





# NOW OPEN for Saturday appointments

Hours of opening

Monday
Tuesday
Wednesday

Thursday Friday

Saturday

8.30 - 5pm

8.30 - 6pm

9 - 2.30pm

8.30 - 6pm

8.30 - 6pm

By appointment

Book your appointment today Call **019467 28496** 

5 South Parade, Seascale CA20 1PZ www.newimageseascale.co.uk





# RISH LE

Editor: Eileen Eastwood 019467 28653 Production: Trevor Preece 019467 28449 trevor@trpub.net

We cannot possibly match the achievements of the wonderful sports men and women of Great Britain. It has been a year of celebrations starting with the jubilee and carrying on right through the summer months into autumn.

We can celebrate the place we live in and be proud of the attractiveness and cleanliness of our village and beach, and a lot of this is due to volunteers. Special thanks to the two Davids who are always picking up litter and clearing our coastline of rubbish.

Shackles Off resanded our play area next to the S.R.A. field. Thanks to them as well.

Our thoughts go out to all the flood victims who lost so much in the recent floods here. I have lived here for 48 years and have never seen flooding and devastation on this scale before. It is impossible to imagine the worry and upset this must have caused to those affected. We hope United Utilities are going to find the causes and sort them out before winter takes hold.

I would like to congratulate Seascale W.I. on reaching their 90th year. I was delighted when President Judy Hall asked me along to their celebration evening. It was a lovely night with a lot of guests from other W.I.s and no need to ask, the food was wonderful, and so was the entertainment.

When we were raising funds to make all our facilities possible the W.I. was one of the groups who raised funds for us. They also purchased the seat outside the library. I hope they carry on being an important part of our community.

In the last newsletter I asked you all about Christmas as we get fewer and fewer people in the hall. I received no response. So we are just going to have on 9 December, at 4.30pm, fireworks probably starting between 4.30 and 4.45pm. Then the lights switch on around 5pm and refreshments in the pavilion.

I am sure most of you noticed the tubs of flowers we put around the village in time for the jubilee and most of them are still flowering as I write this. Chris Steele provided and planted the tubs and the money came from Mid Copeland. Would you like to see the same next year if we can raise the money?

Our congratulations go to David Moore on receiving an award for being 40 years in the fire service.

We do welcome comments and letters from you. This is your magazine and without articles and ideas from you we cannot carry on.

> Eileen Eastwood Parish and Copeland Councillor

#### **PARISH COUNCILLORS**

Elaine Dickinson	27288					
Eileen Eastwood	28653					
David Halliday	28027					
Ken Mawson	29786					
David Moore	27674					
Helen Pateman (website editor)	28131					
David Ritson	21668					
Chris Taylor	07788 248813					
Phil Taylor	07789 905822					
Andrew Williams	28203					
Andrew Woolass	28218					
Clerk						
Sonia Batten	21332					
Copeland District Councillors						
Eileen Eastwood	28653					
David Moore	27674					
County Councillor						
Sue Brown	01229 774666					
Other Useful Numbers						
Cumbria Highways Hotline	0845 609 6609					
Copeland Direct	0845 054 8600					



A new venture was launched in August. With the support of a number of agencies and Muncaster Estate, the Electric Bicycle Network started here in Mid Copeland. This new business, Muncaster Cycles, operated by Jason Donnelly out of Muncaster close to the church, has a number of electric and mountain bikes for hire. Charging points are available at a number of locations in Wasdale and Eskdale.

It is hoped that charging points will shortly be





available in Seascale and Gosforth too. The charges last for a number of hours and David Gray, a Gosforth Parish Councillor, and two others recently did a round trip lasting of about three hours without the need to recharge the batteries. It is claimed Wasdale Head can be reached and returned from on a single charge.

Jason also does bicycle repairs and can be reached on 01229 717989.

## No longer a giant leap — just a small step!

Nearly six years years after the idea was put forward by members at a Copeland Rail Users' (CRUG) Meeting in Drigg and Carleton Village Hall, easy access ramps have at last been installed on both

platforms at Seascale Railway Station. in addition to CRUG, the Seascale Parish Council and the Community Rail Partnership also pushed to have the humps installed.

At the CRUG meeting on 17 January 2007, Dr Paul Salveson, then Northern Rail's Head of Community and Regional Strategies, noted with dismay that elderly people or those with limited mobility sometimes had to sit on the floor of the train and lower themselves on to the platform when disembarking. He took this up with Northern and Network Rail and this initiative is finally bearing fruit.

Following the initial suggestion and design work, the first ramp was installed in December 2009 at Harrington, which had even larger drops between train and platform. The so-called 'Harrington Hump' was adopted nationally as a partial remedy for the problem of low platforms and has been installed at Aberdyfi in Gwynedd and St Albans Abbey stations. Further ramps on our line were provided at Whitehaven then a second one at Harrington, and most recently one at St Bees.

The humps reduce the train/platform step height from about 18 inches (430 mm) to a much more





comfortable 4-6 inches (100-150 mm) depending on the type of train.

Many local people have been deterred from going by train because of the low platforms and the feeling of insecurity even when using the wooden steps. It is hoped that the raised platform areas, while they are not a complete solution to the problem, will at least give people more confidence when boarding or leaving trains in the future. *Keith Bradshaw* 

Northern Rail Volunteer Station Adopter

#### Broadband News

In May 2012 both Fujuitsu and BT, the preferred contractors for the provision of Superfast Broadband (SFBB) to Rural Cumbria, submitted, contracts to Cumbria County Council (CCC). Both of these contracts were not compliant with the aims and terms of engagement and were declined by CCC. Shortly after this Fujitsu withdrew from tendering in every County in England and Wales, leaving BT the sole company.

BT continued to negotiate with CCC and submitted a substantially revised contract for approval in September. This contract has been approved by CCC but has not yet been signed as European Union Approval is awaited for spending State Aid with a monopoly company.

In the mean time the Holmrook area has been granted leave to apply to DEFRA for extra funding from the Rural Communities Broadband Fund following a Mori Poll which returned a 75% positive result of those were asked if they wanted SFBB. Bootle is the other local area of the six in Cumbria who have been chosen as special cases. If the bid is successful it will increase of chances of surrounding parishes "piggybacking" on their success. We will let you know developments when they happen.

Brian Kennish

#### **CHURCH NEWS**

## REMEMBRANCE SUNDAY 11 NOVEMBER

The annual Service of Remembrance with the traditional Silence and Wreath Laying will be held at the War Memorial in the grounds of St Cuthbert's Church on Remembrance Sunday at 10.30am, after a shortened morning service in St Cuthbert's Church. Everyone welcome.

The Royal British Legion Remembrance service for the Seascale and Gosforth area this year will be in St Peter's Church at Drigg on Remembrance Sunday at 3pm, followed by refreshments in Drigg and Carleton Village Hall. Everyone welcome.

#### Messy Church

'Messy Church' is run jointly between St Cuthbert's and Seascale Methodist Church and meets on the second Saturday of each month in school term in St Cuthbert's Church Hall at 11am to about 1pm.

It is designed mainly for children of pre-school through primary school age, and their families, with craft activities, games, stories, songs and praise, ending with a nourishing lunch. Come along and see what it is all about. Children must be accompanied by parent, grandparent or adult carer.

## ST CUTHBERT'S CHRISTMAS FAIR

The St Cuthbert's Christmas Fair will be on Saturday 1 December in St Cuthbert's Church Hall starting at 11am. As in previous years a soup lunch will be available and the Christmas Raffle will be drawn. See posters in November for more details. Proceeds for church funds.

#### Messy Church Star Trail Throughout December

There will be a display of Messy Church work and activities in Seascale Library in December. This will launch a STAR TRAIL following clues to find stars around the village including the Library and Seascale Methodist and St Cuthbert's churches. Each star will carry a letter of the alphabet which together will make a word or saying, for you to discover.

The clue sheets will be available from the library and churches at the beginning of December. Follow instructions on the sheet to return completed sheets and claim a prize.



## ROTARY SHELTER BOXES

In addition to supporting a number of local charities and other appeals, the West Lakeland Rotary Club has been providing Shelter Boxes to help families affected by disasters around the world. These boxes are tailored to suit the disaster involved but typically contain a disaster relief tent for an extended family, blankets, water storage and filtration equipment, cooking utensils, a stove, a basic tool kit, a children's activity pack and other vital items. Rotary Clubs worldwide have over 11 years responded to almost 200 natural or man-made disasters in over 75 different countries.

The West Lakeland Rotary Club has in the last

three years provided six Shelter Boxes, the last two going to Peru following the floods there this year. One of these was the result of donations made by apprentices at GEN II. Owing to the severity of the flood waters at that time in Peru, local scouts there assisted transporting the boxes to the affected areas by river boat.

One of those tents was on display at Gosforth Show in August.

#### SEASCALE WI TURNS 90

Seascale Women's Institute is 90 on 22 November this year. We held a celebratory birthday party in October to which we invited members from the Esk Group of WIs and past members. It was a good evening.

To commemorate this milestone, the Parish Council has given us permission to plant a tree in the village. This is due to happen in February, so look out in the March Newsletter for a picture of the planting and a report of some of the activities that the WI have got up to over the years! Judy Hall, President

## A VIEW FROM THE CHAIR

#### **EYES, EARS, INTERNET!**

This is all you need to become part of Neighbourhood Watch. You don't have to patrol the dark streets with a torch, although there is still a place for vigilance while out and about.

The police have overhauled the scheme which now relies very largely on exchange of information via the internet. The police provide regular bulletins and support to local coordinators who liaise with a network of residents in their area. The police have found that this works well and that Watch members feel well supported and safer.

Our PCSO, Ben Rogerson, is very keen to get a scheme revived here. He has had approaches from a couple of people who would like to become co-ordinators and we now need to help him to build the network.

At last year's Together We Can week many residents who attended the drop in talked to the police about reviving Neighbourhood Watch and it was a major concern in the answers to the questionnaires which were filled in then.

You will have seen the item and photos in this magazine about some of the problems we have with anti-social behaviour. It's always astonishing that nobody ever sees anything; perhaps they do but don't think of it as an urgent police matter. If everyone knows the names of their local coordinator and the Watch members it is much quicker and easier to report anything suspicious.

On the other hand one of our councillors, at the request of the Parish Council, was demolishing a broken wooden bench, in broad daylight, and suddenly found himself faced with flashing blue lights and a brisk questioning. Happily this ended with a good laugh all round, but obviously people do notice what's going on.

