may moan from time to time (especially about the towels!) but I do mean well.

Jane, Nichola, Stephanie and Hannah



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SAYING IT WITH FLOWERS

St Cuthbert's Church Flower Festival 4-7 May

Flower Festivals are a celebration of the beauty of creation, the artistic skills of the flower arrangers, our history and our heritage. St Cuthbert's Church Flower Festival on the first weekend of May celebrates 350 years of our national and Church history since the Book of Common Prayer was published after decades of religious turmoil in August 1662.

On that time scale, Seascale and St Cuthbert's church are recent arrivals, the village growing with the coming of the railways and expanding with the growth of the nuclear industry, and the church being built 130 years ago (though an earlier prefabricated building was erected and blown down a few years earlier).

The Prayer Book touches every part of human life, every time and season, and will, we hope, be a fitting vehicle to showcase both our Church and our community. We hope that many individuals and organisations will be involved in the festival itself, and events leading up to it. We look forward to

welcoming West Cumberland Choral Society for another 'Evening of Sweet Music' – an evening of music, song and puddings – on the Friday evening, 4 May, and the Cumbria Baroque Choir who will lead a service of traditional Choral Evensong on the Sunday evening, when the preacher will be the Bishop of Carlisle. We will also have a Prayer Book service on the Sunday morning and would like to form a scratch choir to help with singing one of the traditional settings of the Communion service.

We hope that the Festival will help us to improve the Church heating and provide facilities in the Church which will benefit the wider community as well as the Church congregation, as we begin to explore ways of developing the Church building for community use.

The Festival will be widely publicised, and we hope that it will help to raise the profile of the community as well as the Church and bring business to the local economy as well as raise funds for the Church.

John Woolcock

West Cumberland Choral Society
presents
Flowers in Song

Music for the Flower Festival with wine and puddings
Friday May 4th 2012 in St Cuthbert's Church, Seascale at 7.30pm
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SEASCALE'S WATER TOWER

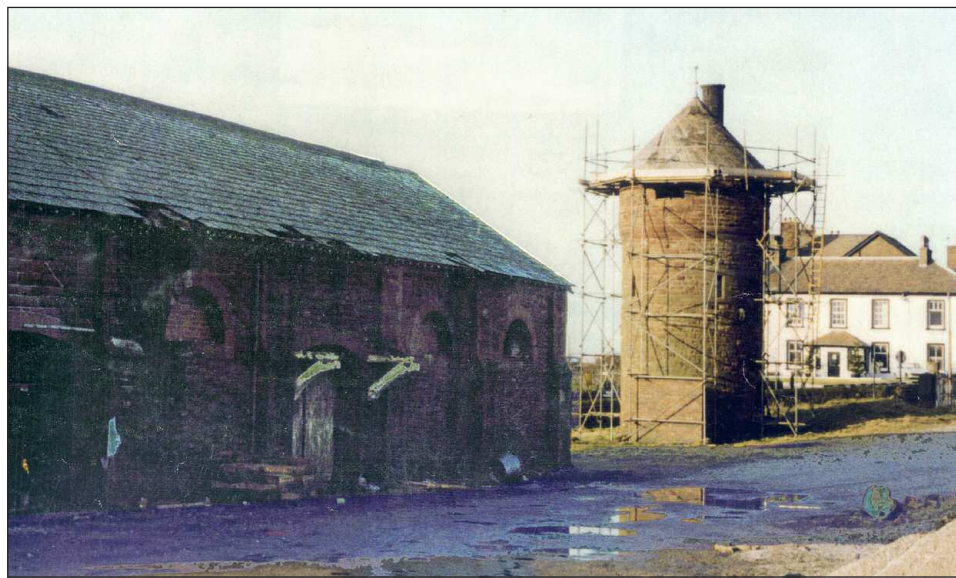
The Water Tower that was once located on the edge of the Furness Railway's goods yard complex has had a somewhat chequered history. Although the Railway came to Seascale in 1849, the sandstone water tower was not built until about 1879-80. The tower was

probably not needed prior to Seascale requiring its own goods yard, along with the goods shed, to cope with the amount of goods traffic arising in the local area and travelling on to the county's railway system. This new facility would then have needed a steam engine to marshal the wagons within the goods sidings—so a supply of water would then be needed to service this engine.

Prior to 1880 the water supply in the village was provided by local wells. Apparently there were three 40-foot deep wells available within the goods yard area, with the water being hand pumped to supply the railways needs. At this time the Furness Railway was also building houses within the village and



therefore a piped water supply was needed to obviate the need for residents having to carry their water from the various village wells. It was decided to build a water tower, complete with a water storage tank at the top, to provide a head of water to service both the railway as well as a piped supply to the company's houses. It was still necessary for railway employees to hand pump the water into the header tank, but because of the limited height of the tower the water pressure was not great and it struggled to supply houses on the Banks and could not reach houses up on the Nebb. It was often stated that the well water was of a poor quality as it was both hard and had a high iron content.





Eventually the methane gas supply associated with the village sewage scheme not only provided the first street lighting but allowed water to be mechanically pumped into the water tower's holding tank. As the village expanded it was necessary to build a water holding tank in the area close to the golf club house to provide better water pressure to houses in the expanding village; the railway continued to use the water tower.

During the summer months, when holiday makers came to the village, it was not unusual for the village taps to run dry. These problems finally led to a public enquiry in 1900 which eventually resulted in the village drawing its water supply from Devoke water.

When there was no longer any need for a steam engine to service the Seascale goods siding the tower began a long decline in condition. During the 1939-45 conflict the tower found a new lease of life whereby a group of villagers, including several village ladies, started to use the tower as a base for "fire-watching" for the village. This group constituted the early evening shift, whilst the 'official' ARP wardens, the men, based themselves at the Golf Club which gave a better view out over the village and the surrounding area, and they covered the long night watching period.

After the war the neglect continued, leading to concerns in the 1970s, both about its safety and who was actually responsible for its upkeep.

The future of the tower came under a threat when there were proposals by the County Council to realign the approach road to the railway arch; so in March 1974 the Parish Council consulted the Department of the Environment concerning the heritage value of the building, which led in turn to the water tower being given a Grade Two listed status.

Later in September 1981 the conical roof was vandalised and members of the Parish Council believed that it was caused by a person working for British Rail!

In April 1982 the Council bought the derelict goods yard, the engine and goods shed, water tower and the old gas works site from British Rail for £12,000 to be used for a community facility and so became responsible for the tower's upkeep.

In January 1983 the Council took it on itself to repair the slated roof to prevent further damage to the inside of the building. Because no contractor was found who was interested in doing the work, the then Chairman Alan Mounsey took a lead role with this project along with his team of helpers, including his son Christopher and friends David Sycamore and Dave Finlay. The roof repair cost to the Council was about £700 as against a probable charge of £3,000 for professional assistance.

Today the tower is used as a storage unit with the original water tank still in the roof space.

Nev. Ramsden

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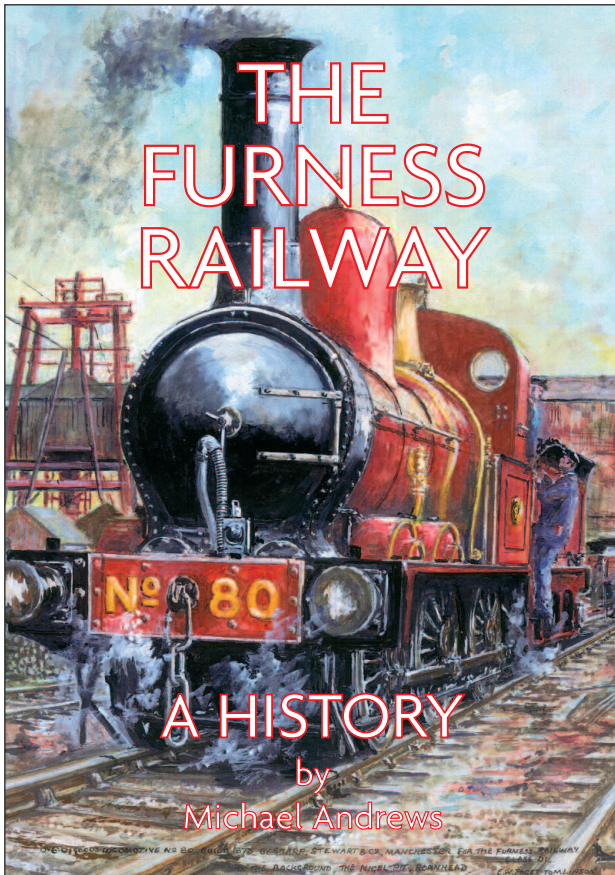
Cumbrian Lodge
HOTEL & RESTAURANT

THE FURNESS RAILWAY – A HISTORY

The book, heralded in our November issue of the Seascale Magazine, has been published. On Friday, 17 February, The Mayor of Barrow hosted a reception in Barrow's Town Hall, attended by the family of the late author, Michael Andrews, and dozens of guests. It was an enlightening occasion, where previous works outlining the history of our coastal railway line's evolution were highlighted, but it became apparent



The Mayor of Barrow witnesses the unveiling of the history by Alan Postlethwaite's wife Meriel, with Alan and Anne, Michael's widow, looking on. Alan and Meriel will have been well known to many in Seascale while he was Vicar of St Cuthbert's.



during the presentations that Michael Andrew's History of the railway will take its own place in history as the definitive story.

For those readers who may not have read last issue's brief story, here again is the account of the circumstances that led to the book's publication:

Dr Andrews began his researches when he enrolled on a part-time course at London University in 1954 and continued his study over the following 50 years while pursuing a professional career as the Chief Medical Officer at British Railways. Sadly Dr Andrews died suddenly in 2010 before his book could be published. A group of his friends in Barrow-in-Furness, Ken Norman, Geoff Holme and Alan Johnstone, led by Alan Postlethwaite, teamed up with Trevor Preece (compiler of this magazine) to help his family members fulfil their ambition to give his work a permanent form. The story is a complex one and tells how a short and isolated railway built to carry Kirkby slate and Lindal haematite to a simple pier for shipping away, eventually became one of the most profitable of Victorian enterprises. Not only did

the Furness Railway spawn the iron smelting and shipbuilding industries of Barrow but it also paved the way for Lake District tourism and had ambitions to develop Seascale as a select residential and holiday destination. Along the way we encounter many of the 'greats' of the railway era – George Stephenson, John and Alexander Brogden, James Brunlees – and are shown how the dynastic aspirations of the rival Lowther and Cavendish families influenced the industrial evolution of Furness and West Cumberland.

The book – extending to 256 pages and hardbound with a striking cover – has gone on sale for quite a reasonable price of £25. While most photographs drawn for the early eras have to be monochrome, there are many colour illustrations, particularly maps and images scanned from early colour drawings of Barrow's dockyards. Seascale and Drigg get their mentions.

The Furness Railway – A History. By Michael Andrews. ISBN 978-0-9569709-0-9. 256 pages. Casebound. RRP £25, sent post free to UK addresses. Available from Barra Books, 17 Railway Terrace, Lindal in Furness, Cumbria LA12 0LQ. T: 01229 468069. E: sales@barraibooks.co.uk W: order online at www.barraibooks.co.uk

A small stock of books is available in Seascale. Anyone locally who wishes to peruse a copy, or buy one, may get in touch with Trevor on 019467 28449. It is available over the counter at Spindle Craft, Drigg Station.



A surprised Trevor Preece receiving a framed illustration from the book for his design and production efforts in helping bring Michael's work to fruition. Michael's daughter Cathy conducts the presentation.

2ND SEASCALE METHODIST BROWNIES

I would like to welcome Cerys Simpson to our Brownie pack who joined us in the New Year. In the brownie world at the moment there's not that much that you don't already know about. We had our sleepover in January with our journey on the train to Workington to McDonalds and then Bowling. We have Pack Holiday planned which will be in April; this will be held near Millom. Sarah Sim our young leader is working towards her young leadership. Sarah has been working one to one with some of the new girls including Cerys, helping them to settle in and working on learning their promise. For this Sarah learns new skills as well as improving ones she already has; we hope that when she is 16 that Sarah will carry on and take on the challenge of the Adult leadership because she is really great with the girls. Keep up the hard work Sarah, you're doing great!

I have started my Queens Guide Award, which is the highest award to be earned in guiding. It is very time consuming and will take around two or three years to complete. There are a lot of challenges; these consist of 'Service in Guiding', 'Outdoor Challenge', 'Community Action and Residential' and 'Personal Skill Development'. Each title has five or six elements that must be assessed. I am very pleased to say that I have a great mentor in Carolyn Carroll, who recently gave up her 5-year post as Division Commissioner. We have fantastic leader unit at the moment, and as a team we all pull together and try to make Tuesday nights something special for the girls. At the moment we are working on a series of badges. I mentioned in an earlier magazine that the badges help to keep positive thinking, working in groups and feeling fab about ourselves. This programme will take time to complete as there is a whole book we have to work through in order to achieve the badges. One of our meetings recently was about what we thought of each other as a group, and for this we picked out strong points by looking through the 'Little Miss' pictures by Roger Hargreaves. I must say that getting the girls to describe the leaders by looking at 'Little Miss' pictures was quite an insight to what they thought of us all (in a good way of course). We have a small unit at the moment with only 16 girls so if anyone knows any 7-10 year olds that would like to join, please come along to one of our meetings. We are in the Seascale Church Methodist Hall on a Tuesday night from 6:15pm until 7:30pm. Find one of the leaders, Lynn, Jennifer, Joan, Maggie, Sarah Sim or me.

*Sarah Huddleston
(2nd Seascale Methodist Brownies)*

TOGETHER WE WILL! – THE PATH AHEAD...