Helen Pateman



#### **Cleaning Services**

- Domestic and Commercial cleaning
- Can clean from 1 hour to more regular cleaning
- ▶ One-off cleans end of tenancy cleans, spring cleans and more!
- ► Eco-friendly cleaning products
- Provide in-house ironing service, which offers a collection and delivery service to or from home or place of work.
- ► NVQ Level 2 Cleaning

(note that I am profoundly deaf so please leave message on answering machine and I will ring back)

#### MEN'S KEEP FIT

This meets on Tuesday mornings at the Sports Hall in Seascale.

Our target age range is 55-85 years old. The 45 minute session Involves:

1 Limbering up then warm up exercises. 2 More strenuous exercises. 3 A circuit of 10 activities. 4 Stretching Exercises. 5 Coffee.

You can work at your own rate and set your own goals within our regime.

Contact Alan Bell 24250 or John Calvert 28936. Come along and see us and have two free sessions.

#### HOLMROOK READING ROOM

Christmas Buffet and Wine Evening – Friday 7 December 2012 at 7:00pm. Tickets can be purchased from David Marsden 24632 or John Dutton 24317

Otherwise, drop into the Lutwidge or Tynedale for tickets.

Bookings: The Reading Room and Playground is an ideal venue for your party, meeting etc. For room bookings or information about the Reading Room ring David Marsden on 24632 or Daisy on 24771.

## EVENTS CALENDAR in and around Seascale

Find updates at: www.seascale.org.uk

- 4 November Sunday. Jazz band performance, St Bees Village Hall. Contact: Val 07974 418325.
- 9 November Friday. Steam and Fish Supper at the Ravenglass & Eskdale Railway. 6pm from Ravenglass. Return from Dalegarth 8pm. £8.50pp. Claire: 01229 717171.
- 10 November Saturday. A new play "True" by local playwright and actress. 7.30pm, Gosforth Public Hall. Ann McKenzie: 019467 25700. annatfellside@yahoo.co.uk
- 10 November Saturday. Gosforth Fireworks, Gosforth School Playing Field. Gates open 5pm. Food available. Tickets on the gate £3 adults, £2 child.
- 10-11 November Saturday & Sunday. "Spirit of Christmas" Winter Gift Fair. Dalegarth Station, Ravenglass & Eskdale Railway.
- 10 November Saturday. Cumbrian Railways Association autumn meeting. Burnside Hotel, Windermere. Details at www.cumbrianrailways.org.uk
- 10, 17 & 24 November Saturdays. Keith McMean watercolour workshops at Florence Mine, Egremont. Opportunity for digital artists, photographers and film makers. http://www.florencemine.org/page23.htm
- 11 November Sunday. Cumbrian Railways Association autumn field trip to the Eden Valley Railway. Details at www.cumbrianrailways.org.uk
- 14 November Wednesday. Cumbria Wildlife Trust West Coast Support Group. "Bats in Copeland", by Neil Robson. 7.30-9pm, Seascale Methodist Church Hall. Fiona Galloway: 019467 841313.
- 14-17 November Wednesday to Saturday. 'When we are Married', J.B. Priestley production by Rosehill Players, Rosehill Theatre. www.rosehilltheatre.co.uk/whatson/theatre/rosehill-players-when-we-are-married
- 16 November Friday. "Food and Wine Match" evening with a wine expert in the Turntable Cafe at Ravenglass station. 6.45pm. £16pp. Claire: 01229 717171
- 17 November Saturday. "The Harmonettes Go into Orbit"
   Arts Out West performance, Drigg & Carleton Parish Hall, 7.30pm. Tickets from John on 019467 24321. info@drigg.org.uk
- 22 November Thursday. Christmas Market at Gosforth Nursery. 7-9pm. Christmas stalls including cards, jewellery, crafts, homemade gifts, chocolates/cakes etc. £2 entry includes mulled wine and mince pies. Tel: 25800 for details.
- 24 November Saturday. Seascale School Christmas Fair.
  11am 1pm. Includes Santa's Grotto, Christmas gifts,
  arts and refreshments.

- 24-25 November Saturday & Sunday. Annual Ulverston Dickensian Christmas Festival (http://dickensianfestival.co.uk).
- 26 November 29 December. Christmas at the Castle. 01229 717614 or www.muncaster.co.uk
- 1 December Saturday. St Cuthbert's Christmas Fair, 11 am. Soup lunch.
- 1, 2 December Saturday & Sunday. Taste Cumbria Christmas Fayre, Muncaster Castle. Cookery demonstrations, courtyard festive market, Santa's grotto, walkabout entertainment, "horse and husky" sled dogs, pony rides, shop and café open, castle open (small charge applies). 11am – 4pm. Adults £3, children £1. Free entry to Friends of Muncaster.
- 1, 2, 8, 9, 15, 16, 20-23 December. Santa Express at the Ravenglass & Eskdale Railway. Pre-bookings only from Claire: 01229 717171.
- 7 December Friday. Holmrook Reading Room Christmas Buffet and Wine Evening. 7pm. Tickets from David Marsden 24632 or John Dutton 24317. Lutwidge or Tynedale can also supply tickets.
- 9, 16, 21, 23, 27, 28, 29 December. Victorian Christmas Tours at Muncaster Castle. Experience the magic of this beautiful ancient castle, lit by candle light and elegantly decorated for Christmas. Sneak a peek behind the scenes and enjoy mulled wine and mince pies on this 40-minute tour, guided by servants in period costume from 1885. Pre-booking essential. Please visit www.muncaster.co.uk. Bookings: Sarah Knowles 01229 717614.
- 13 February Wednesday. Cumbria Wildlife Trust West Coast Support Group. "That's Ireland", by Maurice Steele. 7.30-9pm, Gosforth Methodist Room. Fiona Galloway: 019467 841313.
- 16 March Saturday. Cumbrian Railways Association spring field trip to the railway relics of Bigrigg and area lines. Details will be at www.cumbrianrailways.org.uk or 019467 28296.
- 16 June Saturday. Cumbrian Railways Association summer field trip to the slate railways in Honister and Fleetwith Pike areas. Details will be at www.cumbrianrailways.org.uk or 019467 28296.
- **Early November:** Drigg Bonfire and Fireworks. Open to all. See Keynotes and notice boards for more details.
- Early December: Drigg & Carleton's Children's Party. Open to all children in the parish from 0 to 11 years. See Keynotes and notice boards for more details.

## REGULAR EVENTS

- Children's Club. Meets every Friday during term-time for children in the infant classes, from 5pm to 6pm, at Seascale Methodist Church Hall. Contact Ros on 21273 or Jackie on 29785.
- Gosforth and District Art Society. Every Monday but with breaks for Easter, summer and Christmas. 6.45-9pm, Gosforth Village School. Contact Jakki Barratt: jakki@karletta.co.uk.
- Guides. Every Tuesday during school term time. 7.15-8.45pm, usually at Gosforth Public Hall. Contact: Sue Smith 019467 28265.
- Holmrook Reading Room Music Club. Thursdays from 7.30pm. Bring your own instrument and a desire to be better at jazz improvisation. Peter Smith: 01946 822489.
- Jazz Jam Session. Third Friday every month. Calder House Hotel, Seascale. 8.30pm. Admission free.
- Line Dancing. Every Monday. 7.30pm, Windscale Club, Seascale. £2 pp donation to charity. Contact 019467 28449 for details.
- Messy Church. Run jointly between St Cuthbert's and Seascale Methodist Church and meets on the second Saturday of each month in school term in St Cuthbert's Church Hall at 11am to about 1pm.
- Music Jam. New jam being set up at the newly refurbished Wheatsheaf in Egremont. Come along and join in the fun if you can, between 7pm Tuesdays and let's say ... late. Ask for me when you arrive, if you want to play. Bring your gear. Val. 07974 418325.
- Open Mic Night Strands, Nether Wasdale. First Wednesday every month. 9pm start. Live music by various singers and groups.
- Open Mic Night Florence Mine, Egremont. Third Wednesday of each month. Great atmosphere, all gear provided. Call Val for guidance or just turn up. 019467 24105.
- Open Mind West Lakes U3A. Third Thursday every month. Gosforth Public Hall. Coffee 10.15am. Speaker starts 11am. Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt 019467 28759.

- Open Mind West Lakes U3A Discovery Group. Fourth Wednesday every month. St Mary's Rooms, Gosforth. Coffee 10.15am. Speaker starts 11am. Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt 019467 28759.
- Open Mind West Lakes U3A History Group. First
  Wednesday every month. Drigg Village Hall. Coffee
  10.15am. Speaker starts 11am. Members £1.50. Visitors
  £2.50. Contact: Mrs Jo Froggatt 019467 28759.
- Open Mind West Lakes U3A Art Appreciation Group.
  Second Thursday every month. St Joseph's Church Hall,
  Seascale. 10.30am for 10.45am. Speaker starts 11am.
  Members £1.50. Visitors £2.50. Contact: Mrs Jo Froggatt
  019467 28759.
- Over '60s Lunches. Strands, Nether Wasdale. Monday to Thursday, noon to 2.30pm. One course £5, 2 courses £7, 3 courses £9, 019467.
- Rangers. Every Tuesday during school term time. 7.15-8.45pm, usually in supper room at Gosforth Public Hall.
  Contact: Sue Smith 019467 28265.
- Scottish Country Dancing Windscale Club, Seascale.
  Every Wednesday from September to April at 7.30pm.
  Beginners very welcome.
- Beavers/Cubs/Scouts: 2nd Seascale Scout Group. Every
  Thursday night in school term time. St Cuthbert's Hall.
  Beavers (6-8 years), 5-6pm. Cubs (8-10 years), 6-7.30pm.
  Scouts (10-14½ years), 7.30-9pm. Contact: 28296 or
  info@seascalescouts.org.uk
- Seascale Parish Council Meetings. First Wednesday every month. 7.30pm in the Methodist Schoolroom. No meeting in August unless there is urgent business.
- Tuesday Chat. First Tuesday every month. Drigg & Carleton Village Hall.
- West Cumbria Guild of Model Engineers meetings.
  Second Wednesday every month. Harrington Fishing and Sailing Club, 7.30pm. Visitors welcome. Details: 019467 28938.
- West Cumbria Guild of Model Engineers train running on Curwen Hall Park track. Sundays 2-3pm in fine weather.