As part of the 'Together We Can' week in March 2011 the Parish Council set up a Footpaths Working Party. Members of the group are currently walking the routes of all the parish footpaths, making a photographic record of them as they go. As footpath walkers (and dog walkers) amongst you will know, some of the paths are more accessible than others. The aim is to work with Cumbria County Council in identifying areas of paths that need repair, to improve signage and suggest the replacement of some footpath furniture (such as stiles) with more user-friendly gates and dog hatches. The group has already forged a good working relationship with Bob Muscat (Countryside Ranger at Cumbria County Council) and has kept him up-to-date about the state of some of the footpaths. We hope you've found the new concrete steps, installed by Bob's team, on the footpath from Drigg Road to the beach useful. Many thanks to those of you who expressed concerns about the surfacing of the path above the steps – these were swiftly reported to Bob who has been fitting the remaining work required into his team's schedule. He hopes that this work will be completed very soon.

Some of the work involved in keeping our footpaths safe and accessible is definitely for Bob and his team. However, do your hands want to reach for the secateurs when brambles start growing over your favourite footpath? Now is your opportunity to get involved! If you're interested in joining a small team helping to keep our footpaths clear, please call Jean Caulfield on 28435. There's no fixed time commitment, but before those secateurs come out there will be a meeting with Bob where plans will be made and agreed. While it would be a huge benefit to have the footpaths accessible and easy to walk, it's also important that the team works well with local landowners and indeed local wildlife.

The Footpaths Working Party

Seascale Parish Council is happy to accept donations for advertisements placed in the Seascale Newsletter.

The rate is £10 for a black & white quarter-page, £20 for half page and £40 for a full page. A colour full page is £60, and £30 for half-page

Contact: Trevor Preece on 28449

MID-WEEK FOOD SPECIAL

**A drink, a meal from the Specials Board
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Monday – Thursday nights.**



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WHY EAT A HEALTHY DIET?

By eating a healthy diet you can avoid many long term conditions like problems with your heart and the circulation of your blood, liver and kidney disease and even dementia. It can also improve your energy levels and make you feel better.

8 Tips for Healthy Eating*

1. Base your meals on starchy foods – about one third of your diet should be starchy foods (bread, pasta, potatoes) and you should have some with each main meal. Choose the wholegrain variety as they contain more fibre which makes you fuller for longer.
2. Eat lots of fruit and veg- have at least 5 portions of different fruit and veg a day. A glass of unsweetened fruit juice counts as one portion as do any vegetables cooked in dishes. To keep costs down, buy loose rather than pre-packed, when they are on offer or in tins. Try dried fruit as a snack instead of crisps or a chocolate bar.
3. Eat more fish – aim to eat at least two portions a week as they have many vitamins and minerals. One portion should be oily fish as it is high in omega 3 fats which help prevent heart disease.
4. Cut down on fats and sugar – unsaturated fats are better than saturated fats. Saturated fats are found in cheese, cakes, biscuits and butter. So use vegetable oil or reduced fat spread and have lean meat.
5. Eat less salt – three quarters of the salt we eat comes from ready prepared foods including cereals, soups, bread etc. So cook from scratch if possible.
6. Get active and be a healthy weight – two thirds of adults in this country are overweight. By eating no more calories than you use you will maintain your weight. If you need to lose, eat less and be more active.
7. Don't get thirsty – you need to drink 1.2 litres of fluid a day. All non-alcoholic drinks count

- but water, milk and fruit juice are the healthiest.
8. Don't skip breakfast – some people skip breakfast to help lose weight but actually having breakfast can help you control your weight.

Restaurants and Takeaways

You may find you can keep your usual daily calorie intake at the correct level of 2000 for a woman and 2500 for a man but struggle when it comes to going out for a meal or getting a takeaway. You can overcome this in a number of ways.

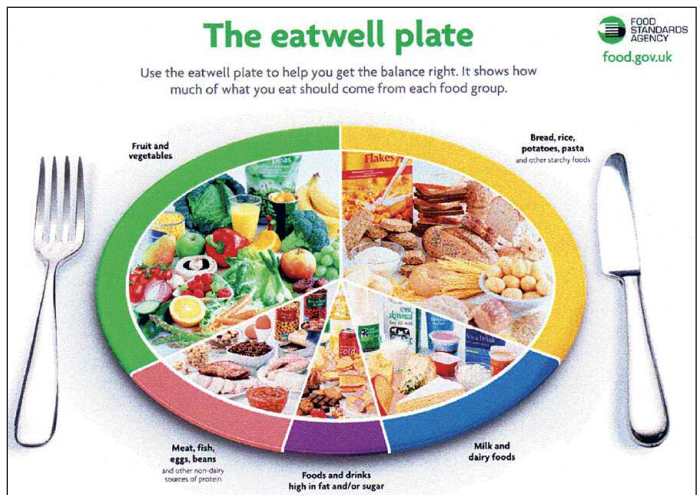
- Reduce the number of times you have a takeaway or go out each week.
- If you decide you do want one, have mushy peas or baked beans with your fish and chips, and share your chips.
- Choose lower fat options for toppings on your pizzas and thin crust; have a tomato-based rather than cream-based sauce on your pasta.
- Avoid crispy items from your Chinese menu.
- Have stir-fried dishes rather than curries from your local Thai takeaway.
- Choose tomato-based dishes from the Indian like tandoori and madras rather than korma.
- And shish kebab rather than doner kebab.

The Eatwell Plate

This shows you the different types of food that you need to eat and in what proportions to have a well balanced and healthy diet. The plate appeals to most people whether they are a vegetarian, meat eater, overweight, healthy weight and of any ethnic origins.

**From NHS Choices*

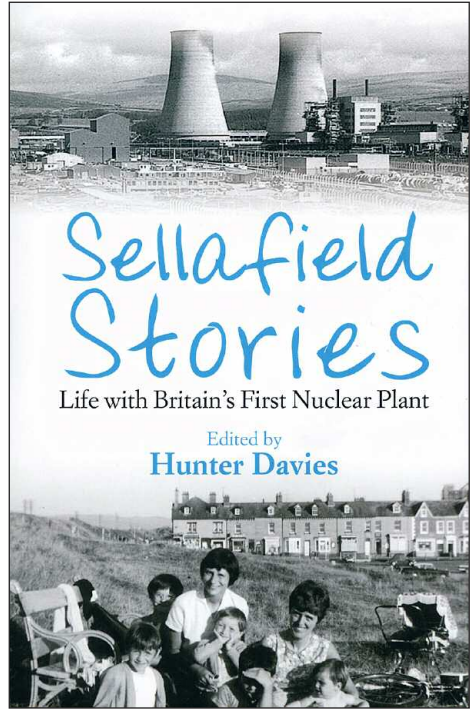
Submitted by Stephen Reay



On Monday 5 March *Sellafield Stories* took a leap forward into the public arena with the publication of *The Book! Sellafield Stories: Life with Britain's First Nuclear Plant* has been edited by Hunter Davies, and published by Constable Robinson. Hunter has made selections from about a third of the interviews, and used them to describe the story of Sellafield from the 1940s to the 21st century. It's a popular and readable book that gives a flavour of the much greater amount of material held here in our sound archive.

The Afterword is particularly good, written by me and thoroughly recommended by me too! Joking aside, I do want to emphasise that the recordings and their transcriptions are available for anyone to hear and read – give us a ring at the Local Studies Library in Whitehaven Archive and Local Studies Centre and we'll make sure the laptop and headphones are available for you to explore the wonderful range of material we've recorded. We will be having an official launch of the "listening station" – a dedicated space in the searchroom where you will be able to listen in comfort – in May, but it is open for bookings now.

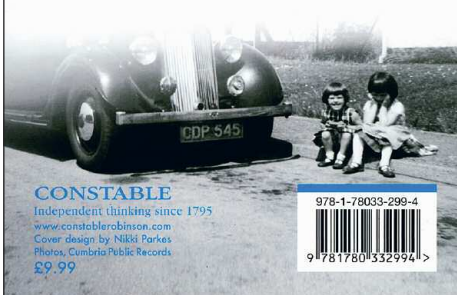
We will be creating a list with a brief description of the interviewee, his/her background and experience of Sellafield to enable you to choose the



Life with Britain's First Nuclear Plant

Through the life stories of thirty people who lived, worked and built Britain's first nuclear facility, *Sellafield Stories* tells the personal history of a building that has been at the heart of the nation for the last sixty years. First set up in the aftermath of the Second World War to develop Britain's nuclear weapons, it was not until 1957 that it was given over to nuclear power, kick-starting a revolution in post-war energy. Since then it has been the site of protest, controversy and debate.

Sellafield Stories is the result of the largest oral history project ever conducted in the UK, comprising over a hundred interviews, from which this selection, edited by Hunter Davies, gives a vivid, intimate view of life at the plant, collating the voices of the farmers whose land was transformed, the workers who built the first piles and the scientists, safety officials and managers who worked there. Through the voices of advocates, local MPs, protesters and ordinary workers, it also gives a unique insight into the debate on nuclear power that has taken place over the last sixty-five years – a discussion that is now more important than ever.



stories you would like to hear, but do be aware that although some interviews are relatively short at about half an hour, others are considerably longer, so be prepared!

Copies of the book will be available locally, at £9.99 – contact us for details if you need further information. I shall be really interested to hear what you think of it. Remember that everyone's view, everyone's perspective and everyone's experience is different so you're all entitled to have a different take on the self-same information, issues and events where no-one is wrong – it's just another way of looking at or remembering them. If you think your view needs a place in the archive drop me a line, or ring us, and we'll see about making a space for it.

Jenni Lister
Project Manager
Sellafield Stories Oral History Project

Whitehaven Archive and Local Studies Library,
Scotch Street, Whitehaven, Cumbria CA28 7NL

Tel: 01946 506420
Email: sellafield.stories@cumbria.gov.uk

All flowers are said to have meanings – this arrangement made up of pink roses (friendship) and orchids (delicate beauty) is perfect for showing just how special mum is.



MOTHER'S DAY

I am sure I am not alone in admitting the fact that I love my Mum. I may have not always got on with her, agreed with her decisions or rules but even now at the age of 26 I don't know where I would be without her! She did all the cliché things like wipe my tears when I fell, but now it's just knowing that whatever I do, however stupid it may be, I can always go and talk about it with that one person who knows me best (the babysitting and the tea once a week helps too)!

I love Mother's Day – it's a day when I get to help you show your mum just how special she is. That is



Accessories, such as butterflies, ladybirds and sparkly hearts can be added to your chosen design to make sure there are little keepsakes.

why every bouquet and arrangement I produce over the weekend is unique, just like your mum.

I know that we shouldn't wait for one day a year to show Mum how special she is, and I'm sure you don't, but this is the one day you get to make a special effort to say thank you.

This year, if you think that your mum is the best in the world, tell me about it. Write down the reason you think you have the most special mum and drop off your letter at the shop. I will read them all and pick a winner, and this special mum will receive one small seasonal gift bouquet every month until next mother's day.

Love you Mum xx

Hilary Porter, Perfectly Planted



Is your Mum a collector? Why not bring me an interesting container and let me create something truly unique? Long after the flowers have gone she will have something to treasure.

MOTHER'S DAY 18 MARCH

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WEST COAST GUIDING

West Coast Guiding (www.westcoastguiding.com) is a new, local, mountain guiding business owned and run by Paul Winstanley. Having recently relocated to the Whitehaven area, owing to his wife Emma gaining a teaching position at a local secondary school, Paul thought he would use his love of the mountains to start up a new business offering guided walks, wild camping and fell running in the local, Lakeland hills.

Paul has been working on the company website over the winter months and now, as we approach spring, is launching West Coast Guiding as a full, guided walking, camping and trail running service. As a new and proud local business, West Coast Guiding is keen to offer readers of the Seascale Village Magazine a 20% introductory offer on all calendared events and activities booked before 30 April 2012.*

Paul is a fully qualified Mountain Leader (with First Aid) and he's also a new, probationary member of the Wasdale Mountain Rescue Team, so you can be assured that if you do come out on to the fells with West Coast Guiding, you'll be in pretty safe hands! Paul says, "Mountain walking, camping and running are fantastic, healthy and uplifting activities, so why not book on to one of our events today?"

Some readers may remember Paul and Emma when they led the carol singing at the Christmas lights switch-on in December.

** To benefit from the introductory offer, use the following code when booking online: "CUMBRIA12". Please note: the offer is only available on calendared (as opposed to private or bespoke) activities and events. See www.westcoastguiding.co.uk/events for details.*

CHESTER CHRISTMAS SHOPPER RAIL EXCURSION

We may see occasional steam and diesel-hauled Pullman trains race through Seascale station, but at long last one picked up and let down here. It was on Saturday 17 December – the Chester Christmas Shopper running from Carlisle to Chester, stopping at Wigton, Maryport, Workington, Whitehaven, St Bees, Seascale, Millom, Barrow-in-Furness, Ulverston, Grange-over-Sands, Lancaster and Preston.

There were three classes of travel – Standard, 1st Class and Pullman. In Pullman we were treated to a full English breakfast, but on boarding Bucks Fizz was the first treat, and then later Danish pastries were offered. Chester was buzzing with shoppers, being the last Saturday before Christmas. On return in Pullman, champagne was the greeting, followed by a 4-course Christmas dinner which stretched over much of the journey! Atmosphere in all coaches on the return trip was vibrant. Finally, alighting from a Pullman coach on a dark Seascale platform at gone 8pm on a Saturday evening was positively surreal. Well done Hayden Fortune, HF Railtours, for raising the image of our line and providing such a magnificent opportunity for communities up the west coast. We hope that this will lead to the



prospect of a steam-hauled one, like the one planned for Manchester but which had to be abandoned because of a knock-on effect of the failure of Tornado's boiler. In the meantime there is a hint of a spring excursion, diesel-hauled down the coast and then steam from Carnforth to York. Hopefully it will happen. If it does, details will be posted on Seascale's website: www.seascale.org.uk



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(note that I am profoundly deaf so please leave message on answering machine and I will ring back)

GIRLGUIDING

One of the pleasures of being a leader in Guiding is when our members become 18 and make the decision to undergo Leadership Training in one of our units, and I am delighted to say that the articles below are written by two such young women. We wish both Katie and Martha good luck. *Sue Smith*

GUIDES

We had a busy few weeks at the end of last term. The Guides planned lots of activities for the Christmas Fair and enjoyed amusing their friends and visitors. We had a really good turnout at the Gosforth Christingle Service in which the Guides took an active part. We all enjoyed a visit and a good laugh at the Gosforth Pantomime. We also had a fun evening making Christmas crafts with help from various people.