#### Muncaster Microbus Day Trips 2012

Date		Day	Destination	Price	Notes
November	10	Sat	Keswick/Cockermouth	£9.50	
	14	Wed	Workington/Dunmail	£8.50	
	24	Sat	Kendal/K Village	£9.50	
December	8	Sat	Carlisle	£10.00	
	12	Wed	Cockermouth/Lakeside/Lights	£8.50	

Muncaster Microbus runs Whitehaven shopping trips on Tuesday and Thursdays which can call at Gosforth and Seascale. Details from www.muncastermicrobus.org.uk. Bookings: 01229 717229.

## Sty Head Road's Centenary

t was a beautiful day. Just the day to take the vintage open top MG out for a run. The fact that my 18 year-old grandson was keen to get to Keswick was a handy excuse. I had already managed to impress (and possibly terrify) the lad by taking him over both Wrynose and Hardknott so a trip over my favourite road was a must. From the sea, then alongside England's deepest lake, into Wasdale Head, going deep into Mosedale, climbing gradually then turning back, crossing Black Sail Pass, along Kirkfell before passing under the mighty rock towers of Great Gable then soaring up to get an incomparable view from the Sty Head Hotel. I remembered the objections to building this now famous hostelry and was glad that we locals had won our case for more economic development in just the same way as we defeated that daft idea of a Lake District National Park.

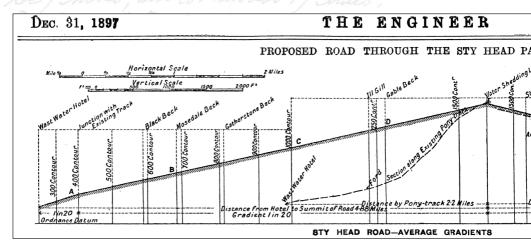
It was the same argument that had been used to try and defeat the building of the Sty Head Road. It was thought that the invasion of tourists would be too much and The Fell and Rock Climbing Club Journal in 1919 wrote of "the intrusion of the dust raising, stenchy motor car". Indeed some said " the glories of the magnificent solitudes about Scawfell and Great Gable ... will be broken and vulgarised by the incursion of the common herd." Just wanted to keep it for themselves more like! Mind you, in 1895 £1,000 was raised at a public meeting in Keswick towards the building of the road and even the Lake District Association "who constituted themselves

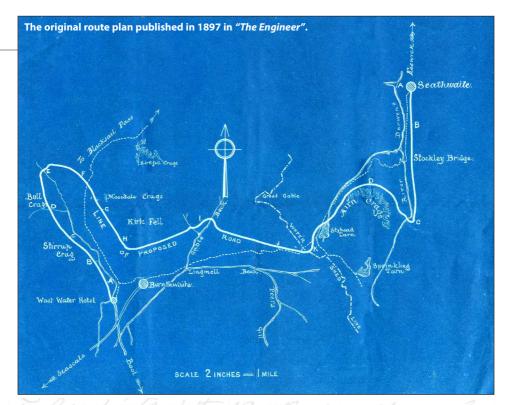
guardians of the Lake District from a picturesque point of view" <sup>2</sup> subscribed £100 towards the plan in 1897.

Anyway, it's time to get going. First stop Wastwater and the memorial to Mr Musgrave. He was the owner of Wasdale Hall (now the Youth Hostel), a traditional Victorian landowner who saw himself King of Wasdale but he left £7000 for the road provided it was started in two years. If the road had been started when it was originally suggested and surveyed by the Cumberland County Surveyor, Mr George Bell, in 1896 it would have cost £10,000 but after the First World War it would have more than doubled. His vision could be seen from the lake, the cars looking like toys making their way up to Sty Head.

Next stop the Wasdale Head Inn, now a museum to rock climbing, housing the famous collection of photographs of the Abraham Brothers and collections of mountain memorabilia but still possible to get a drink and a bite to eat in Ritson's bar, named after the original World's Biggest Liar. The lad was not keen to visit Wastwater Water World saying it was just a copy of the one in Dubai, even when I said it had the biggest retractable glass roof in Europe and the second longest flume in the world. He just shrugged, Youngsters, Huh. I thought he might be impressed.

Ritsons Force looked good as we journeyed on. I guess the pumping back of the water to create the kayak course helps. Next stop the Head of Mosedale and the cafe at the base of The Pillar Chairlift. We



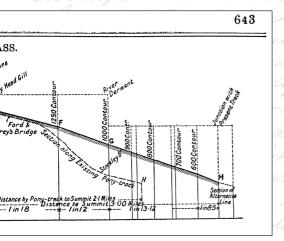


did not want anything to eat but I wanted to check the MG. So far it had been a gentle climb, just 1 in 20, but after this we climb 1,314 feet to 1,578 at Sty Head but still fairly gently owing to Victorian planning. The lad is muttering something about a pass in Switzerland which does the same thing but double in metres. He probably thinks this is easy but I take him over to the digital display board to show him how the road was intended to be constructed. Up comes a copy of the old "Whitehaven News" of 20 January 1898.

"Horizontal distance from hotel in Wasdale to summit, via old pony track, 2.2 miles; via the new road 4.88 miles. Horizontal distance from summit to SeathwaiteTarn via old pony track, 2.1 miles; via the new road 3.00 miles.

The surveyor reports that the line selected involves no engineering difficulties. The road as laid out is a 'side bank' cutting on the face of the hills and can be made with pick, shovel and crowbar, except in a few isolated places and at the summit, where explosives will be used. There will be seven rustic bridges and several large culverts required between the hotel and the summit for crossing the numerous streams and becks. And on the north-easterly descent to Seathwaite from the summit three similar bridges and a number of culverts will have to be constructed."

The piece from the paper finishes with what I think was the best advocate for the road.





"The road would open the best part of the lake district to thousands who now never realise that such views are to be found in the country, and there is little doubt that the district generally would benefit in every way from its construction."

The lad makes the point that economic benefit has to be balanced with the environmental impact but I reckon that lunch at the Sty Head Hotel will persuade him. We move off, crossing one of the "rustic bridges" at Gatherstone Beck with fantastic views of the Scafells ahead. Pushing on, making a sharp left with Burnthwaite Historical Farm a few hundred feet below, we were now about to cross from Kirkfell to Great Gable with Napes Needle and Deep Gill above us. We now approach the underground car park of the Sty Head Hotel. He wonders how many explosives were used to make this. The hotel is clad entirely in shimmering solar panels which provide all the power needs of the hotel and the Scafell Pike chairlift The views from the revolving restaurant are spectacular and the lad is impressed by the structure, even taking careful notes of how the hotel disposes of its sewage from its 120 bedrooms and restaurants! Not quite my cup of tea but I guess it is important. Before we head down I take him across to the old Mountain Rescue Box, now displayed in the hotel foyer. Not much need for it now but I tell him of the night I spent in it on a rescue. His look tells me I might just have told him that one before. Down to Seathwaite now, passing the Tarn on our left with Derwent Water glistening

ahead, we leave the trace of the old pony track which intrepid walkers still use, and turn under Aaron Crags. My brakes are heating up with a gradient now at 1 in 12, on to the junction of the river Derwent at the head of Grains Gill and then zig zag down to Stockley Bridge. It's hard work without power steering but we finally emerge at Seathwaite. Then it's an easy drive on to Keswick where I realise the reason for my companion's excitement at arrival is not my driving but a very pretty girl. I guess I will be going back on my own!

Well – just a bit of make believe from someone who has won the title of the World's Biggest Liar competition, but what if the road had been built and later had been extended and widened to take modern day vehicles? Would the economic benefits have really been that great? Would entrepreneurs really invest in summit hotels and water worlds? They do in other countries.

Would the "glories of the magnificent solitudes ... be broken and vulgarised", or would it "open up the best part of the lake district to thousands"?

Howard Christie Horse & Groom (Gosforth), Great Gable Brewery, and erstwhile owner of the Wasdale Head Inn.

(1) Fell and Rock Climbing Club Journal, 1919 (2) Whitehaven News, 1897











## Hire

## **MUNCASTER CYCLES**



#### BASIC SERVICE

Repairs

Full safety check and brake check, all essential bolts checked/torqued, full visual assessment, gear & brake adjustment.



#### STANDARD SERVICE

£40

Full safety check with brakes/gears optimised, full steering adjustment, bike treated with spray



#### PREMIUM SERVICE

£90 - £120

Full strip down to the frame. All components cleaned and re-lubricated, new gear and brake cables fitted. Thorough, top quality service.



## **FREE Collection Service**

**Drigg, Seascale, Gosforth, Ravenglass & Bootle** 





ELECTRIC CYCLE Day £25 Half day £20 Pedal assisted electric bikes - perfect for an easy

Pedal assisted electric bikes - perfect for an easy and enjoyable cycling experience (13 years+).



**MOUNTAIN BIKE** Day £20 Half day £15 High end Giant Mountain bikes with front suspension. Fantastic for our rugged tracks &



**YOUTH CYCLE** Day £15 Half day £10 24inch Mountain bikes available for the younger rider - ideal for any of our spectacular routes.



TEL: 01229 717989 MOB: 07980598285 www.muncastercycles.co.uk







The ten Young Firefighters who have qualified after seven weeks of training.





The correct use of hoses.

## THE PRIDE OF SEASCALE!

The Passing Out Parade for Seascale's latest group of ten Young Firefighters was held on Saturday 27 October at the Fire Station. On a cold but gloriously sunny morning they demonstrated what they had learned over their seven weeks of training. One of the most important aspects of their training was teamwork in testing conditions such as total darkness and confined spaces. They learned to use ladders safely, setting them up correctly as a team and guiding each other up and down. They assembled and handled the heavy hoses, giving the field behind the Fire Station a good drenching. They also acquired the life-saving skills of CPR and defibrillation using the disconcertingly lifelike torso of "Resussie Annie", and they learned how to advise their families about fire safety and the importance of smoke detectors and techniques for getting out of smoke filled rooms.

After they had been presented with their certificates by Cumbria Fire Chief Adrian Buckle a delicious and varied buffet lunch and hot drinks were laid on in the Fire Station. Many thanks to the caterers.

The Young Firefighters were brilliant! They can be proud of themselves and it was obvious that their friends and relations were glowing with pride at the end of the ceremony. Let's hope some of these young people will eventually be recruited to the service. We would be in safe hands. Helen Patemar



Nine of the ten fully qualified with certificates to prove it!