The highlight of the term for me though, was when all the Guides and the Rangers got together and planned a surprise 18th birthday party for me that turned out to be an amazing success. I didn't have a clue about it and they sorted everything out themselves. They even asked the mum of one of the Rangers, who is a baker, to make a birthday cake for me and it was lovely. When I arrived to the hall one of the Guides come out on stage and sang happy birthday and then the curtains opened and they all joined in together. We had a fun filled evening playing games that I had planned, such as pass the parcel and such like as I thought it was a Christmas party – shows how well they kept the secret!

At the end of the evening I had the honour of presenting Charlotte, one of the new Guides, with



Katie pinning on Charlotte's Promise Badge. Charlotte had arrived hot foot from Seascale School's Christmas play, still in costume!

her badge after she had made her Promise.

This term so far we have been concentrating on some of the traditions of Guiding and thinking about what makes a good citizen. Here are some of the qualities that the girls consider should be found in a good citizen: truthful, respectful, open minded, good listener, do their bit, reliable and optimistic.

As usual the girls have been making most of the decisions and this term they have decided among other things that they want to organise a talent show and have voted that the money they raise is donated to Cancer Research. The girls also enjoy our sleepovers and have asked if we could have some this year, so we are organising two over the next couple of months as well as a longer residential in the summer.

Our last meeting was spent shelter building. The shelters looked very snug and kept out most of the cold – it's lucky it didn't rain. After half term, as well as organising our talent Show, we shall be celebrating World Thinking Day when we think about Girl Guides and Girl Scouts all over the world.

Katie Edwards, Assistant Leader

RANGERS

We have enjoyed a number of activities including a First Aid evening which was run by Lyn Pattison when we covered the all the basics. We all learnt a lot, even though we couldn't keep straight faces whilst pretending to be unconscious.

We also had a Morocco themed evening run by Alice. This summer Alice will be going to Morocco with Guiding (a few years ago I went to Denmark with Guiding and had a great time). While she is in Morocco (the High Atlas Mountains) she will be working with a local women's group and some of their children. She will also be undertaking a service project. I am sure Alice will have a time to remember. To help Alice with the cost of the trip we are planning some fund raising activities. One fund raising activity we have been planning is a Talent Show that will take place on 27 March. The money we raise will be shared between supporting Alice and Cancer Research.

Other fund raising activities will be planned for after Easter. We are also in the early stages of planning a residential trip and are looking forward to cooking on camping stoves and a keep fit session during the next few weeks.

It was exciting to welcome the older Guides for a Ranger taster evening recently and we hope they will want to become fully fledged Rangers in the near future. *Martha Hunt*

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SEASCALE VILLAGE WEBSITE – ONE YEAR OLD

The Seascale Village Website was one year old on 15 February. Visitor numbers have steadily built up and at present there are approximately 40 new visitors a week and 70 returning.

The establishment of a website was an important step in enabling the Parish Council to fulfil its responsibility to publish information electronically. For example, at each meeting of the Parish Council the minutes of the previous month's meeting are approved and are then uploaded, usually the following day.

In a recent development the Seascale Community Plan was made available to read on the website. The plan will be updated from time to time; we have undertaken to revise it annually at least.

There have not been as many enquiries coming directly from the website as we expected. Some of the pages carry direct email links to the website

editor, to the magazine compiler or to the Clerk to the Parish Council. We hope that visitors to the site find these quick and convenient but some problems have been encountered and users with webmail may not be able to access this facility.

The second page of the website, "What's New?"; changes frequently, sometimes more than once a day. Important news goes straight on, often with links to new site pages or to outside sites or publicity posters. There is also a seasonal picture on the first of each month.

Over the next twelve months there will be more developments on the website. There will be further information on initiatives in our community and in the wider area. We also hope to publish some historical items from our archives.

Please visit the website regularly!

Helen Pateman

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Email: n.hallett@abbeyfield.com





Seascale Golf Club is very proud to announce that it is co-hosting the prestigious English Amateur Golf Open during July this year. As a member you will enjoy all of the benefits that this brings. **There has never been a better time to join!**

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www.seascalegolfclub.co.uk

Why not pop along to the clubhouse for a meal? We serve excellent food and drink daily with 'Pie, Peas and a Pint' on Tuesday evenings, our popular 'Steak Night' on Thursday evenings and traditional Sunday Roasts.



FIRE SERVICE CONSOLES EMILY

Following the tragic shootings of June 2010 our family, living on Drigg Road in Seascale, has been affected – none more so than Emily aged 10. The events of the day outside our house left Emily with strong images and a real fear of ambulances, always associating them with tragedy. After writing to the Ambulance Service, Caroline Blanchflower (Assistant Sector Manager for West Cumbria) and Carol Armstrong (Sector Manager for North Cumbria) got in touch, willing to help in any way possible. First they brought a fast response car to the school which Emily and her twin sister Sarah attend. Much looking at equipment, talking and dressing up took place as an ice breaker. Further to this we, as a family, were invited to see a day in the life of the ambulance service. Accompanied by Caroline Blanchflower we

visited the Distington workshops for 'poorly ambulances' and had the opportunity to see the inside of an ambulance close up. We were also shown the different types of ambulance and all of the equipment needed to deal with a whole host of different situations and patients. We then travelled on to Carlisle and saw the sections that make up the service including patient transport, staffing and could even track where ambulances were answering calls. All of this was alongside fantastic hospitality and every individual member of the service we met was so caring and dedicated. For Emily, in her words, "It has made me realise ambulances don't just deal with dead people, they do lots of other jobs, and that makes me feel better." We thank everyone involved. You made a difference. Thank you. *Lindsey Martin*

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KEN'S COLUMN

Wildlife

We recently had a couple of twitchers (birdwatchers) staying at our hotel. They were amazed by the number of different types of seabirds seen in this area. At St Bees Head they spotted guillemots, cormorants, several different types of gulls, and best of all, some puffins, not normally seen here. At Hodbarrow Reserve at Millom they saw arctic terns, petrels, little terns, sandpipers, oyster catchers, several different types of ducks and some gannets. Looking out of the dining room window one morning, watching our local flock of village jackdaws having a bath in the stream in front of the hotel, they spotted several objects bobbing up and down in the sea near the shore. They were porpoises – a very rare sight. There must have been a shoal of mackerel nearby. A couple of grey seals have been seen several times on the beach near the jetty.