"Step out".



The shop front behind Pauline's patriotic and very distinctive Mini!

## RATY HORSE

Remember Rapunzel's florist shop in Seascale, run by Pauline and Kevin? They are still resident in Seascale and have opened a new shop in Egremont named Crazy Horse, selling jewellery and gifts. It's next door to the Age Concern shop at the southern end of Egremont. Pauline finds this type of work much easier than running the florists because of her back injury.

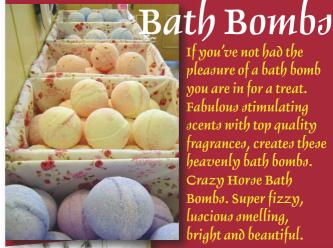
Crazy Horse specialises in costume and body jewellery, scarves, scented candles, fairies and dragons, watches, Egyptian and Buddha figurines, native American and Gothic gifts and fantasy greeting cards. That's quite a spectrum of stock! One favourite of Pauline's that she has just launched is a wide selection of bath bombs which she believes are excellent Christmas gifts.

Pauline says, "We would love it if our Rapunzel customers come and see us in our new shop. They'll get a very friendly welcome".

We wish them well with this new venture Trevor Preece



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Figurines





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## Ponsonby Author Bob Orrell

Bob was inspired with writing after having a play accepted by the BBC Children's Hour when he was a boy in the 1940s. He has been a writer most of his life. His first book "Saddle Tramp in the Lake District" was made into a documentary for BBC television. He has written thirteen books, the last being "Cumberland's Rum Butter Coast", which is told in his relaxed and entertaining style, exploring picturesque hamlets, villages, and towns along the Rum Butter Coast

Bob Orrell was born in Manchester in 1934 and at the age of fourteen ran away from home and worked on a deep-sea trawler

off Iceland and on various Scottish fishing vessels..

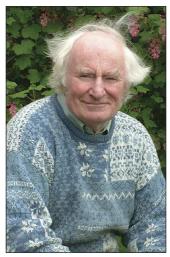
He learnt to handle sailing boats in the turbulent waters of western Scotland while living on the Isle of Skye. At age eighteen, when called up for National Service, he volunteered for the RAF Air Sea Rescue Service but owing to a mistake he was sent to join an RAF Mountain Rescue Unit in Wales.

After four years in the RAF he became a lighthouse keeper, working at the Butt of Lewis lighthouse. He later joined the Forestry Commission. After two years an offer of a post as a sailing instructor at Brathay Hall Outdoor Centre at Ambleside in the Lake District drew him back to boats and eventually he joined the staff of a Merchant Navy Training School as an instructor in seamanship.

He moved on to join the Outward Bound Trust as a rock-climbing and sailing instructor at a school in Wales.

With a business partner he opened one of the first Royal Yachting Association approved sailing schools in the north of England. He later withdrew from the partnership to go into business delivering sailing and motor yachts between the UK and the Mediterranean. Work became scarce so he worked as a Radio Operator drilling for gas on a rig off Yarmouth. The rig suffered a blow out and he was rescued by helicopter.

Back at home in the port of Ravenglass on the



Cumbrian coast, the offer of the loan of a small fishing boat led to a life as a lobster fisherman but the engine broke down in heavy seas and the boat was wrecked on a reef. He managed to find employment as the radio operator on a rig working between Shetland and Norway. When the rig he was working on broke away from its moorings in storm force winds and one of the engines seized up on the helicopter that was flying him and the rest of the crew back to Shetland in a snow blizzard. causing the helicopter to crashland at the airport, Bob decided that rigs were not for him and opted for a less hazardous

occupation. He rented a Forestry Commission farm in Ennerdale in the Western Lake District.

Following an invitation to join BBC Radio, he worked as a producer/presenter with BBC Radio Cumbria, and was also seconded to BBC Television to write the script for, and present, a TV documentary about the Lake District National Park. He was later commissioned by BBC Radio Cumbria to produce and present a daily farming programme.

Resigning from the BBC after five years he bought a 40ft steel ketch, and for three years he and a new partner operated skippered charters from a base in Oban, taking paying guests on weekly cruises around the Western Isles. Very expensive repairs to the engine eventually put the enterprise out of business and the boat was sold.

Back in Cumbria he was offered the post of Editor of the house magazine of Harrison and Hetherington, Europe's largest livestock auctioneers based in Carlisle, but the sea soon called again when he acquired a 26ft wooden yacht that was in very poor condition in. He spent the next two years restoring it and then sailed it from Cumbria to the Hebrides and back.

He is the author of thirteen books and lists his interests as sailing, mountaineering and film-making. He holds a Mountain Guides Certificate and a Mountain Leadership Certificate. *Jakki Barratt* 

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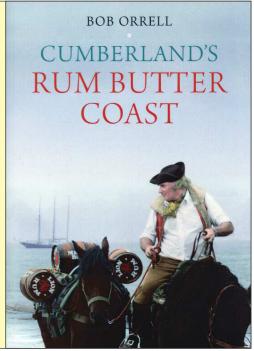
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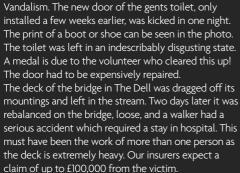
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## IF ONLY WE COULD NAME THEM AND SHAME THEM, BUT THEY PROBABLY WOULDN'T CARE...

Fly Tipping. These pictures show fly tipping at the recycling skips. The cardboard could have been folded and put in the skip. The other items had no place here and other facilities are available; there is a disposal area for paint at Frizington. The coat hangers would be appreciated by a charity which sells clothes (Air Ambulance, Hospice at Home, Knoxwood) who would sell them if they have too many to use.

Dog Mess. All over the village people carefully clean up after their dog – and then leave the little bags in front gardens and hedges, or in the bushes along footpaths. Here some have been left with rubbish and litter collected and waiting for transport by volunteers, who don't deserve this unpleasantness after doing a valuable service to the community. There are very few places in and around the village on dog walking routes which don't have a Copeland bin somewhere along the way!



Part of the fence around the play area on the beach front was demolished, probably by someone continually jumping on the rail.

Theft. In early September our prized Quality Coast beach flag was stolen from the flagpole.

Attempted theft. We discovered on 19 October that an attempt had been made to remove one of the benches by the BMX track. From the photos you can see that it was lifted about three inches off the ground, probably using a jack. These seats have a very deep concrete plinth and very long bolts so luckily the attempt was thwarted on this occasion.

Helen Pateman







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## My Trip to Everest Base Camp

have lived in Seascale most of my life, always dreaming of travelling and exploring the world. Climbing to Base Camp was an amazing experience, and I would like to thank the people of Seascale who helped me gain a place on the trip to the Himalayas.

I touched down in Kathmandu after a five-hour coach journey, three tube stops, two train rides, a six-hour flight to Bahrain, a six-hour wait in an Irish pub and one final flight to reach my destination. It was well worth the wait. Everywhere in Kathmandu was full of colour, culture, and charm. It was very exciting and vibrant.

I had always wanted to trek in the Himalayas, and after Furness College gave me the opportunity to visit Auschwitz in Poland last year, I was inspired to gain more insight into the world. I decided to sign up for a charity challenge event which included climbing to the Base Camp of Mount Everest to raise money for Childreach International.

The minimum fundraising target was £2500. It was difficult to attain this as well as studying and working part-time. I held bake sales, pub quizzes at The Screes Inn, The Vic in Drigg and the Windscale Club, and went bucket collecting all in the name of charity. I



also wrote to Furness College to ask if they would be interested in sponsoring me, and after a lovely meeting with some very friendly staff I was delighted to be offered a sponsorship. The kind support of Furness College and the help of generous people of Seascale allowed me to achieve the fundraising target and secure my place on the trip.

The start of the trek involved visiting a school in rural Nepal. With only three volunteer teachers, I noticed that most classrooms were unattended by adults and I was amazed that the students remained studying without supervision. The children understood the importance of their education, and were thankful to be attending the school.

The trek began with a 4am wake up call, followed by a 'Yeti Air' flight to the notorious Lukla Airport. This was the start of an eleven-day trek through lush green valleys and rocky landscape, visiting ancient Buddhist monasteries and picturesque hamlets and

mountain villages. It was the most challenging few days of my life, but also the most rewarding.

One hour before my team reached Everest Base Camp a well deserved rest led to me lounging comfortably on a rock and listening to my carefully selected play list. Surrounded by the most amazing glaciers and mountains I had ever seen.

It was hard to believe only that 18 months ago I was studying an Access Course at Furness College, nervously waiting to see if I had gained a place at university.

Anja Swan



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## THE BLENG GETS ITS BRIDGES

Gosforth's Bleng project is complete. The rotten bridge across the River Bleng has been replaced, recreating the circuit, and another one has been built over Scalderskew Beck to improve access and create new destinations within the forest. Bridges are wider and wheelchair access has been provided. This will be popular with runners, walkers and dogs alike. Here are photos taken by Trevor Brown during their construction.













The Lake District National Park Authority was responsible for the new bridges, supported by Copeland Community Fund, Cumbria Waste Management Environment Trust and the Rural Development Programme for England. The Forestry Commission led the work to upgrade the paths in the forest and to create a new picnic area and viewpoint. Visit this website for more information is: https://sites.google.com/site/blengdalecrossings



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## Jottings From the Potting Shed

Well summer did not arrive! Here we are into autumn, the days are shortening, the nights are lengthening and still the weather is atrocious. Our garden has certainly been upside down all season. There is more colour now

with late flowering perennials and grasses than there was in July. We have totally written off the vegetables what with the ravages of the weather and a visit from Peter Rabbit!

Nevertheless, there are jobs which need to be done to put the garden "to bed."

#### Lawns

Rake up fallen leaves from the lawn. Leaves are a valuable source of organic matter if left to decompose for twelve to eighteen months. Established lawns should be mown less frequently now as growth slows down. Remember to lift the high of the cutting blades as grass which if cut too short over winter will not stand up to poor weather conditions. Now is the last chance to rake out thatch, aerate and top dress lawns. Seed any bare patches. All lawns are suffering from excess water and need a little care before the onset of winter.

#### Roses

Now is the time to complete pruning of climbing roses. Loose stems should be tied up now so as to prevent damage from winds. Rake up rose leaves to prevent blackspot spores over wintering in the soil. These leaves should be put into brown bins or burnt. Do not put them on the compost heap as the heat in the heap may not be enough to kill the blackspot spores.

#### Hedges

These continue to need their autumn haircut.

#### **Flowering Plants**

Cut back perennials which have finished flowering to make the garden look tidier and discourage diseases from attacking old growth.



Clumps of perennials can be lifted and divided from now until spring (conditions permitting). Late flowering plants such as asters (Michaelmas daisies) are best left until spring.

To do this lift clumps from the ground (it is easier if you cut them back first). Using two large forks placed back-to-back in the centre of the clump, apply pressure to the handles. This will separate the roots and allow you to plant new pieces where desired. Discard the centre of the plant as this is old and will die. Do not forget to add a feed such as fish, blood and bone to the planting hole and water in well.

Now is the last chance to plant new perennials while the soil still has some warmth in it. Prepare the soil by adding organic matter and some bone meal. For best effect perennials are better planted in groups. Consider buying three of one kind rather than three different species.

As early frosts take their toll dahlias should be lifted and stored.

Shake off old soil and stand upside down for a couple of weeks to stop moisture collecting at the stem base which would cause rot (dahlia stems are hollow) After this, box up tubers in compost or sawdust and store in a frost-free place.

#### **Vegetable Garden**

Now is the time to remove rotting vegetation from the beds and begin preparation for spring and the hope of a better season than this one. It is not too late to plant winter crops such as purple and white sprouting broccoli, kale and winter cabbage. Seedlings can be purchased on-line as it is now too late to sow seeds. These crops provide a welcome "fresh" element to meals in the dull, dark days of January and February.

If potatoes have survived the blight which seems to have attacked many a crop lift now and store in paper or hessian sacks. Take care to store only good potatoes as any with damage will rot and spread problems throughout your crop.

Runner beans can be removed from their traditional supports and composted. Collect seed and dry out for next season.

As our gardening season draws to a close, do not forget that it is the promise of a better season next year which keeps most of us gardeners going. When all is bleak in December

and January look back at the photographs you have taken and then curl up with a cup of tea and the new seed catalogues to prepare for 2013.



A big thank you to all of you who attended our open garden in July. As a result of your efforts we raised a handsome £1700 for the National Garden Scheme. Next year's open day will be Sunday 28 July.

Chris Steele, Perfectly Planted



Seascale Parish Council is happy to accept donations for advertisements placed in the Seascale Magazine.

The rate is £10 for a black & white quarterpage, £20 for half page and £40 for a full page. A colour full page is £60, and £30 for half-page

**Contact: Trevor Preece on 28449** 

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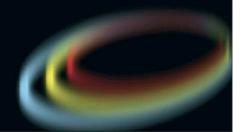
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## Seascale Firefighters — the Recruitment Crisis

Most of you will be aware of the very real concerns we all have about the apparent difficulty of recruiting On Call Firefighters in Seascale and the fact that this has led to our fire engine being unable to operate during the daytime because the minimum crew of four has not been available. Lack of cover is a problem in other areas of the county but we have seen it as especially acute here.

At the recent Neighbourhood Forum held at Gosforth School there was a very frank and heated discussion between senior fire officers from Cumbria Fire and Rescue and the public, among whom were members of the county council and local parish councils as well as firefighters and their families. By the end of the meeting it had been made clear to CFR that the public's opinion is that the current recruitment procedure is not "Fit for Purpose".

Since then CFR have come back to Seascale to discuss how to improve recruitment and make the procedure more open and attractive to potential new recruits. Shackles Off and the Parish Council are actively working with them. A new recruitment drive is being started and you will see a notice about it in this magazine.

There will be more information and publicity soon.

Helen Pateman

## The Fire Service Needs You!

"Are you flexible, motivated and interested in earning up to £6000 a year working in your local community?" – That's the question Cumbria County Council's Fire and Rescue Service is asking as part of its new drive to recruit on-call firefighters.

The service is looking for new fire fighters to join the team at SEASCALE Fire Station. To be in with a chance of getting the job potential recruits must be able to attend a 2-hour training session at the station each week and be able to get to the station within 5 minutes to attend emergency calls, either from home or work. The service is looking for males and females from all different backgrounds, but they only want people who are fit and healthy, up for a challenge and prepared to commit to the role! These are not volunteer roles. The pay scales for an on call firefighter are:

- ► A retainer of £2,115-£2, 821 dependent on the cover provided
- ► An hourly rate of £12.88 when competent in your role
- ►An on-call firefighter can earn up to around £6000 a year

To apply, people will need to complete an application form, carry out a number of tests which are recognised nationally, have an interview and then have a medical check.

Station Manager Kevin Bethwaite from CF&RS says, "This may sound a daunting prospect but we have a number of open days programmed to assist with this process which will answer any questions you may have, remove any concerns and support you with your application where possible."

The open days are programmed to be held at the station on the following dates:

► Monday 12 November: 1500 – 2100 hrs ► Monday 3 December: 1500 – 2100 hrs

These open days will be attended by firefighters to whom you can direct your questions or queries so we look forward to meeting you.

If you have any questions or would like to know more you can contact:

Station Manager Kevin Bethwaite: 07917 305752 kevin.bethwaite@cumbria.gov.uk, or visit www.cumbria.gov.uk





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## 2nd Seascale Methodist Brownies

This term we are working on our disability awareness badge and crime prevention. For the disability awareness badge we held an evening of disability. Some of us were blind, deaf or had a limb that we couldn't use. We all got to try what it would be like to be disabled in different ways, and it was a struggle for all. We tried to carry out our usual evening like playing games but we couldn't find a game which everyone was able to play. This made the evening difficult and made us realise that being disabled is a huge challenge for day-to-day activities. We then held a discussion about how the Paralympians are amazing to compete in the Games because they are disabled in some way. From having the disability evening we are now aware and have more respect and understanding about disabilities.

This term we have had five new brownies, so a huge welcome to Lucy, Alisha, Katie, Courtney and Laura, this taking our total number of brownies to 17. We are always trying to think of fresh ideas to do with the girls, so if anyone has any ideas or would like to come to a meeting then please get in touch. We are currently planning our annual pack holiday and this year we are going to an outdoors adventure park near Preston. This will take place in April.

Again I would like to thank the other leaders for their time, as girl guiding is an all volunteered organisation. So thank you Lynn, Jennifer, Joan, Maggie and Sarah for all your hard work and support.

If anyone has any questions regarding brownies or girl guiding, or has any new ideas then please e-mail on saz\_huddy@hotmail.co.uk Sarah Huddleston

PDFs of back issues of the Seascale
newsletter/magazine are available on Trevor
Preece's website, who compiles it. There are
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## Seascale Horticultural Society's Annual Show

The annual show was held at Seascale School on 11 August, and despite the awful summer weather our exhibitors pulled out all the stops to produce a very creditable display of flowers, fruit and vegetables. As usual the local children did us proud., with



entries full of skill and imagination. Prizes were presented by Headmistress Gill Hartley, and the Committee of Seascale's Horticultural Society would like thank the School for the use of its premises and all the volunteers without whom the show could not take place.

Gemma Finlay claims the Donald Brown Memorial Trophy.



D.R. Mackey Trophy to Amanda Brown family.

Jen Bell with her Cup and Trophy.



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## Seascale & District Horticultural Society Trophy Winners (2012)

Committee Cup	Most points in Group 8	Izzy Brown
Holman Cup	Children 7yrs and under Most points in Group 8	Mackenzie Brown
Carnall Award	Children 8yrs to 11yrs  Most points in Group 8	Tyler Moore
SDHS Certificate & Donald Brown Shield	Children 12yrs to 16yrs  Best exhibit in Class 110 (Childrens Hand Sewn Article)	
SDHS Certificate & Donald Brown Shield		James Davey-Kimber
Whitwell Tankard	Most points in Group 1 (Vegetables and Fruit)	Mark Hewertson
Braithwaite Memorial Shield	Best exhibit in Group 1 (Veg & Fruit excluding Class 22)	Mark Hewertson
The Neil Todd Trophy	Most points for Root vegetables in Classes 1, 2, 5, 6 and 20	Barry Stewart
Jenkinson Challenge Cup	Most points in Group 2 (Flowers)	Mark Hewertson
Matt Mossop Memorial Trophy	Best exhibit in Group 2 (Flowers)	Mark Hewertson
Tetley Challenge Cup	Most points in Group 3 (Pot plants)	David Moore
GA Holburt President's Trophy	Best exhibit in Group 3 (Pot plants)	Barry Stewart
Bruce Borwick Memorial Trophy	Best Fuchsia Exhibit in Group 3 (Pot Plants)	Tom Porter
Mounsey-Heysham Challenge Cup	Most points in Groups 1, 2 and 3 (Veg & Fruit, Flowers, Pot plants)	Mark Hewertson
Donald Brown Memorial Trophy	Best Exhibit in Classes 92199 (A Flower Arrangement in a Mug)	Gemma Finlay
Waugh Challenge Rose Bowl	Most points in Group 5 (Produce)	Lindsey Pallister
Jubilee Cup	Most points in Group 6 (Flower Arrangement)	Janis Paterson
Nelson Trophy	Best exhibit in Group 6 (Flower arrangement)	Janis Paterson
BNFL Trophy	Most points in Group 7 (Handicrafts)	Jen Bell
Wallace-Jeffries Cup	Best exhibit in Group 7 (Handicrafts)	Jen Bell
Gwen Waugh Memorial Rose Bowl	Seascale residents only. Most points in Groups 1, 2 & 3	David Moore
D.R. Mackey Trophy	Most points by SDHS family who have not won a major trophy	Amanda Brown family
RHS Banksian Medal	Most points in Groups 1, 2 and 3 in Open Classes	Barry Stewart

## **NEWS CHRONICLE AND DAILY DISPATCH**

16 October 1956

**Reporter: George Tansey** 

This is the week to be a Boffin. The world will respond with their success story as atomic electricity floods out tomorrow from their fabulous white plant on the Cumberland shore. No wonder they let their hair down at the Seascale's Boffins' Ball I attended as the highlight of my atomic weekend. So you'd think ... but you would be wrong.



"This new power, which has proved itself to be such a terrifying weapon of destruction," Her Majesty the Queen said at the opening ceremony on 17 October 1956, "is harnessed for the first time for the common good of our community."

They weren't making whoopee over this week's scientific miracle. No, they were celebrating their own private success story as human beings compelled to start living all over again in a remote village, far from universities, bookshops, theatres, smart cafes and department stores.