Other rare sights spotted in the district – one evening a fox was seen running out of the school playing field, crossing the road and going down the path into Lingmell Crescent. Another was seen in Santon Way, coming out of our farmyard. They said it couldn't have been a cat, because it had a large bushy tail with a white tip. Definitely a fox. Travelling through Drigg last week a large buzzard swooped down, right in front of my car, and grabbed what looked like a rat out of a garden hedge, with its wings fully outstretched. Quite a sight to see. It was very lucky my car didn't hit it.

Driving near Moresby I had to brake quickly to avoid a mother weasel and its five little ones crossing the road. The mother was leading the way and the young were following behind in single file. This was something I had never witnessed before. The weasel is approximately half the size of a big rat, so you can imagine how small the young are. A wildlife expert said that weasels and stoats always move their young in this manner, in single file, following their parents. If anything, even a human, were to get in their way, or threatened them in any way, they would never hesitate to attack them. When with young they are one of the most vicious animals there is. Keep right out of their way if possible.

A friend of mine living in South Wales has a blackbird sitting on eggs in his garden. 5 February. Even with snow around. Can anyone beat this?

Did you see the photo in the press recently of our jetty, taken at sunset? It was absolutely brilliant. A section of it is on the front cover. The photographer

is Jan Fialkowski, from Cleater Moor. It beat 80,000 entries from all over the world to win a national weekly competition in the *Daily Telegraph*. This jetty certainly gets photographed most days.

Have you used the new steps leading from the beach to Drigg Road? They're excellent. When the pathway leading to the top is eventually finished it will allow a lot more people safe and easy access to enjoy the beautiful beach.

Farming

A new disease named Schmallenberg for short, has been discovered on some farms in the south east of England. It causes the affected animals to abort their deformed young. So far all cases have been in sheep and cattle, but other livestock, including horses and goats could well become infected. The disease was first discovered last August in Germany. Unbelievably this government is still allowing livestock to be imported from Europe, including Germany, putting this country further at risk. There is already a disease in this area called Neospora which causes cattle to abort their cows prematurely. The infection is caused by a bug in dog muck, not only by cattle eating grass near to where a dog has fouled but also by eating infected hay silage during winter. The bug can remain active for a long time. This is a huge loss to the farmer because these animals have to be kept for another year before they can produce any milk or worse still, be sent for slaughter. If your dog fouls anywhere where livestock graze, please, please, pick it up.

With new modern technology a new test is being developed which hopefully, when introduced, will be able to pinpoint which dog caused the outbreak, leaving the owner with a hefty bill.

Food issues

A survey on TV, involving some well-known chefs, proved that very few people could tell the difference between fresh food and frozen when it was cooked. In a similar survey between organically grown and ordinary grown crops, fewer people than ever could tell the difference. Organically grown crops produce about a third less per acre than traditionally grown food. Cost to the housewife is a lot more. Several years ago the government gave large grants to farmers who changed to organic. Several of them are now dropping out of this scheme because they are finding it uneconomic to continue. Surprise, surprise. In the near future we will need land to produce more food,

not less, as experts are forecasting a world shortage.

Another issue regarding serious wastage of good quality food is the sell-by-date label. This is only meant as a rough guide. Many people throw food out when it reaches that date, although there is absolutely nothing wrong with it. Thousands of tons of food are lost this way. The government is now considering doing away with this type of label. Use-by-date is different. You should take more notice of this, especially meats that have been refrigerated. Using common sense a lot of other products will still be quite safe to use, even after this date.

Ken Mawson

SEASCALE LIBRARY

There will be a display during May/June in Seascale Library to celebrate the Queen's Diamond Jubilee.

If anyone has any old photographs they are willing to have displayed we will take photocopies and return immediately. We are especially interested in any Coronation celebrations but any other events will be welcome.

There will also be a Coffee Morning with cakes to celebrate on 24 May from 10am to 12 noon.

RURAL CUSTOMER SERVICES SURGERIES

From Thursday 23 February Copeland Borough Council will be holding a new rural service surgery in Seascale Library. The surgery is designed for people to access Copeland's services from a more convenient location, and will initially operate as a ten-week trial. The service will be available every Thursday from 10am to 12 noon.

The success of the surgeries is very much dependent on people using them, and the council is keen to do all that it can to help encourage take up. In the next few weeks, before the start of the service, the council will be working hard to promote the surgeries. This will include posters and flyers throughout Seascale, Gosforth, Drigg, Holmrook and neighbouring areas.

If you would like to know more about the service, please contact Copeland Borough Council on 0845 054 8600, email info@copeland.gov.uk or pop in to the first session on Thursday 23 February. The council looks forward to welcoming you.



Cumbria Wildlife Trust West Coast Support Group

FUTURE EVENTS 2012

Wednesday 7 March, 7.30pm in Gosforth Methodist Room

“The Juniper Project”

An illustrated talk by Mike Douglas, the Uplands Juniper Project Officer for Cumbria Wildlife Trust on the progress of this project.

Wednesday 18 April, 7.30pm in Seascale Methodist Church Hall

The West Coast Support Group AGM will be held followed by

“Golden Eagles”

Neil Harnott, Senior Conservation Officer, Cumbria Wildlife Trust will give an illustrated talk on these spectacular birds.

Thursday 26 April, from 10:30am

“A Spring Wildlife Walk from La’al Ratty”

Take the train from Ravenglass to Irton Road for a guided walk towards Muncaster Fell. Please wear suitable clothing and bring a packed lunch. Places are limited.

For fares and to book your place please phone 01229 717171.

Suggested donation to Cumbria Wildlife Trust £2.

Wednesday 9 May from 7pm

“Natterjacks Calling”

Bill Shaw and Les Robertson lead a walk along the dunes from Seascale car park to Sellafield and back in search of reptiles and listen for Natterjacks around the breeding pools. Wear Wellingtons and warm clothes. Bring a torch. Free public event.

ALL WELCOME

Admission to evening indoor meetings £1.50 includes refreshments

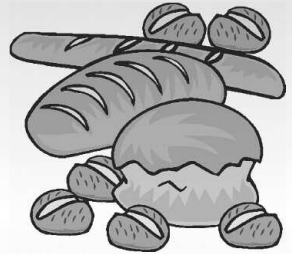
Fiona Galloway, Hon. Secretary, West Coast Support Group 01946 841313

Further information about the work of Cumbria Wildlife Trust, including volunteering may be obtained from Cumbria Wildlife Trust, Head Office: Plumgarths, Crook Road, Kendal, Cumbria LA8 8LX
01539 816300 – www.cumbriawildlifetrust.org.uk - Registered Charity No.218711