#### Ku Klux Klan

The birthday cake cut by the atom plant's remarkable woman labour manager, Miss Anne Mitchell, was not the first birthday cake for atomic electricity, but



the fourth birthday cake for the Boffins' village club. Isn't life human at times?

The theory that Boffins can be human some of the time takes getting used to, I admit. There have been too many pictures of them looking like Ku Klux Klan robots.

But human they are. Young, fond of TV and night-life, though they run to veletas more than

Rock 'n' Roll. They marry readily when young, mainly with brainy girls, and raise families with atomic energy. They worry like mad about their children's education more about that tomorrow and are definitely not anti-religious.

#### **Real Change**

Decanted by the hundred into lonely, windy Seascale, they have met a human problem just as severe as the cumbrian locals faced. They may have changed world history – but, they haven't made much impression on Seascale yet. Or so they seem to think.

They have their smart 260 house estate (without shops), their ultra-modern new school and their club – and that's about it. The real change has been inside themselves. They are grumbling less. Slowly but surely, Britain's A-Boffins are turning into country villagers, making their own life and their own fun.

#### **Atomic Tie**

They are finding it rather amusing to run their own cinema club and that a scientific training helps no end in planning a two-shift cinema watching and baby-sitting rota.

They are going in for their own "old atomic tie" – maroon with gold stripes – and they have even

acquired from the College of Heralds a special emblem irreverently described as "a red lion with blue claws holding an atomic pile like a Y.M.C.A. triangle."

I talked to the vicar The Rev. Thomas Wood, about them. He too thinks that Boffins are human. On reflection, he would say that they are perhaps more human than most people, from a parsons angle. He now sells 380 twopenny copies of his parish magazine, though there are only 450 houses in Seascale.

His Sunday School has jumped from 30 children and one teacher to 130 children and 15 teachers. The Boffins and villagers share the jobs as church officials. Scientists are his male Sunday School teachers and take two Bible classes.

Male Attendance at church is good. Nine atomic scientists went for auditions for "Lift up Your Hearts" BBC programmes, and two were picked. Few of the villagers would now wish them gone. There is one especially good reason for that. There are now no poor people in Seascale. There is work of sorts, for almost everybody, as craftsmen, storekeepers, clerks, drivers, typists, secretaries and door-knob polishers – at good wages. Security screening remains, but Cumberland villagers aren't bothered. Girls can get jobs at £5 a week at 16 one hears, and ex-farm workers can earn half as much again as on the land.

But what about the smart wives the brainy children of the brainy boffins. How does village life appeal to them?

#### **Atom Wives and Baby Boffins**

The Atom wives of Seascale – nearly 300 of them – wake this morning to their most chatter-worthy day since they left city lights behind and came to pioneer a new life in this remote, windy village on the Cumberland shore. It isn't only that they are going to see the Queen as she switches on the world's first atomic power station.

It isn't only that the M.I.5 security screen, behind which their Boffin-husbands vanish every day, will be pushed aside, for a family party in the white atom plant which overshadows their lives.

No, it's just the glorious feminine feeling that they are back in high society like walking down Bond Street or going to the Bolshoi Ballet. Ever since the Boffins came, the biggest human problem at Seascale has been faced by the Mrs Boffins. Their men have had the absorbing thrill of making atomic history for Britain. But for their smart, young, townbred wives, many of them highly educated young

women from universities and colleges, there has been just the daily problem of living in a slowmoving country village with one unglamorous row of little shops, no theatres, no cinemas, no smart cafe for elevenses, no bright lights, one part-time library in a wooden shack, no ready-made fun...

How have the Atom Wives made out? Have they fought to put some atomic pep into a hard old Cumberland village' or has the old village quietened them down into atomic country cousins? A bit of both of course, but mainly the latter, I would say.

After shops, they hanker most seriously for better secondary education prospects for baby Boffins.

Despite the new glass palace of a school which is almost as fabulous a sight in Seascale as the white atomic towers, they don't feel happy. The new school already seethes with 280 children, aged 5 to 15, as compared with the old village school's 30 or 40.

Mr C.A. Sims, the head master, who has recruited several atom wives on his staff, bears up well under the strain of feeling responsible to surely the most intellectual and education minded group of parents concentrated round any one British school. But he knows their inner worry – that Cumberland's grammar and technical school accommodation will prove inadequate when the "eleven plus" bulge of young Boffins occurs in two or three years' time.

Many wives like Mrs C.V. Faulkner, a labour officer's wife, and Mrs Marion Carradice, an atomic engineer's wife, frankly admit they have now grown to love life in a remote windswept village. Says Mrs Faulkner "I'm always busy, busier than I was in Brighton. "The Women's Institute has 150 members. The real country wives in the village are most helpful, if you don't try the great 'I am.' but ask for their help in all the things they can do better than us."

Nev. Ramsden, Seascale, October 2012



## Seascale Cricket Club Report 2012 Season

The Cricket Club had another good season with the First XI consolidating their position in Division 1 of the North Lancashire and Cumbria Cricket League following their debut season the year before. They finished well clear of the bottom 2 although a slow start to the season meant that relegation was a possibility at the halfway point in the season before 3 hard earned wins in the second half saw them finish a creditable 8th out of 12.

The first half of the season saw the team involved in a series of winning and losing draws without actually winning a game outright. The season got off to a good start with a winning draw at home to Vickerstown. Put into bat first. Seascale made 154 all out, thanks mainly to Adam Brown (70) and Dave Stubbings (40). Steve Brown Jnr then took 4/22 and Andrew Knott 3/25 as Vickerstown had to settle for the losing draw on 101/8. Another winning draw came away at Hawcoat Park. Put into bat, Seascale made 200/9, once again thanks in the main to Adam Brown (49) and Dave Stubbings (25). Hawcoat Park made a good attempt to go for the runs eventually finishing on 183/6. Daniel Lee was Seascale's top bowler taking 5/40. The next winning draw away at Egremont turned out to be a vital result. Put into bat by the home team on what was a 'lively' wicket, Seascale were in major trouble at 33/6. Batsmen no.7 (Clayton Lee, 61 not out) and no.8 (Andrew Knott, 33) turned the game around, Seascale eventually posting 145/8 in their 50 overs. In reply Egremont were seemingly cruising to victory on 77/1 after 23 overs. However the introduction of Clayton Lee (4/14) and Greg Bedford (3/23) into the bowling attack turned the game round again as Egremont eventually clung on for the losing draw on 127/9. The result would prove all the more important at the end of the season as Egremont finished bottom of the Division and were relegated. The last winning draw of the season was at home to Lanercost. Once again Seascale were put into bat first but managed to hit their highest score of the season – 249/7 from 50

overs. Andrew Knott (60), Steve Brown Jnr (52 not out), Jack Stubbings (37), Lee Fleet (31) and Dave Stubbings (30) all made significant contributions. In reply Lanercost made just 133/9, the last pair at the wicket batting out the last 15 overs to cling onto the losing draw. Top bowlers of the day for Seascale were Steve Brown Jnr (4/30) and Clayton Lee (3/30).

The first outright win of the season came at the end of July at home to Hawcoat Park. Winning the toss for once meant that Hawcoat Park were put into bat first and they were bowled out for just 99, Steve Brown Jnr (3/31), Andrew Knott (2/27) and Clayton Lee (2/6) amongst the wickets for Seascale. After losing a couple of early wickets, Andrew Knott (42 not out) and Clayton Lee (27 not out) steadied the ship, Seascale claiming a 7 wicket win on 100/3.

The second win came the week after, in what was the most exciting game of the season, away at Dalton. The home team were put into bat first and made 177/9 off their 50 overs, Steve Brown Jnr (4/37) and Daniel Lee (2/39) the pick of the Seascale bowlers. Seascale then knocked off the runs in a perfectly timed reply hitting 180/6 with just 10 balls left. Robin Sparshott with 47 not out top scored but there other vital contributions from Andrew Knott (36), Daniel Lee (23) and Dave Stubbings (22 retired hurt).

The last win of the season came in the very last game at home to Cleator Reserves. Cleator opted to bat first and made 158/6 from their 50 overs, Daniel Lee (4/33) having the best bowling figures for Seascale. The reply was once again timed perfectly with Seascale taking the points on 161/7 with 2.2 overs remaining. Opener Dave Stubbings (27) gave Seascale a steady start before Lee Fleet hit 10 x 4s and 2 x 6s in a match winning innings of 70.

Dave Stubbings won the club batting averages scoring 231 runs @ an average of 25.7. Adam Brown was the clubs top run scorer for the 4th year running with 319 runs. Others scoring over 200 runs were Andrew Knott (295), Jack Stubbings (265), Lee Fleet (254), Robin Sparshott (222) and Steve Brown Jnr (214).

Top wicket taker was Steve Brown Jnr with 28. Others amongst the wickets were Andrew Knott (21), Clayton Lee (16) and Daniel Lee (15). Winner of the club bowling averages was Graham Parker who took 9 wickets at an average of 12.8 before suffering an unfortunate injury in only his 4th game for the club and couldn't play for the rest of the season.

The Club continued to run two teams in the local midweek league. The first midweek team, playing as the Windscale Club in the 1st division, couldn't manage to retain the league cup that they'd won in

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the previous two seasons but did go through the whole league programme unbeaten to win their first ever league title. The Seascale Juniors team playing in Division 2 more than fulfilled its role with several junior members of the club getting their first taste of playing open-age cricket. Harry Whitfield, Patrick Brennan, Connor Lloyd, Jake Huddart, Harry Dowber and Reece Robinson (and most of their parents) all played significant parts in the team.

The under-13 team played in the local junior league finishing mid-table in the league and getting through to the semi-final of their cup competition. Unfortunately this game wasn't played owing to the persistent rain that seemed to fall every Sunday morning in the second half of the season and will be held over to the beginning of next season.

The Club would like to take the chance to thank its sponsors over the last season. These include Cumbria Heat Logs, the Windscale Club, Canberra UK and the Cumbrian Lodge Hotel.

And finally the Club is looking forward to its annual xmas 'do' at the Windscale Club. This year it's on Saturday 15 December and entertainment will once again be provided by the ever popular rock guitarist Graham Brown. Tickets are just £6 and are available from behind the bar at the Windscale Club or from committee members Steve Brown (28352), Andy Lee (28292) and Lee Fleet (27864).

A reader's letter:

### Trevor

Just wanted to say thanks for making the village magazine available on the internet. I've just spent a couple of enjoyable hours browsing through the editions.

I was born and brought up in Seascale — my parents had the greengrocers on the seafront. I finally left in 1975 when I graduated from University. Unfortunately I don't get back as often as I'd like, although my mother still lives on Wasdale Park and my brother is on Santon Way. As you'll see from the address, the trip back is a little more arduous these days.

Keep up the good work on the magazine – and I love what you've done to 2 Sella Bank. I used to deliver green groceries to the previous owner throughout the 1960s and early 1970s so remember what it once was.

Regards,
John Borwick
CEng FICE MCIWEM
Doha, Qatar

# GIRLGUIDING

## **GUIDES**

We have a large unit at present – 40+ fun loving girls aged between 10 and 14 who are a credit to the youth of today. Most of them are doers, very reliable and enjoy organising various events and helping other people.

The last six months have flown and in addition to our weekly meetings we have enjoyed days away and residentials. Here you can read about some of the things we have been up to with a few comments from the girls:

- ◆ The second half of the spring term was largely spent practising for our Talent Show under the guidance of the Rangers (our 14+ members). There were two aims, first to raise money for Cancer Research (£230 raised) and second to promote confidence by encouraging every member to appear on stage at least once. The girls as usual came up trumps and performed to an appreciative audience of around 100 parents and friends.
- ◆ Two sleepovers, one for the younger and one for the older Guides both at Santon Bridge Village Hall with activities organised by the girls. "We had a great sleepover; we toasted marshmallows round the fire and some of our members organised a cooking competition". "The sleepover was fab".
- ◆ GFI or Go For Its patrol-based projects chosen by the girls, eg GFI 'Chocolate' obviously involves lots of tasting experiences, but also includes cooking and explores the workings of Fair Trade. 'Glamorama' will see girls with slices of cucumber on their eyes one week and busy making bath bombs the next.
- ◆ Beach BBQ with an Olympic themed sand castle competition at Drigg. There was a sand stadium, a sand torch, Olympic rings and even sand athletes.
- ◆ Party in the Park at Gosforth play park organised by one of the Patrols. Amy says "My favourite part was the treasure hunt". Charlotte, Bethany and Sarah enjoyed the relay races and playing in the playground as well as the cakes and lemonade!
- ◆ Sue's surprise Birthday 60th birthday party disguised as a Golden Jubilee party. One member reports that keeping everything a secret was very

- exciting and "Sue's face fell when she saw the cake!" Sue would like to say that she was completely bowled over by the trouble everyone took to make her birthday so fantastic games, cards, presents, flowers, surprise visitors and an amazing cake made by Ellie's Mum and decorated by Ellie a massive Guide badge.
- ◆ Gosforth Diamond Jubilee Procession and fun afternoon. The weather was good and the girls decided to walk in uniform (plus painted faces, Union Flags etc) and also to carry our unit flag. The most mentioned fact here is that the girls enjoyed "blowing their tooters". Not sure if anyone else enjoyed them...
- ◆ 'Get Set Go' an Olympic activity day in Carlisle. The girls enjoyed football, dance and craft sessions as well as playing on the bouncy castles and opening and closing ceremonies. "We got a green neckerchief and a special badge."
- ◆ Gosforth Fun Run where Guides had some notable successes:
  - Under 16 girls 2nd, 4th, 5th, 6th, and 7th Under 12 girls – 1st, 2nd, 4th, and 6th
- ◆ Evening of challenges at Blengdale following trails, making music from natural objects, tree hugging, pond dipping etc and, of course, lots of talking.
- ◆ Summer Holiday staying at Bootle village hall. "On the first night it was the twins 12th birthday (that is Maisie and Megan, not Emily and Sarah). We had a party, played games and ate lots of birthday cake. The next day we caught the train to Barrow and went swimming. Followed by shopping!!! On one of the evenings we organised a show − the sleeping bag dance was awesome! On the last day unfortunately we had to go home, but we had a brilliant time. Thanks to all the Leaders."
- ◆ Night Hike "Dark, head torches, rainy, puddles, puddles, more puddles, snails, MUD! MUD! more MUD! Sea, sea, more sea, packet of Cola bottles as emergency rations. Wrong direction!"
- ♦ BIG GIG 30 Guides and Rangers travelled to Sheffield to join 22,000 other Guides for Girlguiding's annual pop concerts. Little Mix, Scouting for Girls, Conor Maynard, Cover Drive, JLS, Amelia Lily, AME were among the artists performing. "The BIG GIG was outstanding



# SEASCALE SCOUT GROUP

There are many factors that contribute to a successful Scout Group (and with over 70 young members, the 2nd Seascale Scout Group can be considered successful). The front-line leadership team (the beaver, cub and scouts leaders) and the active support of parents are two significant factors.

But a successful group also requires a significant amount of management and administrative support, such as: maintaining group records, progressing CRB checks, distributing information from headquarters, completing annual census returns, progressing leaders' training, liaising with other community groups and fund raising sources, and submitting articles to village newsletters, to list just a few of these. Taking these tasks away from section leaders ultimately improves the quality of the scouting experience that the young people receive.

Three sections alone – beaver colony, cub pack and scout troop – do not make a scout group. The GSL ensures that the three sections mesh together to run smoothly, and are cohesive so that the young people not only join as young beavers but stay and continue up through the sections as they get older.

For almost 10 years the role of Group Scout Leader (GSL), and undertaking the above tasks, has been carried out with vigour and thoroughness by Graham Worsnop. Prior to this Graham has been a leader at various levels in a number of Groups and Districts, as far North as Broughty Ferry near Dundee, to Sutton and Cheam outside London; giving up his time for a period spanning over 40 years.

However, coinciding with his retirement from his 'other job', Graham has decided that it is time to hang up his woggle (at least as GSL).

Throughout this period, Graham has been both the oil and the glue for 2nd Seascale. He has been resourceful, tactful, honest and caring. Graham has been pivotal in making 2nd Seascale Scout Group as successful as it is. We will greatly miss his contribution as GSL, and are grateful and delighted that he will continue to give up some – but less – of his time for a wee while longer.

Graham, for all that you've done for 2nd Seascale Scout Group, we salute you, and thank you from the bottom of our hearts.

Following Graham's retirement as GSL, we have had to try and share out the tasks that he did, in order that the group continue to run smoothly, with the least impact on the leaders.

A number of parents have kindly stepped forward and are now looking after; ordering of uniforms and badges, managing our CRB records; and we even have a buyer to ease the task of purchasing.

As ever, we are in need of additional volunteers in at least two of the three sections, as well as a Group Scout Leader. However, there are also some further 'vacancies' for support roles such as those described above.

If you think you can help, in any way, we would be very grateful.

With the continued tremendous efforts of the current leadership team, and all our wonderful helpers, we hope that 2nd Seascale Scout Group will continue to thrive on the success that Graham helped to deliver.

The Scout Movement is the largest volunteer youth movement in the world. In the UK there are 500,000 members; consisting girls and boys from age 6 to 25 and adult leaders and supporters. Seascale Scout Group meets on Thursday and caters for Beavers, Cubs and Scouts, and has links with the local Explorer Scout unit. To find out more, please contact:

Neil Henderson, Scout Leader. Info@SeascaleScouts.org.uk because there were many musicians and artists who were extremely good. It was a musical experience. There were many people (all Guides of course) so it was very busy and loud! Everyone dressed wacky and weird. It was fairly exhausting. Overall it was FAB!"

We have recently been extremely fortunate to be given two very generous donations, one from the Gosforth Golf Society and one from the Lion and Lamb Onion Growers Society and we would like to thank these two groups very much. The Guides regularly raise money for their chosen charity and it was wonderful to be on the receiving end; some of the money has been spent on the purchase of Diamond Jubilee badges and the girls will soon be deciding how they would like to spend the remainder of the money.

Finally, many thanks to all the Leaders, Rangers, older Guides and parents who make such a fantastic contribution to our programme. Sue Smith, 28625

## RANGERS

The start of the Autumn term always sees a change of girls who take the lead in the Ranger Unit. Martha has departed for university where we wish her luck, and a new committee has taken over. Alice has returned from a trip to Morocco where she went with a small group of other older Guides from North West England to take part in a service project working alongside families who live in the Atlas Mountains.

The Rangers are self programming and the term is now in full swing. Obviously there had to be a farewell evening, party style for Martha. Another meeting was spent programme planning and delegating responsibilities. The girls enjoyed a very challenging and successful evening of cake decorating under the watchful eye of Helen Dunne, the owner of the 'Pudding Lane Café and Cake Shop' in Seascale. The end results were superb; the message from the girls most of whom attend West Lakes Academy, "Please open a branch of 'Pudding Lane' in Egremont."

The girls have also taken part in a discussion, led by one of the older members, on sexual health, and enjoyed a pamper evening. Recently, they accompanied the Guides on a trip to Sheffield to the BIG GIG pop concert (see Guide news). As this newsletter goes to press, the group is busy organising a Halloween party for the Guides.

Sue Smith, 28625

# **MIGRAINES**

- 1. What is a migraine?
- What percentage of adults suffer from migraines?
- 3. Who is most likely to be affected?
- 4. How often do they occur?
- 5. Do people get any warnings signs?
- 6. Name two trigger factors?
- 7. How do you know if you have a migraine?
- 8. Is there a cure?
- 9. Are there ways to prevent one?
- 10. What if it still happens? Answers opposite.

Do you (or does someone you love) suffer from migraines? We may be able to help.



Migraine is an intense headache that usually occurs at the front or on one side of your head. It is a common health condition affecting about 15% of the adult population in the UK. It occurs in 1 in 4 women and 1 in 10 men. It is thought that hormones may be the reason it bothers women more than men. Migraines usually begin in young adults. 9 out of 10 migraine sufferers had their first attack before they were 40. In some people the headaches happen several times a week but others only suffer from them occasionally.

### **Symptoms**

There are two types of migraine – those with a warning sign, normally called an aura, and those without. Auras may include visual problems, stiffness in the neck, shoulders or limbs, or difficulty focusing. There are usually 5 stages to a migraine:

- Prodromal or pre headache where you may have changes in your mood, energy levels, behaviour and appetite.
- ◆ Aura where some people experience visual problems, stiffness, problems
- of co-ordination, difficulty speaking etc.
- ◆ Headache stage where you have a pulsating, throbbing headache on one side of your head with nausea and extreme sensitivity to light.