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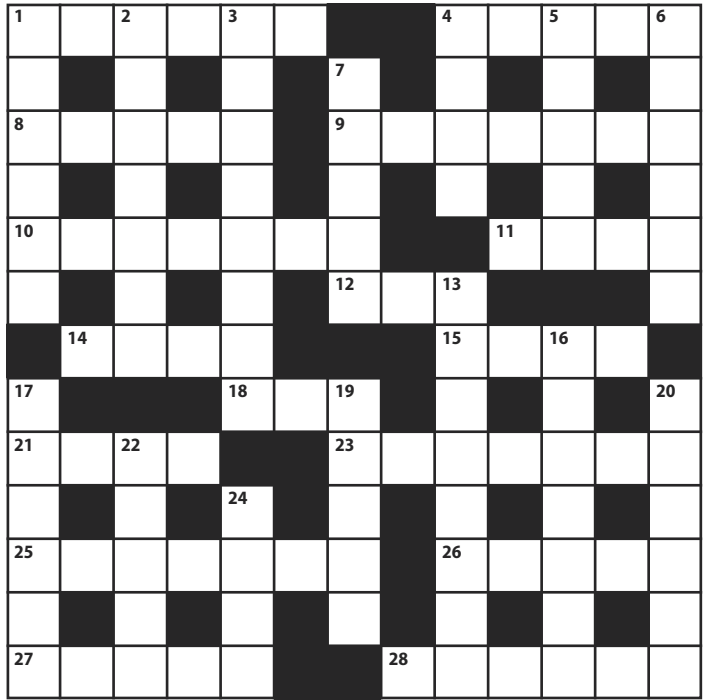
South Parade, Seascale 019467 28253

Support your Local Shop

SEASCALE CRYPTIC CROSSWORD

We are donating a prize of a copy of the History of the Furness Railway (see page 30) for the first correct entry drawn on 30 March.

Pop the top part of this page (or a photocopy of it) into the box in the Post Office or Library, with your name and phone number below:



John Gray

ACROSS

- 1 A little devil's performance creates a strong impression (6)
- 4 The shore thing (5)
- 8 Arrange fifty and nine to make this material (5)
- 9 Oddly a dimmer will identify this mythical sea creature (7)
- 10 With adaptation EC kilns can produce US coinage (7)
- 11 An area of water, pure and simple (4)
- 12 Initially an appeal for help (3)
- 14 By the sound of it this treaty could be in a suitcase (4)
- 15 Cuddle up to a point; it could be enormous (4)
- 18 See 13 down
- 21 This is additional (4)
- 23 Recosts to afford attendants (7)
- 25 Could be water on credit by the sound of it (7)
- 26 The French version makes the going improper (5)
- 27 An anaesthetic is in there (5)
- 28 You need to move up to do this (6)

DOWN

- 1 I come to earth we hear, to be surrounded by water (6)
- 2 By the sound of it to criticise a prophet produces a universal remedy (7)
- 3 Swindle against a mixed up, incomplete cleric. Result : a piece of music (8)
- 4 Hot water ? (4)
- 5 Astonish, with the sound of a puzzle (5)
- 6 The answer is obscured (6)
- 7 A young lady is incorrect we hear (5)
- 13 & 18 across** Sort out hf safe locks to find this excellent local youth group (8.3)
- 16 A larger man entering carries something relevant (7)
- 17 See 22 down
- 19 This barrier could harbour stolen goods (5)
- 20 A seaport is surrounded in lost endeavour (6)
- 22 & 17 down** A phased tour will lead you to a site of some local businesses (5.6)
- 24 Something bright comes from uplifted vermin (4)

BEAVER SCOUTS AIM FOR GOLD

Beaver Scouts (6-8) this term have planned their programme around "Our Sporting Adventure". Our Sporting Adventure is based on the Olympic and Paralympic Values because these values are important to scouts too and the Leaders hope that through the activities that Beaver Scouts will learn more about them.

Olympic Values: Respect, Excellence, Friendship

Paralympic Values: Courage, Determination, Inspiration, Equality

Just like at London 2012, Our Sporting Adventure is about working towards medals as part of a team. We have so far achieved nine Bronze Medals and one Silver Medal. There is a medal table which charts the progress of our team and encourages us to push on for higher achievements. We are at present 62nd but considering there are 1277 teams registered I think we are doing well. Activities have included various games and creating our own Portrait Gallery which you may have noticed in St Cuthbert's Hall. The Explorers are going to help the Beavers achieve a Silver by organising a Balloon Games Night.

Beaver Adventurers

Beavers are going to be looking at famous explorers and adventurers in the next few weeks including our own Chief Scout Bear Grylls (we only wish he could join us in person). To finish the term off Beavers are planning their own adventure and this will involve a sleepover at Drigg. While on their adventure Beavers will be completing some of the mileage they need to "Climb Mount Olympus" to achieve a Gold Medal.

Cubs Global Challenge

The cubs have been working towards their Global challenge which requires cubs to complete four challenges: learning more about recycling, the work of Oxfam and Unicef, other cultures and some technology including an individual presentation explaining how something works, such as a car engine. Those who have had to speak to a meeting will understand how daunting it is to prepare a presentation on something new and then deliver it. I was very impressed by the quality of those presentations and how they were delivered. To date we have heard thirteen presentations which have enabled five of our cubs to complete this challenge award. This has also resulted in these five achieving their Silver Chief Scouts Award, this being the highest badge a cub can achieve, so a very big 'Well Done'

goes to the five. We have two more cubs who are very close to achieving this badge, and once they present their individual presentations will have completed all the requirements.

The cubs are planning to complete their Local Knowledge Badge now that the evenings are getting lighter, so if you see them around the village you will know what they are up to!

Saving

Scouts (10-14½) have spent an evening finding out about money and its value. They now know that to afford a new mobile phone, they must not buy so much chocolate – what a revelation!

They can draw the profile of a hill by looking at its contour lines and so can pick the best route to walk up a hill, or bike down.

Burns

The anniversary of the birth of one of Britain's finest poets, Robert Burns, allowed the Scouts to make and taste their own haggis, washed down with Iron Bru of course. At the same time they took part in a number of traditional, and some not so traditional, Highland Games and challenges (did you know that 'stealing rocks from the Romans building Hadrian's Wall' was a traditional game?)

Frostbite

The Scouts once again took part in the annual Cumbria Frostbite camp. A crammed programme of activities included; archery, crate stacking, air-rifles, whittling, climbing wall and mountain biking. These activities kept everyone warm during the day, whereas two sleeping bags each kept everyone warm during the frostbiting, sub-zero night.

Fire

The remainder of this term will include an interactive demo with fitness and martial arts group E.S.K.K., a visit to the climbing wall and a session on home and camp fire safety at the Fire Station.

Trees

As part of our Sainsbury's Active Kids scheme, we were awarded a tree pack to help the natural environment in our community. This comprises four packs of 10 saplings – Rowan, Beech, Wild Cherry and a mystery pack. Following the weather last winter, we ignored the instructions to plant immediately and have overwintered them in a garage



– they are now showing signs of green buds, so need to be planted out as soon as possible. We have offered them round our parents, but if you would like to plant any which will remain in your gardens, please contact me and we will try and share them out. The Sainsbury's Active Kids scheme has restarted again this year, so if you are offered any vouchers when you shop in a Sainsbury's please accept them and pass them on to us.