- ◆ Resolution stage as the attack fades away. Sleep often helps.
- Postdromal or recovery when you may be exhausted

#### Causes

Migraines are thought to be caused by changes in chemicals in the brain, in particular, a decrease in serotonin. These low levels can make blood vessels in part of your brain suddenly contract making them narrower. This may cause the aura. Then these blood vessels dilate which is thought to cause the headache. The reason for the drop in serotonin is not yet understood.

There are numerous triggers, both physical like tiredness, shift work, dehydration, chocolate; emotional like stress, anxiety, tension, shock and environmental like loud noises, bright lights, strong smells.

### **Treatment**

Some people find lying down in a darkened room is the best thing when you are having an attack whilst others find eating helps or they start to feel better after they have been sick. There are also painkillers that you can buy. They tend to be more effective if you take them at the first signs of an attack so they have time to work. For more advice about what is available have a chat with your pharmacist.

### **Prevention**

One of the best ways of preventing migraines is to recognise the things that trigger your attacks. By keeping a migraine diary you may find that certain foods or when you are stressed or doing shift work etc may lead to an attack.

If you want to learn more about migraines and their management you can also contact the Migraine trust on line or by phoning 020 7631 6975.

Submitted by Stephen Reay, Seascale Pharmacy

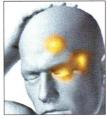


## Headaches and Migraine – the difference



Sinus:
Pain is usually
behind the
forehead and/
or cheekbones

Cluster:
Pain is in and
around one eye





Tension:
Pain is like a
band squeezing
the head

Migraine:
Pain, nausea and
visual changes are
typical of classic
form



Answers: QI. An infense headache that usually occurs at the front of one side of the head. Q2. 15%. Q3. As the front of one side of the head. Q2. 15%. Q3. Wainly younger women. Q4. It varies from several per years of 5. One third. Q6. Stress, tiredness, depression, excitement, menopause, obw blood sugar, certain foods etc. Q7. There is no specific diagnosis. Your GP will identify a pattern of reoccurring headaches with associated symptoms. Q8. No but there are treatments. Q9. Yes. If you Abart causes your migraines then avoiding that trigger is the best answer. Q10. Most people find that trigger is the best answer. Q10. Most people find that bown in a darkened room is the best thing once



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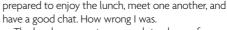
OR CALL PAULA ON 019467 25702

## Seascale Scottish Country Dancing

After the summer break, the Seascale Scottish Country Dancers are back in action. We are looking forward to the various dances that will be held in different parts of the county in the forthcoming months, and of course to our own Christmas Dance that will be held in the Windscale Club on Friday 14 December 2012. The bigger clubs hire a band to provide the music, as we did ourselves when we had more members, but nowadays we are well satisfied to dance to some of the very excellent CDs that have been made by numerous Scottish Country Dance Bands.

Although we do not hold weekly meetings in the summer months, this year the Club members were

invited to a special birthday party in July, given by a member of the Silecroft Club. The invitation was for a buffet lunch followed by dancing on the lawn. What a hope! The rain poured down, as it had done for many of the previous days and at least I thought there would be no question of dancing. We went



The lunch was great – so much to choose from and all so very nicely set out. Our hostess certainly knows how to entertain.

After eating it was tempting to remain talking to friends indoors in the comfort of the house, but no, there was a marquee on the lawn, and we were encouraged to go out and take part in the dancing. Of course we were sheltered from the rain and as soon as we heard the music we were ready and willing to join in and all had a thoroughly good time. It turned what would have been a rather miserable summer day into a very memorable occasion.

Our wholehearted thanks go to our hostess and her helpers. She must have spent a lot of time preparing for the event and we can only hope she enjoyed her birthday celebration as much as we did.

It was most generous of her to invite us and we will remember the day with gratitude. *Brenda* 



## July Crossword Winner

Congratulations are due to the winner of our July cryptic crossword, Ray Todhunter, who lives in Tranent, East Lothian. He is son of Dorothy Todhunter of Santon Way.



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Ray wins a framed photograph by Gareth Harrison, who is seen presenting the picture. Gareth added that this scene was captured at 4am on a summer's morning!

## Cumbria Wildlife Trust West Coast Support Group

## **FUTURE EVENTS 2012-2013**

Wednesday 14 November, 7.30-9.00pm in Seascale Methodist Church Hall "Bats in Copeland"

Illustrated talk by Neil Robson of the Copeland Bat Group about bats in our area and work of volunteers in the local bat group. The talk will also include brief details of bat ecology, habitat and what to look for on an evening stroll. Neil will give an overview of the law with regard to bats and how building developments can be sympathetic to their needs.

Wednesday 13 February 2013, 7.30-9.00pm in Gosforth Methodist Room
That's Ireland

A trip round Ireland, looking at different aspects, history, scenery, flora of the Burren etc. with Maurice Steele.

Suggested donation £2.00 includes refreshments payable at the door.

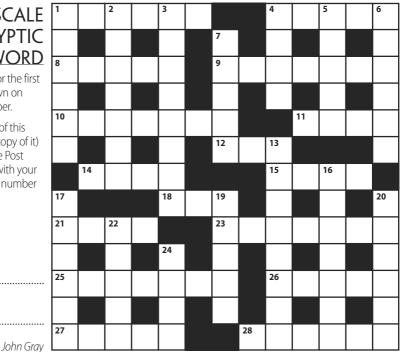
Further information about the work of Cumbria Wildlife Trust, including volunteering may be obtained from Cumbria Wildlife Trust, Head Office: Plumgarths, Crook Road, Kendal, Cumbria LA8 8LX 01539 816300 – www.cumbriawildlifetrust.org.uk - Registered Charity No.218711

Fiona Galloway, Hon. Secretary, West Coast Support Group 01946 841313

## SEASCALE CRYPTIC CROSSWORD

We have a prize for the first correct entry drawn on Friday 30 November.

Pop the top part of this page (or a photocopy of it) into the box in the Post Office or Library, with your name and phone number below:





### \_\_\_

### **ACROSS**

- 1 An excursion within the south east produces a chevron (6)
- **4** We sometimes wander off the beaten this (5)
- **8** A Roman iambic contains an extreme enthusiasm (5)
- 9 Reform hard Ian to obtain a wall builder (7)
- 10 Follow the road (there's a castle hidden there) (7)
- 11 A second letter is all Greek to me (4)
- 12 Dismiss with a bag, by the sound of it (3)
- 14 He works with colours and sounds dreadful (4)
- 15 Pain is hidden in each exercise (4)
- 18 If confused we can be all at this (3)
- 21 Geometric Oxo (4)
- 23 Combine bear with dog to create an evil giant (3,4)
- **25** A male sheep with a quick short breath is unrestrained (7)
- **26** Put an i into this anaesthetic and you have an alternative (5)
- 27 A jockey can play these (5)
- **28** To give you a short dramatic piece a small sailing boat comes from the south, initially (6)

### **DOWN**

- 1 Five sixths of this is plentiful. An initial S makes it a specimen (6)
- 2 Manage a method for this absconder (7)
- 3 They could be cooking eggs or trespassing (8)
- **4** Pepare written material upside down. It comes and goes (4)
- **5** Get up. It could mean a salary increase (5)
- **6** Know an upturned youth to reveal this Cumbrian town (6)
- 7 Cleaning ladies emerge from crash (5)
- 13 This Cumbrian place sounds like a chilly stream(8)
- **16** This lofty headgear denotes arrogance (7)
- 17 This can apply to music or the gaining of points (6)
- **19** A sailor, with a mixed up set, encourages and incites (5)
- 20 A disordered thread can produce a scarcity (6)
- 22 An addendum following behind creates jolts (5)
- 24 It is said that walls have them (4)

# CHRISTMAS ART EXHIBITION

**GOSFORTH & DISTRICT ART SOCIETY** 

SAT 15 & SUN 16 DECEMBER - GOSFORTH VILLAGE HALL

HOMEMADE REFRESHMENTS

**RAFFLE** 

FREE ADMISSION - 10AM - 4.30PM

### ALL ORIGINAL PAINTINGS FOR SALE

Our Group meets on a Monday evening or/and a Thursday morning, we paint together, exchange ideas and help each other.

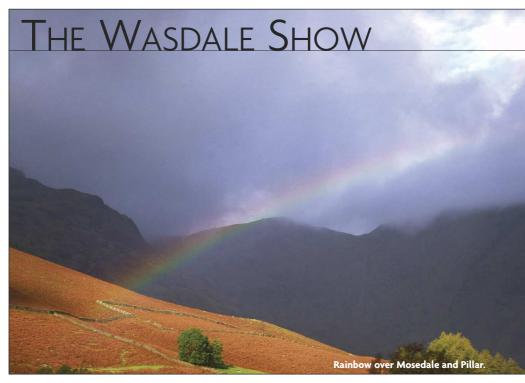
We also raise funds for visiting professional tutors. We have members all over West Cumbria, from Duddon Valley, Millom, Seascale, Thornhill, Whitehaven right along to Frizington.

Gosforth & District Art Society is holding a members'-only christmas exhibition (details above) and has also opened another meeting - along with their usual meeting from 7 to 9pm on Mondays in Gosforth village school they have introduced a Thursday morning one from 10 to 12pm in Seascale Methodist church hall. Some members go to both and any new members who prefer daytime only are catered for in Seascale. After only the third week the meetings are going well in Seascale. Anyone interested may contact lakki Barratt 019467 25838 for details of membership of both groups.



Ray Nixon

Anne Millard



Saturday afternoon, 13 October, saw a fine afternoon at Wasdale Head for the annual show. Despite heavy showers in the morning a good crowd was able to enjoy the day's events in brilliant Sunshine! A fine rainbow

was seen over Pillar, and it was a relief to all, the fell racers and spectators alike, to be able to see the mountain tops in glorious autumn colours.



Gareth Harrison

# WESTLAKES

HOTEL & RESTAURANT



Our warm and relaxed dining room seats up to 28 guests including two additional private dining areas.

Our à la carte menu, which changes with the seasons, is designed with a modern twist on traditional food, using local produce wherever possible.

We are now also serving a Brasserie menu alongside the à la carte for the more informal evening with friends. The price of a 3-course meal now starts from £16.95.

Dinner is served from 7pm to 8.30pm daily.

Please call to reserve a table to avoid disappointment.

Geoff & Debra Armstrong

Westlakes Hotel, Gosforth

Tel: 019467 25221