Bag2School (or Bag2scout)

One of our regular fund raising activities is the bi-



annual bag2scout collection. If you have any old clothing/fabric/bedding – but not duvets – or printer cartridges/mobile phones, please let us have them – we will receive them at our meeting on Thursday 19 April, but if you won't be around then, please contact us and we will arrange something before that date.

Can we help you...

Although "Bob-a-Job Week" had a name change over 40 years ago, and its successor "Scout Job Week" ended 20 years ago, the term "bob a job" is still often heard. This was particularly evident recently when the national press ran nearly 25 pieces on the announcement that the Scout Association is launching a new scheme "Scout Community Week". This will run from 14 to 20 May and is an opportunity for scout groups to raise funds, but also to do something for the community. We would welcome any suggestions for worthwhile community projects that would benefit from our help during this new annual event.

www.scouts.org.uk/scoutcommunityweek

Volunteers

We are very grateful to the parent helpers who have helped out with all the sections. We have only one leader in each of the cub and scout sections, so we cannot run without outside help. On top of this, one leader will retire this coming summer, and another will have to change commitment owing to relocation away from site. We are looking at how we can accommodate these changes, but one thing is clear – we do need your help. If you would be at all interested in working with any of our age groups, or doing 'back room' helping with equipment, admin etc., please do contact me, we really do need you.

The Scout Movement is the largest volunteer youth movement in the world. In the UK there are 400,000 members, consisting of boys and girls from age 6 to 25 and adult leaders and supporters. Seascale Scout Group meets on Thursdays and caters for Beavers, Cubs and Scouts, and has links with the local Explorer Scout unit. To find out more, please contact:

Info@SeascaleScouts.org.uk
or phone Seascale 28296.

Graham Worsnop

SEASCALE SCOTTISH COUNTRY DANCE CLUB

The group is already having a very enjoyable year, perhaps one of the best in recent times.

At the time of writing it happens to be Burn's Night (25 January). There was a time when the anniversary was celebrated in the Windscale Club, but this hasn't happened in recent years.

Not knowing all that much about 'the Bard' and never being able to understand a word of his poems when recited in a strong Scottish accent (my apologies to Maurice!) I thought I would read about him. It was interesting to see that *'to his father's disapproval Robert joined a country dancing school in 1779 and with Gilbert, his brother, formed the Tarbolton Batchelors Club the following year'*.

Our club is definitely not for batchelors –



Members enjoying a drink between dances.

although of course they are just as welcome as anyone else inclined to come along. It is good to note that new people have come to join, and interestingly, more men than ladies. This has both increased the numbers and enlivened the proceedings. Though new to Scottish Dancing we are impressed by their enthusiasm and their willingness to join in.

The club nights will continue to the end of April or early May and then resume in September. In the meantime if anyone wants to come to see what it is all about, we invite you to come any Wednesday at 7.30pm to the main hall of the Windscale Club.

Jimmy Young

FROM THE WHITEHAVEN NEWS

19th September 1903

A HEARTY WELCOME

On Thursday Evening last a goodly number assembled at Seascale Railway Station to welcome MR. BURNETT and his bride. Flags were flying at different places and at the Boys Preparatory School there was a grand display of bunting.

SEASCALE LIFEBOAT RESCUE

On the 26th. October 1875 the Isabella sailing from Carlisle with a cargo of slate was stranded on rocks at Barnscar, Drigg. She went aground at about 2.00 a.m. on a hazy morning. The Seascale lifeboat THE WILLIAM TOMLINSON successfully rescued all the crew.

The rocks at Barnscar, Drigg were a great hazard to shipping and there are many tragic tales of loss of life from shipwrecks on Drigg shore.

©pamclatworthy.

Pam Clatworthy, Drigg

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GARETH'S ART AND PHOTOGRAPHY IN GOSFORTH PUBLIC HALL

Paintings, prints and photographs will be on display in the Supper Room at Gosforth Public Hall on Friday 13 and Saturday 14 April. All are the work of established Seascale artist Gareth Harrison. This is a chance to see a representative selection of his work covering the last ten years. Works on show will range from scenes around the Wasdale area, through to more individual pieces drawing from aspects of colour and contrast over recent seasons.



£1 A WEEK FOR TENNIS? ARE YOU SERIOUS?!

In this Olympics year, why not get out that rusty racquet and come along to Seascale Tennis Club? Don't just advise Andy Murray what to do from your armchair – come along and have a game yourself!

Now, while none of us can challenge Murray for the world number 3 ranking, we're a small, friendly club that welcomes new members – whatever (almost) the weather. It doesn't matter if you've never played before or it's been a few years since you picked up a racquet. If you want to practise a particular shot, why not get the 'Lobster' machine out of the clubhouse? Whatever your level, you're always welcome to join in a game of doubles. Don't worry, we all occasionally lob a ball over the fence but our patient neighbours kindly throw it back. Several times during the spring and summer there are club tournaments to take part in, and make sure you don't miss out on the summer barbecue! Club sessions run on Wednesdays from 9.30am to 12 noon, Sundays from 8am to 12 noon and on Monday evenings during the summer from 6.30 to 8.30pm.

For our younger players, Andy Lloyd runs coaching sessions twice a week – on Sunday afternoons on the outside courts (weather permitting) and on Wednesday evenings in the sports hall. For further information or to book a place, please contact the club. On Saturday 18 March we're organising a competition for our junior players to partner a parent. Advance warning to Mums and Dads – our juniors are getting good!

So what's the catch, I hear you ask? Well, for a little over £1 a week you can treat yourself to a whole year of tennis, and there are rates for couples, families and young people. Why not visit the website for further details at www.seascaletennisclub.co.uk, give Melvyn Kendall a ring on 019467 21051 or Jen Caulfield on 019467 28687, or just turn up to have a game!

CALLING ALL ARTISTS



**SATURDAY, SUNDAY and MONDAY
2-4 JUNE**

**Would you like the opportunity to exhibit and sell
your work to raise funds for St Begas
C of E primary school?**

The 19th Eskdale Art Show is the event for you!

**A high standard of art work will be on display in a
range of styles.**

**Last year we sold over £14,000-worth of art and with
a raffle and the sale of refreshments over the
weekend we raised £6,000 for the pupils.**

**FOR AN APPLICATION PACK CONTACT:
Bettina Tyson, c/o St Bega's School, Eskdale,
Holmrook CA19 1TW**

**E-mail eskdaleartshow@st-begas.cumbria.sch.uk
or telephone or text 07973 418818**

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Our warm and relaxed dining room seats up to 28 guests including two additional private dining areas.

Our à la carte menu, which changes with the seasons, is designed with a modern twist on traditional food, using local produce wherever possible.

We are now also serving a Brasserie menu alongside the à la carte for the more informal evening with friends. The price of a 3-course meal now starts from £16.95.

Dinner is served from 7pm to 8.30pm daily.

Please call to reserve a table to avoid disappointment.

Geoff & Debra Armstrong

Westlakes Hotel, Gosforth

Tel: 019467 25221